



The foundation of family-centered care is the partnership between families and professionals. Our key principles:

- Families and professionals work together in the best interest of the child and family. As the child grows, (s)he assumes a partnership role.
- Everyone respects the skills and expertise brought to the relationship.
- Trust is acknowledged as fundamental.
- Communication and information sharing are open and objective.
- Participants make decisions together.
- There is a willingness to negotiate.

<p>Early Start Family Resource Centers (ESFRC) 10 Countywide</p>	<p>Family Empowerment Centers (FEC) 3 Countywide: WREC, NLAFCRC, Parents' Place</p> <p>Parent Training & Information Centers (PTI) TASK</p> <p>Community Parent Resource Centers (CPRC) 2 Countywide: Chinese Parents Assn. for the Disabled (CPAD) and Fiesta Educativa</p>	<p>Family Voices of California (FVCA) 1 Countywide: Eastern Los Angeles FRC</p>	<p>Regional Centers 7 Countywide ELAFCRC, HRC, LRC, NLARC, SCLARC, SGPRC, WRC</p>
<p>Ages 0-3 Focus on families of infants and toddlers at risk of or with developmental delays and disabilities</p>	<p>Ages 0 to 26 Focus on families who have children to young adults with disabilities, Note: FECs serve families with children 3-22.</p>	<p>Ages 0-Young Adult Focus on families of infants to young adults with special health care needs</p>	<p>All Ages People with qualifying developmental disabilities</p>
<p>Support families who have children with:</p> <ul style="list-style-type: none"> ■ disabilities ■ special health care needs ■ at risk of developmental delays <p>More info at www.dds.ca.gov/EarlyStart/FamilyResources.cfm</p>	<p>Support families who have children with:</p> <ul style="list-style-type: none"> ■ educational needs ■ any disability where parents need information, training, and support <p>More info at: www.cde.ca.gov/sp/se/qa/caprntorg.asp</p>	<p>Support families who have children with:</p> <ul style="list-style-type: none"> ■ special health care needs <p>More info at: www.familyvoicesofca.org</p>	<p>Support families who have children with:</p> <ul style="list-style-type: none"> ■ Intellectual disability, cerebral palsy, epilepsy, autism <p>More info at: www.dds.ca.gov/General/Eligibility.cfm</p>
<p>ESFRCs provide:</p> <ul style="list-style-type: none"> ■ parent-to-parent support ■ information and referral ■ transition assistance when the child is approaching age three <p><i>Some ESFRCs offer services to families of children over age 3. If an ESFRC cannot help, ask if there is another center in the network that can.</i></p>	<p>FECs provide:</p> <ul style="list-style-type: none"> ■ family education ■ empowerment ■ parent-professional activities in order to help children obtain a quality education, ages 3-22 <p>PTIs and CPRCs provide:</p> <ul style="list-style-type: none"> ■ training and information to parents of infants, toddlers, children, and youth with disabilities and professionals (PTIs to age 26) ■ service to all disabilities (emotional, learning, mental, and physical) ■ CPRCs focus on underserved populations such as specific ethnic/racial groups and communities (all ages) 	<p>FVCA agencies provide:</p> <ul style="list-style-type: none"> ■ advocacy to improve policies and systems of care for children with special health care needs ■ information and education to families and professionals regarding health care for these children 	<p>Regional Centers provide:</p> <ul style="list-style-type: none"> ■ diagnosis and assessment of eligibility and help plan, access, coordinate and monitor the services and supports that are needed because of a developmental disability.

Areas Served	Regional Centers	Address / Fax	Family Resource Centers	Address / Fax
East & Northeast LA, West San Gabriel Valley, Whittier, surrounding cities	Eastern Los Angeles Regional Center (ELARC) (626) 299-4700 ♦ www.elarc.org	1000 S. Fremont Avenue Alhambra, CA 91803 Fax: (626) 281-1163	Eastern Los Angeles Family Resource Center (626) 300-9171 ♦ www.elafrc.org	1000 S. Fremont Ave, Unit 35 Alhambra, CA 91803 Fax: (626) 300-9164
Harbor City, Harbor Gateway, Lomita, San Pedro, Wilmington, Carson	Harbor Regional Center (HRC) (310) 540-1711 ♦ www.harborrc.org	21231 Hawthorne Blvd., Torrance, CA Fax: (310) 540-9538	Carolyn Kordich Family Resource Center (310) 325-7288 ♦ www.ckfrc.org	1135 W. 257th Street Harbor City, CA 90710 Fax: (310) 325-7288
Lakewood, Long Beach, Signal Hill	Harbor Regional Center (HRC) (310) 540-1711 ♦ www.harborrc.org	21231 Hawthorne Blvd., Torrance, CA Fax: (310) 540-9538	Long Beach Family Resource Center at Miller Children's Hospital (562) 933-8048 ♦ www.millerchildrenshospitallb.org	2801 Atlantic Ave. Long Beach, CA 90806 Fax: (562) 933-8430
Hermosa, Redondo & Manhattan Bch, Palos Verdes, Catalina, Torrance	Harbor Regional Center (HRC) (310) 540-1711 ♦ www.harborrc.org	21231 Hawthorne Blvd., Torrance, CA Fax: (310) 540-9538	Harbor Regional Center Resource & Assistive Technology Center (888) 540-1711 ♦ www.harborrc.org	21231 Hawthorne Blvd. Torrance, CA 90503 Fax: (310) 540-8471
Artesia, Bellflower, Cerritos, Hawaiian Gardens, Lakewood, Norwalk	Harbor Regional Center (HRC) (310) 540-1711 ♦ www.harborrc.org	21231 Hawthorne Blvd., Torrance, CA Fax: (310) 540-9538	Southeast Family Resource Center (562) 926-7256 ♦ Fax: (562) 926-7254 www.familyresourcenetworklac.org/se_frc.asp	15415 Pioneer Bl., Norwalk, CA 90650. Mailing Address: PO Box 307, Lakewood, CA 90714
School Districts of the South Bay area	Harbor Regional Center (HRC) (310) 540-1711 ♦ www.harborrc.org	21231 Hawthorne Blvd., Torrance, CA Fax: (310) 540-9538	Southwest SELPA Family Resource Center (310) 944-3217 ♦ www.swselpa.org	320 Knob Hill Ave. Redondo Beach, CA 90277 Fax: (310) 798-2978
Central LA and surrounding cities	Lanterman Regional Center (LRC) (213) 383-1300 ♦ www.lanterman.org	3303 Wilshire Blvd, Ste 700 Los Angeles, CA 90010 Fax: (213) 353-6526	Koch-Young Resource Center at Frank D. Lanterman Regional Center (213) 252-5600 ♦ www.lanterman.org	3303 Wilshire Blvd, #700 Los Angeles, CA 90010 Fax: (213) 736-5170
San Fernando Valley cities	North Los Angeles Regional Center (NLARC) (661) 775-8450 ♦ www.nlacrc.org	9200 Oakdale Avenue, Ste 100 Chatsworth, CA 91311 Fax: (818) 756-6140	Family Focus Resource & Empowerment Center (818) 677-5755 ♦ www.csunfamilyfocus.com	18111 Nordhoff St, E109 Northridge, CA 91330-8265 Fax: (818) 677-5574
Santa Clarita Valley cities	North Los Angeles Regional Center (NLARC) (661) 775-8450 ♦ www.nlacrc.org	9200 Oakdale Avenue, Ste 100 Chatsworth, CA 91311 Fax: (818) 756-6140	Family Focus Resource & Empowerment Center - Santa Clarita Valley Branch (661) 294-9715 ♦ www.csunfamilyfocus.com	25360 Magic Mountain Prkwy, Ste 150, Santa Clarita, CA 91355 Fax: (661) 291-1060
Antelope Valley cities	North Los Angeles Regional Center (NLARC) (661) 775-8450 ♦ www.nlacrc.org	9200 Oakdale Avenue, Ste 100 Chatsworth, CA 91311 Fax: (818) 756-6140	Family Focus Resource & Empowerment Center - Antelope Valley Branch (661) 945-9598 ♦ www.csunfamilyfocus.com	43210 Gingham Avenue Lancaster, CA 93535 Fax: (661) 919-2784
San Gabriel Valley cities, Pomona and surrounding cities	San Gabriel Pomona Regional Center (SGPRC) (909) 620-7722 ♦ www.sgprc.org	75 Rancho Camino Drive Pomona, CA 91766	Parents' Place Family Resource & Empowerment Center (626) 919-1091 ♦ www.parentsplacefrc.com	1500 S. Hyacinth Avenue, Ste B West Covina, CA 91791 Fax: (626) 919-2784
South Central, Southeast & Southwest LA, and surrounding cities	South Central Los Angeles Regional Center (SCLARC) (213) 744-7000 ♦ www.sclarc.org	2500 S. Western Avenue Los Angeles, CA 90018	McClaney Family Resource Center (213) 744-8882 ♦ www.sclarc.org	2500 S. Western Avenue Los Angeles, CA 90018 Fax: (213) 986-3037
West LA and surrounding cities	Westside Regional Center (WRC) (310) 258-4000 ♦ www.westsiderc.org	5901 Green Valley Circle, #320 Culver City, CA 90230 Fax: (310) 649-1024	Westside Family Resource & Empowerment Center (310) 258-4063 ♦ www.wfrec.org	5901 Green Valley Circle, #320 Culver City, CA 90230 Fax: (310) 338-9664

Community Parent Resource Centers (CPRC)

Fiesta Educativa
(323)221-6696
www.fiestaeducativa.org

Chinese Parents Assn. for the Disabled (CPAD)
(626) 307-3837
www.cpad.org

Parent Training & Information Centers (PTI)

TASK
(714) 533-8275
www.taskca.org

Family Empowerment Centers (FEC)

Westside Resource & Empowerment Center
(310) 258-4063
www.wfrec.org

North Los Angeles Family Resource & Empowerment Center
(818) 677-1200
www.csun.edu/family-focus-resource-center

Parent's Place Family Resource Empowerment Center
(626) 919-1091
www.parentsplacefrc.com