

MEDICAL SUPPORT SERVICES

These programs may help you find appropriate and affordable health services. (If you are also a Regional Center client, your Service Coordinator can help too.)

County Hospitals and Clinics	(800) 427-8700
Denti-Cal	(800) 322-6384
Genetically Handicapped Persons Program	(800) 639-0597
Health Consumer Center of L.A.	(800) 896-3203
In-Home Operations	(213) 897-6774
LA Care Health Plan	(888) 452-2273
Medi-Cal Assistance	(877) 597-4777
Shriners Hospital	(800) 237-5055

RECREATIONAL SERVICES

Social activities for individuals to enhance well being.

Ability First (Central Office)	(626) 396-1010
California Pools of Hope	(310) 537-2224
Casa Colina Centers	(800) 926-5462

REGIONAL CENTERS

Regional Centers provide coordination of resources such as education, health, rehabilitation and recreation for individuals with developmental disabilities.

Eastern Los Angeles Regional Center	(626) 299-4700
Frank D. Lanterman Regional Center	(213) 383-1300
Harbor Regional Center	(310) 540-1711
North Los Angeles Regional Center	(818) 778-1900
San Gabriel/Pomona Regional Center	(909) 620-7722
South Central LA Regional Center	(213) 744-7000
Westside Regional Center	(310) 258-4000

TECHNOLOGY

These agencies provide information and services that help with computer, environmental control and augmentative communication access. Some of these programs require fees for their services. Ask if there are fees for services when you call.

Computer Access Center	(310) 338-1597
Center for Applied Rehabilitation Technology (CART)	(562) 401-6800
Center of Assistive Technology (CAT)	(323) 539-2128
Community Rehabilitation Services (Central Office)	(323) 266-0453
Disabled Resources Center, Inc.	(562) 427-1000 (ext. 17)
Team of Advocates for Special Kids (TASK)	(323) 751-6195

TRANSPORTATION

These agencies may help you get around your community. If you need a van with a lift, please ask if one can be provided.

Access Services, Inc.	(800) 827-0829
Commute (Transportation Information Line)	(800) 266-6883
Health Link Medi-Van, Inc	(800) 794-4633
MTA Services	(800) 621-7828
RIDEINFO	(800) 431-7882

VOCATIONAL/REHABILITATION

These agencies can help you develop skills for independent living, provide pre-vocational training, and prepare for employment. (If you are also a Regional Center client, your Service Coordinator can help too.)

Ability First (Central Office)	(626) 396-1010
Braille Institute Youth Center	(323) 663-1111
Community Rehabilitation Services (Central Office)	(323) 266-0453
* California Department of Rehabilitation	Dial 211
Casa Colina Centers for Rehabilitation	(800) 926-5462
Disabled Resources Center, Inc.	(562) 427-1000
* Employment Development Department	Dial 211
Exceptional Children's Foundation	(310) 204-3300
Foundation for the Junior Blind (Davidson Program)	(800) 352-2290
* Independent Living Center	Dial 211
Regional Occupational Program (ROP)	(562) 922-6850

* [211 LA County ... \(Previous known as Info Line\) ..Dial 211](#)

A non-profit referral agency which helps with resources for housing, shelter, food, legal aid, counseling, and more.

All County Areas	(800) 339-6993
TDD (hearing impaired)	(800) 660-4026

WEBSITES

These websites provide information on various programs such as education, employment, housing, financial assistance, and more.

http://www.lila.ucla.edu	(Living Independently in L.A.)
http://www.ataccess.org	(Alliance for Technology Access)
http://www.cac.org	(Computer Access Center)
http://www.cafec.org	(Family Empowerment Center)
http://www.cfilc.org	(California Independent Living Centers)
http://www.dhs.cahwnet.gov	(Dept of Health Services Program)
http://www.disabilityinfo.gov	(Online resource information)
http://www.govbenefits.gov	(Government benefit program Information)
http://lacountyhelps.org	(Online health & human services information)
http://www.rancho.org	(Rancho Los Amigos National Rehab Center)

CALIFORNIA CHILDREN'S SERVICES

Social Work Unit
9320 Telstar Avenue
El Monte, CA 91731
(800) 288-4584

* *To find a location near you, Dial "211"*



County of Los Angeles

Department
Of
Public Health

California
Children's
Services



Resource Guide

August 2006

We hope this brochure helps you and your family find community support as you prepare to transition out of California Children's Services (CCS).

If we can help any further, please call us at (800) 288-4584.

ASSOCIATIONS AND FOUNDATIONS

National associations that provide families with education, resource, and support services.

American Diabetes Association	(800) 232-3472
American Red Cross	(800) 675-5799
Arthritis Foundation	(800) 283-7800
Betty Clooney Foundation/Brain Injury.....	(888) 824-6724
Brain Injury Association/USA	(800) 444-6443
Easter Seals	(800) 281-8108
Epilepsy Foundation	(800) 564-0445
Familia Unida Living w/MS.....	(323) 261-5564
Fiesta Educativa: Spanish Speaking Support Group	(323) 221-6696
FUERZA-Spanish Speaking Cerebral Palsy Group	(800) 200-4323
Make-A-Wish Foundation	(800) 322-9474
Mexican American Opportunity Foundation	(323) 890-9600
Muscular Dystrophy Association, Inc	(310) 450-9032
National Multiple Sclerosis Society	(800) 344-4867
Spina Bifida Association	(323) 669-2542
United Cerebral Palsy Association	(818) 782-2211

COUNSELING SERVICES

For individuals in crisis.

AIDS Hotline	(800) 367-2437
Alcoholism, Drug Abuse Referral Helpline	(800) 252-6465
Child Protection Hotline	(800) 540-4000
California Youth Crisis Line	(800) 843-5200
Comforting Heart Support Group	(626) 308-8222
Dependent Adult Abuse Hotline	(888) 202-4248
Department of Mental Health, L.A. County	(800) 854-7771
Drug Information Helpline 24 hours	(800) 729-6686
Families Anonymous	(800) 736-9805
National Sexual Assault Hotline (Rape, Abuse, Incest)	(800) 656-4673
Suicide Prevention Center	(877) 727-4747
Trevor Helpline (Gay and Lesbian Talkline).....	(866) 488-7386

DEPARTMENT OF SOCIAL SERVICES

These agencies may help you with financial assistance and employment services to ease hardship and encourage economic independence.

Dept of Public Social Services Central Helpline	(877) 481-1044
Cal-Works	(877) 481-1044
Cal-Learn (for Teen Moms)	(877) 481-1044
* Cash Assistance Program for Immigrants (CAPI)	Dial 211
* General Relief Opportunities for Work (GROW)	Dial 211
In-Home Supportive Services (IHSS).....	(888) 944-4477
Medi-Cal Assistance.....	(877) 597-4777
Supplemental Security Income (SSI)	(800) 772-1213

EDUCATION

These phone numbers connect you to the college's disabled student program and services.

Community Colleges:

Antelope Valley College	(661) 722-6360
Canyons, College of The.....	(661) 362-3341
Cerritos College.....	(562) 860-2451 (ext. 2335)
Chaffey College	(909) 941-2332
Citrus College	(626) 914-8675
Compton College.....	(310) 900-1600 (ext. 2406)
El Camino College.....	(310) 660-3296
East Los Angeles College	(323) 265-8681
Fullerton College	(714) 992-7270
Glendale Community College.....	(818) 240-1000 (ext. 5905)
Long Beach City College	(562) 938-4558
Los Angeles City College	(323) 953-4000 (ext. 2270)
Los Angeles Harbor College	(310) 233-4620
Los Angeles Mission College	(818) 364-7732
Los Angeles Pierce College	(818) 719-6430
Los Angeles Southwest College.....	(323) 241-5480
Los Angeles Trade -Tech College.....	(213) 763-3773
Los Angeles Valley College.....	(818) 947-2681
Mt. San Antonio College.....	(909) 594-5611 (ext. 4290)
Pasadena City College	(626) 585-7127
Rio Hondo College	(562) 908-3420
Santa Monica College	(310) 434-4265
West Los Angeles College	(310) 287-4450

This program may help you improve your reading and writing skills.

Literacy Program (Central Office)	(562) 940-8511
---	----------------

FAMILY SELF-HELP RESOURCES

These provide parent-to-parent and peer-to-peer support, information, and resources on raising a child with special needs and finding appropriate services.

Family Focus Empowerment Center	(818) 677-5575
Family Resource Centers (FRCs) (Referral)	(866) 828-8275
Family Voices	(888) 835-5669
SLAYD (Peer to Peer Support).....	(323) 373-0483
Westside Family Resource & Empowerment Ctr	(310) 258-4063

HOUSING

These agencies may help you find affordable/accessible housing. (If you are also a Regional Center client, your Service Coordinator can help too.)

Alpha Property Management, Inc	(323) 231-4174 (ext. 129)
City Housing Program:	
Baldwin Park Housing	(626) 813-5285
Norwalk	(562) 929-5588
Pasadena	(626) 744-8300
Pomona	(909) 620-3764
Fair Housing Foundation.....	(800) 446-3247
LA County "Section 8"	(800) 731-4663
LA Housing Dept (Renter's Rights & Landlord).....	(800) 994-4444
LA Housing Authority(Conventional Housing)	(213) 353-1000

LEGAL AND ADVOCACY

These agencies may offer legal advice/guidance for conservatorship, disabled people's rights, and legal representation. (If you are also a Regional Center client, your Service Coordinator can help too.)

Catholic Charities Legal Immigration.....	(213) 251-3411
Conservatorship:	
Levitt & Quinn.....	(213) 482-1800
Public Counsel	(213) 385-2977
Office of the Public Guardian-Conservatorships	(213) 974-0515
International Institute of LA/Refugee Services (Central Office)....	(323) 224-3800
Legal Aid Foundation of LA.....	(323) 801-7989
Legal Protection	(323) 721-9882
Mental Health Advocacy Services	(213) 389-2077
Office of Client's Rights Advocacy	
(For Regional Center Client Only)	(800) 390-7032
Protection and Advocacy	(800) 776-5746
Single Parents United 'n' Kids (SPUNK).....	(562) 432-8802
Team of Advocates for Special Kids (TASK).....	(323) 751-6195
Victim of Violent Crimes.....	(800) 777-9229