



1. What is Public Health?

The practice of protecting and improving the health of people and communities through:

- Ensuring a safe and healthy environment
- Promotion of healthy lifestyles
- Education
- Research for disease and injury prevention
- Programs to prevent disease and to promote health

2. What are some of the ways Public Health helps me, my family and my community?

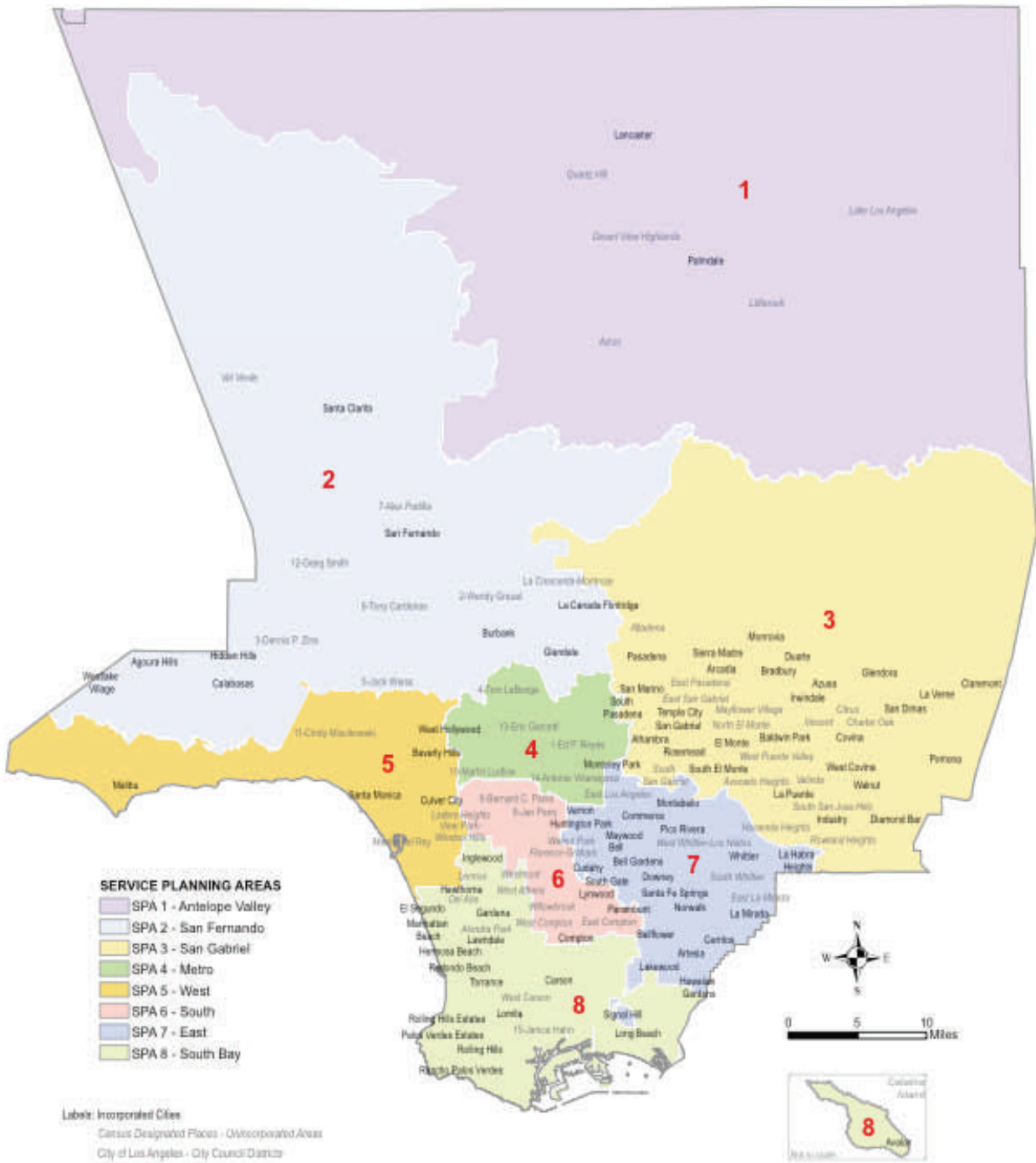
- Disease and Injury Prevention
- Promoting Good Health
- Providing a Safe and Healthy Environment

3. How can I obtain information on public health services?

- Call 211 LA County
- Visit our website: www.publichealth.lacounty.gov
- Call the Service Planning Area closest to your home:

Service Planning Area	Telephone Number
1 - Antelope Valley	(818) 487-0063
2 - San Fernando	(818) 487-0063
3 - San Gabriel	(213) 240-8049
4 - Metro	(213) 240-8049
5 - West	(310) 998-3203
6 - South	(323) 563-4092

Cities and Communities of Los Angeles County by Service Planning Area (SPA)



Sources

For additional resources, please dial 2-1-1 or visit the L.A. County Department of Public Health website <http://publichealth.lacounty.gov>.

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