

Nurturing Parenting Group

A supportive community meeting

FREE!

ONLINE GROUP

OPEN FOR ALL PARENTS OF
CHILDREN AGES 0-18

SATURDAY'S

(English Only)

10:00AM to 11:30AM

*Participants who attend 8 to 10 sessions
will receive a certificate of completion
and will be entered in a raffle for a
chance to win a gift card!!*

[CLICK HERE TO REGISTER](#)

Or visit <https://forms.gle/WMk2sqn4ejpVsXYt7>

*A Zoom link will be sent upon registration

*New Participants please arrive at least 5 minutes early



FORMERLY WESTSIDE CHILDREN'S
CENTER



| Date | Topic |
|---------------------|--|
| February 20th, 2021 | Self Care |
| February 27th, 2021 | Challenging Behaviors, Appropriate Expectations, & Dignified Discipline |
| March 6th, 2021 | Building Empathy, Self-Awareness, & Self-Worth |
| March 13th, 2021 | Family Systems & Appropriate Family Roles |
| March 20th, 2021 | Promoting Empowerment, Self-Expression & Responsibility in Children |
| March 27th, 2021 | Parents & their Children with Special Needs |
| April 3rd, 2021 | Nurturing Parenting Skill-Building (Practical and Effective Interventions) |
| April 10th, 2021 | Compassion, Self-Acceptance, & the Impact of Trauma (ACEs) |
| April 17th, 2021 | Enhancing Family Attachments (Bonding through Fun, Laughter, and Play) |
| April 24th, 2021 | Utilizing Support Systems & Building Strengths |

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For any questions or concerns