

Register online: <http://tinyurl.com/hkvogno>
or

Register by Mail: 1821A Speyer Ln. Redondo Beach, CA 90278		Price
<input type="checkbox"/>	Early Bird - on or before 2/24/17	\$100
<input type="checkbox"/>	General - on or after 2/25/17	\$115
<input type="checkbox"/>	Donation - to help La Leche League provide ongoing support for mothers and babies all over southern CA.	
Total:		\$_____
Email Address - required to receive confirmation		
Email:		
Name:		
Job Title:		
Company/Hospital:		
Billing Address:		
Billing City, Zip:		
Phone:	<input type="checkbox"/> IBCLC? If yes, check this box <input type="checkbox"/> RN? License # _____ <input type="checkbox"/> I prefer a vegetarian meal	
Method of Payment <input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard	Credit Card #	
CCV	Billing Zip	Expiration Date
Signature		

Sponsored by:

La Leche League
Pacific Horizons

Co-sponsored by:

Antelope Valley Breastfeeding Coalition
Antelope Valley Hospital
WIC Program Antelope Valley Hospital
PAC/LAC

Red Flags! When is Exclusive Breastfeeding Not a Safe Care Plan?

Identifying and Supporting the At-Risk Breastfeeding Dyad

Register now!

Friday March 3, 2017
Antelope Valley Hospital

Location

Antelope Valley Hospital
City of Hope Building
44151 15th Street West
Lancaster, CA 93534



Target Audience:

Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, Lactation Consultants & Educators, LLL Leaders, Breastfeeding USA Counselors, Health Educators, CPHWs, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors, Students, and others interested in supporting families in the initiation and maintenance of breastfeeding.



About the Faculty

Susan Aldana, IBCLC and Karen Peters, MBA, RD, IBCLC

Susan and Karen are experienced breastfeeding instructors. They have been faculty members of BreastfeedLA and taught the Birth and Beyond Los Angeles course throughout California assisting hospitals to meet the staff education requirement of the Baby-Friendly Hospital Initiative. They are accredited La Leche Leaders, Board Certified Lactation Consultants and LLLI Peer Counselor Program Administrators.

Session Descriptions

Exclusively breastfeeding babies require appropriate assessment and monitoring to ensure that they are **receiving adequate nutrition**. In order to prevent excessive weight loss, dehydration and hospital readmission, **we will discuss the red flags that alert us to breastfeeding dyads who require an alternate care plan**. Hear how anticipatory guidance, preventive use of mothers own milk, and hand expression can be employed to support breastfeeding.

When **excessive weight loss or jaundice** occurs, breastfeeding mothers need specific **guidance on what and how to supplement**, and **when and how to safely reduce supplementation** and **achieve exclusive breastfeeding**. We will also explore care plans when exclusive breastfeeding is not possible.

“Not enough milk” is the most common reason for breastfeeding cessation. Yet, there are many often interrelated causes of insufficient milk supply. No matter the root cause, many women lose confidence in their ability to make enough milk. **We will discuss strategies you can use to help mothers develop trust in their body, initiate a robust milk supply, or increase a low milk supply**.

Case studies and scenarios will wrap up the day so that we can **practice the information** from the earlier sessions **to support exclusive breastfeeding and keep babies safe from lack of milk**.

Session Objectives

Following the didactic presentations, the participants will be able to:

- List three dangers of undifferentiated lactation management.
- Identify three strategies for increasing the use of mothers own milk in preventive supplementation.
- List six strategies to increase milk supply.
- Describe 4 steps to implement weaning from supplementation and restoring exclusive breastfeeding.

Registration Fees

Registration includes continental breakfast, lunch, and continuing education credit.

LLL Leaders 50% discount, contact Rhonda at events@LLLPacificHorizons.org for discount code.

Free parking is available directly in front of the building.



	Schedule
9:00 AM	Registration
9:30 AM	Keeping the Breastfed Baby Safe: Time-sensitive identification of at-risk mothers and infants
10:45 AM	Break
11:00 AM	Excessive Weight Loss and Elevated Bilirubin: Developing care plans to ensure adequate infant intake and support the breastfeeding relationship
	Lunch
1:15 PM	Insufficient Milk Supply: Helping mothers make more milk
2:30 PM	Break
2:45 PM	Putting It Into Practice: Case Studies
4:00 PM	Adjourn

Participant Confirmation and Handouts

Registration confirmation will be sent to participants providing an e-mail address. If available, presentation handouts are sent via e-mail 2 business days prior to the seminar.

Cancellation Policy Written cancellations received one week prior to the event will be granted subject to a \$5 fee. No refunds after this date.

Continuing Education Credit

- **Nurses:** The Perinatal Advisory Council – Leadership, Advocacy and Consultation (PAC/LAC) is an approved provider by the California Board of Registered Nursing Provider CEP 5862. This course is approved for 6 contact hours of continuing education credit.
- **Lactation Consultants:** Application for Continuing Education Recognition Points has been submitted to the International Board of Lactation Consultant Examiners.
- **Registered Dietitians:** Maintain a copy of the agenda and certificate for CPEs for the Professional Development Portfolio.
- **Childbirth Educators:** Most childbirth education associations accept the CERPs (5L) for lactation consultants.