
Health Education Network

Holiday Celebration and Working Meeting

*The California Endowment – Mojave Room
1000 Alameda Street, Los Angeles, CA 90012*

Agenda			
Timeframe	What	How	Who
8:30-9:00	Continental Breakfast and Check-In	Buffet and Sign-In	Everyone
9:00 – 9:05	Holiday Welcome	Welcome	Erika Gist-Siever and Milan Hill December’s HEN Coordinators & Health Educators <i>Health Education Administration</i>
9:05 – 9:30	Introductions	Icebreaker	Susan Lesser Health Educator <i>Health Education Administration</i>
9:30 – 9:50	HEA’s Vision for 2008 “We’re All Connected”	Presentation	Jackie Valenzuela Director <i>Health Education Administration</i>
9:50 – 10:00	Break	Break	Everyone
10:00 – 11:00	The Role of Health Education in Today’s Society	Presentation	Dr. Mohammad Forouzesh (Dr. Mo) <i>Professor, California State University, Long Beach</i>
11:00 – 11:15	Break	Break	Everyone
11:15 – 12:15	Program/Project Highlights and Accomplishments <ul style="list-style-type: none"> • Service Planning Area 5 & 6 • LEAD Program 	Presentation	Facilitator: Maria Jose Salmeron Senior Health Educator <i>Health Education Administration</i> Presenters: <i>Nicole Vick, Health Educator, SPA 5&6</i> <i>Susanna Lam, Health Educator, Lead Program</i>
12:15 – 1:15	Celebration Lunch and Slide Show	Buffet Lunch & Slide Show	Everyone
1:15 – 1:30	Yoga Presentation and Exercise Break	Presentation and Group Exercise	Ismael Aguila Physical Activity Specialist <i>The Healthy Collaborative</i>

Purpose of Health Education Network Meetings:

1. To provide a health education forum for county wide health educators to: collaborate on projects/activities, share resources, network, eliminate duplication of efforts, provide updates, and voice needs and concerns.
2. Address training and other health education needs based on health educators’ professional and personal areas of interest.
3. Keep the health education staff abreast of internal and external topics, including trends and issues affecting the practice of health education.

Desired Outcomes of this Health Education Network Meeting:

1. Review HEA’s 2007 year through program highlights
 2. Acknowledge the outstanding accomplishments of two LAC-PH health education programs.
 - 3 Be Inspired!
 4. Learn health messages via yoga techniques
 5. Network
 6. Have fun!
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