Household Emergency Kit

- Water
  - Store one gallon of water per person (or pet) per day
  - Store water in clean plastic containers
  - Avoid using containers that may break, such as glass bottles

- Food
  - Choose canned or packaged foods that don’t require refrigeration or cooking
  - Examples include:
    - Ready-to-eat canned meats, beans, tuna fish, fruits and vegetables
    - Canned juices, milk and soup
    - High energy foods, such as peanut butter, granola bars and trail mix
  - Remember to include:
    - Foods that you and your family like
    - Special food for infants or persons with dietary restrictions
    - Pet food

- First Aid Kit
  - Buy or put together a first aid kit for your home and one for each car containing:
    - Sterile gauze and adhesive bandages in assorted sizes
    - Hypoallergenic adhesive tape
    - Tweezers
    - Scissors
    - Antibacterial cream
    - Protective Gloves
    - Cleansing agent/soap
    - Sunscreen

- Medications
  - Prescription medications you and your family use daily (Have at least a 7 day supply of each one)
  - Non-prescription medications you and your family use regularly

- Tools and Supplies
  - Solar, manual or battery operated radio and extra batteries
  - Flashlights and extra batteries
  - Manual can opener
  - Fire extinguisher
  - Whistle
  - Work Gloves
  - Tools to turn off gas and water
  - Personal hygiene items, such as toilet paper, toothbrushes, toothpaste and soap
  - Extra clothing and sturdy shoes

- Records
  - Store important records and documents in a waterproof, portable container
  - Examples include:
    - Personal identification, financial, health and insurance information and other important documents
    - Inventory of valuable household items
    - Family records
    - Cash in small bills

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