

Los Angeles County STD Treatment Recommendations in Pregnancy 2019

These treatment regimens reflect recent updates in the 2015 CDC STD Treatment Guidelines and are specific to PREGNANT WOMEN. Non-pregnant women and men may have different recommended regimens. See [CDC 2015 STD Treatment Guidelines](http://www.cdc.gov/std/treatment) (www.cdc.gov/std/treatment) for comprehensive recommendations. Call the local health department for assistance with management of pregnant women with syphilis and confidential notification of sexual partners of patients with syphilis, gonorrhea, chlamydia, or HIV infection. For STD clinical management consultation, submit your question online to the [STD Clinical Consultation Network](http://www.stdccn.org) at www.stdccn.org.

DISEASE	RECOMMENDED REGIMENS	DOSE / ROUTE	ALTERNATIVE REGIMENS: To be used if medical contraindication to recommended regimen
CHLAMYDIA (CT) ¹	Azithromycin	1 g po once	Amoxicillin 500 mg po tid x 7 d or Erythromycin base 500 mg po qid x 7 d or Erythromycin base 250 mg po qid x 14 d or Erythromycin ethylsuccinate 800 mg po qid x 7 d or Erythromycin ethylsuccinate 400 mg po qid x 14 d
GONORRHEA (GC) ^{1,2,3}	Dual therapy with: Ceftriaxone PLUS Azithromycin	250 mg IM once 1 g po once	Cefixime ⁴ 400 mg po PLUS Azithromycin 1 g po If cephalosporin allergy or IgE mediated penicillin allergy, consult with specialist, see footnotes. ¹
CERVICITIS ^{5,6,7}	Azithromycin	1 g po once	
PELVIC INFLAMMATORY DISEASE ^{5,8}	Clindamycin PLUS Gentamicin	900 mg IV q 8 hours 2 mg/kg IM or IV loading dose followed by 1.5 mg/kg IM or IV q 8 hours Discontinue parenteral therapy 24 hours after patient improves clinically and continue with oral clindamycin 450 mg po qid for a total of 14 d	
SYPHILIS ^{9,10} Primary, Secondary, Early Latent ¹¹ Late Latent and Unknown Duration Neurosyphilis and Ocular Syphilis ¹²	Benzathine penicillin G Benzathine penicillin G Aqueous crystalline penicillin G	2.4 million units IM once 7.2 million units, administered as 3 doses of 2.4 million units IM each, at 1-week intervals 18-24 million units daily, administered as 3-4 million units IV q 4 hours x 10-14 d	NONE NONE Procaine penicillin G 2.4 million units IM qd for 10-14 d PLUS Probenecid 500 mg po qid for 10-14 d
CHANCROID	Azithromycin or Ceftriaxone or Erythromycin	1 g orally once 250 mg IM once 500 mg po tid x 7 d	
LYMPHOGRANULOMA VENEREUM ¹³	Erythromycin base	500 mg po qid x 21 d	
TRICHOMONIASIS ^{14,15}	Metronidazole	2 g po once	
BACTERIAL VAGINOSIS	Metronidazole or Metronidazole gel or Clindamycin cream ¹⁶	500 mg po bid x 7 d 0.75%, one full applicator (5 g) intravaginally qd x 5 d 2%, one full applicator (5 g) intravaginally qhs x 7 d	Clindamycin 300 mg po bid x 7 d or Clindamycin ovules ¹⁶ 100 mg intravaginally qhs x 3 d
ANOGENITAL HERPES ¹⁷ First Clinical Episode Episodic Therapy for Recurrent Episode Suppressive Therapy (from 36 weeks gestation until delivery)	Acyclovir or Acyclovir or Acyclovir or Acyclovir or Acyclovir Acyclovir or Valacyclovir	400 mg po tid x 7-10 d ¹⁸ 200 mg po five times daily x 7-10 d 400 mg po tid x 5 d 800 mg po bid x 5 d 800 mg po tid x 2 d 400 mg po tid 500 mg bid	
ANOGENITAL WARTS ¹⁹ External Genital/Perianal Mucosal Genital Warts ²⁰	Cryotherapy or Trichloroacetic acid (TCA) 80%-90% or Bichloroacetic acid (BCA) 80%-90% or Surgical removal Cryotherapy or Surgical removal or TCA or BCA 80%-90%	Apply once a 1-2 weeks Apply once a 1-2 weeks Apply once a 1-2 weeks Vaginal, vulvar, anal Vaginal, vulvar, anal Vaginal, vulvar, anal	

- Every effort should be made to use a recommended regimen. Test of cure follow-up (preferably by nucleic acid amplification test (NAAT)) 3-4 weeks after completion of chlamydia treatment is recommended in pregnancy. Retesting 3 months after treatment is recommended for all pregnant women. In case of allergy to both alternative and recommended regimens, consult with the [STD Clinical Consultation Network](http://www.stdccn.org) at www.stdccn.org.
- Dual therapy with ceftriaxone 250 mg IM **PLUS** azithromycin 1 g po is recommended for all patients with GC regardless of the CT test results. Dual therapy should be simultaneous and by directly observed therapy.
- If the patient has been treated with a recommended regimen for GC, reinfection has been ruled out, and symptoms have not resolved, perform a test of cure using culture, antibiotic susceptibility testing, and NAAT and report to the local health department. For clinical consult and help in obtaining GC culture, call the CA STD Control Branch at 510-620-3400.
- Oral cephalosporins give lower and less-sustained bactericidal levels than ceftriaxone 250 mg; limited efficacy for treating pharyngeal GC. Cefixime should only be used when ceftriaxone is not available.
- Testing for GC and CT is recommended because a specific diagnosis may improve compliance and partner management and because these infections are reportable by state law.
- Assess for bacterial vaginosis and trichomoniasis; if detected, treat per above guidelines.
- If patient lives in community with high GC prevalence, or has risk factors (e.g., age <25 years, new partner, partner with concurrent sex partners, or sex partner with a STD), consider empiric treatment for GC.
- Hospitalization and treatment with intravenous antibiotics for PID are necessary because of risk for preterm delivery and maternal morbidity. Evaluate for bacterial vaginosis and trichomoniasis.
- Benzathine penicillin G (generic name) is the recommended treatment for syphilis not involving the central nervous system and is available in only one long-acting formulation, Bicillin® L-A (the trade name), which contains only benzathine penicillin G. Other combination products, such as Bicillin® C-R, contain both long- and short-acting penicillins and are not effective for treating syphilis.
- Pregnant women allergic to penicillin should be desensitized and treated with penicillin. There are no alternatives. Pregnant women who miss any dose of therapy (greater than 7 days between doses) must repeat the full course of treatment.
- Some specialists recommend a second dose of benzathine penicillin G 2.4 million units IM administered 1 week after the initial dose in pregnant women with primary, secondary, or early latent syphilis.
- Some specialists recommend 2.4 million units of benzathine penicillin G once weekly for up to 3 weeks after completion of neurosyphilis treatment.
- Azithromycin might prove useful for treatment of lymphogranuloma venereum in pregnancy, but no published data are available regarding an effective dose and duration of treatment.
- For suspected drug-resistant trichomoniasis, rule out re-infection; see 2015 CDC Guidelines, Persistent or Recurrent Trichomonas section, for other treatment options and evaluate for metronidazole-resistant *T. vaginalis*. For consultation, contact the [STD Clinical Consultation Network](http://www.stdccn.org) at www.stdccn.org.
- All women should be retested for trichomoniasis 3 months after treatment.
- May weaken latex condoms and contraceptive diaphragms.
- Herpes simplex virus (HSV) transmission to newborn infants is highest in women who acquire HSV during late pregnancy; these women should be managed in consultation with maternal-fetal medicine and infectious disease specialists.
- Treatment may be extended if healing is incomplete after 10 days.
- Anogenital warts may proliferate and become friable during pregnancy. Although removal of warts during pregnancy can be considered, resolution might be incomplete or poor until pregnancy is complete. Pregnant women with anogenital warts should be counseled concerning the low risk for warts on the larynx of their infants or children (recurrent respiratory papillomatosis).
- Cervical and intra-anal warts should be managed in consultation with a specialist.