



## PUBLIC HEALTH OUTREACH FLU CLINICS



**2008 - 2009**

The following persons are strongly encouraged to get a flu shot:

- All adults 50 years of age and older;
- Women who will be pregnant during the influenza season;
- All children 6 months through 18 years of age;
- Persons who have chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, hematological or metabolic disorders (including diabetes mellitus);
- Persons who have any condition (e.g., cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders) that can compromise respiratory function or the handling of respiratory secretions or that can increase the risk for aspiration;
- Persons who have immunosuppression (including immunosuppression caused by medications or by human immunodeficiency virus);
- Residents of nursing homes and other chronic-care facilities;
- Household contacts and caregivers of children less than 5 years of age and adults 50 years and older, with particular emphasis on vaccinating contacts of children less than 6 months of age;
- Household contacts and caregivers of persons with medical conditions that put them at high risk for severe complications from influenza; and,
- HealthCare Workers

***Special note:*** HealthCare Workers are first encouraged to seek flu vaccination from their Primary HealthCare Provider in order to free-up vaccine for the other high risk groups.

Los Angeles County Department of Public Health Immunization Program  
[www.publichealth.lacounty.gov/ip](http://www.publichealth.lacounty.gov/ip)