VOCATIONAL/REHABILITATION

These programs can help you develop skills for independent living, provide pre-vocational training, and prepare for employment. (If you are also a Regional Center client, your Service Coordinator can help too.)

- Ability First (Central Office) ............................................ (626) 396-1010
- Braile Institute Youth Center ......................................... (323) 663-1111
- Community Rehabilitation Services (Central Office) .... (323) 266-0433
- California Department of Rehabilitation ...................... Dial 211
- Casa Colina Centers for Rehabilitation ........................ (800) 926-5462
- Disabled Resources Center, Inc. ................................. (562) 427-1000
- Employment Development Department ....................... Dial 211
- Exceptional Children's Foundation .............................. (310) 545-3300
- Foundation for the Junior Blind (Davidson Program) .... (800) 352-2290
- Independent Living Center ......................................... Dial 211
- Regional Occupational Program (ROP) ...................... (562) 922-6850

* 211 LA County … (Previous known as Info Line). Dial 211

A non-profit referral agency which helps with resources for housing, shelter, food, legal aid, counseling, and more.

All County Areas ....................................................... (800) 339-6993
TDD (hearing impaired) ............................................. (800) 660-4026

WEBSITES

These websites provide information on various programs such as education, employment, housing, financial assistance, and more.

- http://www.lila.ucla.edu .......................................... (Living Independently in L.A.)
- http://www.ataccess.org ........................................... (Alliance for Technology Access)
- http://www.cac.org ...................................................(Computer Access Center)
- http://www.cafec.org ...................................................(Family Empowerment Center)
- http://www.clic.org ...................................................(California Independent Living Centers)
- http://www.disableinfo.gov ...................................... (Online resource information)
- http://www.dhs.ca.gov .............................................. (Dept of Health Services Program)
- http://www.govbenefits.gov ..................................... (Government benefit program Information)
- http://lacountyhelps.org .......................................... (Online health & human services Information)
- http://www.rancho.org ............................................ (Rancho Los Amigos National Rehab Center)

CALIFORNIA CHILDREN'S SERVICES

Social Work Unit
9320 Telstar Avenue
El Monte, CA 91731
(800) 288-4584

* To find a location near you, Dial “211”
We hope this brochure helps you and your family find community support as you prepare to transition out of California Children's Services (CCS).

If we can help any further, please call us at (800) 288-4584.

ASSOCIATIONS AND FOUNDATIONS

National associations that provide families with education, resource, and support services.

American Diabetes Association ........................................ (800) 232-3472
American Red Cross ....................................................... (800) 675-7999
Arthritis Foundation ....................................................... (800) 283-7800
Army Injury Foundation ................................................... (888) 824-6724
Brain Injury Association/USA ........................................ (800) 444-6443
Cancer Services Network .................................................. (800) 224-5204
Cerebral Palsy Association ................................................ (800) 800-4571
Cerebral Palsy Resource Center ........................................ (866) 824-6724
Cystic Fibrosis Foundation ................................................ (800) 332-6555
Families Anonymous ....................................................... (800) 736-9805
Family Resource Centers (FRCs) (Referral) ....................... (866) 824-6724
Family Voices ................................................................. (888) 835-5669
Family Focus Empowerment Center ................................ (818) 677-5575
Family Violence Prevention Fund ....................................... (888) 835-5669
General Relief Opportunities for Work (GROW) ................. Dial 211
Genetic Centers Network ................................................ (800) 767-9711
GLAAD ................................................................. (212) 219-1333
The Helen Hilarides Foundation ......................................... (818) 487-1773
HIV/AIDS Foundation ..................................................... (800) 421-7277
Hoover Center for Research on Emergency Shelter ............... (800) 222-2345
Hoover Center for Research on Social Policy ....................... (800) 222-2345
Human Rights Campaign ................................................ (800) 888-4292
In-Home Supportive Services (IHSS) ................................ (888) 944-4477
Justice at Work ............................................................... (800) 775-5844
Medi-Cal Assistance ......................................................... (877) 597-4777
Supplemental Security Income (SSI) ................................ (800) 772-1213

EDUCATION

These phone numbers connect you to the college's disabled student program and services.

Community Colleges:

Antelope Valley College .............................................. (661) 722-6360
Canyons College of Th ................................................. (661) 362-3341
Cerritos College .......................................................... (562) 860-2451 (ext. 2335)
Chaffey College .......................................................... (909) 541-2332
Citrus College ............................................................... (626) 914-8675
Compton College ......................................................... (310) 900-1600 (ext. 2406)
El Camino College ......................................................... (310) 660-3296
East Los Angeles College ............................................... (323) 285-6681
Fullerton College ......................................................... (714) 559-2270
Glendale Community College ....................................... (818) 240-1000 (ext. 5905)
Long Beach City College............................................... (562) 938-4558
Los Angeles City College ............................................... (323) 953-4000 (ext. 2270)
Los Angeles Harbor College ......................................... (310) 233-4620
Los Angeles Mission College ......................................... (818) 364-7732
Los Angeles Pierce College ............................................ (818) 719-6430
Los Angeles Southwest College ..................................... (323) 241-5480
Los Angeles Trade -Tech College .................................... (213) 763-3773
Los Angeles Valley College ................................ .......... (818) 947-2681
Mt. San Antonio College ............................................... (909) 594-5611 (ext. 4290)
Pasadena City College ................................................. (626) 585-7127
Rio Hondo College ...................................................... (562) 908-3420
Santa Monica College .................................................. (310) 434-4265
West Los Angeles College ............................................ (310) 287-4450

This program may help you improve your reading and writing skills.

DEPARTMENT OF SOCIAL SERVICES

These agencies may help you with financial assistance and employment services to ease hardship and encourage economic independence.

Dept of Public Social Services Central Helpline ...................... (877) 481-1044
Cal-Works ........................................................................ (877) 481-1044
Cal-Learn (for Teen Moms) .............................................. (877) 481-1044
Cash Assistance Program for Immigrants (CAPI) .......... Dial 211
General Relief Opportunities for Work (GROW) .......... Dial 211
In-Home Supportive Services (IHSS) ............................... (888) 944-4477
Medi-Cal Assistance ....................................................... (877) 597-4777
Supplemental Security Income (SSI) ............................... (800) 772-1213

LEGAL AND ADVOCACY

These agencies may offer legal advice/guidance for conservatorship, disabled people’s rights, and legal representation. (If you are a Regional Center client, your Service Coordinator can help too.)

Catholic Charities Legal Immigration ...................................(213) 251-3411
Conservatorship:

Levitt & Quim ............................................................... (213) 482-1800
Public Counsel .............................................................. (213) 385-2977
Office of the Public Guardian-Conservatorships ............ (213) 974-0515
International Institute of LA/Refugee Services (Central Office) ... (323) 224-3800
Legal Aid Foundation of LA ........................................... (213) 381-7989
Legal Protection ............................................................ (213) 721-9882
Mental Health Advocacy Services .................................. (213) 389-2077
Office of Client’s Rights Advocacy ................................ (For Regional Center Client Only) (800) 390-7032
Protection and Advocacy ............................................... (800) 776-5746
Single Parents United ‘n’ Kids (SPUNK) ......................... (562) 432-8802
Team of Advocates for Special Kids (TASK) ................. (323) 751-6195
Victim of Violent Crimes (800) 777-9229

FAMILY SELF-HELP RESOURCES

These provide parent-to-parent and peer-to-peer support, information, and resources on raising a child with special needs and finding appropriate services.

Family Focus Empowerment Center ............................... (818) 677-5575
Family Resource Centers (FRCs) (Referral) ....................... (866) 824-6724
Family Voices ............................................................... (888) 835-5669
SLAYD (Peer to Peer Support) ........................................ (323) 373-0483
Westside Family Resource & Empowerment Ctr .............. (310) 258-4063

HOUSING

These agencies may help you find affordable/accessible housing. (If you are also a Regional Center client, your Service Coordinator can help too.)

Alpha Property Management, Inc .................................... (323) 231-4174 (ext. 129)
Baldwin Park Housing .................................................. (626) 813-5285
Mental Health Foundation .............................................. (323) 669-2542
Pasadena ................................................................. (626) 744-8300
Pomona ........................................................................ (909) 620-3764
LA Housing Authority(Conventional Housing) ............... (213) 353-1000

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