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Dear Colleague,

With full support of the Los Angeles County Board of Supervisors, the Department of Public Health’s Division of HIV and STD Programs (DHSP) has launched a public health education campaign to increase provider awareness and prescribing of safe and highly effective methods to prevent HIV, including pre-exposure and post-exposure prophylaxis (PrEP and PEP).

- **PrEP** is a pill taken daily to prevent HIV infection when used in combination with other risk-reduction strategies. When taken as prescribed, PrEP has been shown to decrease a patient’s risk of HIV acquisition by up to 99%.
- **PEP** is a combination of pills taken daily for 28 days to prevent HIV infection after a high-risk exposure to HIV.

This **PrEP and PEP Action Kit** includes clinical resources for your practice and educational materials for your patients. The Action Kit is structured around these four core HIV prevention practices:

1. **Take a thorough sexual history** from all patients as part of routine medical care.
2. **Screen and treat sexually active patients** for STIs based on sexual history and clinical guidelines. Empiric treatment is often indicated.
3. **Talk about PrEP and PEP** with HIV-negative patients at ongoing risk of exposure and HIV-positive patients who may have HIV-negative partners.
4. **Prescribe PrEP and PEP** according to clinical guidelines, or refer patients to sites that provide PrEP and PEP.

We look forward to partnering with you to implement these new strategies for HIV prevention.

Sincerely,

Mario J. Pérez, MPH
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