Health Fest 2010

We are celebrating Public Health Week with free giveaways, demos and flu shots



Thursday, April 8, 2010 9:30 a.m. - 3:00 p.m.

Hahn Hall of Administration Courtyard 500 W Temple St, Los Angeles, CA 90012

- Free H1N1 vaccines. It's still flu season. Protect yourself.
- Samples of healthy meals you can make quickly and easily at home
- Samples of fresh fruits and veggies from the Farmer's Market Association
- Self-defense demonstrations. Learn how to protect yourself.
- A kids-inspired cooking demonstration. Junior chefs: Meals by kids for kids
- Giveaways to help you or someone you love stop smoking
- Get expert answers to your health questions





