

# Medical Care Coordination An Overview

HIV Medical Advisory Committee  
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# Medical Care Coordination

Medical Care Coordination (MCC) is a multi-disciplinary team approach to help patients improve health outcomes.



# Key Objectives

- To promote linkage to and retention in medical care
- To identify and remove barriers to treatment adherence
- To improve health outcomes
- To streamline service delivery / coordination
  - Eliminate duplication of services



# MCC Team

- Medical Care Manager
  - Registered Nurse
- Patient Care Manager
  - Master's in Social Work, Psychology, etc.
- Case Worker
  - Bachelor's level staff / LVN



# Target Population for MCC

- HIV+ individuals who:
  - Newly diagnosed
  - Intermittently in or out of care
  - Have a viral load of  $>200$  ml/copy
  - Have multiple and complex co-occurring conditions that negatively affect a patient's health status.
  - Continue to exhibit high risk behaviors for transmission / re-infection HIV/STI

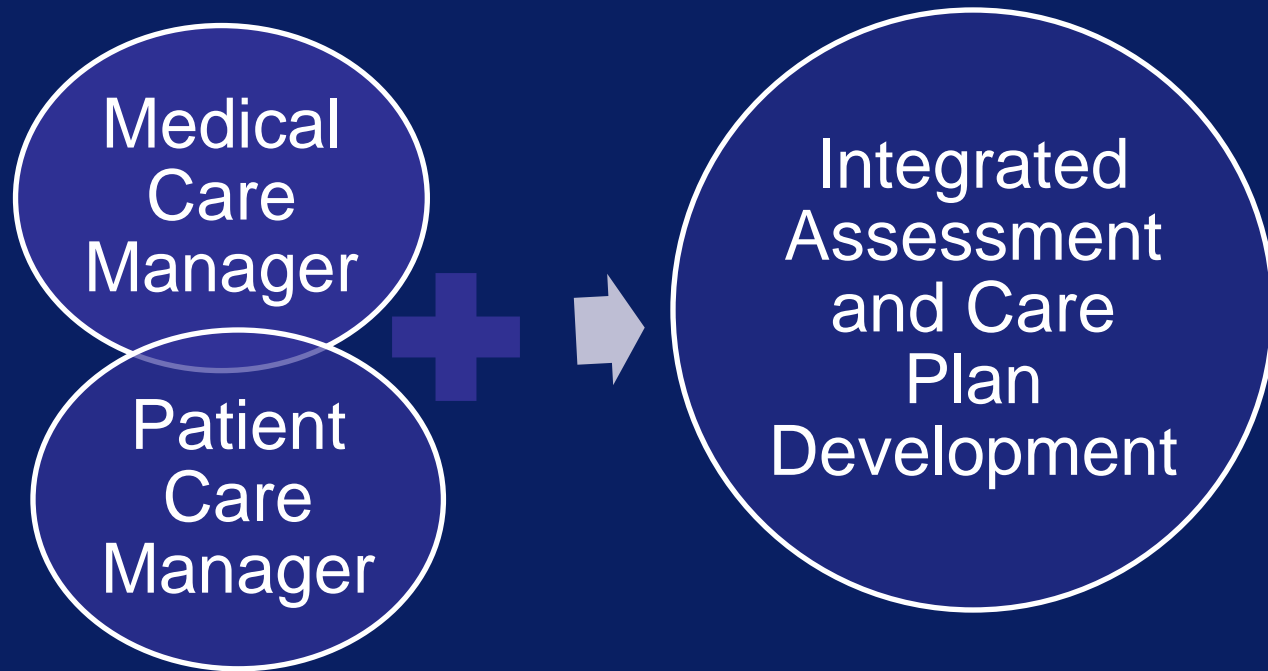


# Program Design

- Eligibility screening
- Comprehensive Collaborative Assessment
- Acuity Determination
  - Sever, High, Moderate, Self-Managed
- Integrated care plan
- Multi-disciplinary case conferencing
- Provision of Brief Interventions



# Integrated Assessment and Care Planning



# Interventions



## Non Medical Interventions

- Risk Reduction Counseling
- Linkages to Support Services
- Disclosure of HIV Status
- Mental Health and Substance Use Screening & Linkages



## Medical Interventions

- Co Infections, including STIs
- Tx Side Effects
- Nutrition
- Adherence
- Patient Education

Multidisciplinary Case Conference/ Collaboration





# Performance Measures

- Increased Adherence to HIV care & Tx
  - Improved Client Clinical Markers
- Linkage to Mental Health, Substance Abuse Treatment, Other Services
- Linkage to Partner Services



# Contact Information

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