Comprehensive Mental Health Treatment for Individuals Living with HIV/AIDS

Crisis Points and Psychosocial Factors that Can Precipitate Mental Distress

1) Learning of HIV+ status
2) Disclosure of HIV status to family & friends
3) Introduction of medication
4) Occurrence of any physical illness
5) Recognition of new symptoms/progression of disease
6) Diagnosis of AIDS
7) Changes in major aspects of lifestyle
8) HIV-related stigma and discrimination
9) Necessity of making end-of-life and permanency planning decisions

Diagnostic Evaluation - 90791

A Mental Health Treatment Provider (MSW, LCSW, LMFT, Psychiatrist, Nurse Practitioner, Psychologist, Licensed Professional Clinical Counselor, or other mental health professional providing services according to the scope of their practice) conducts a comprehensive diagnostic evaluation. Bill CPT code 90791. Use form DHSP 532 (Adult Full Assessment) OR similar into agency’s EMR.

Treatment Plan Development - H0032

Mental Health Treatment Plans determine the course of treatment for mental health patients.

Primary HIV Care Physicians (NP, MD, DO) Conduct Mental Health Screening

PCPs play a key role in detecting depression and other mental health disorders. PCPs screen patients for mental health issues and refer/triage to mental health specialists for mental health evaluations and/or neuropsychological evaluations as needed.

Neuropsychological Evaluations/Assessments

Neuropsychological evaluations shall be conducted by providers according to their scope of practice.

1) Neuropsychological testing - (Bill CPT code: 96116, 96118, 96119, or 96120)
2) Psychological Testing - (Bill CPT code: 96101, 96102 or 96103)

Mental Health Diagnosis and Assessment Measures

Complete with patient and enter required data into Casewatch at baseline and every ninety 90 days thereafter. Only one assessment measures is needed at baseline and every ninety (90) days thereafter regardless of the various types of mental health services the patient receives from the mental health program.

Mental Health Treatment Services Menu

Mental Health Treatment Provider (MSW, LCSW, LMFT, Psychiatrist, Psychologist, Licensed Professional Clinical Counselor, or other mental health professional providing services according to the scope of their practice):

1) Medication Management - (Bill CPT code: 99201, 99203, 99204, 99205, 99212, 99213, 99214, or 99215)
2) Individual Psychotherapy - (Bill CPT code: 90832, 90834, or 90837)
3) Group Psychotherapy (Including Family and Multi-Family) - (Bill CPT code: 90847, 90849, or 90853)
4) Targeted Case Management - (Bill CPT code: T1017)
5) Crisis Intervention - (Bill CPT code H2011 or 90839)

Comprehensive Mental Health Treatment Provision

Targeted Case Management should be offered to patients exhibiting:

a. Substance Use/Addiction issues; and/or
b. HIV Risk taking behaviors; and/or
c. Non-adherence to HIV care and/or medications; and/or
d. Non-adherence to psychotropic medications; and/or
e. Behaviors that qualify client as being a danger to self or others (crisis); and/or
f. Other behaviors that the mental health clinician believes that the patient would benefit from the support of targeted case management.

Achieving better mental health “may in turn lead to a reduction in sexual risk behaviors and improvements in HIV treatment adherence.” “Mental health treatment provides added, and potentially essential, value to secondary HIV prevention.” (Sikkema et al., 2010)