

## **Domestic Violence Council (DVC)**

General Membership Meeting Wednesday, February 14<sup>th</sup>, 2024 9:00am – 1:00pm (Pacific Time) Almansor Court and Virtual (MS Teams)



## **Welcome Remarks**



## Land Acknowledgment

The County of Los Angeles recognizes that we occupy land originally and still inhabited and cared for by the Tongva, Tataviam, Serrano, Kizh, and Chumash Peoples. We honor and pay respect to their elders and descendants — past, present, and emerging — as they continue their stewardship of these lands and waters. We acknowledge that settler colonization resulted in land seizure, disease, subjugation, slavery, relocation, broken promises, genocide, and multigenerational trauma. This acknowledgment demonstrates our responsibility and commitment to truth, healing, and reconciliation and to elevating the stories, culture, and community of the original inhabitants of Los Angeles County. We are grateful to have the opportunity to live and work on these ancestral lands.

We are dedicated to growing and sustaining relationships with Native peoples and local tribal governments, including (in no particular order) the Fernandeño Tataviam Band of Mission Indians Gabrielino Tongva Indians of California Tribal Council Gabrieleno/Tongva San Gabriel Band of Mission Indians Gabrieleño Band of Mission Indians – Kizh Nation San Manuel Band of Mission Indians San Fernando Band of Mission Indians

To learn more about the First Peoples of Los Angeles County, please visit the Los Angeles City/County Native American Indian Commission website at <u>lanaic.lacounty.gov</u>.



## **Meeting Protocol**

□ Please be reminded that this is an open and public convening.

- Anything discussed in this space is neither protected, nor confidential.
- □ Any client or survivor identifying information should not be presented. Thus, please avoid discussion of personal cases.
- □ If you need additional resources, please connect with myself or Cindy Hernandez after the meeting. Thank you!



## **Welcome and Introductions**

□ Your name

□ Pronouns

□ Title/Role

□ Agency or Affiliation



## Agenda

- 1. Welcome and Introductions
- 2. Opening Remarks National Teen Dating Violence Awareness Month
- 3. Panel Presentation: Teen Dating Violence Awareness, Services, and Prevention
- 4. Panel Presentation: Q and A
- 5. BREAK OUT: Small Group Discussion
- 6. REPORT BACK AND DISCUSSION
- 7. Next Steps and Action Items



## **OPENING REMARKS –** National Teen Dating Violence Awareness Month



#### Dr. Priya Batra, Deputy Director

Bureau of Health Promotion Los Angeles County – Department of Public Health



## PANEL PRESENTATION– Teen Dating Violence: Awareness, Services, and Prevention



#### MODERATOR

Angela Kim, Outreach and Engagement Program Manager Department of Youth Development (DYD) Los Angeles County

## DVC General Meeting

February 14, 2024



#### **About the Department of Youth Development**

• Established July 2022.

- Built from decades of youth / community organizing and collaboration.
- Responsible for implementing the vision for community wellbeing and safety through youth development and care-first support for justiceinvolved youth known as Youth Justice Reimagined.

## **DYD's Four Areas of Work**

Diversion & Restorative Practices Equitably Reducing Youth Justice Involvement via Community-Based Alternatives to Arrest & Court Reentry, Housing, & Employment Supporting System-Involved Youth via Credible Messenger Mentorship and Evidence-Informed Care Coordination

#### Youth Development

Coordinating Community-Based Networks, including Youth Centers and School-Based Support

#### Research, Policy, & Innovation

Creating Opportunities for Shared Learning Through Collaborative Evaluation, Storytelling & Engagement

## **Panel Overview**

## Prevention and intervention strategies that promote healthy relationships among youth



#### Virginia Duplessis, Associate Director of Health FUTURES Without Violence

NATIONAL HEALTH RESOURCE CENTER ON DOMESTIC VIOLENCE

#### Prevention and intervention strategies that promote healthy relationships among youth

LOS ANGELES COUNTY DOMESTIC VIOLENCE COUNCIL SPECIAL GENERAL MEMBERSHIP MEETING TEEN DATING VIOLENCE AWARENESS MONTH

February 14, 2024

#### NATIONAL HEALTH RESOURCE CENTER ON DOMESTIC VIOLENCE



Futures Without Violence is a health and social justice nonprofit with a mission to heal those among us who are impacted by violence today – and to create healthy families and communities free of violence tomorrow.

Home to the National Health Resource Center on Domestic Violence (HRC), we work across sectors to advance quality and equitable health care and supportive services for survivors of intimate partner violence, sexual violence and human trafficking/exploitation.

# Health Impact of Intimate Partner and Sexual Violence

In addition to injuries, IPV is associated with:

- **Reproductive + Sexual Health**: worse pregnancy outcomes, STIs, unintended pregnancy, UTIs
- **Primary care**: Poor sleep, gastrointestinal issues, chronic pain, cardiovascular disease, asthma
- Behavioral health: anxiety, depression, PTSD, using substances more than patient wants to be

(Stubbs 2021) (Thurston, 2019) (CDC: Intimate Partner Violence: Consequences)

# What do IPV survivors say they want?

- Autonomy
- Listen + do not be judgmental
- Offer supports and options
- Do not push for disclosure

(Chang, 2006) (Miller, 2016) (Miller, 2017)

# CUES evidence-based intervention

#### CUES

#### **C: Confidentiality**

- Disclose limits of confidentiality
- See client alone

#### **UE: Universal Education + Empowerment**

- Normalize activity: "I've started giving this info to everyone I see"
- Make the connection: "They talk about relationships and how they affect our health. Here is some information and here is another one for a friend or family member. On the back of the card there are 24/7 text and hotlines."

#### S: Support

- Affirm and validate
- Offer warm referral

### **Universal Education**

Ensuring everyone receives information about how relationships impact their health, and where to get support.

- Youth have access to information on where to get support without having to disclose.
- Provides an opportunity for survivors to make the connection between violence or past trauma and current health problems.
- Can be integrated with any required screening questions/forms.

# CUES as an equity promoting practice

Young people receive key information about healthy and unhealthy relationships, and where to get supports without requiring disclosure.

- Health literacy
- Social and community context
- Health care access and quality

Key resource: <u>Healthy People 2030 SDOH Priority Area</u>

#### CUES as an example of healingcentered engagement

Builds Relationships	Strength- Based Caring Focused	Focus on Altruism
Improves Access to Advocacy	Empowers clients and the folks they care about	Shares power between provider and client

Key Resource: <u>The Future of Healing: Shifting From Trauma</u> Informed Care to Healing Centered Engagement

## **Tools to Implement CUES**



#### Available at the HRC online store



## Hanging Out or Hooking Up?





with-if you are talking, hanging out, or But sometimes there is drama in relationsl How often does the person you are seeing lake you feel safe and comfortable x Shame you or make you feel stupid? t drunk or high because they want to espect your boundaries and ask if it's OK to touch or kiss you whatever else! Give you space to hang out with your friends

you to go to the next step when you an Control you, or make you feel afraid if you don't do what they want?

How would you want your best friend, sister or brother to be treated by someone they were going out with? Ask yourself if the person you are seeing treats you with respect, and if you treat them with respect.



National Teen Dating Abuse Hotline 1-866-331-9474 or online chat www.lovelisrespect.org or online chat www.loveisrespect.org Suicide Prevention Hotline 1-800-273-8255 Teen Runaway Hotline 1-800-821-4000 Rape, Abuse, Incest National Network (RAINN) 1-800-656-467

## Our work is guided by survivors



2023-2024 Survivor Leadership Cohort



Virginia Duplessis, MSW Director, National Health Resource Center on Domestic Violence vaduplessis@futureswithoutviolence.org 510 932-5283

For additional resources visit IPVHealth.org

## PANEL PRESENTATION– Supporting LGBTQIA+ Youth Survivors



#### Mieko Failey, Director of Legal Services & Jaye Prado, Lead Legal Services Advocate The LGBTQ Center Long Beach

## **Domestic Violence Youth Issues**

Mieko Failey, Esq., Director of Legal Services Jaye Prado, BSW, Lead Legal Services Advocate The LGBTQ Center Long Beach



## Services at The LGBTQ Center



- Cyber Center
- HIV / STI Testing
- Mental Health / Counseling
- Domestic Violence Services
- Social & Support Groups
- Youth Services
- Trans\* Services
- Drug & Alcohol Counseling
- Career Counseling
- Hate Crimes

- Housing & Job Posting
- Legal Services
- Queer, Trans Body Positive Yoga
- Room Rentals
- Seminars & Workshops
- Older Adult Services
- After Hours Parking
- LGBTQ Library

Among those asked to describe the most important problem facing their lives right now: LGBT youth identified	Non-LGBT youth identified	For those asked to describe one thing in their lives they would like to change right now: LGBT youth identified	Non-LGBT youth identified
Non-accepting families (26%)	Classes/exams/ grades (25%)	Understanding/ tolerance/hate (18%)	Money/debt/finances (20%)
2 School/bullying problems (21%)	2 College/career (14%)	My parent/family situation (15%)	<b>2</b> Appearance/weight (9%)
Fear of being out or open (18%)	Financial pressures related to college or job (11%)	Where I live/ who I live with (9%)	<b>3</b> Improving mental health (7%)

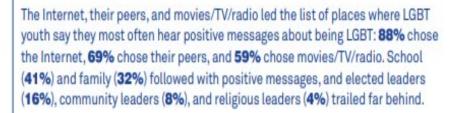


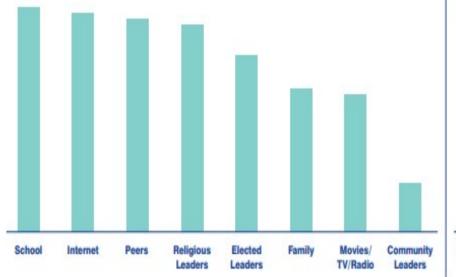


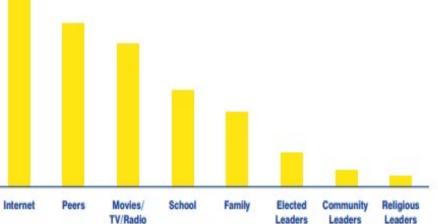
9 in 10 LGBT youth (92%) say they hear negative messages about being LGBT. 78%

Three-quarters (78%) of LGBT youth say they hear positive messages.

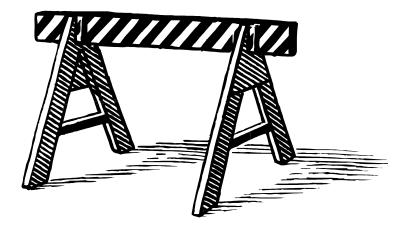
School, peers, and the Internet led the list of places where LGBT youth say they most often hear negative messages about being LGBT: **74%** chose school, **69%** chose their peers, and **70%** chose the Internet. Religious leaders (**68%**), elected leaders (**60%**), family (**46%**), movies/TV/radio (**42%**) and community leaders (**20%**) followed as places where LGBT youth often hear negative messages.







#### Unique Issues & Challenges that LGBTQ DV/IPV Victim/Survivors May Face



- Fear of continued victimization
- Fear of being *outed*
- Treated together in couples therapy
- Not considered to be acceptable family or partnership
- Hospitals and Doctors
- Intersection of HIV and DV/IPV
- HIV Criminalization
- Transgender survivors experience unique barriers
- Survivors of color experience unique barriers

## Unique Legal Issues

- Marsy's Law
- Confidentiality
- Immigration Law
- Criminal Legal Issues
- VAWA
- Family Law Issues





## LGBTQ+ Informed Practices

- $\checkmark$  Introduce yourself with your name and pronouns.
- ✓ Don't assume gender or sexual orientation based on appearance.
- ✓ Ask, "What is your name and what are your pronouns?"
- ✓ "What name do you go by?" and "What is your legal name if different?"
- ✓ Use gender neutral language (partner and they/them) unless other pronouns and information are given.
- ✓ Attorneys may consider providing information in declarations or filings that can support the court.

## Welcoming Environment Clues & Cues

Accessing services:

- Partner rather than boyfriend, husband
- They, rather than he or she
- Person rather than man, woman
- Relationship status rather than marital status
- Parent or Guardian, rather than Mother, Father
- Intimate Partner Violence vs. Domestic Violence
- Does anyone assume the gender of the caller based on the sound of the caller's voice?



## Thanks to Our Funders







## Contact Us!

- The LGBTQ Center Long Beach: Legal Services Department
  - (562)433-8595
  - <u>legalservices@centerlb.org</u>

### Youth Over Violence, Schools Over Violence



### **Yvette Lozano, Chief Program and Operations Officer** Peace Over Violence



Building healthy relationships, families and communities free from sexual, domestic and interpersonal violence.

# In Touch With Teens



# IN TOUCH WITH TEENS CURRICULUM



• LEADERSHIP INSTITUTE

Youth Over Violence

• The Youth Over Violence Leadership Institute is for youth who are committed to building and making powerful social change through awareness, advocacy and violence prevention strategies.

<u>https://www.peaceoverviolence.org/youth-institute-app-2024</u>

# Schools Over Violence (SOV)

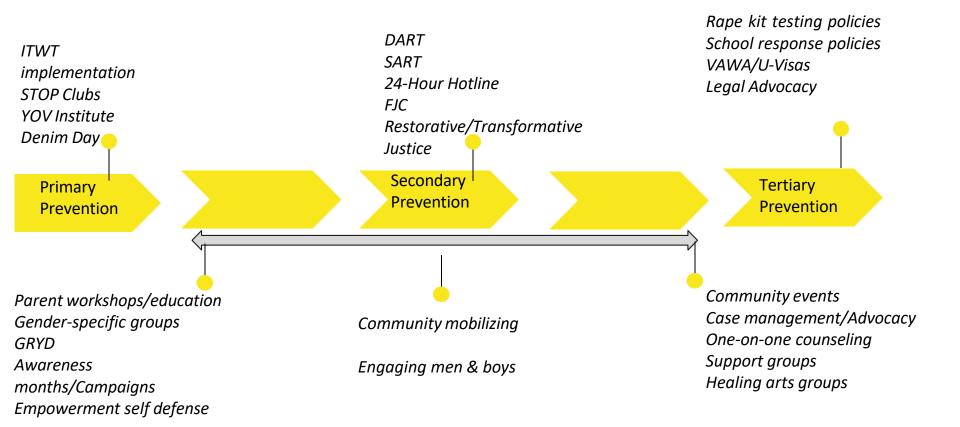
- Prevention, leadership, and intervention services for youth
- Awareness and response training for school-site faculty and staff
- Prevention and response protocol and policy development.
- Educational workshops and leadership training for parents and caregivers



At POV, we believe that parents and young people can work together to prevent and end relationship and community violence.



# Intervention & Prevention





Yvette Lozano Yvette@peaceoverviolence.org  Questions? Contact us at prevention@peaceoverviolence.org

• Follow us on IG @youthoverviolence for more updates!

### IT'S ON US: How to Help Youth Build Healthy Relationships



Griselda Marquez, Community Outreach Manager Rainbow Services

# It's on Us: How to Help Youth Build Healthy Relationships

#### Griselda Marquez, MSW

**Outreach & Education Manager** 



Everyone deserves respect, love & safety

### About Us

#### Mission

Rainbow Services provides shelter and support to anyone impacted by domestic violence, empowering them to move beyond trauma, towards safety & stability.

#### Vision

Everyone deserves respect, love & safety.

#### Values

Collaboration, Courage, Hope & Joy, Empathy, Integrity, Respect



## Shelter & Housing

### Rainbow House

- Holds up to 8 families/individuals for up to 30 days
- 24-hour crisis and referral hotline, which serves as a starting point for the intake process and can respond to requests for information on available resources

### Villa Paloma

- Holds up to 10 families/individuals for up to one year
- Allows survivors and their children to develop emotional and economic independence from their abuser/those who cause harm

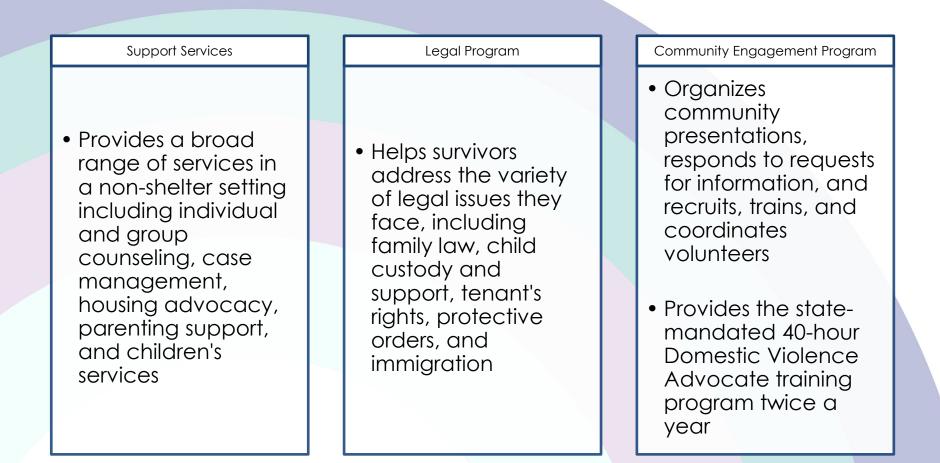
### Communit y Housing

• 170

families/individuals were supported in obtaining permanent housing in 2022-2023

 Support includes one-time or limitedterm rental assistance and connecting clients with public housing resources

## **Community Resources**



# Meet the Team





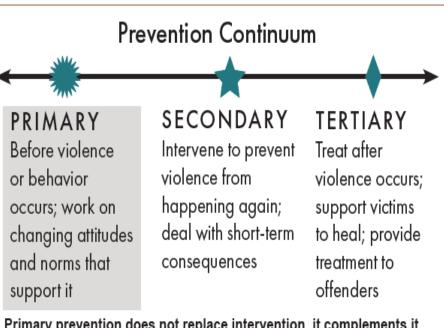
Prevention Team

Community Engagement Team

### Why **Prevention**?

Prevention programming seeks to reduce risk factors that make it more likely that a person will experience or perpetrate violence and promote protective factors

that protect people from violence and decrease the likelihood of it occurring We are trying to promote the development of healthy behaviors upfront!



Primary prevention does not replace intervention, it complements it.

Chart Credit - North Dakota Health

### Where we were

CAL EOS- SD Grant Schools (6-12)/Colleges/Universities Faith-Based Organizations Businesses

Initial Barriers COVID Limited partnerships Staff changes



Resource Fair in Inglewood, CA

## **Program Development**

Identify Immediate Need – Development of outreach and partnerships

#### **Information Gathering**

- Build relationships with key community organizations
  - Accomplished this by increasing outreach and presence in community
- Gather information
  - (1) What are their needs?
  - (2) What issues are they experiencing?
  - (3) How can we be of help

#### Findings

- Community needs youth-centered prevention education
  - Youth education
  - Adult education

# **Program Development**

#### Solution

Development of offerings to meet the needs of partnerships by creating customized prevention plans Revision of current presentations Increase offerings - developments of additional presentations, such as "The Male Survivor" and "DV and Employee Rights"

#### Outcome

- Dramatic increase in partnerships from various parts of LA County
- Strategic plan to conduct meaningful outreach
  - Focus Areas:
    - Teach Youth Healthy Relationship Skills
    - Community Mobilization:
      - Teach Adults how to better support youth
      - Engage organization and institutions

# Our Approach

#### Youth-centered based approach

- Partnership & resource aimed at education/promotion of healthy relationships
- Empowerment of youth development of positive socio-emotional skills
  - Consent
  - Boundaries
  - Conflict Resolution Skills
- Creating a safe environment for youth with an emphasis on validating their experiences.
- Creating a culture of respect, empathy, and changemakers on student campuses.

- A holistic approach
  - Parent workshops
    - Encouraging early discussions about relationships and sex emphasizing that respect for self and others is important in any relationship.
    - Creating empathy for the adolescent experience and how youth are more vulnerable to TDV.
    - Educating about TDV and how to support their child.
  - Staff Trainings
    - Develop system changes to more appropriately response to youth survivors.
    - Staff trainings to educate on the warning signs and how to assist students who may be experiencing TDV.
    - Trauma Informed Classroom training currently in development.
      - Emphasis is to educate school staff on how trauma impacts students, how it might how up in the classroom, and how to effectively manage it in trauma informed way.

### Addressing the Issue:

What is the Build Healthy Boundaries curriculum?

Through this curriculum, Rainbow seeks to accomplish 2 goals:

1. Help youth establish healthy relationships through youth-centered prevention education by creating a cultural mind shift about relationships.

2. Provide youth with meaningful resources and tools so they are empowered to independently address unhealthy relationship behaviors.



Building Healthy Relationship Workshop at Lennox Middle School

# Trends Surrounding TDV & Prevention with Youth

### Normalization of abuse

Romanticization of "toxic" culture

#### Hesitancy

Cultural stigma related to DV/adolescent relationships Impact: lack of community engagement Fear of traumatization Impact: organizations/local governments declining partnership due to fear of traumatizing participants

**Educational systems prioritize education** Impact: Limited access to students

Lack of resources for youth survivors

# Reorganization of Program

#### **Program Rebranding**

Shift to promoting "healthy relationships"

DV 101  $\rightarrow$  "Advocacy for healthy relationships: Know the signs" TDV 101  $\rightarrow$  "It's on Us: How to help your child build healthy relationships"/ "Let's talk about it: Know the signs"

### Quality vs. Quantity

Shift towards more intensive engagement/prevention Program focus shifted towards IMPACT

Allies: Parents/caregivers & Community School Coordinators

#### Holistic approach

"There is no more effective neurobiological intervention than a safe relationship."

-Bruce Perry, PH.D, MD

Teacher trainings and parent workshops aimed at education about TDV, but also fostering supportive & nonjudgmental relationships with youth to increase the likelihood that they will reach out for support.

TIC training development

# Where we are now

#### Large Scale Prevention



Teen Night 2022 hosted in partnership with the City of Gardena's Human Resources Department

<image>

City of Cudahy Council Meeting declaring February TDVAM (2024)

# Where are we now

Increased Partnerships (throughout L.A. County)

Lennox Unified School District Lennox Middle School Parent workshops in E.S. Lynwood School District Hosler Middle School Cesar Chavez Middle School Vista Continuation School Bellflower Unified School District Bellflower Middle/High School Centinela Valley School District Hawthorne High School LAUSD

### Wilmington Middle School

Dana Middle School Gardena High School



Parent Workshop at Moffett Elementary School in Lennox, CA

### Future of Prevention Program

- In-house Youth Services
  - Youth Supportive Services Advocate
  - Youth Survivor Support Group
  - Field-Based Youth Advocate with the capability of providing office hours at different school sites
- Youth Program Advocate designed to involve youth so they can take ownership of the movement against interpersonal violence.
- Trauma-informed classrooms



ASB student assisting with DVAM lunch event at Lennox Middle School

### Thank you!

#### Griselda Marquez, MSW

OUTREACH & EDCATION MANAGER griselda.marquez@RainbowServicesDV.org

Prevention@rainbowservicesdv.org

RainbowServicesDV.org 24-hour English-Spanish hotline: (310) 547-9343 Everyone deserves respect, love & safety.

### **Building Healthy Relationships Prevention Efforts**

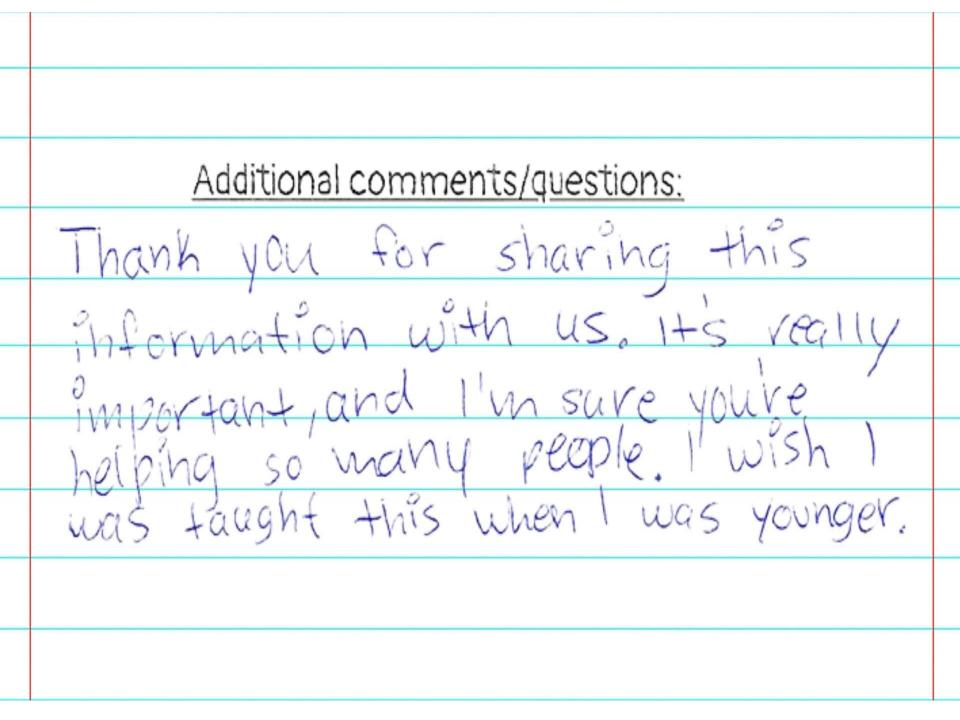


### Jenny Barbosa, Prevention Specialist WomenShelter of Long Beach

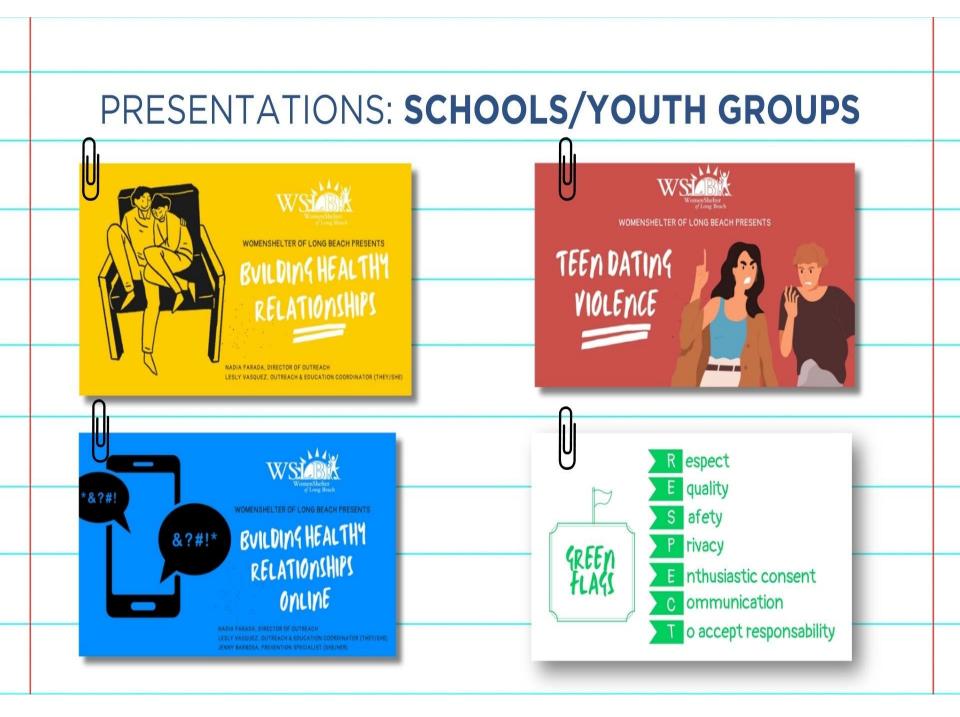








Additional comments/guestions: - this presentation has helped me realize live been through this in my past relationship.





# JORDAN HIGHSCHOOL



#### TEEN DATING VIOLENCE CONFERENCE

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# 7TH ANNUAL YOUTH CONFERENCE UNFOLLOW

EMPOWERING YOUTH TO IDENTIFY DIGITAL ABUSE

- LEARN ABOUT SOCIAL MEDIA, APPS AND STALKING
- FREE LUNCH AND PRIZES!
- SPECIAL PERFORMANCES

6465 CHERRY AVE, LONG BEACH @ **10AM** 







### **QUESTIONS FOR OUR PANELISTS?**



# SMALL GROUPS - DISCUSSION (45 min.)

- You will be divided into 4 groups. Please choose a notetaker, time keeper, and someone to report back.
  - Group 1/Remote Participants; Facilitator Lan Pham/DVC
  - Group 2/In Person; Facilitator Erika Martinez/OWH
  - Group 3/In Person; Facilitator Carmen Zapata/OWH
  - □ Group 4/In Person; Facilitator Nicolle Perras/OWH
- □ Each group will have 45 minutes to respond to the following questions:
- (1) What trends/needs/gaps do you see in your work that is similar/different than what was presented today?
- (2) Given those needs/gaps, what are some opportunities for LA County to address teen dating violence?
- (3) What are some best/promising practice policy and/or programming that you would like to see at the County level to address teen dating violence and/or related?
- (4) Who should be a part of these efforts? (i.e. schools, athletic programs, etc.)



# **REGROUP & DISCUSSION (30 min.)**

- You will be divided into 4 groups. Please choose a notetaker, time keeper, and someone to report back.
  - Group 1/Remote Participants; Facilitator Lan Pham/DVC
  - Group 2/In Person; Facilitator Erika Martinez/OWH
  - Group 3/In Person; Facilitator Carmen Zapata/OWH
  - Group 4/In Person; Facilitator Nicolle Perras/OWH
- Each group will have 5 minutes to report out key themes from the following questions:
- (1) What trends/needs/gaps do you see in your work that is similar/different than what was presented today?
- (2) Given those needs/gaps, what are some opportunities for LA County to address teen dating violence?
- (3) What are some best/promising practice policy and/or programming that you would like to see at the County level to address teen dating violence and/or related?
- (4) Who should be a part of these efforts? (i.e. schools, athletic programs, etc.)



# NEXT STEPS (15 min.)

- Based on today's discussion, what are some proposals for next steps?
- □ Check out: key recommendation/take aways



### CLOSING

Next meeting: March 19<sup>th</sup>, 2024; 12pm – 2pm at The California Endowment. Tentative agenda: Domestic Violence Treatment Services and Systems Response for People Who Caused Harm. Registration link and information on other DVC meetings: <a href="http://publichealth.lacounty.gov/dvcouncil/calendar/calendar.htm">http://publichealth.lacounty.gov/dvcouncil/calendar.htm</a>

Remember to sign-in if you have not; however, is not required. Names on sign-in sheet will be added to DVC email listserv to receive information, meeting reminders for future DVC meetings and events.

**For more information on DVC, you may contact us at:** 

- http://publichealth.lacounty.gov/dvcouncil
- Email: <u>dvc@ph.lacounty.gov</u>
- Call: (213) 974-2799