

## Religion & DV Issues Committee Meeting

Minutes for June 28, 2022

I. Meeting was called to order by Co-Chair Bernita Walker. Present were Co-chair, Varsha N., Cecelia Walker, Co-chair, Griselda Marquez, Anissa Muhammad, Terri Inda, Takiya Benjamin, Maria Skelton, Jesse Garcia, Phuong Truong, Breanne Lash, Melinda Oakley, Sheetal Ayyatan.

II. Attendees were invited to introduce themselves, share organization affiliation, and their favorite park, lake, or beach.

Today's meeting topic: **Broadening Our Understanding of Popular Cultural Food Items and Its Significance.** The Southern California region we reside in is culturally and religiously diverse and service providers may increasingly interact with survivors and colleagues of diverse backgrounds on a regular basis.

Understanding foods from other cultures and the significance of dishes increases the service providers understanding of cultures and relatability to survivors and colleagues. During this important meeting. attendees participated in a lively discussion and shared popular foods from their culture, and the memories attached to the dish. Some food and drink items shared: Avial, Navy Bean Soup, Enfrijoladas, Ox Tail, food celebrating Juneteenth, Daal, and Khulad ki Chai. Attendees shared recipes and expressed appreciation for the relational aspects around shared meals that is common across cultures.

Matters not posted on the agenda, to be presented, and placed on future agenda:

\*Breanne Lash of Nile Sisters agreed to consider speaking at a future meeting- date to be confirmed.

\*Attendees were invited to be prepared to share the title of a favorite song/musical piece at a future meeting.

Next meeting is July 26, 2022

Meeting adjourned at 3:00pm