



# Intensive Case Management - Home-Based for People with HIV

## What is Intensive Case Management - Home-Based Case?

Intensive Case Management - Home-Based Case is a program that focuses on care for people living with HIV (PLWH) who may have medical or physical needs that keep them from seeing their HIV care providers in person and would benefit from specialized home and/or community-based care. Services are provided to you in your home by certified Registered Nurse (RN) case managers and social workers who evaluate, educate, counsel, and work to support the best possible health outcomes for you.

## What are the goals of the Home-Based Case Management program?

- Assess and manage in-home services;
- Help you develop self-management skills and support your independence
- Support you to continue your medical care and treatment;
- Connect you with health care and supportive services;
- Help you manage your medical needs;
- Educate you on how to reduce HIV transmission; help you to successfully transition from a hospital care to home health care

## What services can I access through the Home-Based Case Management program?

The Intensive Case Management - Home-Based Case program includes medical assessments, service planning, attendant care (like accompanying you to your medical appointments, going to the market, etc), homemaker services (helping you with cooking and cleaning), and mental health therapy.

## Where can I access these services?

Agency	Contact	Phone Number	Email Address
AltaMed Health Services	Alonso Bautista, LMFT	(323) 869-5408	abautista@altamed.org
APLA Health & Wellness	Scott Blackburn	(213) 201-1422	sblackburn@apla.org
Tarzana Treatment Centers	Sindy Membreno	(818) 342-5987 x2119	smembreno@tarzanatc.org
St. Mary Medical Center	Stephanie Glass	(562) 624-4935	stephanie.glass@dignityhealth.org

## How do I access these services?

Home-Based Case Management is available to eligible clients who are referred by their medical provider. If you are interested in learning more, please contact any of the providers listed above.

