

WIC *Serving* DCFS Children and Families



WOMEN, INFANTS, AND CHILDREN PROGRAM (WIC)

Caring for a child under 5?
WIC is here to help!

What is WIC?

WIC is a health and nutrition program for women, infants, and children. **WIC** provides families with healthy foods, nutrition tips, health care referrals, breastfeeding support, and community information.

Who qualifies for WIC?

- Children ages 0-5 years old
- Pregnant women
- Breastfeeding women
- Women who just had a baby or a recent pregnancy loss

How do you enroll?

You must apply for **WIC** by visiting your local **WIC** office.

Find your local office: call **(888) 942-9675** or visit **wicworks.ca.gov**

To enroll:

Bring the infant or child to the **WIC** office to enroll. If the infant or child cannot be there because of an on-going medical problem, please have proof of the child's medical condition(s) from a doctor.

Bring proof of ID for the caregiver and child. ID can be a Medi-Cal card/insurance card, immunization card, birth records from the hospital, US Passport, county issued birth certificate, or DCFS placement documentation, which notes the infant or child's name and date of birth.

Suggested documents to bring:

Most current medical check-up documents for each infant or child with the following information included: height, weight, blood work check for children over the age of 9 months.

ARE YOU A FOSTER OR RELATIVE CAREGIVER?

You may need to bring additional information to enroll in WIC:

- DCFS placement documentation (for example, DCFS 709 form)
- Picture ID to verify you are the caregiver listed on the DCFS 709 form

IMPORTANT - End of Care:

If the infant or child enrolled in **WIC** is no longer in your care, you are **REQUIRED** to contact your local **WIC** office right away and tell them of this change.

Return any checks that have not been used to your local **WIC** office.

WIC + **CalFresh** = **BETTER TOGETHER!**

For more information on:

- **WIC**: visit wicworks.ca.gov
- **CalFresh**: visit dpsbenefits.lacounty.gov

WIC and **CalFresh** are programs that help stretch your food dollars. If you qualify for both programs, you can get both at the same time.

