Your Foster Child’s Health Checkup Will Include:

❤️ A history of growth, development and health.
❤️ A head-to-toe physical exam.
❤️ A record of height and weight.
❤️ A review of eating and dental habits.
❤️ Beginning at age 3, hearing and vision testing.
❤️ Necessary immunizations.
❤️ Blood and urine tests and a check for tuberculosis, when needed.

Answers to your questions and an explanation of the results of the health checkup.

If the tests show a need for further treatment, it is important to follow the advice given to you.

Do You Have Questions?

If you have any questions or concerns about the checkup your foster child received, OR

If you need assistance finding a doctor or dentist in your area who will accept the Medi-Cal plan that your child has, call the CHDP Program at (800) 993-2437

The Child Health and Disability Prevention (CHDP) Program provides health exams for children to find and treat health problems early in life. These well-child check-ups are given at no cost to you because your child is in the Medi-Cal Program.

Free Health Check-ups for Children in Foster Care

Los Angeles County CHDP Program
9320 Telstar Ave, Suite 226
El Monte, CA 91731
Phone: 1-800-993-2437
Fax: 626-569-9350
April 1, 2004
Frequent Checkups Are Important

The Medi-Cal program will pay for frequent checkups for children in Foster Care. Take your child for a checkup at each of the following ages:

**Six checkups** are needed during the first year of life:
- Under 1 month
- 1-2 months
- 3-4 months
- 5-6 months
- 7-9 months
- 10-12 months

**Two checkups** are needed during the second year of life:
- 13-15 months
- 16-18 months

**One checkup** is needed every year between the ages of 2 and 19 years.

Foster Children Need Good Health Care

Regular health check-ups are an important part of care you give your foster child. Often foster children have had little or no health care. They may have more health problems than other children and have problems that you cannot see. A health problem found and treated at an early stage may prevent further complications and decrease medical costs.

California Children’s Services

For more complex health problems, referrals can be made to California Children’s Services (CCS). CCS is a program dedicated to the medical care of children who are at risk for or who have serious, chronic and disabling physical conditions or diseases. The program also provides medical case management and financial assistance for eligible children.

For more information call: (800) 288-4584

Let’s See That Smile!

Children who are 3 years and older should receive a regular dental checkup once a year.

**Call now for an appointment**

The child’s own doctor is the best person to give the health checkups.

For an appointment, call:
- The child’s doctor or dentist (must accept the Medi-Cal plan that your child has).
- A nearby clinic or health center.

**Remember to bring...**

At the time of the appointment, please be sure to bring the following items for your child:
- Immunization (shot) record
- Medi-Cal card
- Health Passport or any available health records.