

Pre-Exposure Prophylaxis (Oral) Triage Protocol



Obtain the Following Tests When Starting PrEP

- 1. HIV test:** 4th generation Ag/Ab test is standard for patients taking oral **PrEP**. Consider HIV Viral load, if available, especially if patient has had high-risk HIV exposure within the last 30 days. (HIV viral load is recommended if using long-acting injectable **PrEP** at every injection.)
- 2. Creatinine clearance.** If reduced CrCl, TAF/FTC (Descovy) should be used as it is approved for those with CrCl ≥ 30 mL/min.
- 3. Serology for Hepatitis A, B, and C.** Vaccinate against A and B in non-immune patients. If patient has chronic Hep B, counsel regarding theoretical risk of hep B flare if discontinuing **PrEP** suddenly.
- 4. STI screening.** Syphilis screening and 3-site (genital, rectal, pharyngeal based on sites of exposure) NAAT screening for Gonorrhea and Chlamydia.
- 5. Pregnancy Test.** If positive, discuss **PrEP** risks and benefits.
- 6. Lipid panel** if starting TAF/FTC (Descovy).

Laboratory Testing: Follow-Up and Monitoring

HIV Ag/Ab test (or HIV viral load)	Every 3 months
Pregnancy Test	Every visit (if applicable)
Ask about STI symptoms	Every visit
STI Testing	Every 3 months for men who have sex with men or transgender patients; every 6 months for other patients.
Creatinine + CrCl	Check Creatinine every 12 months unless patient is ≥ 50 yo or eCrCl < 90 ml/mn, in which case check every 6 months.
Urinalysis	Obtain at baseline if risk factors for renal disease.
Hepatitis C AB	Annually for MSM, TGW and PWID
Lipid panel	Every 12 months if on TAF/FTC (Descovy).

Recommended PrEP Regimens

TRUVADA®*

(Tenofovir 300mg + Emtricitabine 200mg)
1 tablet PO daily with or without food

**Generic option available*

DESCOVY®

(Emtricitabine 200mg + Tenofovir Alafenamide 25mg)
1 tablet PO daily with or without food

**Descovy has not been FDA-approved for use in people assigned female at birth.*

Common Side Effects:

Truvada®: Headache, Abdominal Pain, Weight Loss.

Descovy®: Diarrhea, Nausea, Headache, Fatigue, Abdominal Pain.

Speak with a clinician experienced in managing PrEP if patient has chronic active HBV, is pregnant or attempting to conceive, is taking nephrotoxic drugs, or is at risk for osteoporosis.

Call the **UCSF National Clinician Consultation Center's PrEPline:**

855 – HIV – PrEP

For more information on **PrEP** guidance, visit:

