**OCTOBER** 

**SPA 5/6** 









Community Outreach and Engagement
 Funders Circle

• Integrative Community Solutions



January 25, 2024 March 28, 2024 May 23, 2024 July 25, 2024 September 26, 2024 November 21, 2024

Note: meeting dates are subject to char

Saturday, June 15, 2024 Juneteenth/Father's Day



# <u>African American Infant and Maternal Mortality Prevention Initiative</u>

The countywide coalition of the African American Infant and Maternal Mortality (AAIMM) Initiative addresses the disproportionately high rates of Black infant and maternal deaths. They are dedicated to ensuring healthy and joyous births for Black families in LA County.

To learn more click here: AAIMM

# **Maternal Mental Health NOW**

Maternal Mental Health NOW is a project of community partners in Los Angeles County. Their mission is to remove barriers to the prevention, screening, and treatment of prenatal and postpartum depression in LA County.

To learn more click here: MMHN



FREE WORKSHOP

**JOIN OUR EXCITING** 

# Beads & Bonding

Exploring mental health first aid awareness through Kandi bead bracelet/ Perler bead making. Offering a therapeutic outlet for expression and relaxation.

Martin Luther King Jr. Center for Public Health 11833 S. Wilmington Avenue Los Angeles, CA 90059















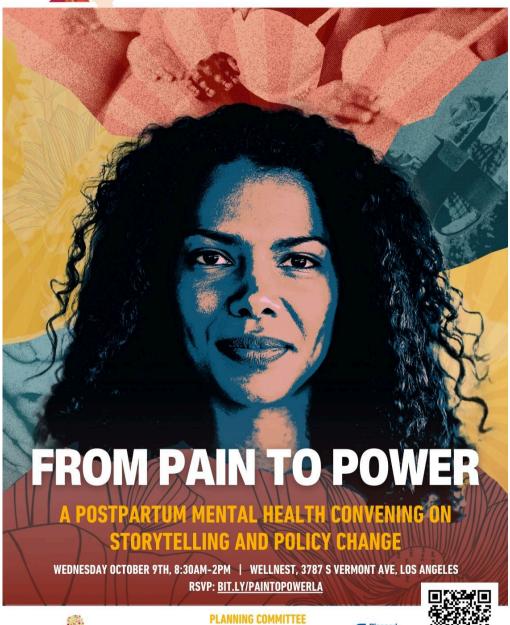








the Wonderful company,







AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE











mavida H E A L T H





**COMMUNITY SPONSORS** 















Strenghtening the Village

WORKGROUP

# **WORKGROUP GOAL**

To reduce the incidence of Black maternal and infant deaths in South LA/South Bay (SPA 6/8) by strengthening the village of support to and around mother and baby.

# **FOCUS AREAS:**

- Collaborate with LA County Perinatal and Early Childhood Home Visitation Consortium
- Support Fatherhood Engagement (Expectant Fathers and Black Daddy Dialogue)
- Collaborate with BreastfeedLA to support, promote, educate, and empower Black Breast/Chestfeeding
- Support Breastfeeding throughout SPA 6/8 and LA County

# **JOIN US**

Every 1st Wednesday of the month from 12PM-1:30PM

Scan the QR Code to Join Virtually

Contact Us! |

Debrina Campbell, dcampbell2@ph.lacounty.gov









# **EXPECTING FATHERS GROUP**

# DADS, GET READY FOR FATHERHOOD!

Sign up for the Expecting Fathers Group for Black Dads, and set your fatherhood goals with a group of soon-to-be Black fathers. Become empowered to advocate for yourself and your partner. Learn what to expect in each stage of pregnancy, how to activate a village of support for you and your partner, and how your involvement can lead to a more healthy and joyous birth for both your baby and your pregnant partner.

Join a community of support and get access to the tools you need.

To learn about upcoming dates and sign up for our FREE Zoom workshops, please email: DPH-AAIMMFatherhood@ph.lacounty.gov.

# TOPICS IN THE 5 EDUCATIONAL SESSIONS:

WEEK 1 Prenatal Support during pregnancy.

Create a Birth Plan.

WEEK 2 What to expect during labor and delivery.

WEEK 3 Postpartum support. Postpartum

depression.

depression.

WEEK 4 Embrace responsibilities

associated with infant care.

WEEK 5 Encouragement: Resources /

Bring it all together.

TUESDAYS AT 6:30 PM OR THURSDAYS at 9:30 AM



# FATHERS, SCAN TO ENROLL

Or text DAD to 323-745-2771 to learn more about our Fatherhood Program



BLACK DADS MATTER. LET'S HELP EACH OTHER IN OUR FATHERHOOD JOURNEY.

Funded by the California Department of Public Health Perinatal Equity Initiative via the Los Angeles County Department of Public Health Division of Maternal, Child and Adolescent Health

# Abundant BIRTHPROJECT

# CELEBRATE YOUR BIRTH JOURNEY

Apply for the chance to receive a monthly cash gift during pregnancy and postpartum.

NO STRINGS ATTACHED.

# ELIGIBILITY

- Live in Alameda, Contra Costa, Los Angeles, or Riverside counties
- Be 8-27 weeks pregnant at the time of the Abundance Drawing
- Meet income requirements\*
- Meet one of the top five risk factors for preterm birth, including:
  - Identifying as Black
  - Have had a previous preterm birth
  - Have preexisting hypertension
  - Have preexisting diabetes
  - Have sickle cell anemia (SCA)

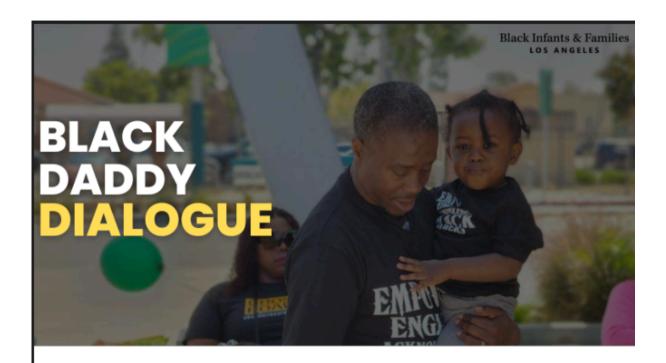




For more information, required documents, and to apply, visit

ABUNDANTBIRTHPROJECT.ORG





# **OUR GOAL**

Changing the Narrative of African American/Black Fathers and Families

# WHAT WE DO

- Assistance for Black father/figures who support pregnant women or children 0-5 years old
- Loss/grief support services
- Feeding the mind, body and spirit of fathers to support the African American/Black mother



# **OUR AUDIENCE**

**JOIN US** 

Fathers/father figures of all ages raising African American/Black children are welcome!



# VIRTUAL MEETINGS EVERY 2ND WEDNESDAY AT 6:30PM

January 10, 2024 April 10, 2024 February 14, 2024 May 15, 2024 March 13, 2024 June 12, 2024

about our Fatherhood Program

Zoom Link: https://tinyurl.com/SLASBBDD

Call or text DAD to (323) 745 - 2771 to learn





LeHenry Solomon Fathersforabrighterfuture@gmail.com



Phone: (424) 223 - 2133





Supported by the South LA/South Bay African American Infant and Maternal Mortality Community Action Team

MLK Community Healing and Trauma Prevention Center Free Workshop Schedule

# OCTOBER 2024

11833 S. Wilmington Ave., Los Angeles 90059

AZTEC DANCE Healing through dance Every Monday 6:00 PM - 8:00 PM \*In-person, CER Room \*Except, October 14th (Federal Holiday)

MINDFUL MEDITATION Every Tuesday 1:00 PM - 1:20 PM

### BEADS & BONDING

Exploring Mental health first aid awareness through bracelet October 8th 4:00 PM - 8:00 PM

# HEALING HORIZONS

workshop for Willowbrook October 15<sup>th</sup> 6:00 PM - 7:00 PM

### WEDNESDAY

NEW CHALLENGES Mental health support group with licensed clinicians Every Wednesday 2:30 PM - 4:00 PM

### LOSS AND GRIFF SUPPORT Support aroup for those who have lost a loved one

Every Wednesday 4:30 PM - 6:30 PM

# PAINT & SIP

Canvas painting October 9<sup>th</sup> 4:30 PM - 7:00 PM

### CORE WORKSHOPS

Treatment & Healthcare for individuals in need of SUD October 2<sup>nd</sup> 10:00 AM Phone: 323-776-699 Pin No: 934-800-7#

### Health Consequences of Substance Use

10:00 AM Phone: 323-776-6996 Pin No: 758-180-853#

Healina through dance Every Thursday 6:00 PM - 8:00 PM

### TASTY THURSDAY

FREE produce giveaway October 3rd & 17th (1st and 3rd Thursday) 12:00 PM

# CAL FRESH NUTRITION

EDUCATION October 3rd & 17th 11:00 AM - 1:00 PM

### CORE WORKSHOPS

Health Consequences of Substance Use 10:00 AM Phone: 323-776-6996 Pin No: 103-679-000

### MENTAL HEALTH WELLNESS

Support group meeting for community to gather to discus October 3,17, & 24<sup>th</sup> 11:00 AM - 12:00 PM

HELP ME GROW LA DARENT AND FAMILY CAFÉ! A safe space to gather, support othe parents, share stories and experiences, plus lean about important resources for child

October 18th 9:30 AM -10:30 AM

development or special health

PBS FAMILY WORKSHOP Hosted by PBS SoCal ioin the family math workshop designed to help parents and caregivers of children ages 2-5 support math learning at home. October 12th 12:00 PM - 2:00 PM

Email: MLKHealingCenter@ph.lacounty.gov

Phone: (323) 568-8732

MLK Community Healing and Trauma Prevention Center Horario de Talleres Gratuitos

# OCTUBRE 2024

11833 S. Wilmington Ave., Los Angeles 90059

## LUNES

DANZA AZTECA nacion a traves de la danza Cada Lunes 6:00 PM - 8:00 PM En persona, Sala CEF ccepto, el 14 de octub (Feriado Federal)

## MARTES MEDITACIÓN

CONSCIENTE Cada Martes 1:00 PM - 1:20 PM

### CORE TALLERES Talleres de prevención y abuso de sustancias

Reconocer y responder a una sobredosis con naloxona 22 de octubre 10:00 AM Phone: 323-770 022 Pin No: 554-567-365#

## MIERCOLES

NUEVOS DESAFIOS médicos licenciados Cada Miercoles 2:30 PM - 4:00 PM

## LA PERDIDA Y EL DOLOR

Grupo de apoyo para aquellos que perdido a un ser querido Cada Miercoles 4:30 PM - 6:30 PM

# PINTAR Y BEBER

9 de octubre 4:30 PM - 7:00 PM

# JUEVES

DANZA AZTECA Cada Jueves 6:00 PM - 8:00 PM

## JUEVES SABROSO

Surtido de producto gratis 3 y 17 de octubre mer y tercer jueves) 12:00 PM \*Hasta agotar existencias En persona, Sala CER

## EDUCACIÓN DE NUTRICIÓN DEL

3 v 17 de octubre 11:00 AM - 12:00 PM

# CORE TALLERES

Talleres de prevención y abuso de sustancias

### Su adolescente y el vapeo 17 de octubre 10:00 AM

Pin No: 354-261-667#

## VIERNES

CORE TALLERES abuso de sustancias

### Comprender el riesgo del consume de cannabis

25 de octubre 10:00 AM Pin No: 655-109-998#

### HELP ME GROW LA CAFÉ DE PADRES Y FAMILIA

Un espacio Seguro para reunirse, apoyar a otros padres,compartir historia y experiencias, ademas de aprender sobre recursos importantes para el desarollo infantile o las nescesidades especiales de salua 18 de octubre

09:30 AM - 10:30 AM

# SABADO

# TALLER FAMILIAR DE

Organizado por PBS SoCal, únase al taller familiar de matemáticas diseñado para ayudar a los padres y cuidadores ios paares y cuidadores de niños de 2 a 5 años a apovar el aprendizaie de 12 de octubre 12:00 PM - 2:00 PM

Email: MLKHealingCenter@ph.lacounty.gov

Phone: (323) 568-8732

Los Angeles County Department of Mental Health Participants Only: All stipend CAF meetings are Service Area 6 Stakeholder, Community Engagement, and Activity Calendar October 2024 identified by \*\*. TUESDAY WEDNESDAY THURSDAY FRIDAY \*\*Black and African Heritage UsCC \*\*Asian Pacific Islander Beyond the Walls Tuesday, October 1st SA6 Clergy Breakfast 3rd Friday, Every other month 4th Monday, October 28th 1st Thursday, October 3rd 1st Wednesday, October 2nd 6 pm to 8 pm 10 am to 12 pm Angeles House URM For information, email kthompson@dmh.lacos 2 pm - 4 pm For informati 2 pm to 4 pm For information 10 am to 12 pm For information, email In-Person at A.C. Bilbrew APIUsCC@dmh.lacounty.gov AIANUsCC@dmh.lacounty.gov BAHUsCC@dmh.lacounty.gov 150 E. El Segundo Blvd, Los Angeles, CA 90061 \*\*LGBTOIA2-S UsCC \*\*Access for All UsCC 2nd Wednesday, October 9th 10 am to 12 pm For information, email \*\*MHSA Community 2 pm to 4 pm Planning Friday, October 25th \*\*MHSA Community For information, email Planning Tuesday, October 8th 9:30 am – 12:30 pm ematsuda@dmh.lacounty.gov LGBTOIA25UsCC 9:30 am - 12:30 pm Los Angeles County's MHSA Community Planning Team Meeting 2nd Thursday, October 10th Los Angeles County's MHSA 2nd Wednesday, October 9th 11 am to 12:30 pm 1:30 pm - 3:30 pm
For information, email
DMHCC@dmh lacounty gov Community Planning Team Via Microsoft Teams Kthomoson@dmh.lacounty.gov Click here to join the meeting Meeting ID: 271 694 639 722 In-Person at St.Anne's ce Area 6 Leadership Conference Center Passcode: kSUPKy Team Meeting/Mental Health Commission Meeting Townhall Download Teams | Join on the 155 N Occidental Blvd 4th Wednesday, October 30st Los Angeles, CA 90026 2 pm - 4 pm
For information, email
EEMEUsCC@dmh.lacounty.gov ±1 323-776-6996. 108053390# United States, Los Angeles Phone Conference ID: 108 053 10 am to 12 pm MRT Behavioral Health Center \*\*Latino UsCC 3rd Tuesday, October 15th 2 pm - 4 pm For information, email LatinoUsCC@dmh lacount For information, email SALT6@dmh.lacounty.gov



"BEYOND THE WALLS"
BRINGING RESOURCES AND INFORMATION TO COMMUNITY
STAKEHOLDERS COUNTYWIDE

Beyond The Walls events are an opportunity for community members and stakeholders who are unable to attend stakeholder meetings during normal business hours to hear about mental health program planning and resource information and upcoming stakeholder events.

Service Area 6
Tuesday, October 1, 2024
6 PM- 8 PM
AC Bilbrew Library
150 E El Segundo Blvd
Los Angeles, CA 90061

Service Area 2 Saturday, October 12, 2024 12 PM- 2 PM El Cariso Community Regional Pak "Senior Room" 13100 Hubbard St Sylmar, CA 91342

Service Area 4
Tuesday, October 15, 2024
6 PM-8 PM
Plaza de la Raza
"Dance Room"
3540 N Mission Rd
Los Angeles, CA 90031

Service Area 3
Tuesday, October 29,2024
6 PM- 8 PM
West Covina Library
1601 W Covina Pkwy
West Covina. CA 91790

Service Area 8 Saturday, November 9, 2024 11 AM- 1 PM Carson Library 151 East Carson St Carson, CA 90745

Service Area 7
Tuesday, November 12, 2024
6 PM- 8 PM
Artesia Library
18801 Elaine Ave
Artesia, CA 90701

Service Area 1 Saturday, February 8, 2025 11 AM- 1 PM Lancaster Library 601 W Lancaster Blvd Lancaster, CA 93534

Service Area 5 Saturday, February 22, 2025 11:00 AM- 1:00 PM Culver City Julian Dixon Library 4975 Overland Ave Culver City, CA 90230

Please join us to hear more information and to share your feedback! Refreshments will be provided. No RSVP is needed to attend.

Send questions or inquiries to communitystakeholder@dmh.lacounty.gov





CONDADO DE LOS ANGELES - DEPARTAMENTO DE SALUD MENTAL MHSA LEY DE SERVICIOS DE MENTAL (MHSA) ADMINISTRACION UNIDAD DE PARTICIPACION DE LA COMUNIDAD Y LAS INTERESADAS

PRESENTA

"MÁS ALLÁ DE LOS MUROS"

Trayendo recursos e información a los interesados de la comunidad de todo el condado

Los eventos de Más allá de los Muros son una oportunidad para que los miembros de la comunidad y otros interesados que no pueden asistir a las reuniones durante el horario normal, escuchen sobre la planificación de programas de salud mental, obtengan información sobre recursos y próximos eventos para los interesados.

Área de Servicio 6 Martes, 1 de Octubre, 2024 6 PM-8 PM AC Bilbrew Library 150 E El Segundo Blvd Los Angeles, CA 90061

Area de Servicio 2 Sabado, 12 de Octubre, 2024 12 PM- 2 PM El Cariso Community Regional Park "Senior Room" 13100 Hubbard St Sylmar, CA 91342

Área de Servicio 4 Martes, 15 de Octubre, 2024 6 PM-8 PM Plaza de la Raza "Dance Hall" 3540 N Mission Rd Los Angeles, CA 90031

Área de Servicio 3 Martes, 29 de Octubre, 2024 6 PM-8 PM West Covina Library 1601 W Covina Pkwy West Covina, CA 91790 Área de Servicio 8 Sabado, 9 de Noviembre, 2024 11 AM- 1 PM Carson Library 151 East Carson St Carson, CA 90745

Área de Servicio 7 Martes,12 de Noviembre, 2024 6 PM-8 PM Artesia Library 18801 Elaine Ave Artesia, CA 90701

Área de Servicio 1 Sabado, 8 de Febrero, 2025 11 AM-1PM Lancaster Library 601 W Lancaster Blvd Lancaster, CA 93534

Área de Servicio 5 Sabado, 22 de Febrero, 2025 11:00 AM- 1:00 PM Carson Library 151 East Carson St Carson, CA 90745

Únase a nosotros para escuchar más información y compartir sus comentarios! Se proporcionaran refrescos. No es necesario confirmar su asistencia para asistir.

Envie sus preguntas o peticiones a communitystakeholder@dmh.lacounty.gov



