

WHAT'S GOING ON

NOVEMBER

AAIMM

SPA 5/6



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

Scan the QR Code with your phone's camera to join our emailing list, today!



For More Information Contact:
SLASBAAIMM@gmail.com

  [@blackinfantandfamiliesla](https://www.instagram.com/blackinfantandfamiliesla)
www.blackinfantsandfamilies.org



JOIN THE MOVEMENT

South Los Angeles/South Bay African American Infant and Maternal Mortality Community Action Team
(SLASB AAIMM CAT)



2026



Who We Are

A collaborative partnership between LA County Departments of Public Health, Health Services, Mental Health, First 5LA, birth workers, community members, community-based organizations, health care providers, faith-based organizations, and businesses united in reducing the rates of African American infant and maternal mortality/morbidity in the South LA and South Bay community.

Every African American/Black mother/birthing person and child deserves a joyous pregnancy and healthy birth.

How Can You Get Involved?

We host regional meetings every other month. We encourage you to join us as we work together to end the injustice of Black/African American infant and maternal deaths in South LA and the South Bay.



2026 Bi-Monthly Meeting Dates

February 26, 2026
April, 2026 - TBD
June 25, 2026
August 27, 2026
October 22, 2026
December, 2026 - TBD

Community Baby Showers
Saturday, April 11, 2026
Black Maternal Health Week
Saturday, June 6, 2026
Juneteenth/Father's Day



What We Do

We work to elevate the needs of the community and implement strategies by addressing the impact of racism, catalyzing community action, and promoting wellness and equitable healthcare strategies for Black families through our four workgroups:

- Family Centered Models of Care
- Community Outreach and Engagement
- Funders Circle
- Integrative Community Solutions

Note: meeting dates are subject to change

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SOUTH LOS ANGELES/ SOUTH BAY AAIMM COMMUNITY ACTION TEAM

African American Infant and Maternal Mortality Prevention Initiative (AAIMM)

NOVEMBER 2025 MONTHLY HAPPENINGS

MONDAY

SLASB AAIMM Planning Meetings

November 10th (Virtual)
2:00PM - 4:00PM

November 24th (Virtual)
2:00PM - 3:00PM

Interested in becoming a planning team member?

Contact:
slasbaaimm@gmail.com

WEDNESDAY

Integrated Community Solutions Workgroup Meeting

November 12th (Virtual)
1:00PM - 2:30PM

Contact:
Adjoa Jones
ajones@ph.lacounty.gov

WEDNESDAY

Family-Centered Models of Care Workgroup Meeting

November 5th (Virtual)
12:00PM - 1:30PM

Contact:
Ashley Skiffer-Thompson
askifferthompson@ph.lacounty.gov

Tanisha Rogers
trogers@mva.lacounty.gov

FRIDAY

Community Outreach and Engagement Workgroup Meeting

November 14th (Virtual)
1:00PM - 2:30PM

Contact:
Kimberly Barrow
kimberlybarrow87@gmail.com

Janay Ezekwe
jezekwe@ph.lacounty.gov

COMMUNITY MEETINGS

Black Daddy Dialogue Social Support Group Meeting

November 12th (Virtual)
6:30PM - 8:30PM

Contact:
LeHenry Solomon
fathersforabrightfuture@gmail.com

Davion Mauldin
dmauldin@ph.lacounty.gov

COMMUNITY EVENTS

SLASB Bi-Monthly Regional Meeting

Thursday, November 20th

The Children's Institute - Watts
1522 E 102nd ST LA, CA 90002

3:00PM - 5:00PM

For more information about how to get involved with

SLASB AAIMM CAT:

[Visit our website](#) or email us at

slasbaaimm@gmail.com or

ajones@ph.lacounty.gov (Adjoa Jones, SLASB AAIMM CAT co-lead)

Follow us on Facebook and Instagram:

@BlackInfantsAndFamiliesLA

Scan the QR code (use your phone's

camera) to join our listerv:



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

Los Angeles County Department of Mental Health

Service Area 6 Stakeholder, Community Engagement, and Activity Calendar

November 2025

For Approved CAF Participants Only: All stipend CAF meetings are identified by **.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY/SATURDAY
**Asian Pacific Islander UsCC 4th Monday, Nov 24 th 2 pm - 4 pm For information, email APIUsCC@dmh.lacounty.gov	**MHSA Community Planning 2nd Tuesday, Nov 18 th 9:30 am - 12:30 pm (special date) Los Angeles County's MHSA Community Planning Team Meeting In-Person at St. Anne's Conference Center 155 N Occidental Blvd Los Angeles, CA 90026 For information, email communitystakeholder@dmh.lacounty.gov **Latino UsCC 3rd Tuesday, Nov 18 th 2 pm - 4 pm For information, email LatinoUsCC@dmh.lacounty.gov	**American Indian/ Alaskan Native UsCC 1st Wednesday, Nov 5 th 2 pm - 4 pm For information, email AIANUsCC@dmh.lacounty.gov **Access for All UsCC 2nd Wednesday, Nov 12 th 10 am - 12 pm For information, email amatsuda@dmh.lacounty.gov **Cultural Competency Committee Meeting 2nd Wednesday, Nov 12 th 1:30 pm - 3:30 pm For information, email DMHCC@dmh.lacounty.gov **Eastern European/ Middle Eastern UsCC Last Wednesday, Nov 26 th 2 pm - 4 pm For information, email EEMUsCC@dmh.lacounty.gov	**Faith-Based Advocacy Council 1st Thursday, Nov 6 th 10 am - 12 pm For information, email CVFierro@dmh.lacounty.gov **Black and African Heritage UsCC 1st Thursday, Nov 6 th 10 am - 12 pm For information, email BAHUsCC@dmh.lacounty.gov **LGBTQIA2-S UsCC 1st Thursday, Nov 6 th 2 pm - 4 pm For information, email LGBTQIA2SUsCC@dmh.lacounty.gov South LA. Health Neighborhood 2nd Thursday, Nov 13 th 11 am - 12:30 pm For information, email Kthompson@dmh.lacounty.gov **Behavioral Health Full Commission Meeting 2nd Thursday, Nov 13 th 11:00 am - 1:30 pm For information, email MHCCommission@dmh.lacounty.gov **Service Area 6 Leadership Team Meeting (SALT6) 3rd Thursday, Nov 20 th 10 am - 12 pm For information, email SALT6@dmh.lacounty.gov	SA6 Clergy Breakfast 3rd Friday of every other month Friday, Nov 21 st 10 am to 12 pm For information, email KThompson@dmh.lacounty.gov **MHSA Community Planning Friday, Nov 14 th 9:30 am - 12:30 pm (special date) Los Angeles County's MHSA Community Planning Team Meeting For information, email communitystakeholder@dmh.lacounty.gov

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ACT NOW TO PROTECT BLACK MOTHERS AND BABIES.

We are uniting to celebrate and support Black mothers, babies, and families by providing culturally rooted care and advocacy, ensuring joyous and safe births for all.

The Los Angeles County African American Infant and Maternal Mortality (AAIMM) Prevention Initiative brings together the Department of Public Health, First 5 LA, the LA County Departments of Health Services and Mental Health, community organizations, healthcare providers, funders, and community members.

Follow us: [@BlackInfantsAndFamiliesLA](#) for more information and to become part of the AAIMM network.
Learn more: [BlackInfantsAndFamilies.org](#)



AFRICAN AMERICAN INFANT
AND MATERNAL MORTALITY
PREVENTION INITIATIVE
[BlackInfantsAndFamilies.org](#)



NURTURING RESILIENCE THROUGH BREASTFEEDING: A POWERFUL ACT OF RESISTANCE

In the face of ongoing challenges, the Los Angeles County African American Infant and Maternal Mortality Prevention (AAIMM) Initiative stands firm in our commitment to Black maternal health.

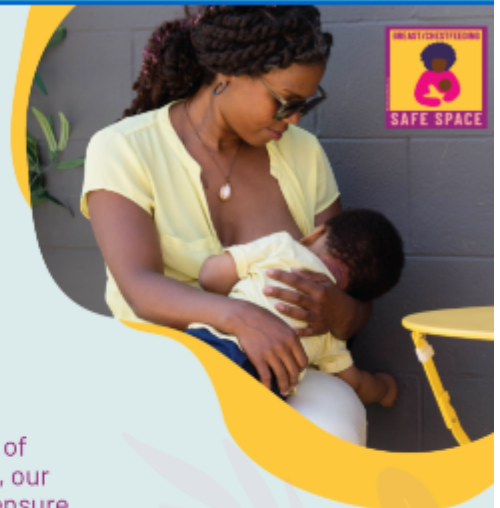
Breastfeeding is a vital act of nourishment AND a form of resistance. It is a reclaiming of control over our bodies, our babies, and our futures. Together, we will continue to ensure that the next generation is nurtured, protected, and empowered.

Find breastfeeding resources and support at:

[BlackInfantsAndFamilies.org](#) | [@BlackInfantsAndFamiliesLA](#) | [fb.com/BlackInfantsAndFamilies](#)



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AND MATERNAL MORTALITY
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[BlackInfantsAndFamilies.org](#)



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America's JobCenter



WorkSource
CALIFORNIA
Building Business and Careers

Eastridge
WORKFORCE SOLUTIONS



WAREHOUSE RECRUITMENT 11/06/2025 @ 10:00AM

- ✓✓ General Laborer \$16.50-\$18.00
- ✓✓ Temporary to Permanent Positions
- ✓✓ No Background Checks
- ✓✓ No Drug Screening Required
- ✓✓ Warehouse located in City of Lynwood
- ✓✓ Tour of facility required
- ✓✓ Driver's License or ID Social Security Cards
- ✓✓ Bring Updated Resume
- ✓✓ Proof of Income
- ✓✓ Veterans: Must Bring DD-214
- ✓✓ Laid-Off Workers: Must Bring Proof of unemployment Benefits and/or Layoff Letter
- ✓✓ Must register on www.caljobs.ca.gov

EASTRIDGE WORKFORCE SOLUTIONS

THIS WOA TITLE (FINANCIALLY ASSISTED PROGRAM OR ACTIVITY) IS AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM. AUXILIARY AIDS AND SERVICE ARE AVAILABLE UPON REQUEST TO INDIVIDUALS WITH DISABILITIES. ALL QUALIFIED APPLICANTS WILL RECEIVE CONSIDERATION WITHOUT REGARD TO RACE, ANCESTRY, COLOR, NATIONAL ORIGIN, RELIGION, SEX, DISABILITY, MEDICAL CONDITION, AGE, GENETIC INFORMATION, VETERAN STATUS, SEXUAL ORIENTATION, GENDER IDENTITY, OR ANY OTHER STATUS PROTECTED BY LAW. TO REQUEST A REASONABLE ACCOMMODATION, PLEASE CALL BRITNEY CHINE EO COMPLAINT OFFICER (HOUSING AUTHORITY OF THE CITY OF LOS ANGELES-2212 E. IMPERIAL HIGHWAY, LOS ANGELES, CA. 90059) TELEPHONE 323-249-7751, TTY 711, AND 5 BUSINESS DAYS IN ADVANCE.

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ISANA ACHERNAR ACADEMY

BIKE RODEO & RESOURCE FAIR



**08
NOVEMBER
2025**

9 AM - 1 PM



ISANA ACHERNAR ACADEMIES

310 E El Segundo Blvd,
Compton, CA 90222

**JOIN PEOPLE FOR MOBILITY JUSTICE TO LEARN
ABOUT BIKE SAFETY AND BASIC RIDING SKILLS.**

**FREE HELMETS AND BIKE LIGHTS TO KEEP YOU
SAFE ON THE ROAD!**



WHAT'S GOING ON

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COUNTY OF LOS ANGELES DEPARTMENT OF
Parks & Recreation

LA COUNTY PARKS FOOD PROGRAMS

FOR YOUTH, TEENS & SENIORS

**FREE HOT SUPPER
TEEN PROGRAM**

- 16 PARK SITES
- AGES 12-18
- MONDAY THRU FRIDAY
- SERVING TIME: 7:00 PM
- REGISTRATION IS REQUIRED

**SENIOR NUTRITION
PROGRAMS**

- 9 PARK SITES
- AGES 60+
- MONDAY THRU FRIDAY
- SERVING TIME: 11:00AM-1:00PM
- PRE-REGISTRATION REQUIRED
- BASED ON AVAILABILITY

**FREE YOUTH
SNACK PROGRAM**

- 48 PARK SITES
- AGES 17 AND UNDER
- MONDAY THRU FRIDAY
- SERVING TIME: 3:00PM - 4:00PM
- NO ENROLLMENT REQUIRED

FOR PARK LOCATIONS VISIT:



bit.ly/lacparksfoodprograms



To help support and expand these food programs for youth and families in need, please donate to the
Los Angeles County Parks Foundation: www.lacpf.org

FREE PRODUCE DISTRIBUTION

No eligibility required, no paperwork,
or ID required.

Curtis Tucker Center for Community Wellness

123 W. Manchester Blvd.
Inglewood, 90301

September 11, 2025	November 13, 2025
September 25, 2025	November 20, 2025
October 9, 2025	December 11, 2025
October 23, 2025	December 18, 2025

10:00 AM - 12:00 PM
or until supplies last
Please bring a reusable bag



Funded by USDA SNAP, an equal opportunity provider and employer. Visit www.CalFreshHealthyLiving.org for healthy tips.



BROTHERHOOD Crusade THANKSGIVING Grab And Go!

DRIVE THRU

In partnership with the
**LOS ANGELES DODGERS FOUNDATION,
AHF (AIDS Healthcare Foundation), Kathryn Kurka Children's Health Fund
and McDonald's Owner Operators**

SATURDAY, NOVEMBER 8, 2025 • 10:00AM - 1:00PM
Loma Alta Park- 3330 N Lincoln Ave, Altadena, CA 91001

**BASKETS WILL CONTAIN A WHOLE TURKEY WITH ALL THE TRIMMINGS,
VEGETABLES, CORN BREAD DRESSING, CAKE MIX, FROSTING,
FRESH FRUIT, EGGS, MILK AND MORE!**



Gift Cards
To 1st 500
SO COME EARLY!

For additional information contact:
Stacy Hill-Williams at 323-846-1649 or
swilliams@brotherhoodcrusade.org
brotherhoodcrusade.org



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WHY IT MATTERS

Due to the federal government shutdown, the U.S. Department of Agriculture is not providing states with funding for CalFresh Benefits, so food benefits are now delayed most likely until the government reopens.

As a result, food pantries and community food banks across the County are working overtime to try and meet the increasingly growing need.

We have the chance to make a difference – and show compassion and solidarity to our neighbors by donating to food banks and other community organizations in response to this crisis.

WAYS YOU CAN HELP

- **Donate money or food** to any food bank or community organization giving food to those in need
- **Start your holiday giving campaigns early** this year, recognizing that people need help now
- **Provide gift cards** to people to buy groceries and other necessities
- **Share information** with people about where they can go if they need help:
 - LA Regional Food Bank Pantry Locator: www.lafoodbank.org/find-food/pantry-locator/
 - Call 2-1-1 to speak to someone who can help find a food pantry in the area or help identify other resources that may be available
 - County parks is offering free food to youth, teens, and seniors: www.parks.lacounty.gov/lacounty-parks-food-programs/
 - Seniors over 60 may be eligible for a free meal at local senior centers: Call 1 (800) 510-2020 for more information
 - Those who are pregnant or postpartum may be eligible for WIC benefits. To apply, visit: www.startwic.org or text "APPLY" to 91997
 - For those needing tenant protection and foreclosure prevention services, visit: www.dcba.lacounty.gov to learn more

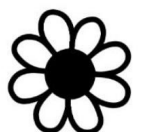


You Can Make a Difference!



FOOD DISTRIBUTION ADDRESSES & CONTACT INFO

Catholic Charities: 123 E. 14th Street, Long Beach, CA 90813 (213) 251-3432
Christian Outreach in Action: 515 East 3rd Street, Long Beach, CA 90802 (562) 432-1440
Long Beach Rescue Mission: 1335 Pacific Avenue, Long Beach, CA 90813 (562) 591-1292
Lutheran Social Services: 1611 Pine Street, Long Beach, CA 90813 (562) 599-1321
Salvation Army: 3092 Long Beach Blvd., Long Beach, CA 90807 (562) 247-3525
St Francis Center: St. Matthew Church, 627 Temple ave & 7th st (562) 599-6474
St. Gregory's Church: 6201 Willow Street, Long Beach, CA 90815 (562) 420-1311
Urban Community Outreach Drop-In-Center: 241 Cedar Ave., Long Beach, CA 90802 (562) 582-1000
LB Food not Bombs: 881 De Forest Avenue, Long Beach CA 90813 @lbfoodnotbombs
Light & Life Christian Fellowship: 5951 Downey Ave, Long Beach, CA 90805 (562) 630-6074
Women in Action: 851 E Via Carmelitos, Long Beach, CA 90805
City Heart: 245 The Promenade N Ste 100, Long Beach, CA 90802 (562) 704-9585
Long Beach Community Table: 3311 E 59th St, Long Beach, CA 90805 (562) 548-0774
Community Food Hub & Food Finders: 10539 Humbolt St, Los Alamitos, CA 90720 (562) 283-1400
Crossroads Church: 1900 E South St, Long Beach, CA 90805 (562) 428-4611
I Own It Today: 4835 E Anaheim St Ste 306, Long Beach, CA 90804 (949) 309-6803
Pools of Hope: 6801 Long Beach Blvd, Long Beach, CA 90805 (310) 537-2224
Downtown LB Food Distro: 200 W Broadway, Long Beach, CA 90802 @careculturecollab_lb
LB Community Table Open Pantry: 3311 E 59th St, Long Beach, 90805
(Homebound delivery Saturday and Sunday: email LBCTHomebound@gmail.com)
Long Beach Center of Economic Inclusion: 6509 Cundry Ave. Long Beach, CA 90805 (562) 336-1833
Church One Ministries: 700 70th St. Long Beach, CA 90805 (562) 633-2515
Grant A.M.E. Church: 1129 Alamitos Ave. Long Beach, CA 90813 (562) 437-1567
The Volunteer Center: 1407 E. 4th Street, Long Beach, CA 90802 562-590-8844



WHAT'S GOING ON

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COMMUNITY
INVESTMENT
FOR FAMILIES
DEPARTMENT
Paths to Prosperity



WEEKLY FOOD DISTRIBUTION



Eligibility:

Residence

- Must reside in the City of Los Angeles

Income Threshold

- Low-income individuals and families

Visit LA4Families.org to find a FamilySource Center near you. We serve ALL Angelenos regardless of immigration status. All are welcome - we are here to serve you!

Come pick up fresh produce, pantry staples, and other groceries for you and your family – completely free of charge.

Boyle Heights <i>El Centro de Ayuda</i> 2130 E. 1st Street., Suite 110 Los Angeles, CA 90033 Mondays 10:00 am - until supplies last	Canoga Park <i>New Economics for Women</i> 21400 Saticoy Street Canoga Park, CA 91304 2nd Friday of the Month, 10:00 am - until supplies last
Echo Park <i>El Centro del Pueblo</i> 1157 Lemoyne Street Los Angeles, CA 90026 Wednesdays 10:00 am - 12:00 pm	Hollywood <i>P.F. Bresee Foundation</i> 184 S. Bimini Place Los Angeles, CA 90004 Nov 7, 21 & 24, 10:00 am - 12:00 pm
Koreatown <i>Central City Neighborhood Partners</i> 3731 Wilshire Blvd., Suite 460 Los Angeles, CA 90010 2nd Friday of the Month 2:30 pm - 3:30 pm Food pantry available daily	North Hollywood <i>Latino Resource Organization</i> 6736 Laurel Canyon Blvd., Suite 360 Los Angeles, CA 91606 Fridays 10:00 am - 1:00 pm

Northeast Los Angeles <i>Barrio Action Youth & Family Center</i> 4927 Huntington Drive., Suite 200 Los Angeles, CA 90032 Select Fridays	Pacoima <i>El Nido Family Centers</i> 11243 Glenoaks Blvd., Unit 2 Pacoima, CA 91331 Food pantry available daily
Panorama City <i>El Centro de Amistad</i> 14500 Roscoe Blvd., Suite 205 Panorama City, CA 91402 Thursdays 9:00 am - 1:00 pm Food pantry available daily	South LA <i>El Nido Family Center</i> 2069 W. Slauson Ave Los Angeles, CA 90047 Tuesdays 9:00 am - 12:00 pm & 1:00 pm - 4:00 pm Food pantry available daily
South LA <i>The Children's Collective, Inc.</i> 915 W. Manchester Blvd Los Angeles, CA 90044 Tuesdays 10:00 am - 12:00 pm. Last Wednesday of the Month 5:00 pm - 7:00 pm Food pantry available daily	Southeast LA <i>All People's Community Center</i> 822 E. 20th Street Los Angeles, CA 90011 Fridays 9:30 am - 12:00 pm. 2nd and 4th Saturdays 9:30 am - 12:00 pm Food pantry available daily
Southeast LA <i>Watts Labor Community Action Committee</i> 5860 Avalon Blvd Los Angeles, CA 90003 Mon, Wed, Fri 8:30 am - 5:30 pm. Tues, Thurs 8:30 am - 8:00 pm	Van Nuys <i>New Economics for Women</i> 6946 Van Nuys Blvd., Suite 220 Van Nuys, CA 91405 Mondays, Tuesdays and Wednesdays
Watts <i>Watts Labor Community Action Committee</i> 1212 E. 108th Street Los Angeles, CA 90059 Mon, Wed, Fri 8:30 am - 5:30 pm. Tues, Thurs 8:30 am - 8:00 pm	West Adams <i>West Adams Leimert Park FamilySource</i> 4305 Degnan Blvd., Suite 105 Los Angeles, CA 90008 Tuesdays 10:00 am - until supplies last Food pantry available daily
Westlake/Pico-Union <i>Central City Neighborhood Partners</i> 501 S. Bixel Street Los Angeles, CA 90017 Mondays 2:00 pm - 5:00 pm. Thursdays 8:00 am - 11:00 am.	Wilmington/San Pedro <i>Toberman Neighborhood Center</i> 131 N Grand Ave San Pedro, CA 90731 Mon, Wed, Fri 8:30 am - 5:30 pm. Tues, Thurs 8:30 am - 8:00 pm
Wilshire/Pico-Union <i>Koreatown Youth & Community Center</i> 1230 Menlo Ave., Suite 100 Los Angeles, CA. 90006 3rd Friday of the Month	For phone numbers and information on additional services please visit:

ADDITIONAL DISTRIBUTION LOCATIONS ON NEXT PAGE



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Please see the information below regarding the admission application for the Los Angeles County High School for the Arts, which is a specialized, tuition-free public school open to aspiring young artists from LA County.

Feel free to share with your network:

What: LA County High School for the Arts

Description: A specialized, tuition-free public school open to aspiring young artists.

Application: Click this link to apply

Deadline: January 2nd, 2026

Supports: Click here to learn more about student supports, including free/reduced price lunch and supplies

About LACHSA

LA County High School for the Arts is a specialized, tuition-free public school open to aspiring young artists throughout Los Angeles County. LACHSA is located on the campus of California State University, Los Angeles.

Combining college-preparatory academic instruction with conservatory-style training in the visual and performing arts, LACHSA provides a unique high school experience for those who know they were born to create.

Applications will close on January 2nd, 2026.



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FAMILY CENTERED MODELS OF CARE WORKGROUP

Strengthening the Village

WORKGROUP GOAL

To reduce the incidence of Black maternal and infant deaths in South LA/South Bay (SPA 6/8) by strengthening the village of support to and around mother and baby.

FOCUS AREAS:

- Collaborate with LA County Perinatal and Early Childhood Home Visitation Consortium
- Support Fatherhood Engagement (Expectant Fathers and Black Daddy Dialogue)
- Collaborate with BreastfeedLA to support, promote, educate, and empower Black Breast/Chestfeeding
- Support Breastfeeding throughout SPA 6/8 and LA County

JOIN US

Every 1st Wednesday of the month from 12PM-1:30PM

Scan the QR Code to Join Virtually

Contact Us! | Debrina Campbell,
dcampbell2@ph.lacounty.gov



AFRICAN AMERICAN INFANT
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PREVENTION INITIATIVE
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

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BLACK DADDY DIALOGUE

Black Infants & Families
LOS ANGELES

OUR GOAL

Changing the Narrative of African American/Black Fathers and Families

WHAT WE DO

- Assistance for Black father/figures who support pregnant women or children 0-5 years old
- Loss/grief support services
- Feeding the mind, body and spirit of fathers to support the African American/Black mother

CONTACT US



LeHenry Solomon
Fathersforabrighterfuture@gmail.com



Phone: (424) 223-2133

OUR AUDIENCE



Fathers/father figures of all ages raising African American/Black children are welcome!

VIRTUAL MEETINGS EVERY 2ND WEDNESDAY AT 6:30PM



January 8, 2025

April 9, 2025

February 12, 2025

May 14, 2025

March 12, 2025

June 11, 2025

JOIN US



Zoom Link: <https://tinyurl.com/SLASBBDD>

Call or text DAD to (323) 745-2771 to learn about our Fatherhood Program

Note: dates and times are subject to change



AFRICAN AMERICAN INFANT
AND MATERNAL MORTALITY
PREVENTION INITIATIVE
BlackInfantsAndFamilies.org

Supported by the South LA/South Bay African American Infant and Maternal Mortality Community Action Team

WHAT'S GOING ON



LIBERATION LACTATION LOUNGE

FOR US BY US

INDIVIDUALIZED SUPPORT

Join our FREE lactation clinic, a safe haven exclusively staffed by passionate Black Lactation Consultants (IBCLC) and Lactation Educator Specialists (LES). We are here to help you achieve your infant feeding goals!

VIRTUAL AND IN-PERSON

By appointment only. No insurance required, and completely free. We offer support with:

- Breastfeeding Challenges
- Painful Latch
- Pumping
- Prenatal Lactation Education Classes
- Milk Supply
- ...And More!

TITTIES 'N TEA

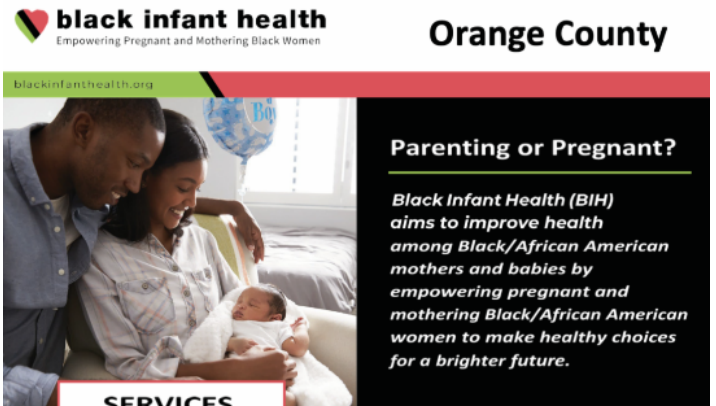
A virtual and in-person support group of prenatal and breast/chestfeeding Black birthing people uplifting each other and building community. Come sip on some tea while getting the tea on lactation and more.

- Wednesdays 2:30pm-4:30pm
- RSVP weekly at tinyurl.com/tittiesntea

325-210-8505
joberson@breastfeedla.org
 657 E. Albertoni St., Suite 108
 Canan, CA 90746
www.breastfeedla.org

BreastfeedLA
 POWERED BY motherhood
 VILLAGE FUND
 babycenter

This project is funded in part by L.A. Care Health Plan and will benefit low-income and uninsured residents of Los Angeles County. Support is also provided by The Village Fund (African American Infant and Maternal Mortality Prevention Initiative).



black infant health
Empowering Pregnant and Mothering Black Women

Orange County

blackinfanthealth.org

Parenting or Pregnant?

Black Infant Health (BIH) aims to improve health among Black/African American mothers and babies by empowering pregnant and mothering Black/African American women to make healthy choices for a brighter future.

SERVICES

IN-PERSON SESSIONS for prenatal (10 sessions) & postpartum (10 sessions)

LIFE COACHING and case management

REFERRALS for family and healthcare needs

SUPPORT SERVICES provided by an integrated team of professionals including a public health nurse and mental health professional

CLASSES in breastfeeding, nutrition, and parent education

BIRTHING INFORMATION and connections to vital care

ELIGIBILITY

- 16 years or older
- Identify as Black/African American
- Currently pregnant or up to 6 months postpartum

GET IN TOUCH:
bihoc@breastfeedla.org
 or call: 714-834-7747




EDD

Moms-to-be, the EDD's free, interactive webinars allow you to learn more about Disability Insurance and Paid Family Leave from the comfort of your own computer.

Learn more at edd.ca.gov/en/disability/Events_Calendar/.