

# MORTALITY IN LOS ANGELES COUNTY 2007 LEADING CAUSES OF DEATH AND PREMATURE DEATH WITH TRENDS FOR 1998-2007

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# What's INSIDE?

Message from the Director	
Data highlights for 2007	
Data highlights for 1998-2007	
Background	
User's guide to cause of death and premature death figures	
Mortality   2007	
Figure 1. Ten leading causes of death and premature death	(
Figure 2. Ten leading causes of death and premature death, by gender	10
Figure 3. Ten leading causes of death and premature death, by race/ethnicity	1
Figure 4. Comparison of the leading causes of death and premature death, by race/ethnicity	13
Figure 5. Comparision of the leading causes of death and premature death for males, by race/ethnicity	14
Figure 6. Comparison of the leading causes of death and premature death for females, by race/ethnicity	15
Figure 7. Comparison of the leading causes of death, by age group	16
Figure 8. Leading causes of death for males, by age group and race/ethnicity	17
Figure 9. Leading causes of death for females, by age group and race/ethnicity	19
Figure 10. Leading causes of death and premature death, by service planning area (SPA) of residence	2
Figure 11. Comparison of the leading causes of death and premature death, by service planning area (SPA) of residence	23
Figure 12. Comparison of the leading causes of premature death, by service planning area (SPA) of residence and gender	25
Figure 13. Death rates for selected causes of death, by service planning area (SPA) of residence	27
Figure 14. Comparison of the leading causes of death, by health district of residence	29
Figure 15. Comparison of the leading causes of premature death, by health district of residence	3
Figure 16. Death rates for selected causes of death, by health district of residence	33

# Mortality trends | 1998-2007

Figure T1. C	comparison of the leading cause	es of death, by	year	35
Figure T2. C	comparison of the leading cause	es of premature	e death, by year	36
At a glance	Alzheimer's disease	Figure T3.	Trends in Alzheimer's disease mortality	37
	Breast cancer	Figure T4.	Trends in breast cancer (female) mortality	39
	Colorectal cancer	Figure T5.	Trends in colorectal cancer mortality	41
	Coronary heart disease	Figure T6.	Trends in coronoary heart disease mortality	
	Diabetes	Figure T7.	Trends in diabetes mortality	
	Drug overdose	Figure T8.	Trends in drug overdose mortality	47
	Emphysema/COPD	Figure T9.	Trends in emphysema/COPD mortality	49
	Homicide	Figure T10.	Trends in homicide mortality	
	HIV	Figure T11.	Trends in HIV mortality	53
	Liver disease	Figure T12.	Trends in liver disease mortality	55
	Lung cancer	Figure T13.	Trends in lung cancer mortality	57
	Motor vehicle crash	Figure T14.	Trends in motor vehicle crash mortality	59
	Pneumonia/influenza	Figure T15.	Trends in pneumonia/influenza mortality	61
	Stroke	Figure T16.	Trends in stroke mortality	63
	Suicide	Figure T17.	Trends in suicide mortality	65
	All causes of death	Figure T18.	Trends in mortality from all causes of death	67
Appendix 1.	Sample California Certificate of	of Death		68
	•		d United States standard population	
			nd service planning area (SPA) boundaries	
			service planning area (SPA)	

#### Mortality in Los Angeles County 2007 and Mortality Trends 1998-2007

#### LEADING CAUSES OF DEATH AND PREMATURE DEATH

# Message from the Director

A vital function of the Department of Public Health is to monitor the health status of the County population and its communities in order to inform public health planning, education, and advocacy efforts, and to assess the impact of these efforts. With that in mind, this report, *Mortality in Los Angeles County 2007: Leading causes of death and premature death with trends for 1998-2007,* summarizes information on deaths from a wide range of health conditions, including chronic diseases, such as heart disease and emphysema; infectious diseases, such as pneumonia/influenza and HIV; lifestyle-related conditions, such as diabetes and lung cancer; and intentional (homicide and suicide) and unintentional (accidents) injuries.

In the last 10 years, the County has experienced remarkable declines in mortality for many causes of death—including a 38% drop in the death rate from coronary heart disease, a 23% decline in the death rate from lung cancer, and a 35% decrease in the death rate from stroke. While 24% of deaths are still due to coronary heart disease, the leading cause of death, Los Angeles County has now achieved the overall national Healthy People 2010 target for that disease. Unfortunately, these favorable trends mask marked geographic, gender, and racial/ethnic disparities in patterns of death. Injuries (homicides, motor vehicle crashes, drug overdoses and suicide), for example, are leading and tragic causes of premature deaths among males and far exceed premature deaths among females. The data in this report highlight the many disparities that must be closed.

We remain committed to work with many partners to reduce preventable and premature mortality. Collectively we are expanding our work on physical activity and nutrition to reduce the epidemic of obesity that threatens to reverse the positive trends in cardiovascular deaths. As the leading preventable cause of death, smoking remains a major priority. In spite of education programs and improved treatment regimens, HIV continues to be an important cause of death, particularly in some communities. Poverty, unemployment, inadequate educational opportunities, crime, substance abuse, and the physical environment all contribute to violent deaths. They should respond to effective drug treatment programs, after-school programs for youth, and nurse home-visitation programs for teen parents, as well as community policing, laws that control access to firearms and ammunition; and clean, well-lit streets that discourage street violence.

Improving the health of the population requires the active participation of communities, schools, health care organizations, businesses, foundations, and volunteer organizations. This report can help identify priorities for action and guide our collective efforts to improve the public's health.

Jonathan E Fielding

Jonathan E. Fielding, MD, MPH

Director and Health Officer

# Data highlights for 2007 (rates are age-adjusted)

- ◆ In 2007, there were 58,316 deaths—a 2% decrease from 2006. The death rate was 624 deaths per 100,000 population—a 6% decrease from 2006.
- ◆ The number of deaths among males and females was nearly equal—29,630 men and 28,686 women—but men lost almost twice as many years of potential life indicating that, in general, men die at a younger age than women.
- ◆ On an average day in Los Angeles County, 160 people died, including 38 from coronary heart disease, 37 from cancer, 11 from injuries (homicide, suicide, and unintentional), and 9 from stroke. Six deaths were among children or young adults less than 25 years of age.
- Twenty-four of every 100 deaths were caused by coronary heart disease (13,890 deaths), the leading cause of death and premature death.
- Twenty-three of every 100 deaths were caused by cancer (13,599 deaths). Among those who died of cancer, lung cancer was most common (2,950 deaths), followed by colorectal cancer (1,323 deaths) and breast cancer (1,139 deaths).
- Accidents—unintentional injuries such as motor vehicle crashes and drug overdoses—were the leading cause of death for persons aged 1 to 44 years (1,024 deaths).
- ◆ Homicide was first-leading cause of premature death and the third-leading cause of death for Hispanic and black males. Homicide was also the leading cause of death for 15- to 44-year-olds.
- Alzheimer's disease was the fifth-leading cause of death for women (1,194 deaths), but it was the 12th-leading cause of death for men (586 deaths).
- HIV remained an important cause of premature death in the Central, Hollywood/Wilshire, Long Beach, and Southwest Health Districts.
- Death rates were higher for men than women for every leading cause of death and premature death, except Alzheimer's disease and breast cancer.
- ◆ For 11 of the 15 leading causes of death and premature death, the highest death rates were among black males.
- ◆ Forty-five percent of all deaths were among persons less than 75 years of age. Each death before the age of 75 years resulted in potential years of life lost before reaching that milestone, which, when added together across all deaths, totaled more than 475,000 years of potential life lost before age 75.
- ◆ The Healthy People 2010 goal was met for coronary heart disease, lung cancer and stroke, but not for the other leading causes of death and premature death for which a comparable Healthy People 2010 goal has been established (breast cancer, colorectal cancer, emphysema/COPD, HIV, homicide, liver disease, motor vehicle crash, and suicide).

#### Mortality in Los Angeles County 2007 and Mortality Trends 1998-2007

#### LEADING CAUSES OF DEATH AND PREMATURE DEATH

#### Data highlights for 1998-2007 (rates are age-adjusted)

- From 1998 through 2007, the overall death rate decreased 22%, from 797 to 624 deaths per 100,000 population.
- ◆ During the last 10 years, there were notable decreases in the death rates from coronary heart disease (-38%), emphysema/COPD (-19%), HIV (-36%), lung cancer (-23%), pneumonia/influenza (-54%), and stroke (-35%).
- ◆ Since 1999, there has been no change in the ranking of the six leading causes of death: coronary heart disease, stroke, lung cancer, emphysema/COPD, pneumonia/influenza, and diabetes.
- Coronary heart disease, homicide, and motor vehicle crashes have been the three leading causes of premature death since 1998.
- ◆ Alzheimer's disease has been the seventh-leading cause of death since 2005; in 2003 and 2004 it was the eighth-leading cause. Before 2003, it was not among the overall leading causes of death. The number of deaths from Alzheimer's disease increased 311%, from 433 in 1998 to 1,780 in 2007.
- ◆ From 1998 to 2007, there has been little change in the rate of deaths from drug overdoses and motor vehicle crashes—the leading causes of unintentional injury death. Homicide rates decreased from the peak of 11 deaths per 100,000 population in 2001 and 2002, to 8 deaths per 100,000 in 2007.
- ♦ HIV, which was the seventh-leading cause of premature death in 1998, has not been among the 10 leading causes of premature death overall since 2004.

# **Background**

When a death occurs in California, state law requires that a certificate of death be filed within eight days of death and before a decedent is buried or cremated. The certificate of death is a legal document that serves as a permanent record of the death of an individual. To complete a certificate of death, the funeral director or medical facility collects identifying and demographic information about the decedent from family members and medical records. The decedent's physician or the coroner provides information about the medical conditions or events that precipitated the death.

When the death certificate is complete, it is filed with the local registrar. The local registrar files the document with the State Registrar of Vital Records. State records are aggregated by the National Center for Health Statistics to create an annual national mortality database. There is a delay of about two years before the annual national mortality database is available for use. Errors, omissions, and inaccuracies can occur when the death certificate is completed, and later when it is processed. Some of these errors are detected and corrected; others are not.

This report summarizes information obtained from death certificates (Appendix 1) for all Los Angeles County residents who died in 2007, and mortality trends for 1998 through 2007. While it cannot provide information about every cause of death, it lays the groundwork for future efforts and provides valuable information for public health and medical research, evaluation of prevention and intervention programs, community needs assessments, policy development, and program planning. Death certificate data represent an important endpoint in the spectrum of disease and help us to better understand the burden of disease in our community. Because death certificates are required by state law, they provide a readily available, and a consistently and continuously collected source of information on a wide range of health conditions.

#### Premature death: What is it?



We expect most people to live a long life, but many do not. In 2007, almost half (45%) of the people who died were less than 75 years old. To quantify the impact of early, or premature, death we must consider how long a person was expected to live. For this report, we set our expected lifespan at 75 years of age, a standard cut-off used in public health. Ideally, many people will live longer than 75 years.

If we expect everyone to live to at least 75 years of age, then people who die younger are considered to have died prematurely. For example, a person who died at 63 years of age lost 12 years of expected life, while a person who died at 80 exceeded the

expectation and did not lose any years of expected life. For everyone who died during the year, we calculated the years of expected life that were lost if they died before 75. Then, by adding up the total years of life lost for each cause of death, we identified those causes of death responsible for the greatest amount of premature death. Calculations of years of life lost were limited to persons who were at least 1 year of age at the time of death. Infants less than 1 year of age were excluded because prevention of infant mortality differs from prevention of other causes of early mortality.

#### Measures

This report provides the number of deaths, death rates, and years of life lost before age 75 for the leading causes of death and premature death for 2007 and the 10-year period, 1998 through 2007, for Los Angeles County residents. The variables included in the analysis were age at death, gender, race/ethnicity, service planning area and health district of residence, and underlying cause of death.

A standardized coding system, the International Classification of Diseases (ICD), was used to classify causes of death and to group similar causes of death into categories for analysis.<sup>1</sup> The cause of death groups were based on categories developed by the National Center for Health Statistics.<sup>2</sup> To identify the leading causes of death, the cause of death groups were ranked by the number of deaths in each group. If two groups had the same number of deaths, then the cause of death that resulted in the most years of life lost was ranked first. To identify the leading causes of premature death, the groups were ranked by the years

1 International statistical classification of diseases and related health problems, tenth revision. Geneva: World Health Organization, 1992.

<sup>&</sup>lt;sup>2</sup> Instruction manual, Part 9. ICD-10 cause-of-death lists for tabulating mortality statistics (updated October 2007 to include WHO updates to ICD-10 for data year 2007). www.cdc.gov/nchs/data/dvs/Part9InstructionManual2007.pdf

#### Mortality in Los Angeles County 2007 and Mortality Trends 1998-2007

#### LEADING CAUSES OF DEATH AND PREMATURE DEATH



of life lost in each group. If two causes of death resulted in the same number of years of life lost, then the group that resulted in the greatest number of deaths was ranked first.

When a person dies, it is likely that several factors or conditions contributed to the death. For this report, we analyzed the underlying cause of death, which is the condition that most directly caused the death. By using a single cause of death rather than considering all the conditions present at the time of death, the number of deaths and rates in this report do not reflect the full impact of certain diseases and conditions.<sup>3</sup>

Some figures include national goals established by Healthy People 2010.<sup>4</sup> Healthy People 2010 is a set of health-related objectives for the nation to achieve, with the goal of increasing life expectancy and quality of life, and eliminating health disparities in population groups.

#### **Definitions**

Age-adjusted death rate: There are age-related differences in the rates at which most health conditions occur. Some conditions are more common among young people, while others are more common among older people. Age adjustment is a technique for removing the effects of age from crude rates so they can be compared. Age adjustment is used to compare two or more populations at one point in time or one population at two or more points in time. To control for differences in the age distribution of the populations being compared, the death rates for each population group are applied to a standard population in order to create a comparable summary measure of mortality. In this report, age-adjusted death rates were calculated using the 2000 standard population published by the National Center for Health Statistics (Appendix 2).<sup>5</sup> All rates were rounded to the nearest whole number; therefore, rates that appear to be the same may differ by a fractional amount.

Age-specific death rate: The number of deaths in a specific age group divided by the population at risk in that age group.

Death rate: The number of deaths divided by the population at risk. Death rates make comparisons between different population groups more meaningful than frequencies alone. This type of rate is also called the crude death rate.

The decennial census is the basis for annual estimates of the total population of Los Angeles County and the population groups used in this report. The decennial census may not accurately count every resident of the County, and some groups may experience less accurate enumeration than others. Following the census, statistical methods are used to estimate the





population for the years between the decennial census which may also result in inaccuracies that ultimately affect the crude and adjusted death rates. Some of the variation in the reported death rates may be the result of inaccuracies in the population estimates.

Health District: Using census tract boundaries, the County is divided into 26 health districts that are responsible for planning and providing public health services according to the health needs of the local communities (Appendix 3).

Service Planning Area (SPA): Health districts are aggregated to form service planning areas. The County is divided into eight service planning areas (Appendices 3 and 4).

#### How to get more information

L.A. HealthDataNow! is an online query system to facilitate access to County mortality data. Users can query the system to obtain mortality statistics by cause of death, demographic group, and geographic area within the County. L.A. HealthDataNow! is accessible at http://dqs.hasten.ladhs.org/.

2

<sup>&</sup>lt;sup>3</sup> Redelings MD, Sorvillo F, Simon P. A comparison of underlying cause and multiple causes of death: US vital statistics, 2000-2001. <u>Epidemiology</u>. 2006 Jan;17(1):100-3.

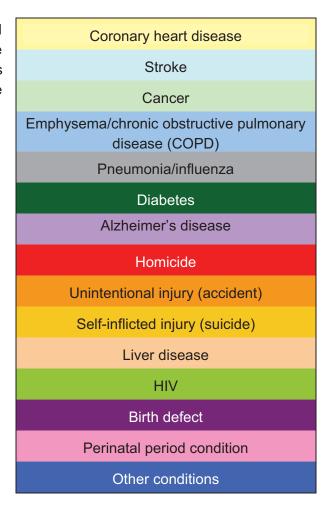
<sup>&</sup>lt;sup>4</sup> Healthy People, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services. www.healthypeople.gov.
<sup>5</sup> Hoyert DL, Heron MP, Murphy SL, Kung H. Deaths: Final Data for 2003. National vital statistics reports; vol 54 no 13. Hyattsville, MD: National Center for Health Statistics. 2006.

#### Mortality in Los Angeles County 2007 and Mortality Trends 1998-2007

#### LEADING CAUSES OF DEATH AND PREMATURE DEATH

#### **User's Guide to Color**

To make the figures easier to understand and interpret, color codes have been used throughout the report. To make it easier to see the overall impact of cancer, the same color is used for all cancers regardless of the type. All unintentional injuries (accidents), such as drug overdoses or motor vehicle crashes, also have the same color code.



User's guide

#### User's guide to cause of death and premature death figures

The following series of figures compares the 10 leading causes of death with the 10 leading causes of *premature* death (death before age 75) for the county overall and selected population groups. These figures are designed to facilitate comparisons within population groups. Other figures are designed to facilitate comparisons between population groups.

	<b>A</b> .\			<b>B</b> 人				
	Leading causes of	of deat	h	Lea	nding causes of <i>prema</i>	ature de	ath	
	1	2	3		4	(5)	6	
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost	Death rank	
1.	Coronary heart disease	13,890	1.	1.	Coronary heart disease	60,319	1.	
2.	Stroke	3,323	8.	2.	Homicide	38,733	14.	
3.	Lung cancer	2,950	7.	3.	Motor vehicle crash	31,279	11.	
4.	Emphysema/COPD	2,625	13.	4.	Drug overdose	20,941	17.	
5.	Pneumonia/influenza	2,184	20.	5.	Liver disease	19,634	10.	
6.	Diabetes	2,127	9.	6.	Suicide	18,488	18.	
7.	Alzheimer's disease	1,780	51.	7.	Lung cancer	18,423	3.	
8.	Colorectal cancer	1,323	12.	8.	Stroke	16,554	2.	
9.	Breast cancer	1,139	10.	9.	Diabetes	15,623	6.	
10.	Liver disease	1,133	5.	10.	Breast cancer	13,621	9.	

- **A**: The 10 leading causes of death are shown from highest (top) to lowest (bottom) based on the number of deaths from each cause.
- **B**: The 10 leading causes of *premature* death are shown from highest (top) to lowest (bottom) based on the number of years of life lost before age 75 from each cause.
- The cause of death group coded by color.
- The number of deaths due to the specific cause, e.g., there were 13,890 deaths from coronary heart disease and 2,625 deaths from emphysema/COPD.
- The *premature* death rank for this cause of death, e.g., lung cancer was the third-ranked cause of death (2,950 deaths), but was the seventh-ranked cause of *premature* death (18,423 years of life lost).
- The cause of premature death group coded by color.
- The total years of life lost before age 75 for the specific cause of death.
- The death rank for this cause of *premature* death, e.g., stroke was the eighth-ranked cause of *premature* death, resulting in 16,554 years of life lost before age 75, but was the second-ranked cause of death (3,323 deaths).

#### Figure 1. Ten leading causes of death and premature death

#### **Los Angeles County**

58,316 total deaths 475,865 years of life lost\*

Leading causes of death					Leading causes of premature** death				
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank		
1.	Coronary heart disease	13,890	1.	1.	Coronary heart disease	60,319	1.		
2.	Stroke	3,323	8.	2.	Homicide	38,733	14.		
3.	Lung cancer	2,950	7.	3.	Motor vehicle crash	31,279	11.		
4.	Emphysema/COPD	2,625	13.	4.	Drug overdose	20,941	17.		
5.	Pneumonia/influenza	2,184	20.	5.	Liver disease	19,634	10.		
6.	Diabetes	2,127	9.	6.	Suicide	18,488	18.		
7.	Alzheimer's disease	1,780	51.	7.	Lung cancer	18,423	3.		
8.	Colorectal cancer	1,323	12.	8.	Stroke	16,554	2.		
9.	Breast cancer	1,139	10.	9.	Diabetes	15,623	6.		
10.	Liver disease	1,133	5.	10.	Breast cancer	13,621	9.		

Coronary heart disease, the overall leading cause of death and premature death, caused one of every four deaths.

There were four times more deaths from coronary heart disease (13,890 deaths) than stroke (3,323), the second-leading cause of death.

Homicide (869 deaths), motor vehicle crash (908 deaths), drug overdose (691 deaths), and suicide (667 deaths) were leading causes of death among younger people. Together, they caused only 5% percent of the deaths and 23% of the years of life lost before age 75.

The median age at death from homicide was 26 years compared with 82 years for coronary heart disease.

The years of life lost from suicide (18,488 years) and lung cancer (18,423 years) were nearly identical, yet lung cancer caused more than four times more deaths than suicide (667 deaths), highlighting the importance of suicide as a cause of death among younger people.

Emphysema (2,625 deaths), pneumonia/influenza (2,184 deaths), and Alzheimer's disease (1,780 deaths) were important causes of death for older Angelenos, but were not leading causes of premature death.

Figure 2. Ten leading causes of death and premature death, by gender

Males 29,630 total deaths 309,952 years of life lost\*

#### Leading causes of death Leading causes of premature\*\* death No. of Premature Years of Death deaths death rank Rank Rank life lost\* rank Cause of death Cause of death 1. Coronary heart disease 7,082 1. Coronary heart disease 44,259 1. 2. Lung cancer 1.568 7. Homicide 34,095 9. 3. 1.409 8. Motor vehicle crash Stroke 24.066 11. 4. Emphysema/COPD 1,286 4. Drug overdose 14. 15,446 14. 5. 5. **Diabetes** 1.040 10. Suicide 14,603 13. 6. Pneumonia/influenza 1.018 20. 6. Liver disease 14,467 7. 7. 7. Liver disease 792 6. Lung cancer 10,079 2. 8. Prostate cancer 789 24. Stroke 9,670 3. 9. Homicide 751 2. 9. HIV 9.398 18. Colorectal cancer 686 11. 10. **Diabetes** 9,218 5.

For men, homicide (751 deaths), motor vehicle crash (669 deaths), drug overdose (501 deaths), and suicide (529 deaths) caused 8% of the deaths and 28% of the years of life lost.

HIV, which caused 338 deaths, remained an important cause of premature death among men.

Liver disease was the 10th-leading cause of death overall, but was the seventh-leading cause of death for men.

#### Females 28,686 total deaths 165,913 years of life lost\*

Leading causes of death					Leading causes of premature** death			
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank	
1.	Coronary heart disease	6,808	1.	1.	Coronary heart disease	16,060	1.	
2.	Stroke	1,914	5.	2.	Breast cancer	13,538	7.	
3.	Lung cancer	1,382	3.	3.	Lung cancer	8,344	3.	
4.	Emphysema/COPD	1,339	13.	4.	Motor vehicle crash	7,213	16.	
5.	Alzheimer's disease	1,194	45.	5.	Stroke	6,884	2.	
6.	Pneumonia/influenza	1,166	23.	6.	Diabetes	6,405	8.	
7.	Breast cancer	1,127	2.	7.	Drug overdose	5,495	21.	
8.	Diabetes	1,087	6.	8.	Liver disease	5,167	14.	
9.	Colorectal cancer	637	10.	9.	Homicide	4,638	34.	
10.	Hypertension & related renal disease	527	27.	10.	Colorectal cancer	4,139	9.	

The number of coronary heart disease deaths for men and women was similar, but men lost almost three times more years of life than women. The median age at death from coronary heart disease was 85 years for women and 77 years for men.

Alzheimer's disease was the seventh-leading cause of death overall, but the fifth-leading cause of death for women.

Figure 3. Ten leading causes of death and premature death, by race/ethnicity

#### White 30,593 total deaths 162,250 years of life lost\*

#### Leading causes of premature\*\* death Leading causes of death No. of Premature Years of Death deaths death rank life lost\* rank Rank Cause of death Rank Cause of death 1. Coronary heart disease 7,994 1. 1. Coronary heart disease 25,427 1. 2. Emphysema/COPD 1,801 7. 2. Drug overdose 10,454 15. 3. 3. Lung cancer 1,700 3. 9,196 3. Lung cancer 8,437 14. 4. Stroke 1.587 11. 4. Suicide 5. Alzheimer's disease 1.297 41. 5. Motor vehicle crash 7,268 20. 6. 6. Pneumonia/influenza 1,198 16. Liver disease 6,610 13. 9. 7. Emphysema/COPD 2. 7. **Diabetes** 751 4.770 Colorectal cancer 689 10. 8. Breast cancer 4,670 9. 9. 578 8. 9. **Diabetes** 3,985 7. Breast cancer Pancreatic cancer 449 14. 10. Colorectal cancer 3,981 8.

Among whites, emphysema ranked higher as a cause of death and premature death than for the county overall. Overall, emphysema was the fourth-leading cause of death and the 13th-leading cause of premature death.

Overall, homicide was the second-leading cause of premature death, but for whites, it was the 12th-leading cause of death.

#### Hispanic 13,429 total deaths 180,962 years of life lost\*

Leading causes of death					Leading causes of premature** death			
Rank	Cause of death		Premature death rank		Cause of death	Years of life lost*	Death rank	
1.	Coronary heart disease	2,475	3.	1.	Homicide	22,546	5.	
2.	Diabetes	754	6.	2.	Motor vehicle crash	17,678	6.	
3.	Stroke	742	7.	3.	Coronary heart disease	15,239	1.	
4.	Liver disease	586	4.	4.	Liver disease	10,749	4.	
5.	Homicide	474	1.	5.	Drug overdose	7,546	15.	
6.	Motor vehicle crash	436	2.	6.	Diabetes	7,080	2.	
7.	Pneumonia/influenza	418	22.	7.	Stroke	5,941	3.	
8.	Lung cancer	398	13.	8.	Suicide	5,900	22.	
9.	Emphysema/COPD	299	27.	9.	Breast cancer	4,664	12.	
10.	Colorectal cancer	264	15.	10.	Leukemia	4,499	21.	

As a cause of death and premature death, diabetes ranked higher for Hispanics than for the county overall.

Liver disease was the 10th-leading cause of death overall but the fourth-leading cause of death for Hispanics.

Homicide caused 4% of the deaths among Hispanics and 12% of the years of life lost.

Black 8,023 total deaths 88,778 years of life lost\*

	Leading causes of	of deat	h	Leading causes of premature** death			
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	1,936	1.	1.	Coronary heart disease	13,764	1.
2.	Stroke	516	5.	2.	Homicide	11,736	5.
3.	Lung cancer	464	3.	3.	Lung cancer	3,958	3.
4.	Diabetes	357	7.	4.	Motor vehicle crash	3,741	15.
5.	Homicide	272	2.	5.	Stroke	3,732	2.
6.	Emphysema/COPD	265	12.	6.	HIV	3,471	14.
7.	Pneumonia/influenza	259	15.	7.	Diabetes	3,223	4.
8.	Breast cancer	195	8.	8.	Breast cancer	2,537	8.
9.	Colorectal cancer	181	11.	9.	Drug overdose	2,528	17.
10.	Hypertension & related renal disease	173	16.	10.	Suicide	1,662	24.

Among blacks, homicide caused almost as many years of life lost as coronary heart disease, but coronary heart disease caused more than seven times more deaths than homicide.

HIV remained an important cause of premature death for blacks.

#### Asian/Pacific Islander

6,088 total deaths 41,861 years of life lost\*

	Leading causes of	of deat	h	Leading causes of premature** death			
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	1,452	1.	1.	Coronary heart disease	5,576	1.
2.	Stroke	469	2.	2.	Stroke	2,931	2.
3.	Lung cancer	378	3.	3.	Lung cancer	2,461	3.
4.	Pneumonia/influenza	305	15.	4.	Motor vehicle crash	2,423	14.
5.	Diabetes	257	9.	5.	Suicide	2,341	15.
6.	Emphysema/COPD	247	29.	6.	Breast cancer	1,728	11.
7.	Colorectal cancer	184	8.	7.	Liver cancer	1,385	8.
8.	Liver cancer	150	7.	8.	Colorectal cancer	1,375	7.
9.	Kidney disease/ failure	130	17.	9.	Diabetes	1,284	5.
10.	Pancreatic cancer	119	13.	10.	Homicide	1,180	30.

Cancer was an important cause of death and premature death for Asian/Pacific Islanders.

Overall, liver cancer was the 19th-leading cause of death and the 16th-leading cause of premature death. Among Asian/Pacific Islanders, it was the eighth- and seventh-leading cause of death and premature death, respectively.

Figure 4. Comparison of the leading causes of death and premature death, by race/ethnicity

#### Leading causes of death

Race/ethnicity Number of deaths Age-adjusted death rate	<b>#1 cause</b> Number of deaths Age-adjusted death rate	#2 cause Number of deaths Age-adjusted death rate	<b>#3 cause</b> Number of deaths Age-adjusted death rate	<b>#4 cause</b> Number of deaths Age-adjusted death rate	#5 cause Number of deaths Age-adjusted death rate
White	Coronary heart disease	Emphysema/COPD	<b>Lung cancer</b>	<b>Stroke</b>	<b>Alzheimer's disease</b>
30,593	7,994	1,801	<b>1,700</b>	<b>1,587</b>	<b>1,297</b>
673 per 100,000	167 per 100,000	39 per 100,000	39 per 100,000	33 per 100,000	25 per 100,000
Hispanic	Coronary heart disease	<b>Diabetes</b>	<b>Stroke</b>	<b>Liver disease</b>	<b>Homicide</b>
13,429	2,475	<b>754</b>	<b>742</b>	<b>586</b>	<b>474</b>
506 per 100,000	109 per 100,000	31 per 100,000	32 per 100,000	19 per 100,000	9 per 100,000
Black	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer 464</b> 54 per 100,000	<b>Diabetes</b>	<b>Homicide</b>
8,023	1,936	<b>516</b>		<b>357</b>	<b>272</b>
940 per 100,000	231 per 100,000	62 per 100,000		42 per 100,000	28 per 100,000
Asian/Pacific Islander	Coronary heart disease	<b>Stroke</b>	Lung cancer	Pneumonia/influenza	<b>Diabetes</b>
6,088	1,452	<b>469</b>	378	305	<b>257</b>
440 per 100,000	106 per 100,000	34 per 100,000	27 per 100,000	23 per 100,000	19 per 100,000
Los Angeles County Total	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer</b>	Emphysema/COPD	Pneumonia/influenza
58,316	13,890	<b>3,323</b>	<b>2,950</b>	2,625	2,184
624 per 100,000	150 per 100,000	36 per 100,000	33 per 100,000	29 per 100,000	24 per 100,000

#### Leading causes of premature death (before age 75 years)

Race/ethnicity	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause	
White	Coronary heart disease	Drug overdose	Lung cancer	Suicide	Motor vehicle crash	
Hispanic	Homicide	Motor vehicle crash	Coronary heart disease	Liver disease	Drug overdose	
Black	Coronary heart disease	Homicide	Lung cancer	Motor vehicle crash	Stroke	
Asian/Pacific Islander	Coronary heart disease	Stroke	Lung cancer	Motor vehicle crash	Suicide	
Los Angeles County Total	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Liver disease	

Note: Los Angeles County Total includes persons of other or unknown race/ethnicity.

Figure 5. Comparison of the leading causes of death and premature death for males, by race/ethnicity

#### Males: Leading causes of death

Race/ethnicity Number of deaths Age-adjusted death rate	<b>#1 cause</b> Number of deaths Age-adjusted death rate	<b>#2 cause</b> Number of deaths Age-adjusted death rate	#3 cause Number of deaths Age-adjusted death rate	<b>#4 cause</b> Number of deaths Age-adjusted death rate	#5 cause Number of deaths Age-adjusted death rate
<b>White</b>	Coronary heart disease	<b>Lung cancer</b>	Emphysema/COPD	<b>Stroke</b>	Pneumonia/influenza
<b>14,872</b>	4,030	<b>860</b>	823	<b>645</b>	532
797 per 100,000	212 per 100,000	45 per 100,000	44 per 100,000	34 per 100,000	28 per 100,000
Hispanic	Coronary heart disease	<b>Liver disease 439</b> 30 per 100,000	<b>Homicide</b>	<b>Diabetes</b>	<b>Stroke</b>
7,370	1,319		<b>420</b>	<b>378</b>	<b>338</b>
617 per 100,000	136 per 100,000		15 per 100,000	35 per 100,000	33 per 100,000
Black	Coronary heart disease	<b>Lung cancer</b>	<b>Homicide</b>	<b>Stroke</b>	Prostate cancer
4,078	950	<b>245</b>	<b>240</b>	<b>209</b>	171
1,172 per 100,000	284 per 100,000	70 per 100,000	53 per 100,000	62 per 100,000	56 per 100,000
Asian/Pacific Islander 3,205 542 per 100,000	Coronary heart disease 761 131 per 100,000	<b>Lung cancer 224</b> 38 per 100,000	<b>Stroke 211</b> 35 per 100,000	Emphysema/COPD 155 29 per 100,000	Pneumonia/influenza 154 29 per 100,000
All males	Coronary heart disease	<b>Lung cancer</b>	<b>Stroke</b>	Emphysema/COPD	<b>Diabetes</b>
29,630	7,082	<b>1,568</b>	<b>1,409</b>	1,286	<b>1,040</b>
753 per 100,000	188 per 100,000	41 per 100,000	37 per 100,000	36 per 100,000	27 per 100,000

#### Males: Leading causes of premature death (before age 75 years)

Race/ethnicity	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause
White	Coronary heart disease	Drug overdose	Suicide	Motor vehicle crash	Lung cancer
Hispanic	Homicide	Motor vehicle crash	Coronary heart disease	Liver disease	Drug overdose
Black	Homicide	Coronary heart disease	Motor vehicle crash	HIV	Lung cancer
Asian/Pacific Islander	Coronary heart disease	Motor vehicle crash	Stroke	Suicide	Lung cancer
All males	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Suicide

Note: All males includes persons of other or unknown race/ethnicity.

Figure 6. Comparison of the leading causes of death and premature death for females, by race/ethnicity

#### Females: Leading causes of death

Race/ethnicity Number of deaths Age-adjusted death rate	<b>#1 cause</b> Number of deaths Age-adjusted death rate	#2 cause Number of deaths Age-adjusted death rate	<b>#3 cause</b> Number of deaths Age-adjusted death rate	<b>#4 cause</b> Number of deaths Age-adjusted death rate	<b>#5 cause</b> Number of deaths Age-adjusted death rate
White	Coronary heart disease	<b>Emphysema/COPD</b>	<b>Stroke</b>	Alzheimer's disease	<b>Lung cancer</b>
15,721	3,964	<b>978</b>	<b>942</b>	880	<b>840</b>
572 per 100,000	131 per 100,000	36 per 100,000	32 per 100,000	27 per 100,000	35 per 100,000
Hispanic	Coronary heart disease	<b>Stroke</b>	<b>Diabetes</b>	Breast cancer	Pneumonia/influenza
6,059	1,156	<b>404</b>	<b>376</b>	249	221
416 per 100,000	88 per 100,000	30 per 100,000	27 per 100,000	15 per 100,000	17 per 100,000
Black	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer 219</b> 43 per 100,000	<b>Diabetes</b>	Breast cancer
3,945	986	<b>307</b>		<b>210</b>	194
771 per 100,000	192 per 100,000	60 per 100,000		41 per 100,000	37 per 100,000
Asian/Pacific Islander	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer</b>	Pneumonia/influenza	<b>Diabetes</b>
2,883	691	<b>258</b>	<b>154</b>	151	<b>130</b>
361 per 100,000	86 per 100,000	32 per 100,000	19 per 100,000	19 per 100,000	16 per 100,000
All females	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer</b>	Emphysema/COPD	Alzheimer's disease
28,686	6,808	<b>1,914</b>	<b>1,382</b>	1,339	1,194
522 per 100,000	120 per 100,000	34 per 100,000	27 per 100,000	25 per 100,000	20 per 100,000

#### Females: Leading causes of premature death (before age 75 years)

Race/ethnicity	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause
White	Coronary heart disease	Breast cancer	Lung cancer	Drug overdose	Emphysema/COPD
Hispanic	Breast cancer	Motor vehicle crash	Coronary heart disease	Diabetes	Homicide
Black	Coronary heart disease	Breast cancer	Stroke	Lung cancer	Diabetes
Asian/Pacific Islander	Breast cancer	Coronary heart disease	Stroke	Lung cancer	Suicide
All females	Coronary heart disease	Breast cancer	Lung cancer	Motor vehicle crash	Stroke

Note: All females includes persons of other or unknown race/ethnicity.

Figure 7. Comparison of the leading causes of death, by age group

#### Leading causes of death

Age group Number of deaths Age-specific death rate	<b>#1 cause</b> Number of deaths Age-specific death rate	#2 cause Number of deaths Age-specific death rate	#3 cause Number of deaths Age-specific death rate	#4 cause Number of deaths Age-specific death rate	<b>#5 cause</b> Number of deaths Age-specific death rate
<1 year old	Low birthweight/prematurity	<b>Heart defect</b>	<b>SIDS*</b>	Respiratory distress	Pregnancy complication
811	152	<b>64</b>	<b>38</b>	32	30
512 per 100,000	96 per 100,000	40 per 100,000	24 per 100,000	20 per 100,000	19 per 100,000
<b>1-4 years old 121</b> 20 per 100,000	Motor vehicle crash	Birth defect	Drowning	Homicide	Perinatal period condition
	19	17	11	8	4
<b>5-14 years old 177</b> 12 per 100,000	Motor vehicle crash 25 2 per 100,000	<b>Birth defect 24</b> 2 per 100,000	Homicide 18 	Leukemia 17 	Brain/CNS cancer 12 
<b>15-24 years old 1,007</b> 66 per 100,000	<b>Homicide</b> <b>365</b> 24 per 100,000	Motor vehicle crash 206 14 per 100,000	<b>Suicide 71</b> 5 per 100,000	<b>Drug overdose 46</b> 3 per 100,000	<b>Leukemia</b> <b>27</b> 2 per 100,000
25-44 years old 3,316 108 per 100,000	<b>Homicide</b> <b>324</b> 11 per 100,000	Motor vehicle crash 299 10 per 100,000	<b>Drug overdose 250</b> 8 per 100,000	<b>Suicide 214</b> 7 per 100,000	Coronary heart disease 208 7 per 100,000
<b>45-64 years old 11,770</b> 501 per 100,000	Coronary heart disease 2,313 98 per 100,000	<b>Lung cancer</b> <b>708</b> 30 per 100,000	<b>Liver disease 631</b> 27 per 100,000	<b>Stroke</b> <b>524</b> 22 per 100,000	<b>Diabetes</b> <b>504</b> 21 per 100,000
<b>65-74 years old</b>	Coronary heart disease 2,008 363 per 100,000	<b>Lung cancer</b>	Emphysema/COPD	<b>Stroke</b>	<b>Diabetes</b>
<b>8,861</b>		<b>806</b>	487	<b>473</b>	<b>453</b>
1,602 per 100,000		146 per 100,000	88 per 100,000	86 per 100,000	82 per 100,000
75+ years old	Coronary heart disease	<b>Stroke</b>	Emphysema/COPD	Pneumonia/influenza	Alzheimer's disease
32,241	9,356	<b>2,213</b>	1,838	1,748	1,701
6,190 per 100,000	1,796 per 100,000	425 per 100,000	353 per 100,000	336 per 100,000	327 per 100,000
Los Angeles County Total	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer 2,950</b> 33 per 100,000	Emphysema/COPD	Pneumonia/influenza
58,316	13,890	<b>3,323</b>		2,625	2,184
624 per 100,000	150 per 100,000	36 per 100,000		29 per 100,000	24 per 100,000

Notes: Los Angeles County Total includes persons of unknown age. Rates for Los Angeles County Total are age-adjusted.

The number of SIDS deaths unexpectedly increased from 15 in 2006 to 38 in 2007. Deaths from SIDS have decreased significantly during the last 20 years, largely attributable to education recommending that infants sleep on their backs and sharp decreases in maternal smoking. However, periodic changes in the way SIDS deaths are investigated and reported have resulted in occasional anomalies that may be artifacts rather than true changes in incidence.

Unintentional injuries, commonly called accidents, were the leading cause of death for persons aged 1 to 44 years. The most frequent were motor vehicle crashes (549 deaths), followed by drug overdose (296 deaths), drowning (35 deaths), falls (31 deaths), burns (15 deaths), and firearms (11 deaths).

Figure 8. Leading causes of death for males, by age group and race/ethnicity

		Race/ethnicity Deaths from all causes	<b>#1 cause</b> Number of deaths	<b>#2 cause</b> Number of deaths	<b>#3 cause</b> Number of deaths
		White 96	Perinatal period condition 31	Birth defect 26	Motor vehicle crash 3
	<b>0-14 years</b> 642 deaths	Hispanic 386	Perinatal period condition 138	Birth defect 99	Motor vehicle crash 23
		Black 105	Perinatal period condition 45	Birth defect 17	Homicide 6
		Asian/Pacific Islander 54	Perinatal period condition 18	Birth defect 8	Motor vehicle crash 3
		<b>White</b> 132	Motor vehicle crash 41	Drug overdose 20	Suicide 16
	<b>15-24 years</b> 784 deaths	Hispanic 452	Homicide 221	Motor vehicle crash 91	Suicide 28
	<b>15-24</b> 784 d	Black 150	Homicide 93	Motor vehicle crash 15	Suicide 5
		Asian/Pacific Islander 47	Motor vehicle crash 15	Homicide 10	Suicide 5
		White 632	Drug overdose 74	Suicide 70	Motor vehicle crash 52
	<b>25-44 years</b> 2,284 deaths	Hispanic 1,096	Homicide 147	Motor vehicle crash 135	Drug overdose 98
	<b>25-44</b> 2,284	Black 392	Homicide 94	HIV 39	Coronary heart disease 37
Males		Asian/Pacific Islander 157	Suicide 21	Coronary heart disease 20	Motor vehicle crash 12
<b>⊠</b>		<b>White</b> 3,085	Coronary heart disease 793	Lung cancer 205	Liver disease 154
	<b>45-64 years</b> 7,207 deaths	Hispanic 2,109	Coronary heart disease 411	Liver disease 258	Diabetes 127
	<b>45-64</b> 7,207 (	<b>Black</b> 1,272	Coronary heart disease 342	Lung cancer 89	Stroke 69
		Asian/Pacific Islander 706	Coronary heart disease 168	Stroke 54	Lung cancer 50

	<b>White</b> 2,440	Coronary heart disease 606	Lung cancer 247	Emphysema/COPD 182
deaths deaths	Hispanic 1,126	Coronary heart disease 274	Diabetes 92	Liver disease 69
<b>65-74 c</b> 5,039 c	Black 879	Coronary heart disease 220	Lung cancer 85	Stroke 62
	Asian/Pacific Islander 569	Coronary heart disease 120	Lung cancer 61	Stroke 34
	<b>White</b> 8,485	Coronary heart disease 2,582	Emphysema/COPD 546	Stroke 459
<b>rears</b> deaths		-	• •	
<b>75+ years</b> 13,668 deaths	8,485	2,582  Coronary heart disease	546 Stroke	459 Pneumonia/influenza

Note: In each age group, the number of deaths from all causes includes persons of other or unknown race/ethnicity.

Of the 642 deaths among male children from birth to 14 years, 465 (72%) were infants. Low birthweight/prematurity was the most frequent perinatal period condition and heart defects were the most common birth defect.

Injuries—homicide (336 deaths), accidents (228 deaths), and suicide (55 deaths)—caused 79% of the deaths among teens and young adults aged 15-24 years.

Eighty percent of all homicides among males were committed with a firearm. Among males aged 15 to 24 years, firearms were used for 91% of homicides. Firearms were used for 47% of all suicides among men and were the most common method of suicide among males over the age of 14 years. Among men older than 64 years, at least 70% of suicides were committed with a firearm.

Coronary heart disease was the leading cause of death for males older than 44 years. It caused almost one-fourth of all deaths among males aged 65 to 74 years, and one-third of all deaths among men older than 74 years. Among white males, the average age of death from coronary heart disease was 77 years, compared with 70 years for Hispanic males and 69 years for black males.

Mortality in Los Angeles County 2007

Figure 9. Leading causes of death for females, by age group and race/ethnicity

		Race/ethnicity Deaths from all causes	<b>#1 cause</b> Number of deaths	#2 cause Number of deaths	<b>#3 cause</b> Number of deaths
		White 73	Perinatal period condition 29	Birth defect 13	Drowning 2
	ears	Hispanic 285	Perinatal period condition 106	Birth defect 73	Motor vehicle crash 10
	<b>0-14 years</b> 467 deaths	Black 69	Perinatal period condition 33	Birth defect 13	Stroke 2
		Asian/Pacific Islander 39	Perinatal period condition 11	Birth defect 8	Motor vehicle crash 3
		White 45	Motor vehicle crash 5	Drug overdose 4	Suicide 3
	<b>15-24 years</b> 223 deaths	Hispanic 117	Motor vehicle crash 27	Homicide 16	Leukemia 10
	<b>15-24</b> 223 d	Black 38	Homicide 12	Motor vehicle crash 5	Drug overdose 3
		Asian/Pacific Islander 22	Motor vehicle crash <6	Brain/CNS cancer 2	Suicide 2
		White 284	Drug overdose 43	Motor vehicle crash 20	Breast cancer 18
	<b>25-44 years</b> 1,032 deaths	Hispanic 428	Breast cancer 55	Motor vehicle crash 35	Homicide 21
10	<b>25-44 years</b> 1,032 deaths	Black 209	Breast cancer 18	Coronary heart disease 18	Diabetes 13
ales		Asian/Pacific Islander 106	Suicide 12	Stroke 11	Breast cancer 11
Females		<b>White</b> 1,929	Coronary heart disease 237	Breast cancer 186	Lung cancer 168
	<b>45-64 years</b> 4,563 deaths	Hispanic 1,226	Coronary heart disease 133	Breast cancer 113	Diabetes 96
	<b>45-64 years</b> 4,563 deaths	Black 966	Coronary heart disease 178	Breast cancer 76	Lung cancer 69
		Asian/Pacific Islander 423	Breast cancer 62	Coronary heart disease 41	Lung cancer 35

	<b>65-74 years</b> 3,822 deaths	<b>White</b> 1,832	Coronary heart disease 357	Lung cancer 205	Emphysema/COPD 165
		Hispanic 861	Coronary heart disease 156	Diabetes 80	Stroke 62
		Black 723	Coronary heart disease 183	Lung cancer 68	Diabetes 49
		Asian/Pacific Islander 393	Coronary heart disease 86	Lung cancer 36	Stroke 25
		White	Coronary heart disease	Alzheimer's disease	Stroke
	40	11,557	3,358	857	797
	rears deaths	Hispanic 3,142	3,358  Coronary heart disease 855	857 Stroke 255	797 Diabetes 191
	<b>75+ years</b> 18,573 deaths	Hispanic	Coronary heart disease	Stroke	Diabetes

Note: In each age group, the number of deaths from all causes includes persons of other or unknown race/ethnicity.

Of the 467 deaths among female children from birth to 14 years, 346 (74%) were infants. Low birthweight/prematurity was the most frequent perinatal period condition and heart defects were the most common birth defect.

The average age of women who died from motor vehicle crashes (239 deaths) was 46 years compared with 66 years for breast cancer (1,127 deaths), 73 years for lung cancer (1,382 deaths), 74 years for diabetes (1,087 deaths), 80 years for emphysema (1,339 deaths), 80 years for stroke (1,914 deaths), 83 years for coronary heart disease (6,808 deaths), and 84 years for pneumonia/influenza (1,166 deaths).

Overall, only 20% of the women who died were between the ages of 25 and 64 years, while nearly half of the women who died of breast cancer were aged 25 to 64 years.

Coronary heart disease caused one-fourth of all deaths among women, nearly all (91%) of which were among women over the age of 64 years.

#### Figure 10. Leading causes of death and premature death, by service planning area (SPA) of residence

#### Antelope Valley (SPA 1)

2,109 deaths 20,201 years of life lost\*

	Leading causes of death				Leading causes of premature** death			
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank	
1.	Coronary heart disease	468	1.	1.	Coronary heart disease	2,441	1.	
2.	Emphysema/COPD	148	10.	2.	Motor vehicle crash	1,703	7.	
3.	Lung cancer	134	6.	3.	Homicide	1,648	11.	
4.	Stroke	110	7.	4.	Drug overdose	1,035	14.	
5.	Diabetes	81	8.	5.	Liver disease	940	9.	

#### San Fernando (SPA 2)

12,018 deaths 82,363 years of life lost\*

	Leading causes of	of deat	h	Lead	ding causes of prema	ture** d	eath
Rank	Cause of death		Premature death rank		Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	3,071	1.	1.	Coronary heart disease	11,172	1.
2.	Lung cancer	637	4.	2.	Motor vehicle crash	5,305	13.
3.	Stroke	623	10.	3.	Suicide	4,279	12.
4.	Emphysema/COPD	562	17.	4.	Lung cancer	3,752	2.
5.	Alzheimer's disease	490	43.	5.	Homicide	3,644	27.

#### San Gabriel (SPA 3)

10,569 deaths 74,838 years of life lost\*

	Leading causes of	of deat	h	Leading causes of premature** death			
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	2,541	1.	1.	Coronary heart disease	8,973	1.
2.	Stroke	608	8.	2.	Motor vehicle crash	5,596	13.
3.	Lung cancer	550	4.	3.	Homicide	4,600	17.
4.	Emphysema/COPD	504	12.	4.	Lung cancer	3,385	3.
5.	Pneumonia/influenza	454	19.	5.	Suicide	3,072	17.

#### Metro (SPA 4)

6,340 deaths 53,141 years of life lost\*

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	Leading causes of	of deat	h	Leading causes of premature** death			
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	1,478	1.	1.	Coronary heart disease	5,626	1.
2.	Stroke	358	8.	2.	Homicide	4,855	13.
3.	Pneumonia/influenza	294	23.	3.	Drug overdose	2,948	17.
4.	Diabetes	281	9.	4.	HIV	2,944	11.
5.	Lung cancer	274	11.	5.	Motor vehicle crash	2,643	19.

#### West (SPA 5)

4,026 deaths

20,462 years of life lost\*

	Leading causes of death				Leading causes of premature** death			
Rank	Cause of death		Premature death rank		Cause of death	Years of life lost*	Death rank	
1.	Coronary heart disease	912	1.	1.	Coronary heart disease	2,785	1.	
2.	Stroke	251	9.	2.	Drug overdose	1,478	17.	
3.	Lung cancer	204	4.	3.	Suicide	1,090	14.	
4.	Pneumonia/influenza	184	21.	4.	Lung cancer	972	3.	
5.	Alzheimer's disease	167	39.	5.	Motor vehicle crash	920	20.	

#### South (SPA 6)

5,731 deaths 68,143 years of life lost\*

	Leading causes of	s of death Leading causes of premature** de					eath
Rank	Cause of death		Premature death rank		Cause of death	Years of life lost*	Death rank
1	. Coronary heart disease	1,295	2.	1.	Homicide	11,243	5.
2	. Stroke	377	4.	2.	Coronary heart disease	8,610	1.
3	. Lung cancer	280	7.	3.	Motor vehicle crash	4,290	11.
4	. Diabetes	275	5.	4.	Stroke	2,771	2.
5	. Homicide	245	1.	5.	Diabetes	2,531	4.

#### East (SPA 7)

7,153 deaths 61,345 years of life lost\*

Leading causes of death				Leading causes of premature** death			
Rank	Cause of death		Premature death rank		Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	1,660	1.	1.	Coronary heart disease	7,715	1.
2.	Stroke	435	5.	2.	Homicide	4,996	14.
3.	Emphysema/COPD	366	13.	3.	Motor vehicle crash	4,529	12.
4.	Lung cancer	341	6.	4.	Liver disease	3,238	7.
5.	Diabetes	310	8.	5.	Stroke	2,482	2.

#### South Bay (SPA 8)

9,629 deaths 81,326 years of life lost\*

Leading causes of death			Leading causes of premature** death				
Rank	Cause of death		Premature death rank	Rank	Cause of death	Years of life lost*	Death rank
1.	Coronary heart disease	2,332	1.	1.	Coronary heart disease	11,390	1.
2.	Stroke	535	8.	2.	Homicide	6,425	12.
3.	Lung cancer	520	4.	3.	Motor vehicle crash	4,192	16.
4.	Emphysema/COPD	475	12.	4.	Lung cancer	3,428	3.
5.	Pneumonia/influenza	354	20.	5.	Drug overdose	3,175	17.

Figure 11. Comparison of the leading causes of death and premature death, by service planning area (SPA) of residence

#### Leading causes of death

Service Planning Area Number of deaths Age-adjusted death rate	#1 cause  Number of deaths  Age-adjusted death rate	#2 cause  Number of deaths  Age-adjusted death rate	#3 cause Number of deaths Age-adjusted death rate	<b>#4 cause</b> Number of deaths Age-adjusted death rate	<b>#5 cause</b> Number of deaths Age-adjusted death rate
SPA 1: Antelope Valley 2,109 808 per 100,000	Coronary heart disease	Emphysema/COPD	<b>Lung cancer</b>	<b>Stroke</b>	<b>Diabetes</b>
	468	148	<b>134</b>	<b>110</b>	<b>81</b>
	193 per 100,000	63 per 100,000	52 per 100,000	45 per 100,000	31 per 100,000
SPA 2: San Fernando	Coronary heart disease	<b>Lung cancer</b>	<b>Stroke</b>	Emphysema/COPD	Alzheimer's disease
12,018	3,071	<b>637</b>	<b>623</b>	562	490
603 per 100,000	155 per 100,000	33 per 100,000	32 per 100,000	30 per 100,000	25 per 100,000
SPA 3: San Gabriel	<b>Coronary heart disease 2,541</b> 138 per 100,000	<b>Stroke</b>	<b>Lung cancer</b>	Emphysema/COPD	Pneumonia/influenza
10,569		<b>608</b>	<b>550</b>	504	454
577 per 100,000		33 per 100,000	31 per 100,000	28 per 100,000	25 per 100,000
SPA 4: Metro	Coronary heart disease	<b>Stroke</b>	Pneumonia/influenza	<b>Diabetes</b>	<b>Lung cancer 274</b> 25 per 100,000
6,340	1,478	<b>358</b>	294	<b>281</b>	
554 per 100,000	130 per 100,000	32 per 100,000	25 per 100,000	26 per 100,000	
SPA 5: West 4,026 533 per 100,000	Coronary heart disease 912 118 per 100,000	<b>Stroke 251</b> 32 per 100,000	<b>Lung cancer 204</b> 29 per 100,000	Pneumonia/influenza 184 23 per 100,000	Alzheimer's disease 167 21 per 100,000
SPA 6: South	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer 280</b> 42 per 100,000	<b>Diabetes</b>	<b>Homicide</b>
5,731	1,295	<b>377</b>		<b>275</b>	<b>245</b>
794 per 100,000	191 per 100,000	55 per 100,000		40 per 100,000	22 per 100,000
SPA 7: East	Coronary heart disease	<b>Stroke</b>	Emphysema/COPD	<b>Lung cancer</b>	<b>Diabetes</b>
7,153	1,660	<b>435</b>	366	<b>341</b>	<b>310</b>
605 per 100,000	142 per 100,000	37 per 100,000	32 per 100,000	30 per 100,000	27 per 100,000
SPA 8: South Bay	Coronary heart disease 2,332 162 per 100,000	<b>Stroke</b>	<b>Lung cancer</b>	Emphysema/COPD	Pneumonia/influenza
9,629		<b>535</b>	<b>520</b>	475	354
661 per 100,000		37 per 100,000	36 per 100,000	34 per 100,000	25 per 100,000
Los Angeles County Total	Coronary heart disease	<b>Stroke</b>	<b>Lung cancer</b>	Emphysema/COPD	Pneumonia/influenza
58,316	13,890	<b>3,323</b>	<b>2,950</b>	2,625	2,184
624 per 100,000	150 per 100,000	36 per 100,000	33 per 100,000	29 per 100,000	24 per 100,000

Note: Los Angeles County Total includes persons of unknown residence.

# Leading causes of premature death (before age 75 years)

Service Planning Area	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause
SPA 1: Antelope Valley	Coronary heart disease	Motor vehicle crash	Homicide	Drug overdose	Liver disease
SPA 2: San Fernando	Coronary heart disease	Motor vehicle crash	Suicide	Lung cancer	Homicide
SPA 3: San Gabriel	Coronary heart disease	Motor vehicle crash	Homicide	Lung cancer	Suicide
SPA 4: Metro	Coronary heart disease	Homicide	Drug overdose	HIV	Motor vehicle crash
SPA 5: West	Coronary heart disease	Drug overdose	Suicide	Lung cancer	Motor vehicle crash
SPA 6: South	Homicide	Coronary heart disease	Motor vehicle crash	Stroke	Diabetes
SPA 7: East	Coronary heart disease	Homicide	Motor vehicle crash	Liver disease	Stroke
SPA 8: South Bay	Coronary heart disease	Homicide	Motor vehicle crash	Lung cancer	Drug overdose
Los Angeles County Total	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Liver disease

Note: Los Angeles County Total includes persons of unknown residence.

Figure 12. Comparison of the leading causes of premature death, by service planning area (SPA) of residence and gender

#### Males: Leading causes of premature death (before age 75 years)

Service Planning Area	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause
SPA 1: Antelope Valley	Coronary heart disease	Homicide	Motor vehicle crash	Liver disease	Drug overdose
SPA 2: San Fernando	Coronary heart disease	Motor vehicle crash	Suicide	Homicide	Drug overdose
SPA 3: San Gabriel	Coronary heart disease	Homicide	Motor vehicle crash	Suicide	Liver disease
SPA 4: Metro	Homicide	Coronary heart disease	HIV	Drug overdose	Motor vehicle crash
SPA 5: West	Coronary heart disease	Drug overdose	Suicide	Motor vehicle crash	Liver disease
SPA 6: South	Homicide	Coronary heart disease	Motor vehicle crash	Liver disease	HIV
SPA 7: East	Coronary heart disease	Homicide	Motor vehicle crash	Liver disease	Drug overdose
SPA 8: South Bay	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Suicide
All males	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Suicide

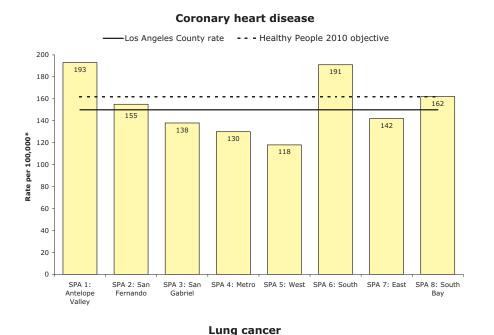
Note: All males includes persons of unknown residence.

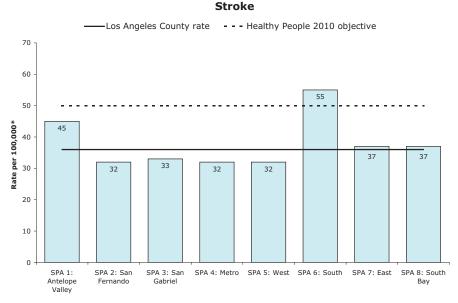
# Females: Leading causes of premature death (before age 75 years)

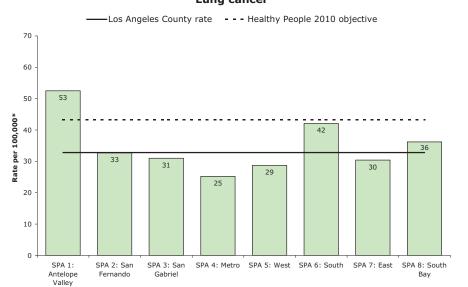
Service Planning Area	#1 cause	#2 cause #3 cause		#4 cause	#5 cause
SPA 1: Antelope Valley	Coronary heart disease	Breast cancer	Drug overdose	Diabetes	Lung cancer
SPA 2: San Fernando	Breast cancer	Coronary heart disease	Lung cancer	Drug overdose	Suicide
SPA 3: San Gabriel	Breast cancer	Coronary heart disease	Motor vehicle crash	Lung cancer	Diabetes
SPA 4: Metro	Breast cancer	Coronary heart disease	Stroke	Diabetes	Drug overdose
SPA 5: West	Breast cancer	Coronary heart disease	Drug overdose	Lung cancer	Suicide
SPA 6: South	Coronary heart disease	Homicide	Diabetes	Stroke	Breast cancer
SPA 7: East	Coronary heart disease	Breast cancer	Lung cancer	Stroke	Motor vehicle crash
SPA 8: South Bay	Coronary heart disease	Breast cancer	Lung cancer	Stroke	Motor vehicle crash
All females	Coronary heart disease	Breast cancer	Lung cancer	Motor vehicle crash	Stroke

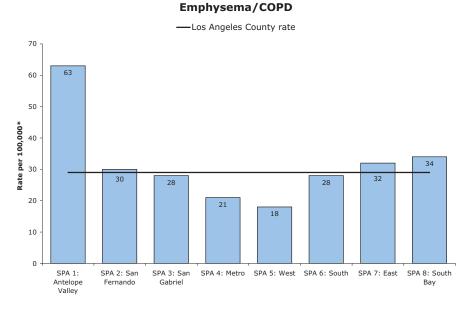
Note: All females includes persons of unknown residence.

Figure 13. Death rates for selected causes of death, by service planning area (SPA) of residence



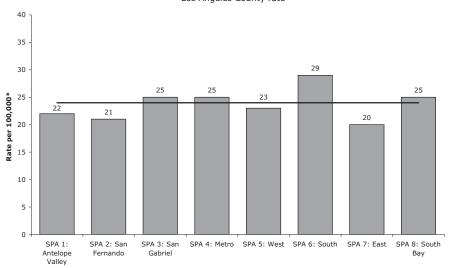






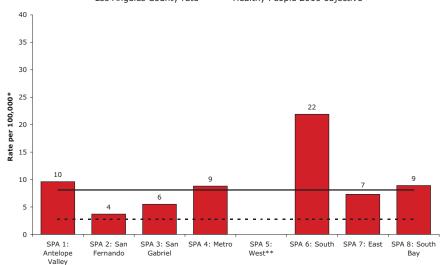
#### Pneumonia/influenza

---Los Angeles County rate

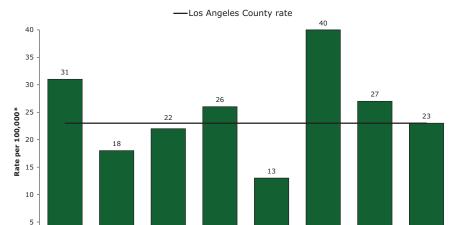


#### Homicide

--- Los Angeles County rate --- Healthy People 2010 objective



#### Diabetes



#### All causes of death

SPA 2: San

Fernando

Gabriel

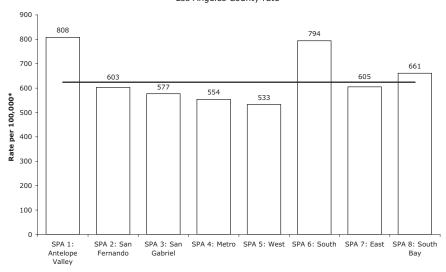
SPA 1:

Antelope

Valley

—Los Angeles County rate

SPA 3: San SPA 4: Metro SPA 5: West SPA 6: South SPA 7: East SPA 8: South



\*Age-adjusted.
\*\*Number of deaths is too small to calculate a reliable rate.

Mortality in Los Angeles County 2007

Figure 14. Comparison of the leading causes of death, by health district of residence

# Leading causes of death

Health District Number of deaths Age-adjusted death rate	#1 cause Number of deaths	#2 cause Number of deaths	#3 cause Number of deaths	<b>#4 cause</b> Number of deaths	<b>#5 cause</b> Number of deaths
<b>Alhambra</b> <b>2,259</b> 491 per 100,000	Coronary heart disease 569	Stroke 142	Pneumonia/influenza 135	Lung cancer 117	Emphysema/COPD 108
<b>Antelope Valley 2,108</b> 808 per 100,000	Coronary heart disease 468	Emphysema/COPD 148	Lung cancer 134	Stroke 110	Diabetes 81
<b>Beliflower 2,205</b> 653 per 100,000	Coronary heart disease 543	Emphysema/COPD 145	Stroke 120	Lung cancer 114	Diabetes 79
<b>Central 1,728</b> 536 per 100,000	Coronary heart disease 406	Pneumonia/influenza 91	Stroke 90	Diabetes 79	Emphysema/COPD 72
<b>Compton 1,392</b> 757 per 100,000	Coronary heart disease 298	Stroke 107	Lung cancer 90	Homicide 66	Diabetes 60
East LA 1,110 568 per 100,000	Coronary heart disease 262	Stroke 88	Diabetes 68	Liver disease 47	Lung cancer 38
<b>East Valley 2,327</b> 606 per 100,000	Coronary heart disease 589	Lung cancer 132	Stroke 125	Emphysema/COPD 85	Alzheimer's disease 72
<b>El Monte</b> <b>2,034</b> 532 per 100,000	Coronary heart disease 429	Stroke 114	Lung cancer 110	Diabetes 102	Emphysema/COPD 82
Foothill 2,073 633 per 100,000	Coronary heart disease 528	Lung cancer 125	Stroke 113	Emphysema/COPD 100	Pneumonia/influenza 95
<b>Glendale</b> <b>2,386</b> 565 per 100,000	Coronary heart disease 594	Emphysema/COPD 125	Stroke 124	Pneumonia/influenza 117	Lung cancer 112
Harbor 1,287 594 per 100,000	Coronary heart disease 328	Stroke 83	Lung cancer 75	Pneumonia/influenza 54	Emphysema/COPD 52
Hollywood-Wilshire 2,990 570 per 100,000	Coronary heart disease 740	Stroke 168	Lung cancer 142	Pneumonia/influenza 134	Diabetes 115
Inglewood 2,351 704 per 100,000	Coronary heart disease 547	Lung cancer 130	Stroke 126	Diabetes 108	Emphysema/COPD 95

Long Beach 3,002 721 per 100,000	Coronary heart disease 762	Emphysema/COPD 190	Lung cancer 142	Stroke 141	Pneumonia/influenza 114
Northeast 1,622 546 per 100,000	Coronary heart disease 332	Stroke 100	Diabetes 87	Pneumonia/influenza 69	Lung cancer 61
Pasadena 1,050 654 per 100,000	Coronary heart disease 277	Stroke 64	Pneumonia/influenza 54	Alzheimer's disease 46	Emphysema/COPD 42
Pomona 3,153 619 per 100,000	Coronary heart disease 738	Stroke 175	Emphysema/COPD 172	Lung cancer 158	Diabetes 121
San Antonio 1,765 577 per 100,000	Coronary heart disease 375	Stroke 102	Diabetes 87	Emphysema/COPD 72	Lung cancer 67
San Fernando 2,397 677 per 100,000	Coronary heart disease 572	Stroke 145	Lung cancer 125	Emphysema/COPD 108	Alzheimer's disease 78
South 1,002 890 per 100,000	Coronary heart disease 218	Stroke 54	Diabetes 52	Homicide 43	Pneumonia/influenza 40
Southeast 606 662 per 100,000	Coronary heart disease 147	Homicide 44	Stroke 40	Diabetes 38	Liver disease 24
Southwest 2,732 818 per 100,000	Coronary heart disease 632	Stroke 176	Lung cancer 139	Diabetes 125	Pneumonia/influenza 98
<b>Torrance 2,989</b> 608 per 100,000	Coronary heart disease 695	Stroke 185	Lung cancer 173	Emphysema/COPD 138	Pneumonia/influenza 108
West 4,026 533 per 100,000	Coronary heart disease 912	Stroke 251	Lung cancer 204	Pneumonia/influenza 184	Alzheimer's disease 167
West Valley 4,908 588 per 100,000	Coronary heart disease 1,316	Lung cancer 268	Emphysema/COPD 244	Alzheimer's disease 241	Stroke 229
<b>Whittier 2,073</b> 605 per 100,000	Coronary heart disease 480	Stroke 125	Lung cancer 122	Emphysema/COPD 115	Diabetes 76
Los Angeles County Total 58,316 624 per 100,000	Coronary heart disease 13,890	Stroke 3,323	Lung cancer 2,950	Emphysema/COPD 2,625	Pneumonia/influenza 2,184

Note: Los Angeles County Total includes persons of unknown residence.

Figure 15. Comparison of the leading causes of premature death, by health district of residence

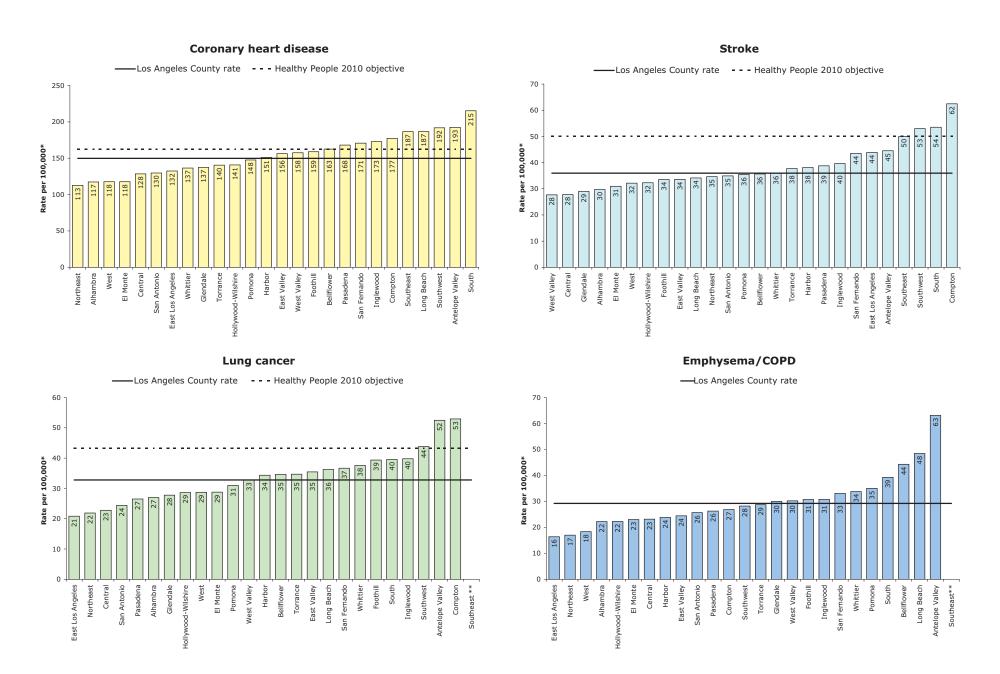
#### Leading causes of premature death (before age 75 years)

Health District	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause
Alhambra	Coronary heart disease	Motor vehicle crash	Suicide	Lung cancer	Stroke
Antelope Valley	Coronary heart disease	Motor vehicle crash	Homicide	Drug overdose	Liver disease
Beliflower	Coronary heart disease	Motor vehicle crash	Homicide	Suicide	Lung cancer
Central	Coronary heart disease	Homicide	HIV	Drug overdose	Liver disease
Compton	Homicide	Coronary heart disease	Motor vehicle crash	Stroke	Lung cancer
East Los Angeles	Coronary heart disease	Liver disease	Motor vehicle crash	Homicide	Stroke
East Valley	Coronary heart disease	Homicide	Motor vehicle crash	Lung cancer	Drug overdose
El Monte	Coronary heart disease	Homicide	Motor vehicle crash	Liver disease	Diabetes
Foothill	Coronary heart disease	Motor vehicle crash	Lung cancer	Suicide	Drug overdose
Glendale	Coronary heart disease	Suicide	Motor vehicle crash	Lung cancer	Liver disease
Harbor	Coronary heart disease	Homicide	Motor vehicle crash	Lung cancer	Drug overdose
Hollywood/Wilshire	Coronary heart disease	Homicide	HIV	Suicide	Drug overdose
Inglewood	Homicide	Coronary heart disease	Motor vehicle crash	Diabetes	Liver disease

Long Beach	Coronary heart disease	Homicide	Motor vehicle crash	HIV	Drug overdose
Northeast	Homicide	Coronary heart disease	Drug overdose	Motor vehicle crash	Liver disease
Pasadena	Coronary heart disease	Homicide	Drug overdose	Motor vehicle crash	Breast cancer
Pomona	Coronary heart disease	Motor vehicle crash	Homicide	Lung cancer	Drug overdose
San Antonio	Homicide	Coronary heart disease	Motor vehicle crash	Liver disease	Drug overdose
San Fernando	Coronary heart disease	Suicide	Motor vehicle crash	Liver disease	Homicide
South	Homicide	Coronary heart disease	Motor vehicle crash	Diabetes	Drug overdose
Southeast	Homicide	Coronary heart disease	Motor vehicle crash	Liver disease	Drug overdose
Southwest	Homicide	Coronary heart disease	Motor vehicle crash	HIV	Liver disease
Torrance	Coronary heart disease	Lung cancer	Homicide	Drug overdose	Motor vehicle crash
West	Coronary heart disease	Drug overdose	Suicide	Lung cancer	Motor vehicle crash
West Valley	Coronary heart disease	Motor vehicle crash	Drug overdose	Lung cancer	Suicide
Whittier	Coronary heart disease	Motor vehicle crash	Lung cancer	Homicide	Liver disease
Los Angeles County Total	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Liver disease

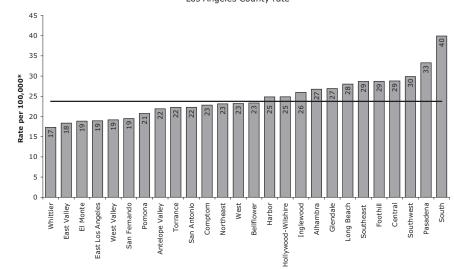
Note: Los Angeles County Total includes persons of unknown residence.

Figure 16. Death rates for selected causes of death, by health district of residence



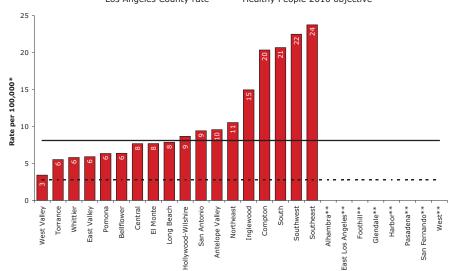
#### Pneumonia/influenza





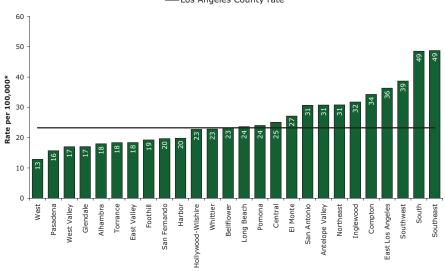
#### Homicide

#### Los Angeles County rate - - - Healthy People 2010 objective



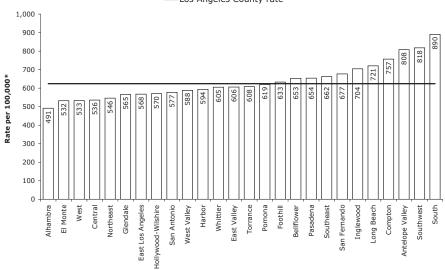
#### **Diabetes**





#### All causes of death

#### —Los Angeles County rate



# Mortality Trends in Los Angeles County 1998-2007 Figure T1. Comparison of the leading causes of death, by year

#### Leading causes of death

Year	<b>#1 cause</b> No. of deaths	<b>#2 cause</b> No. of deaths	<b>#3 cause</b> No. of deaths	<b>#4 cause</b> No. of deaths	<b>#5 cause</b> No. of deaths	<b>#6 cause</b> No. of deaths	<b>#7 cause</b> No. of deaths	<b>#8 cause</b> No. of deaths	<b>#9 cause</b> No. of deaths	<b>#10 cause</b> No. of deaths
2007	Coronary heart disease 13,890	Stroke 3,323	Lung cancer 2,950	Emphysema/COPD 2,625	Pneumonia/ influenza 2,184	Diabetes 2,127	Alzheimer's disease 1,780	Colorectal cancer 1,323	Breast cancer 1,139	Liver disease 1,133
2006	Coronary heart disease 14,842	Stroke 3,662	Lung cancer 3,021	Emphysema/COPD 2,665	Pneumonia/ influenza 2,283	Diabetes 2,188	Alzheimer's disease 1,551	Colorectal cancer 1,362	Liver disease 1,102	Breast cancer 1,071
2005	Coronary heart disease 15,154	Stroke 3,775	Lung cancer 3,036	Emphysema/COPD 2,770	Pneumonia/ influenza 2,333	Diabetes 2,305	Alzheimer's disease 1,546	Colorectal cancer 1,409	Breast cancer 1,174	Homicide 1,066
2004	Coronary heart disease 15,296	Stroke 4,121	Lung cancer 3,034	Emphysema/COPD 2,641	Pneumonia/ influenza 2,272	Diabetes 2,201	Colorectal cancer 1,414	Alzheimer's disease 1,340	Breast cancer 1,166	Homicide 1,069
2003	Coronary heart disease 16,320	Stroke 4,249	Lung cancer 3,150	Emphysema/COPD 2,796	Pneumonia/ influenza 2,419	Diabetes 2,178	Colorectal cancer 1,450	Alzheimer's disease 1,285	Breast cancer 1,084	Homicide 1,066
2002	Coronary heart disease 16,293	Stroke 4,169	Lung cancer 3,081	Emphysema/COPD 2,604	Pneumonia/ influenza 2,494	Diabetes 2,122	Colorectal cancer 1,315	Homicide 1,148	Liver disease 1,085	Breast cancer 1,064
2001	Coronary heart disease 16,828	Stroke 4,259	Lung cancer 3,232	Emphysema/COPD 2,723	Pneumonia/ influenza 2,421	Diabetes 1,890	Colorectal cancer 1,423	Homicide 1,099	Breast cancer 1,096	Liver disease 1,010
2000	Coronary heart disease 16,903	Stroke 4,410	Lung cancer 3,150	Emphysema/COPD 2,660	Pneumonia/ influenza 2,477	Diabetes 1,879	Colorectal cancer 1,360	Liver disease 1,121	Breast cancer 1,058	Homicide 992
1999	Coronary heart disease 17,394	Stroke 4,435	Lung cancer 3,243	Emphysema/COPD 2,836	Pneumonia/ influenza 2,242	Diabetes 1,820	Colorectal cancer 1,378	Breast cancer 1,101	Liver disease 1,047	Homicide 896
		Ве	cause of changes to	the International Cla	ssification of Diseas	ses (ICD), 1998 may	not be comparable to	o 1999-2007.		
1998	Coronary heart disease 17,163	Stroke 3,928	Pneumonia/ influenza 3,594	Lung cancer 3,150	Emphysema/COPD 2,553	Diabetes 1,753	Colorectal cancer 1,302	Breast cancer 1,135	Liver disease 1,019	Homicide 984

## Figure T2. Comparison of the leading causes of premature death, by year

#### Leading causes of premature death (before age 75 years)

Year	#1 cause	#2 cause	#3 cause	#4 cause	#5 cause	#6 cause	#7 cause	#8 cause	#9 cause	#10 cause
2007	Coronary heart disease	Homicide	Motor vehicle crash	Drug overdose	Liver disease	Suicide	Lung cancer	Stroke	Diabetes	Breast cancer
2006	Coronary heart disease	Homicide	Motor vehicle crash	Liver disease	Suicide	Lung cancer	Stroke	Drug overdose	Diabetes	Breast cancer
2005	Coronary heart disease	Homicide	Motor vehicle crash	Suicide	Lung cancer	Liver disease	Diabetes	Stroke	Drug overdose	Breast cancer
2004	Coronary heart disease	Homicide	Motor vehicle crash	Suicide	Lung cancer	Liver disease	Drug overdose	Stroke	Diabetes	HIV
2003	Coronary heart disease	Homicide	Motor vehicle crash	Suicide	Lung cancer	Drug overdose	Liver disease	Stroke	Diabetes	HIV
2002	Coronary heart disease	Homicide	Motor vehicle crash	Lung cancer	Suicide	Liver disease	Drug overdose	Stroke	HIV	Diabetes
2001	Coronary heart disease	Homicide	Motor vehicle crash	Suicide	Lung cancer	Liver disease	HIV	Stroke	Drug overdose	Diabetes
2000	Coronary heart disease	Homicide	Motor vehicle crash	Lung cancer	Liver disease	Suicide	Stroke	Drug overdose	HIV	Breast cancer
1999	Coronary heart disease	Homicide	Motor vehicle crash	Lung cancer	Suicide	Drug overdose	HIV	Liver disease	Stroke	Diabetes
		Be	cause of changes to	the International Cla	assification of Disea	ses (ICD), 1998 may	not be comparable t	o 1999-2007.		
1998	Coronary heart disease	Homicide	Motor vehicle crash	Suicide	Lung cancer	Liver disease	HIV	Drug overdose	Stroke	Breast cancer

## Alzheimer's disease at a glance

Number 51 cause of premature death

Number 7 cause of death

Alzheimer's disease has been among the 10 leading causes of death since 2003. In 2007, it was the seventh-leading cause of death overall but the fourth-leading cause of death for white women, and the fifth-leading cause of death in the San Fernando and West Service Planning Areas. Changes to the ICD coding system in 1999 account for some of the increase, as well as the aging population and greater awareness of the disease.

#### In simple terms . . .

Alzheimer's disease is a progressive brain disorder that results in a decline in a person's ability to carry out daily activities by causing changes in the areas of the brain that control thought, memory, and language. Alzheimer's disease usually progresses slowly, starting with memory problems and ending with severe brain damage. There are medications that may lessen some of the symptoms of Alzheimer's disease, but there is no cure. Current medications have been shown to be more effective the earlier they are given. Scientists are exploring possible connections between Alzheimer's disease and high cholesterol, high blood pressure, physical inactivity, and serious head injury.

#### Risk factors

Age, family history

#### **Community opportunities for intervention**

- Develop community support networks for caregivers
- ☐ Assist persons with early Alzheimer's disease to plan for their future financial and medical needs

#### Individual opportunities for prevention

- ☐ Maintain good overall health by staying physically active, and controlling high blood pressure and cholesterol
- ☐ Keep the brain active by playing puzzle games, reading, and other mentally stimulating activities
- ☐ Slow the progression of symptoms through early diagnosis and treatment of Alzheimer's disease symptoms

Los Angeles County deaths 1,780

Los Angeles County death rate 19 deaths per 100,000 population

Healthy People 2010 Objective None

ICD-9 codes 331.0 ICD-10 codes G30

References Alzheimer's Association at www.ALZ.ORG

Alzheimer's Disease Education and Referral Center at www.nia.nih.gov/alzheimers

**Referral** Alzheimer's Association helpline: 1-800-272-3900

#### Figure T3. Trends in Alzheimer's disease mortality

	199	8		1999	9	2000	)	200	1	200	2	2003	3	2004		200	5	200	6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	433	6	1999-2007.	772	11	820	11	905	12	973	12	1,285	16	1,340	16	1,546	18	1,551	18	1,780	19
Males	132			256	10	270	10	309	11	318	11	405	14	399	13	450	14	477	15	586	17
Females	301	7	not be comparable to	516	11	550	11	596	12	655	13	880	17	941	17	1,096	20	1,074	19	1,194	20
White	338	8	e co	584	13	618	13	719	15	755	15	957	19	975	19	1,132	22	1,105	22	1,297	25
Hispanic	38	3	ot b	84	7	84	7	73	6	93	7	161	11	143	9	168	10	217	12	239	12
Black	41	7	may ı	83	13	89	13	90	14	97	14	119	17	155	21	176	24	151	21	159	21
Asian/Pacific Islander  Males	16		(ICD), 1998 n	19		28	3	22	3	25	3	42	4	65	6	69	6	76	6	80	6
White	98	6	ses (	189	12	203	12	238	14	246	14	295	16	289	16	319	17	336	19	417	22
Hispanic	14		Diseases	27	7	24	5	30	7	37	7	46	9	46	8	53	8	71	11	71	10
Black	16		of D	34	16	29	12	34	14	28	12	37	15	40	17	55	22	45	19	63	24
Asian/Pacific Islander Females	4		the International Classification	5		14		7		6		23	6	24	5	23	5	25	5	33	6
White	240	8	l Cla	395	13	415	13	481	16	509	16	662	21	686	21	813	25	769	24	880	27
Hispanic	24	3	iona	57	8	60	8	43	5	56	6	115	12	97	10	115	10	146	12	168	13
Black	25	6	rnat	49	12	60	13	56	13	69	15	82	17	115	24	121	24	106	21	96	19
Asian/Pacific Islander	12		Q.	14		14		15		19		19		41	6	46	7	51	7	47	6
SPA 1: Antelope Valley	13		ges	23	14	30	17	26	15	39	21	43	24	43	24	60	31	50	25	70	32
SPA 2: San Fernando	104	7	changes	181	12	181	11	206	12	255	15	325	18	343	19	409	22	407	22	490	25
SPA 3: San Gabriel	89	7	of	148	11	175	12	177	12	210	14	273	17	268	16	307	18	313	18	384	21
SPA 4: Metro	48	5	esne	90	10	86	9	101	10	102	10	119	11	120	11	137	12	142	13	131	11
SPA 5: West	30	5	Because	62	9	83	11	75	10	77	10	115	15	133	16	161	20	116	15	167	21
SPA 6: South	26	5		54	11	53	10	63	12	60	11	75	13	108	18	101	16	99	16	89	14
SPA 7: East	60	7		86	11	79	9	93	10	93	10	135	13	144	13	148	13	194	17	170	14
SPA 8: South Bay	61	6		126	12	130	11	158	14	132	11	196	16	175	14	222	17	221	17	272	19

## Breast cancer at a glance

Number 10 cause of premature death

Number 9 cause of death

In 2007, breast cancer was the seventh-leading cause of death and the second-leading cause of premature death for women. It was the leading cause of premature death for Hispanic and Asian/Pacific Islander women, and the leading cause of death for Hispanic and black women aged 25 to 44 years. For the past 10 years, black women consistently had the highest breast cancer death rate.

#### In simple terms . . .

Cancer is a term for diseases in which abnormal cells divide without control, and can invade nearby tissues and spread to other parts of the body through the blood and lymph systems. The main types of cancer are: carcinoma which begins in the skin or in tissues that line or cover internal organs; sarcoma which begins in bone, cartilage, fat, muscle, blood vessels, or other connective or supportive tissue; leukemia which starts in blood-forming tissue such as the bone marrow; and lymphoma and multiple myeloma which begin in the cells of the immune system. Central nervous system cancers are cancers that begin in the tissues of the brain and spinal cord. Men can get breast cancer but it is uncommon.

#### Risk factors (for women)

Age, family history of breast cancer, previous breast cancer, race, early radiation treatment to the chest area, menstruation before age 12 or menopause after age 55, genetic mutation linked to breast cancer, treatment with the drug DES (diethylstilbestrol), not having children, excessive alcohol consumption, being overweight, physical inactivity, prolonged postmenopausal hormone therapy

#### Community opportunities for prevention

- Promote the availability of low-cost breast cancer screening and follow-up
- ☐ Provide education on the importance of receiving on-schedule breast cancer screening

#### Individual opportunities for prevention

- ☐ Follow recommended breast cancer screening and follow-up quidelines
- Limit alcohol consumption
- Maintain a healthy weight
- Consult with your physician about increasing physical activity

Los Angeles County deaths 1,139 (1,127 females)

Los Angeles County death rate 21.5 deaths per 100,000 females Healthy People 2010 Objective 3-3 21.3 deaths per 100,000 females

 ICD-9 codes
 174-175

 ICD-10 codes
 C50

References American Cancer Society at www.cancer.org

National Cancer Institute at www.cancer.gov

Referral Los Angeles County Department of Public Health, Office of Women's Health hotline: 1-800-793-8090

CA Department of Public Health, Cancer Detection Programs - Every Woman Counts: 1-800-511-2300

## Mortality Trends in Los Angeles County 1998-2007 Figure T4. Trends in breast cancer (female) mortality

	199	8 8	930	1999	9	2000	)	200	1	200	2	200	3	2004	1	200	5	200	6	200	7
	No. of deaths	Death rate*	ŝ	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	1,125		Disease	1,089	25	1,045	24	1,088	24	1,052	23	1,074	22	1,157	24	1,168	23	1,063	21	1,127	22
Females			2007.																		
White	673	31 17	1999-;	635	29	606	28	621	28	612	27	570	25	613	27	631	27	557	25	571	24
Hispanic	192	17	to 1	196	18	169	14	213	17	176	14	242	17	222	15	223	15	237	15	249	15
Black	160		able	163	37	170	36	159	34	150	31	158	32	199	40	181	36	164	32	194	37
Asian/Pacific Islander	98		comparable	92	15	97	15	91	14	112	16	102	14	120	16	132	17	101	12	112	13
SPA 1: Antelope Valley	25	22	ot be	37	30	25	20	30	25	36	29	41	30	30	23	51	36	40	27	39	26
SPA 2: San Fernando	280		may not be	259	28	244	25	253	26	242	24	238	23	241	22	261	24	264	23	249	22
SPA 3: San Gabriel	205	25	ma	192	23	183	21	213	24	203	22	185	20	209	22	204	21	192	19	202	20
SPA 4: Metro	112	23	crianges to	101	20	110	22	97	19	117	22	104	19	130	22	117	20	104	17	120	19
SPA 5: West	79			84	24	94	25	79	22	101	27	88	23	97	26	99	25	85	22	84	20
SPA 6: South	111	32	0	100	29	97	27	83	23	89	24	97	26	113	28	113	29	110	27	100	24
SPA 7: East	138	32 26 26	Cat	135	25	115	21	132	24	105	18	144	24	130	21	130	21	122	19	142	22
SPA 8: South Bay	172	26	ď	180	27	176	25	193	27	159	22	171	23	201	26	192	24	143	18	185	22

<sup>\*</sup>Age-adjusted rate per 100,000. Population estimates were revised; therefore, death rates for 2001-2004 may differ from those previously published.

## Colorectal cancer at a glance

Number 12 cause of premature death

Number 8 cause of death

Colorectal cancer has been the seventh- or eighth-leading cause of death each year for the past 10 years. In 2007, it was the 12th-leading cause of premature death overall, but the eighth-leading cause of premature death for Asian/Pacific Islanders. From 2006 to 2007, there was relatively little change in the number of deaths from colorectal cancer, and the rate continued to be highest among black males.

#### In simple terms . . .

Cancer is a term for diseases in which abnormal cells divide without control, and can invade nearby tissues and spread to other parts of the body through the blood and lymph systems. The main types of cancer are: carcinoma which begins in the skin or in tissues that line or cover internal organs; sarcoma which begins in bone, cartilage, fat, muscle, blood vessels, or other connective or supportive tissue; leukemia which starts in blood-forming tissue such as the bone marrow; and lymphoma and multiple myeloma which begin in the cells of the immune system. Central nervous system cancers are cancers that begin in the tissues of the brain and spinal cord.

#### Risk factors

Age, previous colorectal cancer or polyps, family history of colorectal cancer, inflammatory bowel disease, physical inactivity, being overweight, alcohol abuse, a diet high in red and processed meats, cooking meats at very high temperature, tobacco smoking, type 2 diabetes

#### Community opportunities for prevention

- ☐ Promote the availability of low-cost colorectal cancer screening and follow-up
- ☐ Increase the availability of affordable, nutritious foods

#### Individual opportunities for prevention

- Obtain routine medical care to detect and remove precancerous colorectal polyps
- ☐ Follow recommended screening guidelines for stool tests and special medical exams to detect colon cancer
- ☐ Eat plenty of fruits, vegetables, and whole grain foods
- ☐ Consult with your physician about increasing physical activity

Los Angeles County deaths 1,323

Los Angeles County death rate
Healthy People 2010 Objective 3-5

14.4 deaths per 100,000 population
13.7 deaths per 100,000 population

 ICD-9 codes
 153-154

 ICD-10 codes
 C18-C21

References American Cancer Society at www.cancer.org

National Cancer Institute at www.CANCER.GOV

Referral American Cancer Society helpline: 1-800-227-2345

#### Figure T5. Trends in colorectal cancer mortality

	199	8		1999	200	0	2001		200	2	200	3	2004	4	200	5	200	6	200	7
	No. of deaths	Death rate*	dea	of Death	No. of deaths	Death rate*	No. of deaths	Death rate*												
Los Angeles County	1,302	18	1,3	<b>78</b> 19	1,360	18	1,423	18	1,315	16	1,450	17	1,414	17	1,409	16	1,362	15	1,323	14
Males	649			<b>96</b> 23	676	21	722	22	655	19	710	20	674	19	708	19	686	18	686	18
Females	653	15	5	32 16		15	701	15	660	14	740	15	740	15	701	14	676	13	637	12
			2																	
White	774	19	8	<b>32</b> 20	787	19	812	19	763	18	824	19	767	18	737	17	689	16	689	15
Hispanic	190	13	2	<b>)5</b> 13	221	13	217	12	206	11	241	12	230	11	270	12	275	12	264	11
Black	196	27	1	<b>96</b> 27	204	27	227	30	192	25	211	26	237	29	213	26	223	27	181	22
Asian/Pacific Islander	141	27 15	5 1	<b>14</b> 15	142	14	164	16	148	13	170	14	177	15	184	14	171	13	184	13
		à	- 5																	
Males		Ş	(/a); possess 4																	
White	376	22	2 4	<b>27</b> 25	391	22	409	23	368	20	401	22	358	20	365	20	350	19	352	19
Hispanic	102	17	1	<b>00</b> 16		15	116	16	111	14	127	14	116	15	154	17	134	14	146	14
Black	88			<b>93</b> 35	99	34	107	37	94	30	90	28	111	34	102	29	110	33	88	27
Asian/Pacific Islander	82	20 16 10 125 12 12 12 12 12 12 12 12 12 12 12 12 12	5	<b>75</b> 18	80	18	88	19	79	17	90	17	87	16	82	14	89	15	98	16
		ij	5																	
Females		{	8																	
White	398	16	4	<b>)5</b> 17	396	16	403	16	395	15	423	16	409	16	372	14	339	13	337	13
Hispanic	88	10	1	<b>05</b> 11	118	12	101	10	95	9	114	10	114	9	116	9	141	10	118	8
Black	108	25	1	<b>03</b> 23		23	120	27	98	21	121	25	126	26	111	23	113	23	93	18
Asian/Pacific Islander	59	12		<b>69</b> 12	62	11	76	13	69	11	80	12	90	13	102	14	82	11	86	11
0004.04.1.34.11	4.4	1	3	4= 00		40	4=	00	40	0.4		07	=0	00		0.4		40		4.4
SPA 1: Antelope Valley	41	22		<b>45</b> 23		18	45	22	43	21	60	27	59	26	56	24	30	13	35	14
SPA 2: San Fernando	285	22 18 17	2	<b>75</b> 17	309	18	304	18	286	16	292	16	322	17	327	17	306	16	306	16
SPA 4: Matrix	241	17	2	54 18		17	266	18	255	16	278	17	248	15	286	17	267	15	239	13
SPA 4: Metro SPA 5: West	148	17 15	5 1	<b>50</b> 17 <b>04</b> 16		17	176 115	19 17	149	15 14	163 110	16 16	146	14 13	148	14 14	151	14 12	149 108	13 15
SPA 5: West	99 135	15 24		04 16 27 23		15 23	115	23	95 133	22	110	22	89 149	23	103 134	20	89 143	21	112	16
SPA 7: East	148	17		27 23 <b>68</b> 18		17	157	16	149	15	159	15	159	15	148	13	161	14	160	14
SPA 8: South Bay	200	17		5 <b>2</b> 22	207	17	219	18	202	16	241	19	230	17	204	15	213	15	208	14

## Coronary heart disease at a glance

Number 1 cause of premature death

Number 1 cause of death

From 2006 to 2007, the number of deaths from coronary heart disease decreased 6% and the death rate decreased 11%. In 2007, coronary heart disease was the leading cause of death for males and females, all race/ethnic groups, in every service planning area and health district, and among persons 45 years of age and older. Although it was the leading cause of death and premature death for each of the last 10 years, in 2007, the rate of 150 deaths per 100,000 population fell below the Healthy People 2010 goal.

#### In simple terms . . .

Coronary heart disease is a condition in which the flow of blood to the heart muscle is reduced. Blood carried by the coronary arteries provides the heart with a constant supply of necessary oxygen and nutrients. When coronary arteries become blocked or clogged by cholesterol and fat deposits, they cannot supply enough oxygen-carrying blood to the heart. The result is coronary heart disease. When the flow of blood to the heart is cut off, a heart attack results and the heart muscle is permanently damaged from the lack of oxygen.

#### Risk factors

Age, male gender, race, tobacco smoking, high cholesterol, high blood pressure, being overweight, excessive alcohol consumption, previous heart attack or angina, family history of early heart disease

#### Community opportunities for prevention

- ☐ Promote physical activity by providing access to safe places like parks to walk, play, and exercise
- ☐ Restrict smoking in public places and worksites
- Provide access to smoking cessation programs
- ☐ Encourage people to quit smoking through media campaigns
- ☐ Increase the availability of nutrient-rich foods which have vitamins, minerals, fiber and other nutrients but are lower in calories

#### Individual opportunities for prevention

- ☐ Eat a heart-healthy diet
- Consult with your physician about increasing physical activity
- Stop smoking
- ☐ Manage diabetes and cholesterol levels, and control blood pressure
- Reduce stress
- ☐ Get regular medical check-ups

Los Angeles County deaths 13,890

Los Angeles County death rate
Healthy People 2010 Objective 12-1

150 deaths per 100,000 population
162 deaths per 100,000 population

**ICD-9 codes** 402, 410-414, 429.2

**ICD-10 codes** I11, I20-I25

References American Heart Association at www.americanheart.org

National Heart Lung and Blood Institute at www.nhlbi.nih.gov

**Referral** Los Angeles County Division of the American Heart Association: 213-291-7000

#### Figure T6. Trends in coronary heart disease mortality

,	199	8		1999	9	200	0	200	1	200	2	200	3	2004	4	200	5	200	)6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	17,163	242	1999-2007.	17,394	241	16,903	220	16,828	220	16,293	204	16,320	197	15,296	180	15,154	174	14,842	168	13,890	150
Males	8,468	301		8,328	290	8,200	268	8,343	272	8,029	250	8,131	243	7,662	222	7,613	215	7,541	210	7,082	188
Females	8,695	198	be comparable to	9,066	203	8,703	183	8,485	179	8,264	168	8,189	161	7,634	146	7,541	141	7,301	135	6,808	120
White	11,339	265	e con	11,220	262	10,967	243	10,592	238	10,016	219	10,003	216	9,236	197	8,953	190	8,653	185	7,994	167
Hispanic	2,340	177	not b	2,512	184	2,376	161	2,571	170	2,600	160	2,632	151	2,626	141	2,766	139	2,675	129	2,475	109
Black	2,293	333	may r	2,429	351	2,261	309	2,308	316	2,262	301	2,269	292	2,085	264	2,045	254	2,053	255	1,936	231
Asian/Pacific Islander	1,158	145	1998 n	1,198	143	1,255	136	1,319	141	1,365	136	1,352	125	1,292	113	1,344	111	1,409	112	1,452	106
Males			(ICD),																		
White	5,483	333	es (I	5.222	315	5,135	293	5,162	298	4,878	273	4,880	267	4,505	243	4,362	234	4,299	232	4,030	212
Hispanic	1,211	221	of Diseases	1,296	230	1,238	202	1,338	214	1,323	195	1,382	188	1,415	180	1,465	176	1,414	162	1,319	136
Black	1,089	401	f Dis	1,134	420	1,095	390	1,124	395	1.084	368	1,093	355	1,012	325	1,044	324	1,053	333	950	284
Asian/Pacific Islander	673	189		660	180	712	175	701	172	714	162	739	156	696	141	717	138	748	138	761	131
			ficati																		
Females			assi																		
White	5,856	213	al Cl	5,998	218	5,832	200	5,430	189	5,138	175	5,123	173	4,731	158	4,591	153	4,354	146	3,964	131
Hispanic	1,129	146	ıtion	1,216	152	1,138	132	1,233	139	1,277	134	1,250	123	1,211	112	1,301	113	1,261	104	1,156	88
Black	1,204	285	erna	1,295	302	1,166	256	1,184	262	1,178	254	1,176	244	1,073	220	1,001	202	1,000	200	986	192
Asian/Pacific Islander	485	111	the International Classification	538	116	543	106	618	118	651	114	613	101	596	92	627	91	661	91	691	86
			to																		
SPA 1: Antelope Valley	448	257	changes	488	266	461	239	471	245	500	246	496	237	488	232	467	215	463	205	468	193
SPA 2: San Fernando	3,537	230	char	3,615	230	3,603	213	3,577	213	3,550	204	3,520	196	3,419	187	3,377	180	3,262	172	3,071	155
SPA 3: San Gabriel	3,293	241	of	3,334	240	3,188	214	3,175	213	2,972	191	2,949	181	2,704	161	2,781	162	2,666	153	2,541	138
SPA 4: Metro	2,061	233	Because	2,060	232	1,935	207	1,890	202	1,855	189	1,826	180	1,662	160	1,724	161	1,673	153	1,478	130
SPA 5: West	1,304	198	Вес	1,194	179	1,273	179	1,135	131	1,056	145	1,089	147	1,036	137	980	128	1,004	133	912	118
SPA 6: South	1,649	307		1,711	319	1,558	275	1,644	289	1,606	271	1,562	257	1,443	230	1,404	218	1,422	218	1,295	191
SPA 7: East	2,020	238		2,103	242	2,073	225	2,053	222	1,976	203	1,949	189	1,847	172	1,854	169	1,836	164	1,660	142
SPA 8: South Bay	2,755	252		2,795	252	2,721	230	2,754	233	2,704	221	2,758	217	2,529	193	2,493	185	2,360	173	2,332	162

## **Diabetes** at a glance

Number 9 cause of premature death

Number 6 cause of death

Diabetes has been the sixth-leading cause of death for each of the past 10 years and it has been the seventh-, ninth-, or 10th-leading cause of premature death for eight of the past 10 years. In 2007, diabetes was the second-leading cause of death for Hispanics. Blacks and Hispanics had higher death rates than whites and Asian/Pacific Islanders, and the death rate was highest among residents of the South Service Planning Area.

#### In simple terms . . .

Diabetes is a disease in which the body does not produce, properly use, or is partially resistant to the effects of insulin. Insulin is a hormone necessary to convert sugar, starches, and other food into energy needed for daily life. Insulin takes sugar from the blood into the cells. Uncontrolled diabetes can damage the eyes, kidneys, nerves, heart, and blood vessels, and reduce the body's ability to fight infections.

#### Risk factors

Being overweight, physical inactivity, family history of diabetes, age, pre-diabetes, gestational diabetes or giving birth to a baby weighing 9 pounds or more, high blood pressure

#### Community opportunities for prevention

- □ Promote physical activity by providing access to safe places like parks to walk, play, and exercise
- ☐ Promote medical screening for diabetes for individuals with high blood pressure
- ☐ Increase the availability of affordable, nutritious foods
- ☐ Enforce state physical education requirements and nutrition education as part of a comprehensive school health curriculum

#### Individual opportunities for prevention

- Maintain a healthy weight
- ☐ Consult with your physician about increasing physical activity
- ☐ Eat plenty of fruits, vegetables, and whole grain foods, while limiting consumption of high-fat foods
- ☐ Follow recommended screening and treatment guidelines
- Control blood pressure and high cholesterol
- ☐ Limit the intake of salt and sugar

Los Angeles County deaths 2,127

Los Angeles County death rate
Healthy People 2010 Objective 5-5

23.3 deaths per 100,000 population
Not comparable

 ICD-9 codes
 250

 ICD-10 codes
 E10-E14

References American Diabetes Association at www.diabetes.org

National Diabetes Education Program at www.ndep.nih.gov

Referral American Diabetes Association information line: 1-888-DIABETES (1-800-342-2383)

Figure T7. Trends in diabetes mortality

	1998	8		1999	9	2000	0	200	1	200	2	200	3	2004		200	5	200	6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*
Los Angeles County	1,753	24	1999-2007.	1,820	25	1,879	24	1,890	24	2,122	26	2,178	26	2,201	26	2,305	26	2,188	25	2,127	23
Males	879			829	27	876	27	886	27	996	29	1,053	30	1,063	30	1,140	31	1,099	29	1,040	27
Females	874	21	rabl	991	23	1,003	22	1,004	22	1,126	24	1,125	23	1,138	23	1,165	23	1,089	21	1,087	20
			not be comparable to																		
White	708	17	pe c	739	18	797	19	775	19	840	20	835	19	863	20	897	20	806	19	751	17
Hispanic	545	35	not	567	37	579	35	639	38	678	38	719	37	741	36	773	36	774	34	754	31
Black	327	46	nay	321	44	325	43	308	41	374	48	378	48	339	42	389	47	367	44	357	42
Asian/Pacific Islander	166	19	1998 may	187	21	171	17	164	16	212	20	233	21	251	22	236	19	230	18	257	19
Males			of Diseases (ICD),																		
White	378	22	ases	358	21	384	22	380	21	400	22	424	23	446	24	455	25	412	22	385	21
Hispanic	269	40	Dise	258	40	265	38	279	39	319	42	339	42	347	40	390	42	371	39	378	35
Black	140			131	46	141	46	144	45	164	52	158	49	158	48	181	55	178	54	147	43
Asian/Pacific Islander	87	22	atio	81	20	83	19	83	18	107	23	124	25	109	22	109	20	132	23	127	22
			sific																		
Females			Clas																		
White	330	14	nal	381	16	413	17	395	16	440	17	411	16	417	16	442	18	394	16	366	14
Hispanic 	276	31	natic	309	35	314	33	360	36	359	34	380	33	394	34	383	31	403	31	376	27
Black	187	44	nteri	190	43	184	41	164	37	210	45	220	46	181	37	208	42	189	38	210	41
Asian/Pacific Islander	79	17	the International Classification	106	21	88	16	81	14	105	17	109	18	142	21	127	18	98	13	130	16
CDA 4. Autolous Volless	20	47	s to	20	20	40	20	54	200	74	22		20	70	25	70	20	400	4.4	0.4	24
SPA 1: Antelope Valley	32	17	nge	39	20	43	20	54	26	71	33	69	29	73	35	78	32	106	44	81	31
SPA 2: San Fernando	316	20	of changes	309	19	330	20	330	19	335	19	395	22	396	22	411	22	377	20	349	18
SPA 3: San Gabriel	305	22	se o	305	21	354	24	306	20 29	395 276	25 29	361	22	423 257	25	438 277	26	389 245	22	387 281	22
SPA 4: Metro SPA 5: West	220 80	25	Because	245	28 12	220 80	24 12	269 76	11	276		271	27 16		25 16		26 14		23 13		26 13
SPA 5: West SPA 6: South	234		Be	80 248	44	80 247	42	76 237	40	101 286	15 47	113 289	16 46	115 258	40	103 294	45	91 256	38	95 275	13 40
SPA 6: South	312	42 34		240 315	35	315	33	337	35	350	35	336	32	256 356	33	381	35	366	33	310	40 27
SPA 7. East SPA 8: South Bay	249	21		277	24	285	23	274	22	303	24	337	26	310	23	320	23	343	25	339	23

## Drug overdose (unintentional) at a glance

Number 4 cause of premature death

Number 17 cause of death

Drug overdoses jumped from the eighth-leading cause of premature death in 2006, to the fourth-leading cause of premature death in 2007. The number of deaths from unintentional alcohol poisoning increased from six in 2006 to 63 in 2007. The largest overall rate increases were among Hispanic men, and among residents of the South Service Planning Area.

#### In simple terms . . .

In this report, drug overdose refers to any death from an unintentional overdose of illegal drugs, prescription or over-the-counter (OTC) medication, or alcohol. Drug overdose does not include any drug, medicine, or alcohol taken with homicidal or suicidal intent.

#### Risk factors

Availability and easy access to alcohol and other drugs (AOD); exposure to media messages that appear to support AOD use; family history of problem behavior; favorable parental attitudes and involvement in AOD use; lack of commitment to school and academic failure; gang involvement; self-medication for psychological or physical ailments; drug dependence from prolonged use for chronic pain. Among drug users, the risk of overdose is increased when drugs are injected, mixed with alcohol, used in combination with other drugs, or where there is a history of overdose.

#### Community opportunities for prevention

- ☐ Increase enforcement of laws and policies to reduce AOD availability and consumption (e.g., retailer education)
- Promote the availability of prevention and treatment programs
- ☐ Promote community activities that encourage positive lifestyle choices to reduce acceptance/norms around AOD use
- ☐ Engage media and other local experts to raise awareness and perception of harm of AOD use including medication misuse
- ☐ Screen for AOD in schools, detention facilities, and medical offices

#### Individual opportunities for prevention

- ☐ Keep track of prescription and OTC medications at home, and dispose of all medications properly
- ☐ Know the risks of excessive alcohol consumption, illicit drug use, prescription and OTC drug abuse
- ☐ Seek professional assistance to address AOD abuse and prescription/OTC medication misuse issues

Los Angeles County deaths

Los Angeles County death rate 6.7 deaths per 100,000 population

691

Healthy People 2010 Objective 26-03 Not comparable

*ICD-9 codes* E850-E858, E860

*ICD-10 codes* X40-X45

References Community Anti-Drug Coalitions of America at www.cadca.org

Center for Substance Abuse Prevention at www.prevention.samhsa.gov

Referral L.A. County Dept. of Public Health, Substance Abuse Prevention and Control helpline: 1-800-564-6600

#### Figure T8. Trends in drug overdose mortality

•	199	8	199	9	200	0	200	1	200	2	200	3	2004	1	200	5	200	6	200	7
	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*
Los Angeles County	532	6 67 7002-5001	598	7	489	5	484	5	611	6	620	6	556	6	528	5	557	5	691	7
Males	385			10	375	8	353	8	444	9	437	9	388	8	377	7	372	7	501	10
Females	147	8 3 8 4 not be comparable to	137	3	114	2	131	3	167	3	183	4	168	3	151	3	185	4	190	4
White	276	8 8	304	9	253	8	243	7	301	9	326	10	308	9	266	8	288	9	351	10
Hispanio	153	4 7	197	5	148	4	141	4	170	5	178	5	155	4	137	3	172	4	232	5
Black	93	10	92	10	80	9	96	11	131	14	102	11	80	8	113	12	81	8	92	9
Asian/Pacific Islande	6	 	2		4		4		8		11		6		5		10		13	
	402	10 8		12	404	4.4	460	10	400	10	206	10	20.4	10	400	4.4	404	11	220	12
White		10 sesses iQ	226	13	184	11	168	10	199	12	206	12	204	12	180	11	181	11	229	13
Hispanio		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	174	10	127	7	118	7	146	8	151	8	128	6	114	5	134	6	200	9
Black		15		15	56	14	63	16	93	22	70 -	17	47	11	73	17	46	10	61	14
Asian/Pacific Islande	r 6	International Classification	1		4		4		5		7		4		5		6		9	
White	93	6 6	78	5	69	4	75	4	102	6	120	7	104	6	86	5	107	6	122	7
Hispanio	22	1 1	23	1	21	1	23	1	24	1	27	1	27	1	23	1	38	2	32	2
Black	31	6	34	7	24	5	33	7	38	7	32	6	33	6	40	8	35	7	31	6
Asian/Pacific Islande	0	- to the In			0		0		3		4		2		0	0	4		4	
SPA 1: Antelope Valley	/ 10	1	20	6	19		17		27	8	30	9	31	10	19		31	9	33	9
SPA 2: San Fernando	88	4	99	5	82	4	80	4	126	6	97	4	101	5	114	5	104	5	113	5
SPA 3: San Gabrie	74	- 4 4 4	82	5	72	4	64	4	75	4	63	4	65	4	64	4	75	4	89	5
SPA 4: Metro	89	8 8	94	8	88	8	66	6	75	6	107	9	84	7	67	5	73	6	97	7
SPA 5: Wes	t 43	8 6	43	7	25	4	32	5	49	7	54	8	41	6	29	4	33	5	47	7
SPA 6: South	67	9	59	8	45	6	43	6	68	9	56	7	45	5	68	8	49	6	70	8
SPA 7: Eas	62	5	80	7	59	5	70	6	55	5	68	6	60	5	51	4	75	6	77	6
SPA 8: South Bay	74	5	93	6	71	5	76	5	100	7	101	6	90	6	79	5	81	5	105	6

## Emphysema/COPD at a glance

Number 13 cause of premature death

Number 4 cause of death

Since 1999, emphysema/COPD has been the fourth-leading cause of death but has not been among the overall leading causes of premature death. In 2007, emphysema/COPD was the 13th-leading cause of premature death overall but it was the fifth-leading cause of premature death for white females. Death rates were highest for white and black males, and among residents of the Antelope Valley Service Planning Area.

#### In simple terms . . .

Emphysema/COPD are conditions that interfere with the normal flow of air in and out of the lungs, making it difficult to breathe. Emphysema is the most common form of COPD. Emphysema is a lung disease that involves damage to the air sacs (alveoli) in the lungs. The air sacs are unable to completely deflate, making them unable to fill with fresh air and ensure adequate oxygen supply to the body.

#### Risk factors

Tobacco smoking and breathing the smoke of others, occupational exposure to certain industrial pollutants

#### Community opportunities for prevention

- ☐ Increase the availability of effective smoking cessation services
- ☐ Limit smoking, and decrease exposure to indoor and outdoor secondhand smoke through effective anti-smoking policies and enforcement
- Support an increase in the tobacco tax

Los Angeles County deaths 2,625

Los Angeles County death rate 29.2 deaths per 100,000 population

83.5 deaths per 100,000 adults aged 45 years and over

Healthy People 2010 Objective 24-10 62.3 deaths per 100,000 adults aged 45 years and over. The Healthy People 2010 objective includes

some causes of chronic bronchitis not included in this report. These additional causes would increase

☐ If you don't smoke, don't start

Individual opportunities for prevention

Avoid being near people who are smoking

Stop smoking

the number of deaths in Los Angeles by 1%.

ICD-9 codes 492, 496 ICD-10 codes J43-J44

References American Lung Association at www.Lungusa.org

National Heart Lung and Blood Institute at www.NHLBI.NIH.GOV

Referral American Lung Association helpline: 1-800-LUNG-USA

It's Quitting Time LA: 1-800 NO-BUTTS

#### Figure T9. Trends in emphysema/COPD mortality

-		199	8		1999	9	2000	0	2001	.	200	2	200	3	200	4	200	5	200	6	200	7
		No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*												
	Los Angeles County	2,553	36	1999-2007.	2,836	39	2,660	35	2,723	36	2,604	33	2,796	34	2,641	32	2,770	33	2,665	31	2,625	29
	Males	1,246	45		1,384	49	1,299	43	1,301	43	1,246	40	1,377	43	1,278	39	1,348	39	1,275	37	1,286	36
	Females	1,307	30	be comparable to	1,452	33	1,361	30	1,422	31	1,358	29	1,419	29	1,363	27	1,422	28	1,390	27	1,339	25
	White	1,939	46	о е	2,099	50	1,979	45	1,992	46	1,887	43	1,989	45	1,835	41	1,840	41	1,771	39	1,801	39
	Hispanic	206	17	not b	254	19	231	17	261	18	249	16	311	19	305	18	344	18	346	18	299	14
	Black	292	43	may r	307	44	263	36	281	38	293	40	287	38	297	39	331	52	329	41	265	32
	Asian/Pacific Islander	113	15	(ICD), 1998 n	170	20	178	20	184	20	164	17	198	19	192	18	238	20	213	17	247	19
	White	867	52	es (I	966	58	892	50	887	51	855	48	896	49	830	45	823	45	793	44	823	44
	Hispanic	124	27	of Diseases	139	29	125	23	125	24	126	22	175	28	162	25	177	25	167	23	155	19
	Black	171	66	of Di	171	65	151	53	153	54	149	55	169	58	154	52	184	60	170	56	144	46
	Asian/Pacific Islander	82	25	the International Classification o	106	30	127	34	133	35	111	27	131	30	125	28	154	32	141	28	155	29
	Females	4.070	40	Clas	4.400	45	4 00=		4.40=	40	4 000	00	4 000		4.00=	00	4.04=	0.7	070	0.7		0.0
	White	1,072	42	onal	1,133	45	1,087	41	1,105	43	1,032	39	1,093	41	1,005	38	1,017	37	978	37	978	36
	Hispanic Black	82 121	11 29	nati	115 136	14 32	106 112	13 25	136 128	15 28	123 144	13 31	136 118	14 25	143 143	13 31	167 147	15 30	179 159	15 33	144 121	11 24
	Asian/Pacific Islander	31	8	to the Inter	64	13	51	10	51	10	53	9	67	11	67	10	84	12	72	10	92	11
	SPA 1: Antelope Valley	102	58		133	74	119	63	138	70	125	63	140	69	120	58	159	74	150	67	148	63
	SPA 2: San Fernando	510	33	of changes	577	37	538	32	529	32	519	30	575	33	513	29	563	31	578	32	562	30
	SPA 3: San Gabriel	473	35		540	39	487	33	484	33	494	32	529	33	515	31	537	32	536	31	504	28
	SPA 4: Metro	243	28	Because	254	29	234	25	259	28	236	24	246	24	234	23	270	26	247	23	236	21
	SPA 5: West	142	22	Вес	176	27	187	27	179	26	191	27	178	25	166	22	158	22	139	19	140	18
	SPA 6: South	231	43	-	245	45	199	35	201	35	212	36	195	32	205	34	219	34	197	30	185	28
	SPA 7: East	367	42		385	44	359	39	356	38	335	35	402	39	372	35	316	29	330	30	366	32
	SPA 8: South Bay	481	44		521	47	527	45	558	48	489	40	521	42	497	38	542	41	479	36	475	34

## Homicide at a glance

# Number 2 cause of premature death Number 14 cause of death

Overall, homicide has been the second-leading cause of premature death every year for the past 10 years. In 2007, it was the leading cause of premature death for black and Hispanic males, and among those in the South Service Planning Area. It was also the leading cause of death for persons aged 15 to 44 years. The highest death rate from homicide was among black males—53 deaths per 100,000 population—which was almost seven times the homicide rate for the County overall.

#### In simple terms . . .

Homicide is the killing of one person by another, including acts of terrorism. Some homicides are committed in self-defense, but the majority of homicides do not involve self-defense. Homicide may be committed with a weapon such as a gun or knife, or may result from means including strangulation, drowning, poisoning, burning, pushing the victim from a high place, neglect, abandonment, or abuse. Deaths from injuries caused by law enforcement officers or military in the line of duty are not included in this category.

#### Risk factors

Intimate partner violence, poor access to quality education, lack of employment opportunities, youths with excessive unstructured free time, gang affiliation, alcohol and substance abuse, witnessing and experiencing violence, access to firearms

#### Community opportunities for prevention

- Create social norms that promote healthy relationships
- ☐ Develop after-school programs for children and adolescents
- ☐ Support nurse home-visitation programs for teenage parents
- Support community policing
- ☐ Make substance abuse treatment services widely available
- ☐ Build communities that discourage street violence with well-lit streets and plenty of pedestrian traffic

#### Individual opportunities for prevention

- ☐ Maintain respectful relationships with family and friends
- Pursue a good education
- Seek help for substance abuse
- ☐ Recognize that easy access to firearms is a risk for homicide
- ☐ If firearms are kept in the home, store them unloaded and locked with the ammunition locked separately

Los Angeles County deaths 869

Los Angeles County death rate 8.1 deaths per 100,000 population Healthy People 2010 Objective 15-32 2.8 deaths per 100,000 population

*ICD-9 codes* E960-E969

**ICD-10 codes** \*U01-\*U02, X85-Y09, Y87.1

References National Youth Violence Prevention Resource Center at www.safeyouth.org

CDC National Center for Injury Prevention and Control at www.cdc.gov/ncipc/dvp/dvp.htm

#### Figure T10. Trends in homicide mortality

•	199	8		1999	9	200	0	200	1	200	2	200	3	2004	4	200	5	200	6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	984	10	1999-2007.	896	9	992	10	1,099	11	1,148	11	1,066	10	1,069	10	1,066	10	1,043	10	869	8
Males	826	16	e to 1	751	15	847	17	937	18	990	19	931	18	940	18	940	18	916	17	751	14
Females	158	3	not be comparable to	145	3	145	3	162	3	158	3	135	3	129	3	126	2	127	2	118	2
White	141	4	ne com	101	3	127	4	142	5	133	4	119	4	105	4	101	3	97	3	92	3
Hispanic	498	10	not b	465	10	486	10	527	11	567	11	520	10	531	10	570	11	545	10	474	9
Black	296	31	may I	276	29	343	36	361	38	393	41	369	38	388	41	362	38	344	36	272	28
Asian/Pacific Islander	45	4	(ICD), 1998 r	53	4	35	3	47	4	51	4	57	4	42	3	33	2	50	4	30	2
Males	07		s (IC	70	_	00		0.7	0	00	0	00	0	77	_		,	70	_	74	_
White Hispanic	97 441	6 18	of Diseases	72 411	5 17	86 437	6 18	97 473	6 19	98 501	6 19	93 471	6 18	77 481	5 17	69 528	4 19	76 491	5 18	71 420	5 15
Black	246	55	Dis	230	52	302	68	315	70	352	78	324	72	348	78	320	72	298	67	240	53
Asian/Pacific Islander	38			37	6	22	4	37	6	36	6	42	6	33	5	23	3	46	7	20	3
Females	00		International Classification	o,			7	o,		00	Ü	72	J	00		20	Ö	40		20	0
White	44	3	nal (	29	2	41	3	45	3	35	2	26	1	28	2	32	2	21	1	21	1
Hispanic	57	2	natio	54	3	49	2	54	2	66	3	49	2	50	2	42	2	54	2	54	2
Black	50	10	nteri	46	9	41	8	46	9	41	8	45	9	40	8	42	8	46	9	32	6
Asian/Pacific Islander	7		to the I	16		13		10		15		15		9		10		4		10	
SPA 1: Antelope Valley	22	7	ges 1	16		18		21	7	27	8	36	11	33	10	37	11	46	13	37	10
SPA 2: San Fernando	107	5	of changes	101	5	99	5	142	7	139	7	120	6	101	5	104	5	98	5	81	4
SPA 3: San Gabriel	112	6	ofc	112	6	97	5	114	6	111	6	106	6	131	7	103	5	116	6	106	5
SPA 4: Metro	116	10	Because	110	9	132	11	140	11	145	12	126	10	115	9	118	9	112	9	110	9
SPA 5: West	32	5	Bec	20	3	22	3	43	6	38	6	24	4	24	4	26	4	25	5	14	
SPA 6: South	258	26		268	26	311	31	337	32	355	34	315	29	356	32	372	34	310	28	245	22
SPA 7: East	146	11		112	8	106	8	107	8	129	9	117	8	108	7	130	9	126	9	108	7
SPA 8: South Bay	182	12		144	10	193	13	175	11	190	12	192	12	177	11	161	10	179	11	145	9

## **HIV** at a glance

## Number 11 cause of premature death Number 26 cause of death

HIV has not been one of the overall leading causes of death or premature death since 2004 but it remained an important cause of death for some groups. In 2007, HIV was the fourth-leading cause of premature death for black males and the second-leading cause of death for black males aged 25 to 44 years. It was a leading cause of premature death among residents of Central, Hollywood-Wilshire, Long Beach, and Southwest Health Districts.

#### In simple terms . . .

HIV (human immunodeficiency virus) affects the body's ability to fight infections and certain cancers by damaging the immune system. HIV is spread by sexual contact through blood or mucous membrane exposure to infected blood, semen, vaginal secretions, or rectal mucus; by sharing needles and/or syringes with someone who is infected, or, less commonly—and extremely rarely in the U.S.—through transfusions of infected blood, blood clotting factors, or organ/tissue donation. Babies born to HIV-infected women may become infected before or during birth or through breast-feeding after birth. There is no scientific evidence that HIV can be transmitted in other ways.

#### Risk factors

Having unprotected sex with an HIV-infected person or a person whose HIV status is unknown, sharing drug needles and syringes

#### **Community opportunities for prevention**

- ☐ Educate the community about how HIV is transmitted and how to avoid getting infected
- Provide HIV counseling and testing
- ☐ Provide access to drug treatment programs and sexually transmitted disease testing and treatment
- ☐ Screen pregnant women for HIV infection and use drug therapies to reduce the transmission of HIV from mother to baby

#### Individual opportunities for prevention

- ☐ Use latex condoms consistently and correctly with HIV-infected sexual partners or those whose HIV status is unknown
- Do not share drug needles and syringes
- ☐ Learn your HIV status by getting tested for antibodies to HIV. An estimated 60,000 persons are living with HIV/AIDS in Los Angeles County, many of whom may be unaware of their infection.

Los Angeles County deaths 391

Los Angeles County death rate 3.9 deaths per 100,000 population Healthy People 2010 Objective 13-14 0.7 deaths per 100,000 population

 ICD-9 codes
 042-044

 ICD-10 codes
 B20-B24

References National Institute of Allergy and Infectious Diseases at www.niaid.nih.gov/publications/aids.htm

CDC HIV/AIDS Prevention at www.cpc.gov/HIV

Referral California HIV/AIDS hotline: 1-800-367-AIDS or www.ERASEDOUBT.ORG

#### Figure T11. Trends in HIV mortality

-		199	8	199	9	2000	0	200	ı	200	2	2003		2004	.	200	5	200	6	200	7
		No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*
	Los Angeles County	552	999-2007.	581	6	506	6	558	6	502	5	497	5	498	5	438	4	414	4	391	4
	Males	468	10 6	506	11	442	10	485	11	428	9	438	9	436	9	378	8	355	7	338	7
	Females	84	10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	75	2	64	1	73	1	74	2	59	1	62	1	60	1	59	1	53	1
	White	218	6 <b>co</b> r	236	7	187	6	195	6	151	4	167	5	174	5	139	4	155	4	119	3
	Hispanic	186	5 <b>7</b>	178	5	155	4	182	5	187	5	170	5	177	5	158	4	139	3	132	3
	Black	139	15 <b>1 / keu</b>	155	17	150	16	170	18	148	16	145	15	136	14	131	14	108	12	125	13
	Asian/Pacific Islander	8	1998	12		8		9		14		10		7		6		8		11	
	Males		)) s																		
	White	205	12 9 24 of Diseases (ICD),	212	12	172	10	180	10	140	8	161	9	159	9	126	7	139	8	112	6
	Hispanic	155	9 <b>Dise</b>	164	9	140	8	156	9	165	9	143	8	159	8	140	7	121	6	119	6
	Black	100		120	29	118	29	138	33	109	26	121	28	109	25	102	24	87	21	94	22
	Asian/Pacific Islander	7	the International Classification	10		7		9		12		9		6		6		6		10	
	Females		Clas																		
	White	13	nal	24	1	15		15		11		6		15		13		16		7	
	Hispanic	31	2 2	14		15		26	1	22	1	27	1	18		18		18		13	
	Black	39	8 nterr	35	7	32	6	32	6	39	8	24	5	27	5	29	6	21	4	31	6
	Asian/Pacific Islander	1	to the li	2		1		0	0	2		1		1		0		2		1	
	SPA 1: Antelope Valley	14		8		9		19		11		10		4		9		6		11	
	SPA 2: San Fernando	85	of changes	80	4	63	3	74	4	68	3	53	3	67	3	68	3	53	2	51	2
	SPA 3: San Gabriel	62		62	4	45	3	47	3	51	3	39	2	49	3	30	2	47	3	30	2
	SPA 4: Metro	184	17 8	183	17	171	16	155	14	133	12	167	14	133	11	129	10	132	10	112	9
	SPA 5: West	17	17 Becanse	22	3	16		19		16		20	3	23	3	14		17		10	
	SPA 6: South	67	8	85	12	83	11	90	11	87	10	96	12	106	13	76	9	57	7	76	9
	SPA 7: East	48	4	43	4	32	3	42	4	42	3	38	3	35	3	35	3	31	2	28	2
	SPA 8: South Bay	74	5	91	6	83	6	97	6	85	5	67	4	71	5	69	4	65	4	70	4

## Liver disease at a glance

Number 5 cause of premature death

Number 10 cause of death

Liver disease has been a leading cause of premature death every year for the past 10 years. Death rates from liver disease have consistently been higher for men than for women, with Hispanic men having the highest rates. In 2007, liver disease was the 10th-leading cause of death overall but second-leading cause of death for Hispanic men. It was the third-leading cause of death for persons 45 to 64 years of age.

#### *In simple terms . . .*

The liver stores vitamins and nutrients from food. It also breaks down toxic substances from the blood, and removes waste products from the body. When normal liver cells are damaged, they are replaced by scar tissue. The scar tissue interferes with the flow of blood through the liver and prevents the liver from carrying out its normal functions. Damage from scarring of the liver (cirrhosis) cannot be reversed. Sustained heavy alcohol consumption is the leading cause of cirrhosis. Chronic hepatitis, a prolonged swelling and irritation of the liver, also causes liver damage. Viral infections as well as non-viral causes such as autoimmune diseases, alcoholism, and exposure to certain drugs or environmental toxins can lead to these two types of liver disease.

#### Risk factors

Excessive alcohol consumption, prolonged exposure to certain chemicals and medications, viral hepatitis infection

#### **Community opportunities for prevention**

- Provide access to alcohol treatment programs
- ☐ Promote hepatitis B vaccination for groups at high risk
- Promote screening for hepatitis C

### Individual opportunities for prevention

- Limit alcohol intake
- ☐ Follow manufacturer's instructions when using household and industrial chemicals
- ☐ Follow doctor's instructions when taking prescription and over-the-counter drugs
- ☐ Avoid behaviors that promote transmission of hepatitis B and hepatitis C, such as injection drug use and unprotected sex

Los Angeles County deaths 1,133

Los Angeles County death rate
11.6 deaths per 100,000 population
Healthy People 2010 Objective 26-2
3.2 deaths per 100,000 population

*ICD-9 codes* 571

**ICD-10 codes** K70, K73-K74

References American Liver Foundation at WWW.LIVERFOUNDATION.ORG

National Digestive Diseases Information Clearinghouse at www.digestive.niddk.nih.gov

Referral Greater Los Angeles Chapter of the American Liver Foundation: 310-670-4624

#### Figure T12. Trends in liver disease mortality

	199	8		1999	200	0	200	1	200	2	2003	3	2004	1	200	5	200	6	200	7
	No. of deaths	Death rate*	No dea		No. of deaths	Death rate*	No. of deaths	Death rate*												
Los Angeles County	1,019	13	1,04	<b>7</b> 13	1,121	14	1,010	12	1,085	12	1,053	12	1,035	11	1,061	11	1,102	11	1,133	12
Males	713			<b>2</b> 19	760	20	695	18	741	18	727	17	698	16	759	17	758	17	792	17
Females	306	7	7 3 4 4 4 4	5 8	361	8	315	7	344	7	326	7	337	7	302	6	344	7	341	7
White	424	11	0 4	<b>1</b> 13	461	12	416	11	432	11	403	10	428	11	397	10	386	10	396	10
Hispanic	452	20	4	<b>3</b> 19	499	22	458	19	504	19	498	19	458	17	501	17	554	18	586	19
Black	86	11	f max	<b>4</b> 13	102	12	97	11	100	11	92	10	98	11	102	11	98	11	86	9
Asian/Pacific Islander  Males	45	4	(ICD), 1998 r	<b>·1</b> 4	46	4	32	3	39	3	42	3	46	4	48	4	49	4	55	4
White	280	16	se 2	<b>6</b> 17	298	17	265	15	277	15	253	14	295	16	267	14	263	14	260	13
Hispanic	343	32	or Diseases 3			33	343	31	381	31	377	30	308	23	383	29	397	27	439	30
Black	57	16		<b>8</b> 20		17	63	17	51	13	62	16	62	16	68	18	59	14	51	12
Asian/Pacific Islander	27		~	<b>3</b> 5		6	19		25	5	26	4	29	5	31	5	29	5	35	5
Females			lass																	
White	144	7	<u>ie</u> 1	<b>5</b> 9	163	8	151	8	155	8	150	7	133	6	130	6	123	6	136	7
Hispanic	109	10	10	<b>4</b> 10	138	12	115	10	123	9	121	10	150	11	118	8	157	11	147	9
Black	29	6	riern	6 8	38	8	34	7	49	10	30	6	36	7	34	6	39	8	35	7
Asian/Pacific Islander	18		0 10	8	16		13		14		16		17		17		20	3	20	3
SPA 1: Antelope Valley	29	12	ges	0 12	40	16	40	16	35	13	48	17	40	13	39	13	43	14	50	16
SPA 2: San Fernando	157	9	or changes 1 1	4 10	187	10	144	8	168	9	180	9	190	9	199	10	200	9	189	9
SPA 3: San Gabriel	164	11	19	<b>0</b> 13	191	12	187	12	178	11	177	10	173	10	197	11	207	11	179	10
SPA 4: Metro	159	17	n Recanse	<b>8</b> 15	151	16	136	14	159	16	134	13	131	12	127	11	136	12	144	12
SPA 5: West	49	8	Pec	4 9	56	9	45	7	55	8	55	8	40	6	41	6	41	6	44	6
SPA 6: South	102	16	1	<b>6</b> 17	117	18	110	17	119	17	106	15	118	17	102	14	120	16	122	16
SPA 7: East	189	19	1			19	161	15	185	17	177	16	173	15	176	15	163	14	199	17
SPA 8: South Bay	162	13	1	<b>4</b> 13	165	12	154	11	162	12	155	11	139	10	159	11	156	10	184	12

## Lung cancer at a glance

Number 7 cause of premature death

Number 3 cause of death

Lung cancer has been the third-leading cause of death since 1999, and one of the leading causes of premature death for each of the past 10 years. The lung cancer death rate has been declining, and since 2000, the rate has been below the Healthy People 2010 objective. The death rates were highest for black males and in the Antelope Valley Service Planning Area.

#### In simple terms . . .

Cancer is a term for diseases in which abnormal cells divide without control, and can invade nearby tissues and spread to other parts of the body through the blood and lymph systems. The main types of cancer are: carcinoma which begins in the skin or in tissues that line or cover internal organs; sarcoma which begins in bone, cartilage, fat, muscle, blood vessels, or other connective or supportive tissue; leukemia which starts in blood-forming tissue such as the bone marrow; and lymphoma and multiple myeloma which begin in the cells of the immune system. Central nervous system cancers are cancers that begin in the tissues of the brain and spinal cord.

#### Risk factors

Tobacco smoking and breathing the smoke of others; exposure to cancer-causing substances, including radon, asbestos, uranium, and arsenic; prior lung cancer

#### Community opportunities for prevention

- ☐ Increase the availability of effective smoking cessation services
- ☐ Limit smoking, and decrease exposure to indoor and outdoor secondhand smoke through effective anti-smoking policies and enforcement
- ☐ Support an increase in the tobacco tax

#### Individual opportunities for prevention

- Stop smoking
- Avoid being near people who are smoking
- ☐ Reduce exposure to cancer-causing substances
- ☐ If you don't smoke, don't start

Los Angeles County deaths 2,950

Los Angeles County death rate
32.8 deaths per 100,000 population
43.3 deaths per 100,000 population

 ICD-9 codes
 162

 ICD-10 codes
 C33-C34

References American Cancer Society at www.cancer.org

The Guide to Community Preventive Services at WWW.THECOMMUNITYGUIDE.ORG

National Cancer Institute at www.cancer.gov

Referral American Cancer Society helpline: 1-800-227-2345

It's Quitting Time LA: 1-800 NO-BUTTS

#### Figure T13. Trends in lung cancer mortality

	199	8		1999	9	200	0	200	1	200	2	200	3	2004	4	200	5	200	6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	3,150	43	1999-2007.	3,243	44	3,150	41	3,232	42	3,081	39	3,150	38	3,034	36	3,036	35	3,021	35	2,950	33
Males	1,722	55		1,814	58	1,765	54	1,797	55	1,702	50	1,713	49	1,710	48	1,608	44	1,719	47	1,568	41
Females	1,428	34	not be comparable to	1,429	34	1,385	31	1,435	32	1,379	30	1,437	31	1,324	27	1,428	29	1,302	26	1,382	27
White	2,104	52	оо ә	2,082	52	2,018	49	2,039	50	1,950	47	1,942	46	1,825	43	1,830	43	1,788	42	1,700	39
Hispanic	323	21	not k	347	22	341	20	348	20	363	21	381	20	366	19	370	17	384	18	398	17
Black	463	62	may ı	494	67	476	62	482	63	455	58	451	56	452	55	457	56	480	58	464	54
Asian/Pacific Islander  Males	256	28	of Diseases (ICD), 1998 ı	314	32	308	30	356	34	306	28	367	31	379	31	368	29	359	27	378	27
White	1,074	62	es (	1,082	62	1,079	60	1,056	60	1,034	57	989	54	974	53	921	50	941	51	860	45
Hispanic	207	32	iseas	220	35	211	31	219	32	217	31	237	29	231	29	210	23	236	27	233	25
Black	278	90	ofD	293	99	271	86	289	94	258	81	267	82	263	78	243	73	286	85	245	70
Asian/Pacific Islander	161	39	the International Classification	217	51	201	45	229	51	188	39	215	42	235	44	228	42	250	43	224	38
Females			Clas																		
White	1,030	45	nal	1,000	44	939	40	983	43	916	39	953	40	851	36	909	38	847	35	840	35
Hispanic	116	13	natic	127	13	130	13	129	12	146	14	144	13	135	12	160	13	148	12	165	12
Black Asian/Pacific Islander	185 95	42 19	to the Inter	201 97	46 18	205 107	46 18	193 127	43 21	197 118	42 19	184 152	39 23	189 144	39 21	214 140	43 19	194 109	39 14	219 154	43 19
SPA 1: Antelope Valley	117	60	jes t	117	56	119	57	117	55	109	49	120	53	114	50	122	53	123	51	134	52
SPA 2: San Fernando	688	43	changes	718	44	657	39	710	42	665	38	695	39	643	35	683	37	675	36	637	33
SPA 3: San Gabriel	528	37	of	535	37	554	37	597	40	544	35	563	35	531	32	596	35	562	32	550	31
SPA 4: Metro	291	33	Because	313	36	316	35	318	35	294	31	313	32	290	29	285	28	267	26	274	25
SPA 5: West	242	38	Веся	250	39	230	35	236	36	255	38	216	32	222	32	220	31	217	31	204	29
SPA 6: South	303	53		358	63	300	51	310	53	300	50	286	46	297	47	293	45	271	42	280	42
SPA 7: East	354	39		404	44	397	41	360	37	339	34	356	35	366	35	332	31	325	30	341	30
SPA 8: South Bay	614	53		539	46	569	46	569	46	567	45	580	44	544	41	496	36	564	41	520	36

## Motor vehicle crash at a glance

Number 3 cause of premature death

Number 11 cause of death

For the past 10 years, motor vehicle crashes have been the third-leading cause of premature death overall. In 2007, they were the leading cause of death for children aged 1 to 14 years, and the second-leading cause of death for persons aged 15 to 44 years. They were the second-leading cause of premature death in the Antelope Valley, San Fernando, and San Gabriel Service Planning Areas.

#### In simple terms . . .

Motor vehicle crashes can occur on any public roadway including streets, alleys, or highways. They can also occur in non-public areas such as parking lots or driveways. Motor vehicle crashes that occur on public roadways are referred to as traffic collisions. Any type of vehicle can be involved in a motor vehicle crash, including a car, truck, bus, or motorcycle. The person injured in a motor vehicle crash may be the driver or passenger of the vehicle that caused the crash, or of the vehicle that was hit. The injured person may also be a pedestrian or bicyclist.

#### Risk factors

Risk factors for crashing: driving under the influence of alcohol or drugs (illicit, prescription, or over-the-counter), driving recklessly, driving while distracted, disobeying traffic laws, lack of driving experience, younger or older age, hazardous road conditions, neglecting routine car maintenance. Risk factors for injury after a crash: not using seat belts or other passenger safety restraints such as child safety seats, unsafe car design.

#### **Community opportunities for prevention**

- ☐ Actively enforce all traffic laws, including laws addressing seat belt use and child passenger safety
- ☐ Use media campaigns to reduce alcohol-impaired driving
- Comply with the graduated licensing system for teenage drivers
- ☐ Support national efforts for safe car design with safety features such as antilock brakes or electronic stability control systems

#### Individual opportunities for prevention

- Do not drive while impaired by alcohol or drugs
- ☐ Always wear seat belts, even for short trips
- ☐ Place young children in an age-appropriate, properly installed child safety seat or booster seat
- ☐ Have children younger than 12 years of age ride in the back seat
- Do not drive while distracted

Los Angeles County deaths 908

Los Angeles County death rate 8.9 deaths per 100,000 population

*Healthy People 2010 Objective 15-15* 8.0 deaths per 100,000 population (rate for traffic-related deaths only)

*ICD-9 codes* E810-E825

*ICD-10 codes* V02-V04, V09.0, V09.2, V12-V14, V19.0-V19.2, V19.4-V19.6, V20-V79, V80.3-V80.5, V81.0-V81.1,

V82.0-V82.1, V83-V86, V87.0-V87.8, V88.0-V88.8, V89.0, V89.2

References The Guide to Community Preventive Services at www.THECOMMUNITYGUIDE.ORG

The National Highway Traffic Safety Administration at www.nhtsa.dot.gov

Referral California Highway Patrol (non-emergency): 1-800-TELL-CHP

Figure T14. Trends in motor vehicle crash mortality

-		199	8		1999	)	2000	0	200	1	200	2	2003	3	2004	1	200	5	200	6	200	7
		No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
	Los Angeles County	782	9	1999-2007.	751	8	811	9	890	9	851	9	967	10	947	10	925	9	965	10	908	9
	Males	528			517	12	564	13	598	13	578	12	697	15	647	14	650	13	681	14	669	13
	Females	254	6	not be comparable to	234	5	247	5	292	6	273	6	270	5	300	6	275	5	284	6	239	5
	White	302	9	е сол	247	7	297	9	304	9	292	9	343	10	340	10	287	9	312	10	272	8
	Hispanic	292	9	ot p	330	9	324	9	359	10	373	9	418	10	374	9	428	10	425	10	436	10
	Black	89	10	may n	96	11	99	11	129	14	108	12	107	12	120	13	106	11	115	12	110	12
	Asian/Pacific Islander	96	9	(ICD), 1998 n	75	7	88	8	95	8	75	6	95	7	107	8	95	7	110	8	86	6
	Males White	205	10	)) s	470	11	205	12	246	12	100	10	246	15	240	1.1	204	10	220	1.1	404	10
		205 204	12 13	of Diseases	172 237	11 13	205	13 13	216 242	13 14	190	12 13	246	15 15	218 270	14 13	201	13 14	220	14 15	191 334	12 15
	Hispanic Black	61	15	Dis	63	15	241 63	15	82	19	270 77	20	317 71	17	270 85	20	304 83	20	321 82	20	33 <del>4</del> 84	20
	Asian/Pacific Islander	56			43	8	54	10	56	10	40	7	60	10	71	12	58	10	55	8	57	9
	Females	30		Classification	43	0	54	10	50	10	40	,	60	10	71	12	36	10	55	0	31	9
	White	97	6	nal (	75	4	92	5	88	5	102	6	97	6	122	7	86	5	92	5	81	4
	Hispanic	88	5	International	93	6	83	5	117	7	103	5	101	5	104	5	124	6	104	5	102	5
	Black	28	6	ıtern	33	7	36	7	47	9	31	6	36	7	35	7	23	5	33	7	26	5
	Asian/Pacific Islander	40	1	to the Ir	32	5	34	6	39	6	35	5	35	5	36	5	37	5	55	7	29	4
	SPA 1: Antelope Valley	68			49	17	45	15	64	22	69	22	71	22	83	28	80	25	73	22	51	15
	SPA 2: San Fernando	169	9	of changes	151	8	167	9	196	10	172	8	203	10	180	9	197	9	197	9	156	7
	SPA 3: San Gabriel	123			121	7	137	8	140	8	140	8	138	8	153	8	179	10	147	8	153	8
	SPA 4: Metro	93	9	Because	85	8	81	7	98	9	78	7	99	8	84	7	91	8	82	7	87	7
	SPA 5: West	43	7	Bec	32	5	47	7	32	5	35	5	40	6	37	6	35	6	41	6	39	6
	SPA 6: South	79	10		85	11	93	11	121	13	110	12	106	12	106	11	99	10	118	13	119	13
	SPA 7: East	92	8		103	9	96	8	91	8	114	9	110	9	105	8	106	8	110	8	124	9
	SPA 8: South Bay	96	7		106	8	123	9	123	8	114	8	114	8	112	7	117	7	137	9	113	7

## Pneumonia/influenza at a glance

Number 20 cause of premature death

Number 5 cause of death

Pneumonia/influenza has been the fifth-leading cause of death since 1999 but it has not been among the leading causes of premature death. In 2007, pneumonia/influenza was the second-leading cause of death in the Central Health District, and the third-leading cause of death in the Alhambra and Pasadena Health Districts. The death rate for black males, 45 deaths per 100,000 population, was almost twice the overall County rate.

#### In simple terms . . .

Pneumonia is an inflammation of the lungs caused by an infection, or, less commonly, by a chemical or physical irritant, that can result in difficulty breathing. The infection can be caused by bacteria, viruses, or fungi. Pneumonia is a common illness that is often mild but can be quite severe, even fatal. The severity of the infection depends on the cause, and the person's age and health. Influenza, often called "the flu," is a respiratory disease caused by influenza viruses. Influenza can cause mild to severe illness that can result in death. Bacterial pneumonia can be a complication of influenza, and most influenza deaths result from pneumonia. Pneumonia and influenza are spread from person to person.

#### Risk factors

Age (young and old), underlying chronic medical conditions such as diabetes and asthma, smoking

#### Community opportunities for prevention

- ☐ Educate the community about the recommendations for influenza and pneumococcal pneumonia vaccination
- ☐ Provide information about the availability of low-cost or no-cost vaccinations for certain individuals
- ☐ Encourage everyone with respiratory illness (fever, cough, runny nose) to stay home to avoid spreading the illness to others

#### Individual opportunities for prevention

- ☐ Follow recommended guidelines for influenza and pneumococcal pneumonia vaccination
- Wash your hands frequently with soap and water
- Stop smoking
- ☐ Stay away from people who are sick
- ☐ Avoid touching your eyes, nose, or mouth

Los Angeles County deaths 2,184

Los Angeles County death rate 24 deaths per 100,000 population

Healthy People 2010 Objective None

 ICD-9 codes
 480-487

 ICD-10 codes
 J09-J18

References American Lung Association at www.Lungusa.org

Centers for Disease Control and Prevention at www.cpc.gov/FLU

**Referral** Los Angeles County Info Line for free or low-cost immunization clinics: 1-800-427-8700

#### Figure T15. Trends in pneumonia/influenza mortality

	199	8		1999	9	200	0	200	ı	200	2	200	3	200	4	200	5	200	6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	3,594	52	1999-2007.	2,242	32	2,477	32	2,421	32	2,494	31	2,419	29	2,272	27	2,333	27	2,283	26	2,184	24
Males	1,621	63	e to	964	37	1,063	37	1,065	38	1,155	39	1,121	36	1,013	32	1,055	32	1,083	32	1,018	29
Females	1,973	44	not be comparable to	1,278	28	1,414	29	1,356	28	1,339	27	1,298	25	1,259	24	1,278	24	1,200	22	1,166	20
White	2,403	55	о о	1,475	33	1,608	34	1,488	32	1,595	64	1,475	31	1,330	27	1,338	27	1,314	27	1,198	24
Hispanic	497	41	not b	339	27	366	26	398	28	383	26	411	25	408	24	448	24	429	22	418	20
Black	415			238	36	255	36	270	39	269	37	271	37	257	34	238	31	246	32	259	32
Asian/Pacific Islander	272		(ICD), 1998 may	189	25	239	28	259	30	236	25	250	25	265	24	300	26	284	23	305	23
White	1,042	66	es (I	613	39	663	39	622	37	723	41	659	36	613	33	580	32	612	34	532	28
Hispanic	242	54	Diseases	159	34	161	30	180	34	182	33	189	29	174	26	208	29	198	26	197	24
Black	187	77	of Di	97	41	114	42	120	51	124	46	139	51	100	37	103	36	117	42	134	45
Asian/Pacific Islander	149		the International Classification of	94	30	119	33	140	40	120	31	130	31	118	26	161	34	152	30	154	29
Females			lass																		
White	1,361	48	nal C	862	30	945	31	866	29	872	29	816	27	717	24	758	25	702	23	666	22
Hispanic	255	34	atio	180	23	205	24	218	25	201	22	222	22	234	22	240	21	231	19	221	17
Black	228	54	ıtern	141	33	141	31	150	33	145	31	132	28	157	32	135	27	129	26	125	25
Asian/Pacific Islander	123	29	to the Ir	95	22	120	25	119	23	116	21	120	20	147	23	139	20	132	18	151	19
SPA 1: Antelope Valley	79	47		45	27	53	30	61	33	69	35	72	37	50	25	68	35	70	32	51	22
SPA 2: San Fernando	697	46	changes	510	33	495	29	496	30	529	31	521	29	500	28	472	25	454	24	407	21
SPA 3: San Gabriel	711	53	of	407	30	515	35	529	36	483	31	467	29	488	29	477	28	409	24	454	25
SPA 4: Metro	444	50	Because	330	37	344	36	335	35	344	34	350	34	293	28	319	29	302	28	294	25
SPA 5: West	331	50	Bec	218	32	239	33	206	29	230	31	212	28	184	24	188	24	188	24	184	23
SPA 6: South	327	62		158	30	212	38	204	37	192	33	183	30	183	29	181	28	202	31	195	29
SPA 7: East	412	50		232	28	292	32	259	29	262	27	253	25	262	25	2,586	23	284	26	239	20
SPA 8: South Bay	580	55		339	31	318	27	316	28	375	31	350	28	298	23	360	27	366	28	354	25

## **Stroke** at a glance

Number 8 cause of premature death

Number 2 cause of death

For the past 10 years, stroke has been the second-leading cause of death and the seventh- to ninth-leading cause of premature death, although the number of stroke deaths and the death rate from stroke continue to decline. In 2007, the overall death rate from stroke (36 deaths per 100,000 population) was well-below the Healthy People 2010 objective while the rate for blacks (62 deaths per 100,000 population) remained above the target.

#### In simple terms . . .

A stroke occurs when the blood supply to part of the brain is suddenly interrupted or when a blood vessel in the brain bursts, spilling blood into the soft tissue and the spaces containing or surrounding brain cells. When that happens, part of the brain cannot get the blood and oxygen it needs. Without oxygen, nerve cells in the affected part of the brain usually die within minutes and the soft tissue can develop scarring, resulting in the loss of cognitive abilities controlled by that part of the brain.

#### Risk factors

High blood pressure, tobacco smoking, diabetes, high cholesterol, being overweight, physical inactivity, excessive alcohol use, age, family history of stroke, prior stroke or heart attack

#### Community opportunities for prevention

- Promote access to blood pressure screening and treatment for high blood pressure
- ☐ Promote physical activity by providing access to safe places like parks to walk, play, and exercise
- Restrict smoking in public places and worksites
- Provide access to smoking cessation programs
- ☐ Encourage people to quit smoking through media campaigns

#### Individual opportunities for prevention

- Control high blood pressure
- Stop smoking
- Manage diabetes
- Maintain a healthy weight
- Consult with your physician about increasing physical activity
- Eat a diet low in fat and salt
- Learn the stroke warning signs

Los Angeles County deaths 3,323

Los Angeles County death rate
Healthy People 2010 Objective 12-7

36 deaths per 100,000 population
50 deaths per 100,000 population

*ICD-9 codes* 430-434, 436-438

*ICD-10 codes* 160-169

References American Stroke Association at www.strokeassociation.org

National Institute of Neurological Disorders and Stroke at www.ninds.nih.gov/disorders/stroke

Referral Los Angeles County Division of the American Heart Association: 213-291-7000

#### Figure T16. Trends in stroke mortality

	199	8		1999	9	200	0	200	1	200	2	200	3	2004	4	200	5	200	6	200	7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*												
Los Angeles County	3,928	55	1999-2007.	4,435	62	4,410	57	4,259	56	4,169	52	4,249	51	4,121	49	3,775	43	3,622	41	3,323	36
Males	1,550	55		1,803	64	1,816	60	1,691	56	1,701	54	1,754	53	1,718	51	1,554	45	1,501	42	1,409	37
Females	2,378	54	be comparable to	2,632	59	2,594	55	2,568	55	2,468	51	2,495	49	2,403	47	2,221	42	2,121	40	1,914	34
White	2,376	55	оо ә	2,611	60	2,599	57	2,483	55	2,382	51	2,441	52	2,234	47	1,962	41	1,817	39	1,587	33
Hispanic	621	43	not b	704	49	717	46	708	44	711	42	755	41	785	42	782	38	779	36	742	32
Black	536	78	may ı	658	95	618	84	591	82	589	79	584	76	572	74	530	66	495	61	516	62
Asian/Pacific Islander	387	47	(ICD), 1998 n	452	53	465	49	472	49	473	46	462	43	513	44	489	40	522	41	469	34
Males	004	50	s (IC	4 004	0.4	4.005	50	000	<b>5</b> 4	000	50	040	E4	004	40	770	40	704	00	0.45	0.4
White	861	53	Diseases	1,004	61	1,005	58	923	54	932	53	918	51	881	48	770	42	704	39	645	34
Hispanic Black	297 210	49 79	Dis	315 262	54 94	343 247	54 85	322 232	48 82	326 227	48 77	342 248	44 84	364 208	47 71	360 206	43 67	356 202	38 61	338 209	33 62
Asian/Pacific Islander	180	49	n of	202	60	247	52	212	o∠ 51	209	48	240	82	260	53	216	42	235	43	209	35
Asian/Pacific Islander Females	160	49	the International Classification	217	60	210	52	212	זו	209	40	242	02	200	55	210	42	235	43	211	35
White	1,515	55	nal C	1,607	58	1,594	55	1,560	55	1,450	50	1,523	51	1,353	46	1,192	40	1,113	38	942	32
Hispanic	324	38	atioı	389	46	374	41	386	41	385	38	413	39	421	38	422	35	423	33	404	30
Black	326	77	tern	396	92	371	81	359	80	362	78	336	69	364	75	324	65	293	59	307	60
Asian/Pacific Islander	207	44	to the In	235	48	249	47	260	47	264	44	220	35	253	38	273	39	287	39	258	32
SPA 1: Antelope Valley	122	72		109	61	124	66	110	58	106	52	131	65	125	61	124	60	125	56	110	45
SPA 2: San Fernando	822	54	changes	864	55	887	53	866	52	840	48	898	50	905	50	734	40	758	40	623	32
SPA 3: San Gabriel	677	49	of	806	58	784	52	749	50	806	52	822	51	756	45	729	43	679	39	608	33
SPA 4: Metro	474	53	Because	525	59	485	51	475	50	462	47	453	44	426	41	374	35	400	37	358	32
SPA 5: West	341	52	Bec	384	57	383	53	368	51	379	52	342	45	321	42	332	43	258	34	251	32
SPA 6: South	397	73		465	86	455	80	434	76	403	67	401	65	407	65	376	58	349	52	377	55
SPA 7: East	495	58		522	60	527	57	493	53	513	52	479	46	499	47	460	42	421	38	435	37
SPA 8: South Bay	594	54		744	67	745	63	733	62	651	64	676	64	635	49	638	48	600	44	535	37

## Suicide at a glance

Number 6 cause of premature death

Number 18 cause of death

For each of the past 10 years, suicide has been the fourth-, fifth-, or sixth-leading cause of premature death. In 2007, suicide was the third-leading cause of death for males aged 15 to 24 years. Suicide death rates have been consistently higher for men than for women, with white men having the highest rates overall. The age group with the highest suicide death rate is persons aged 75 years or older.

#### In simple terms . . .

Suicide refers to a person intentionally taking his or her own life.

#### Risk factors

Suicidal behavior is complex. Risk factors for suicidal behavior include mental illness such as depression or bipolar disorder, alcohol or drug abuse, previous suicide attempts, family history of suicide, history of being sexually abused, impulsive or aggressive tendencies, and having a firearm in the home.

#### Community opportunities for prevention

- ☐ Increase public awareness that suicide is preventable
- ☐ Educate health care providers and the public to identify and respond to persons at risk for suicide
- ☐ Provide access to mental health and substance abuse services.

#### Individual opportunities for prevention

- ☐ Limit access to lethal means of self-harm, including the stockpiling of prescription medications
- Remove firearms from the home
- ☐ If firearms are in the home, store them unloaded and locked with the ammunition locked separately
- Seek mental health counseling
- ☐ Get treatment for substance abuse
- ☐ Respond to threats of self-harm and do not leave a suicidal person alone

Los Angeles County deaths 667

Los Angeles County death rate
Healthy People 2010 Objective 18-1

6.6 suicides per 100,000 population
4.8 suicides per 100,000 population

**ICD-9 codes** E950-E959

**ICD-10 codes** \*U03, X60-X84, Y87.0

References National Institute of Mental Health at www.nimh.nih.gov

National Mental Health Information Center at www.mentalhealth.samhsa.gov

Referral Didi Hirsch Community Mental Health Center Suicide Prevention Center: 1-877-7-CRISIS

Figure T17. Trends in suicide mortality

	199	8	199	9	200	0	200	1	200	2	200	3	2004	4	200	5	200	6	200	7
	No. of deaths	Death rate*	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	794	0 1999-2007.	732	8	711	8	762	8	727	8	727	8	696	7	695	7	662	7	667	7
Males	625			14	562	14	608	14	564	13	582	13	537	12	524	11	506	11	529	11
Females	169	15 4 14 5 10 10 10 10 10 10 10 10 10 10 10 10 10	153	3	149	3	154	3	163	3	145	3	159	3	171	3	156	3	138	3
White	510	14	449	13	434	12	443	13	401	11	442	12	379	11	388	11	367	10	374	10
Hispanic	157	5 5	154	5	155	4	188	5	171	4	163	4	182	4	172	4	165	4	161	4
Black	64	7 7 2 2 2	52	6	57	6	51	5	72	8	55	6	42	4	50	5	47	5	48	5
Asian/Pacific Islander	62	2 (ICD), 1998 n	75	6	61	5	78	6	81	6	65	5	92	7	81	6	82	6	80	6
Males	206	23 8	. 242	21	227	20	250	20	207	17	242	20	204	16	206	16	270	16	297	17
White Hispanic		23 8 Piseases	343 132	8	337 130	8	350 161	9	297 151	8	342 148	8	284 154	8	286 146	16 6	279 133	16 6	137	7
Black	52	12 Je	44	11	44	11	40	9	55	14	45	11	32	8	37	9	40	10	38	9
Asian/Pacific Islander	46	the International Classification of		11	47	9	56	10	59	10	45	7	67	10	54	8	54	8	54	8
Females		Class																		
White	114	6 <i>leu</i>	106	6	97	5	93	5	104	6	100	6	95	5	102	6	88	5	77	4
Hispanic		2 2 z	22		25	1	27	1	20	1	15		28	1	29	1	32	1	24	1
Black	12	uter	8		13		11		17		10		10		13		7		10	
Asian/Pacific Islander	16	to the l			14		22	3	22	3	20	3	25	3	27	4	28	4	26	3
SPA 1: Antelope Valley	33	13 8	30	11	35	13	32	12	37	14	37	13	35	11	34	12	37	11	27	8
SPA 2: San Fernando	184	13 10 8 Of changes	167	9	165	9	177	9	148	7	162	8	159	8	154	7	145	7	168	8
SPA 3: San Gabriel	127	8 0	126	8	124	8	131	8	125	7	110	6	118	7	122	7	118	6	106	6
SPA 4: Metro	106	10 10 Because	111	10	89	8	98	8	97	9	97	8	78	7	89	7	81	6	88	7
SPA 5: West	65		63	9	66	10	54	8	61	9	65	10	59	8	70	10	56	8	53	7
SPA 6: South	37	5	42	5	46	5	44	5	44	5	41	4	46	5	33	3	46	5	38	4
SPA 7: East	93	8	63	6	76	7	82	7	70	6	80	6	67	5	67	5	57	4	65	5
SPA 8: South Bay	137	10	121	9	101	7	134	9	131	9	114	8	112	7	113	7	105	7	105	7

#### Figure T18. Trends in mortality from all causes of death

	199	98		199	9	200	0	200	1	200	2	200	3	200	4	200	)5	200	06	200	)7
	No. of deaths	Death rate*	7.	No. of deaths	Death rate*	No. of deaths	Death rate*														
Los Angeles County	58,923	797	1999-2007.	59,614	798	59,032	749	59,774	756	59,586	726	61,026	721	59,153	682	60,145	679	59,461	661	58,316	624
Males	29,723	968		29,674	955	29,660	902	29,968	908	29,968	871	30,907	867	29,839	818	30,308	812	30,035	793	29,630	753
Females	29,200	668	not be comparable to	29,940	677	29,372	630	29,806	637	29,618	610	30,119	599	29,314	575	29,837	572	29,426	556	28,686	522
White	35,435	857	00 e	35,120	849	34,697	804	34,189	801	33,672	773	34,105	772	32,324	727	32,101	716	31,376	705	30,593	673
Hispanic	10,670	620	ot b	11,189	640	11,107	594	11,879	622	11,969	588	12,803	594	12,632	561	13,574	573	13,783	556	13,429	506
Black	8,239	1,128	may ı	8,484	1,159	8,258	1,073	8,447	1,101	8,482	1,076	8,517	1,059	8,372	1,024	8,413	1,016	8,185	985	8,023	940
Asian/Pacific Islander	4,447	515	1998	4,690	522	4,787	494	5,085	211	5,255	496	5,352	476	5,591	473	5,820	468	5,884	454	6,088	440
Males			(ICD),																	1	
White	17,029	1,023	ses	16,664	1,000	16,577	950	16,360	946	16,171	912	16,454	911	15,615	856	15,336	836	15,182	831	14,872	797
Hispanic	5,962	782	of Diseases	6,199	796	6,179	742	6,446	758	6,596	723	7,100	731	6,950	691	7,517	712	7,440	673	7,370	617
Black	4,200	1,408		4,193	1,418	4,217	1,348	4,356	1,402	4,338	1,345	4,365	1,322	4,224	1,267	4,321	1,274	4,181	1,238	4,078	1,172
Asian/Pacific Islander	2,469	647	the International Classification	2,558	650	2,593	610	2,714	625	2,744	594	2,846	580	2,919	570	3,012	563	3,106	558	3,205	542
Females			lass																	1	
White	18,406	727	nal C	18,456	728	18,120	686	17,829	684	17,501	661	17,651	656	16,709	621	16,765	617	16,194	601	15,721	572
Hispanic	4,708	504	atio	4,990	526	4,928	484	5,433	521	5,373	486	5,703	487	5,682	462	6,057	482	6,343	466	6,059	416
Black	4,039	931	ıtern	4,291	979	4,041	880	4,091	893	4,144	882	4,152	863	4,148	848	4,092	466	4,004	802	3,945	771
Asian/Pacific Islander	1,978	414	to the Ir	2,132	425	2,194	404	2,371	424	2,511	420	2,506	395	2,672	398	2,808	826	2,778	376	2,883	361
SPA 1: Antelope Valley	1,711	892		1,788	911	1,778	863	1,862	884	1,961	894	2,075	921	1,972	870	2,137	917	2,125	868	2,109	808
SPA 2: San Fernando	11,821	744	changes	12,014	743	12,011	699	12,182	710	12,229	688	12,670	698	12,435	670	12,591	664	12,345	643	12,018	603
SPA 3: San Gabriel	10,585	750	of	10,784	752	10,747	709	10,828	713	10,827	685	10,895	664	10,582	627	11,074	641	10,736	612	10,569	577
SPA 4: Metro	6,974	765	Because	7,029	769	6,817	713	6,864	713	6,726	671	6,866	665	6,516	618	6,687	618	6,540	593	6,340	554
SPA 5: West	4,389	676	Bec	4,371	667	4,382	629	4,192	607	4,287	605	4,290	596	4,098	560	4,132	558	4,039	547	4,026	533
SPA 6: South	6,083	1,036		6,150	1,049	5,962	966	6,130	987	6,174	956	6,063	915	6,058	890	6,019	865	5,853	831	5,731	794
SPA 7: East	7,352	814		7,430	813	7,395	769	7,386	763	7,273	719	7,428	701	7,240	662	7,359	658	7,370	647	7,153	605
SPA 8: South Bay	9,681	843		9,714	836	9,590	783	9,786	797	9,759	769	9,992	763	9,453	702	9,796	711	9,739	696	9,629	661

# Mortality in Los Angeles County 2007 Appendix 1. Sample California Certificate of Death TH BUT NOT RESULTING IN THE UNDERLYING CAUSE GIVEN IN 107 CERTIFICATE OF DEATH STATE OF CAUFORNIA USE BLACK INK ONLY / NO ERASURES, WHITEOUTS OR ALTE O O Time Interval Between Onset and Death (AT) (DT)

#### Mortality in Los Angeles County 2007

#### Appendix 2. Los Angeles County population estimates and United States standard population

#### Los Angeles County population estimates, 2007

#### Age Group (years) Less than 1 1-4 5-14 15-24 25-34 35-44 45-54 55-64 65-74 75-84 Males 85+ All ages White 14,524 58,654 158,261 184,123 176,369 253,080 271,488 201,026 119,282 78,978 30,257 1,546,042 2,463,292 Hispanic 51,095 201,182 474,389 423,145 428,997 387,749 255,044 134,037 64,319 32,955 10,380 Black 6,426 25,522 74,496 52,441 66,281 62,231 39,158 24,959 3,717 72,141 11,572 438,944 Asian/Pacific Islander 8.692 29,756 76.288 95.538 94,784 104.173 101.244 70,875 40,701 23.568 8.013 653,632 421 2,292 1,905 2,576 American Indian/Alaska Native 142 1,926 2,536 1,641 937 391 157 14,924 80,879 All races 315,535 783,005 779.594 754,496 813,859 692.543 446,737 250,198 147.464 52,524 5,116,834 1-4 **Females** Less than 1 15-24 25-34 35-44 45-54 55-64 65-74 85+ 5-14 75-84 All ages 170,049 White 13,743 55,228 148,428 176,913 234,426 252,820 205,497 133,101 112,555 60,003 1,562,763 49,206 380,997 Hispanic 193,421 455,030 398,876 355,838 265,055 155,728 85,080 52,160 20,606 2,411,997 Black 6.231 51.378 32.980 24.357 70.337 76.606 61.974 78.718 73.309 19.316 8.819 504.025 Asian/Pacific Islander 8,151 27,810 71,894 90,611 103,648 119,231 119,117 83,431 50,592 33,607 12,906 720,998 American Indian/Alaska Native 131 416 1,924 2,214 1,815 2,501 2,700 2,127 1,075 551 341 15,795 77,462 301,232 747,613 745,220 718,483 790,714 713,001 498,161 302,828 218,189 102,675 All races 5,215,578 **Los Angeles County** Less than 1 1-4 5-14 15-24 25-34 35-44 45-54 55-64 65-74 75-84 85+ All ages White 113.882 346.418 406.523 90.260 28.267 306.689 361.036 487.506 524.308 252.383 191.533 3.108.805 Hispanic 100,301 394,603 929,419 822,021 809,994 743,587 520,099 289,765 149,399 85,115 30,986 4,875,289 Black 12,657 49,879 142,478 151,102 114,415 144,999 135,540 90,536 57,939 30,888 12,536 942,969 Asian/Pacific Islander 16.843 57,566 148,182 186.149 198,432 223,404 220.361 154,306 91,293 57,175 20,919 1,374,630 American Indian/Alaska Native 273 837 3,850 4,506 3,720 5,077 5,236 3,768 2,012 942 498 30,719

1,472,979

Notes: July 1, 2007 population estimates by Walter R. McDonald & Associates, Inc., released June 27, 2008.

616,767

1,530,618

1,524,814

158.341

#### United States standard population, 2000<sup>4</sup>

All races

#### Age Group (years)

1,604,573

1,405,544

944.898

553.026

365.653

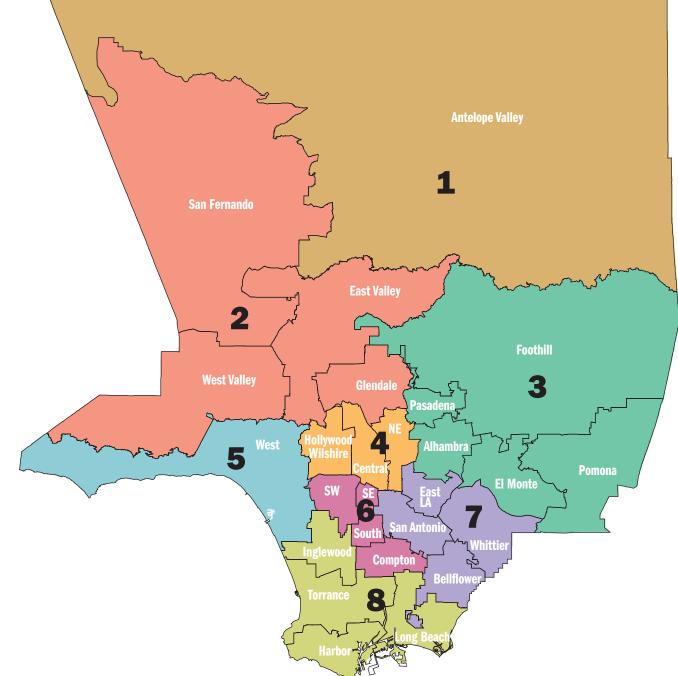
155.199

10,332,412

United States	Less than 1	1-4	5-14	15-24	25-34	35-44	45-54	55-64	65-74	75-84	85+	All ages
All races	3,794,901	15,191,619	39,976,619	38,076,743	37,233,437	44,659,185	37,030,152	23,961,506	18,135,514	12,314,793	4,259,173 274,6	33,642

<sup>&</sup>lt;sup>4</sup>Hoyert DL, Heron MP, Murphy SL, Kung H. Deaths: Final Data for 2003. National vital statistics reports; vol 54 no 13. Hyattsville, MD: National Center for Health Statistics. 2006.

Appendix 3. Health district and service planning area (SPA) boundaries



SPA 1 Antelope Valley

SPA 2 San Fernando

SPA 3 San Gabriel

SPA 4 Metro

SPA 5 West

SPA 6 South

SPA 7 East

SPA 8 South Bay includes Catalina Island

Health Districts are outlined and labeled.

#### Mortality in Los Angeles County 2007

## Appendix 4. Incorporated cities in Los Angeles County, by service planning area (SPA)

SPA 1 Antelope Valley Pop. 358,324	SPA 2 San Fernando Pop. 2,159,023	SPA 3 San Gabriel Pop. 1,875,213	SPA 4 Metro Pop. 1,262,029	SPA 5 West Pop. 640,698	SPA 6 South Pop. 1,044,901	SPA 7 East Pop. 1,379,712	SPA 8 South Bay Pop. 1,612,512
Lancaster	Agoura Hills	Alhambra	Los Angeles	Beverly Hills	Compton	Artesia	Avalon
Palmdale	Burbank	Arcadia	West Hollywood	Culver City	Los Angeles	Bell	Carson
	Calabasas	Azusa		Los Angeles	Lynwood	Bell Gardens	El Segundo
	Glendale	Baldwin Park		Malibu	Paramount	Bellflower	Gardena
	Hidden Hills	Bradbury		Santa Monica		Cerritos	Hawthorne
	La Canada	Claremont				Commerce	Hermosa Beach
	Flintridge	Covina				Cudahy	Inglewood
	Los Angeles	Diamond Bar				Downey	Lawndale
	San Fernando	Duarte				Hawaiian Gardens	Lomita
	Santa Clarita	El Monte				Huntington Park	Long Beach
	Westlake Village	Glendora				La Habra Heights	Los Angeles
		Industry				La Mirada	Manhattan Beach
		Irwindale				Lakewood	Palos Verdes
		La Puente				Maywood	Estates
		La Verne				Montebello	Rancho Palos
		Monrovia				Norwalk	Verdes
		Monterey Park				Pico Rivera	Redondo Beach
		Pasadena				Santa Fe Springs	Rolling Hills
		Pomona				Signal Hill	Rolling Hills
		Rosemead				South Gate	Estates
		San Dimas				Vernon	Torrance
		San Gabriel				Whittier	
		San Marino					
		Sierra Madre					
		South El Monte					
		South Pasadena					
		Temple City					
		Walnut					
		West Covina					





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Data are available online at http://dqs.hasten.ladhs.org/.

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