WHAT'S GOING ON MARCH

AAIMM

SPA 5/6



Who We Are

A collaborative partnership between LA County Departments of Public Health, Health Services, Mental Health, First 5LA, birth workers, community members, community-based organizations, health care providers, faith-based organizations, and businesses united in infant and maternal mortality/morbidity in the South LA and South Bay community.

What We Do

We work to elevate the needs of the community and implement strategies by addressing the impact of racism, catalyzing community action, and promoting wellness and equitable healthcare strategies for Black families through our four workgroups:

- Family Centered Models of Care
- Community Outreach and Engagement
- **Funders Circle**
- **Integrative Community Solutions**

Every African American/Black mother/birthing person and child deserves a joyous pregnancy and healthy birth.

How Can You Get Involved?

We host regional meetings every other month. We encourage you to join us as we work together to end the injustice of Black/African American infant and maternal deaths in South LA and the South Bay.



2025 Bi-Monthly Meeting Dates

January 30, 2025 March 27, 2025 May 29, 2025 July 26, 2025 September 25, 2025 November 20, 2025

Community Baby Showers Saturday, April 12, 2025 **Black Maternal Health Week**

Saturday, June 14, 2025 Juneteenth/Father's Day





AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

Scan the OR Code with your phone's camera to join our emailing list, today!





Of Oblackinfantandfamiliesla. www.blackinfantsandfamilies.org

JOIN THE MOVEMENT

South Los Angeles/South Bay African American Infant and Maternal Mortality **Community Action Team** (SLASB AAIMM CAT)





ACT NOW TO PROTECT BLACK MOTHERS AND BABIES.

We are uniting to celebrate and support Black mothers, babies, and families by providing culturally rooted care and advocacy, ensuring joyous and safe births for all.

The Los Angeles County African American Infant and Maternal Mortality (AAIMM) Prevention Initiative brings together the Department of Public Health, First 5 LA, the LA County Departments of Health Services and Mental Health, community organizations, healthcare providers, funders, and community members.

Follow us: @BlackInfantsAndFamiliesLA for more information and to become part of the AAIMM network. Learn more: BlackInfantsAndFamilies.org





Wednesday

Integrated Community Solutions Workgroup

Second Wednesday of the Month

Contact: Gabrielle Brown, Gabrielle@bwwla.com

Nada Dalati, Nadadalati1414@gmail.com

Meeting

March 12th

1:00PM-2:00PM









South Los Angeles/South Bay AAIMM Community Action Team March 2025 Monthly Happenings

Monday

SLASB AAIMM Community Action Team Bi-Weekly Planning Team Meeting

March 3rd (Virtual) 2:00PM-4:00PM

March 17th (Virtual) 2:00PM-4:00PM

Interested in becoming a planning team member?

ntact Adjoa Jones, AJones@ph.lacounty.gov

For more information about how to get involved with SLASB AAIMM CAT, contact: Adjoa Jones, AJones@ph.lacounty.gov

Follow us on Facebook and Instagram: @BlackInfantsAndFamiliesLA

Scan the QR code using your phone's camera to join our listserv:



Wednesday

Family-Centered Models of Care Workgroup Meeting

First Wednesday of the Month

March 5th 12:00PM-1:00PM

Contact: Debrina Campbell, DCampbell2@ph.lacounty.gov

Tanisha Rogers, Trogers@mva.lacounty.gov

Funder's Circle Workgroup Meeting

Third Wednesday of the Month March 19th

9:30AM-11:00AM

Contact: Kimberly Gray, Kimberly@ maternalmentalhealthnow.org

Meisha Thrasher, Meisha@growurpotential.org



Friday

Community Outreach and Engagement Workgroup Meeting

Second Friday of the Month March 14th

1:00PM-2:30PM

Contact: Kimberly Barrow, KBarrow@laep.org

Janay Ezekwe, Jezekwe@ph.lacounty.gov

COMMUNITY EVENTS

Black Daddy Dialogue Social Support Group Meeting

Second Wednesday of the Month

March 13th 6:30PM-8:30PM

Contact: LeHenry Solomon,

Expectant Fathers Group

February 18 - March 18

Contact: Davion Mauldin, dmauldin@ph.lacounty.gov

AAIMM Doula Advisory Committee -Meet the Village

March 25

11:00AM-2:00PM

11833 S. Wilmington Ave. LA, CA 90059

Contact: Aaimmdoulas@ph.lacounty.gov

Planned Parenthood

BLACK WOMEN

International WOMEN'S DAY



MARCH 08, 2025 9:00 A.M- 2:30 P.M.

FEMINIST MAJORITY FOUNDATION

JOIN US FOR AN INSPIRING INTERNATIONAL WOMEN'S DAY EVENT FILLED WITH DYNAMIC SPEAKERS, ENGAGING DISCUSSIONS, AND A CELEBRATION OF THE INCREDIBLE CONTRIBUTIONS OF WOMEN IN OUR COMMUNITIES.REFRESHMENTS WILL BE SERVED.



RSVP HERE FOR MORE INFORMATION, REACH OUT TO ARNEDRA JORDAN AT <u>ARNEDRA@BWWLA.COM</u>



TUESDAY March II ,4-8PM

Beads & Bonding

This month, we are excited to welcome Tessie Cleveland Community Services Corporation for an important discussion on the Rights & Policies of Immigrants. The session will focus on understanding legal protections, accessing services, and knowing your basic rights.

In addition, we'll be offering a Kandi bead bracelet/Perler bead making activity, providing a therapeutic outlet for self-expression and relaxation.

Martin Luther King Jr. Center for Public Health 11833 S. Wilmington Avenue Los Angeles, CA 90059

Contact: Shamika Sossey@ph.lacounty.gov For more information call 323-568-8732



THE AAIMM DOULA ADVISORY COMMITTEE INVITES YOU TO

MEET THE VILLAGE ←

COMMUNITY RESOURCES, GIFT GIVEAWAYS, FOOD, GAMES, AND MORE!

> MARCH 25, 2025 FROM 11:00AM - 2:00PM

MLK, JR. CENTER FOR PUBLIC HEALTH

11833 WILMINGTON AVE, LOS ANGELES, CA 90059

MORE INFORMATION: AAIMMDOULAS@PH.LACOUNTY.GOV

IN COLLABORATION WITH:



SPEAKER

Kaia Lacy, CLC



THURSDAY, MARCH 27, 2025 10:00 AM PST - 12:30 PM PST

5

Register Today! Tinyurl.com/low-milk

> REGISTRATION OPENS MARCH 24, 2025 FOR SUMMER 2025



http://tinyurl.com/SCC-Lactation

EDUCATION SPECIALIST PROGRAM

The Lactation Education Specialist Program prepares individuals interested in working to promote health and wellness for families to become lactation educators. This is an entry level program that meets the standards of the Lactation Education Accreditation and Approval Committee (LEAARC).

③BreastfeedLA

Care First Community Investment (CFCI) African American Infant & Maternal Mortality Prevention Initiative (AAIMM) Doula Programs

Pregnancy and Infant Loss Support Group

We welcome parents and family members to join a 10-week Pregnancy and Infant loss support group, providing a secure and empathetic setting where you can openly discuss your experiences of loss with others who are navigating similar challenges.

Location: Provided after confirmed registration (Inglewood: Manchester and La Brea area) Date: Wednesdays starting January 29, 2025 Time: 5:45pm-7pm *Refreshments available

Registration: <u>tinyurl.com/cfciaaimmsupportgroup</u>







COUNTY OF LOS ANGELES

LIFE SKILLS PROGRAM HOSTED BY PRETTY WOMEN PRAY NOT PREY

Our Grow & Glow Life Skills Program empowers girls ages 11-18 with essential tools for personal growth and success through monthly workshops. The program culminates in a one month summer session packed with hands-on activities and opportunities for meaninigful connection and self-discovery.

WHAT YOU'LL LEARN

- 🔊 Confidence & Self Esteem Building
- Effective Communication Skills
- Practical Life Skills
- Emotional Well Being

MEETING DATES

Saturday, February 8th 12pm - 3pm Saturday, March 8th 10am -1pm Saturday, April 12th 10am- 1pm Saturday, May 10th 10am- 1pm

LOCATION

Earvin "Magic" Johnson Park-Oak Room 905 E. El Segundo Blvd LA, CA 90059





SIGN UP TODAY

Monday - Friday June 16th - July 11th 11am - 6pm

SUMMER PROGRAM

THERE IS A SMALL, AFFORDABLE FEE TO PARTICIPATE IN THE SUMMER PROGRAM.

REGISTER AT

www.prettywomenpraynotprey.com

HOLLY J. MITCHELL

Questions? Please contact us at info@prettywomenpraynotprey.com

FAMILY CENTERED MODELS OF CARE WORKGROUP

Strenghtening the Village

WORKGROUP GOAL

To reduce the incidence of Black maternal and infant deaths in South LA/South Bay (SPA 6/8) by strengthening the village of support to and around mother and baby.

FOCUS AREAS:

- Collaborate with LA County Perinatal and Early Childhood Home Visitation Consortium
- Support Fatherhood Engagement (Expectant Fathers and Black Daddy Dialogue)
- Collaborate with BreastfeedLA to support, promote, educate, and empower Black Breast/Chestfeeding
- Support Breastfeeding throughout SPA 6/8 and LA County

JOIN US

Every 1st Wednesday of the month from 12PM-1:30PM

Scan the QR Code to Join Virtually

Contact Us! | Debrina Campbell, dcampbell2@ph.lacounty.gov







EXPECTING FATHERS GROUP

DADS, GET READY FOR FATHERHOOD! Sign up for the Expecting Fathers Group for Black Dads. Become empowered to advocate for yourself and your partner. Our community of support will help you access the tools you need.

To learn about upcoming dates and sign up for our **FREE Zoom workshops**, please email: <u>DPH-AAIMMFatherhood@ph.lacounty.gov</u>.



FATHERS, SCAN TO ENROLL

Or text DAD to 323-745-2771 to learn more about our Fatherhood Program.

CHOOSE YOUR SESSION TIME:

OR

Tuesdays @ 6:30 PM Thursdays @9:30AM

SESSION DATES AND TOPICS:

Feb. 18th	Prenatal Support & Birth Plan. AAIMM info!
Feb. 25th	Labor and delivery
Mar. 4th	Postpartum support. Postpartum depression.
Mar. 11th	Infant care/ Safe Sleeping/ Breastfeeding
Mar. 18th	Resources/ Recap/ Gift!



BLACK DADS MATTER. LET'S HELP EACH OTHER IN OUR FATHERHOOD JOURNEY.

Funded by the California Department of Public Health Perinatal Equity Initiative via the Los Angeles County Department of Public Health Division of Matemal, Child and Adolescent Health.

Abundant BIRTHPROJECT

CELEBRATE YOUR BIRTH JOURNEY

Apply for the chance to receive a monthly cash gift during pregnancy and postpartum.

NO STRINGS ATTACHED.

ELIGIBILITY

- Live in Alameda, Contra Costa, Los Angeles, or Riverside counties
- Be 8-27 weeks pregnant at the time of the Abundance Drawing
- Meet income requirements*
- Meet one of the top five risk factors for preterm birth, including:
 - Identifying as Black
 - · Have had a previous preterm birth
 - Have preexisting hypertension
 - Have preexisting diabetes
 - Have sickle cell anemia (SCA)

For more information, required documents, and to apply, visit



ABUNDANTBIRTHPROJECT.ORG





OUR GOAL

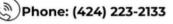
Changing the Narrative of African American/Black Fathers and Families

WHAT WE DO

- Assistance for Black father/figures who support pregnant women or children 0-5 years old
- Loss/grief support services
- Feeding the mind, body and spirit of fathers to support the African American/Black mother

CONTACT US

LeHenry Solomon Fathersforabrighterfuture@gmail.com





Fathers/father figures of all ages raising African American/Black children are welcome!

VIRTUAL MEETINGS EVERY 2ND WEDNESDAY AT 6:30PM January 8, 2025 April 9, 2025

OUR AUDIENCE

February 12, 2025 March 12, 2025 April 9, 2025 May 14, 2025 June 11, 2025

JOIN US



Zoom Link: <u>https://tinyurl.com/SLASBBDD</u> Call or text DAD to (323) 745-2771 to learn

Call or text DAD to (323) 745-2771 to learn about our Fatherhood Program

Note: dates and times are subject to change



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE BlackInfantsAndFamilies.org

Supported by the South LA/South Bay African American Infant and Maternal Mortality Community Action Team



INDIVIDUALIZED SUPPORT

Join our FREE loctation clinic, a sofe haven exclusively staffed by possionate Black Loctation Consultants (IRCLC) and Loctation Educator Specialists (CLES). We are here to help you achieve your infant feeding goald

VIRTUAL AND IN-PERSON

By appaintment only. No insurance required, and completely free. We offer support with:

·And More!

- Breastleeding Prenatal Lociation Challenges Education Classes
 Painful Latch Milk Supply
- Pumping

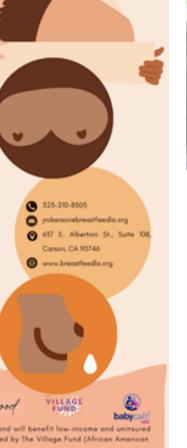
TITTIES 'N TEA

A virtual and in-person support group of prenatal and breast/chestleeding Black birthing people uplifting each other and building community. Come sign same tea while getting the tea on locatation and more

Wednesdays 2:50pm-4:50pm
RSVP weekly at tinyurl.com/tittiesntes

DBreastfeedLA "inotherhood

This project is funded in part by L.A. Care Health Plan and will benefit low-income and uninsured residents of Los Angeles County. Support is also provided by The Village Fund (African American Infant and Maternal Mortality Prevention Initiative).



**** black infant health

Orange County

Parenting or Pregnant?

among Black/African American

ELIGIBILITY

16 years or older

Black/African

pregnant or up to

GET IN TOUCH:

bihoc@breastfeedla.org or call: 714-834-7747

Identify as

American

6 months

postpartum

Currently

Black Infant Health (BIH) aims to improve health

mothers and babies by empowering pregnant and mothering Black/African American women to make healthy choices

for a brighter future.



IN-PERSON SESSIONS for prenatal (10 sessions) & postpartum (10 sessions)

LIFE COACHING and case

management

REFERRALS for family and healthcare needs

SUPPORT SERVICES provided by an integrated team of professionals including a public health nurse and mental health professional

CLASSES in breastfeeding, nutrition, and parent education

BIRTHING INFORMATION

and connections to vital care

Cchealth 😁

③BreastfeedLA

FIRST 5

NURTURING RESILIENCE THROUGH BREASTFEEDING: A POWERFUL ACT OF RESISTANCE

In the face of ongoing challenges, the Los Angeles County African American Infant and Maternal Mortality Prevention (AAIMM) Initiative stands firm in our commitment to Black maternal health.

Breastfeeding is a vital act of nourishment AND a form of resistance. It is a reclaiming of control over our bodies, our babies, and our futures. Together, we will continue to ensure that the next generation is nurtured, protected, and empowered.

Find breastfeeding resources and support at: BlackInfantsAndFamilies.org | @BlackInfantsAndFamiliesLA | fb.com/BlackInfantsAndFamilies

first 5la



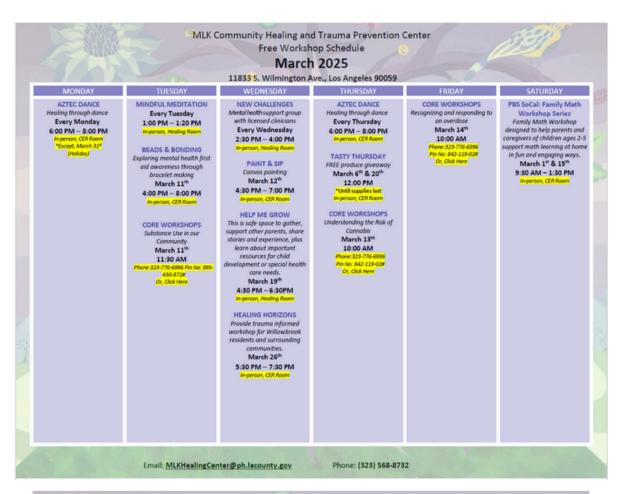


Public Health



The EDD's Disability Insurance and Paid Family Leave Calculator is an easy way to find out what your weekly benefit amount might be while on leave.

Go to edd.ca.gov/en/disability/PFL_Calculator/.



ALL DIDI		-	ve., Los Angeles 90059	-	133.310
LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
DANZA AZTECA Sanacion a través de la danza Cada Lunes 6:00 PM – 8:00 PM En persona, Solo CB	ACIÓN CONSCIENTE Cada Martes D PM – 1:20 PM trons, Sola de curación ITAS Y CONEXION tra la concientización primeros auxilios de imentol a través de riscación de publicros sciendo un espocio tricación de publicros ricación de publicros ricación de publicros y la relojación. 11 de marzo O PM – 5:00 PM persono, Solo CER O PM – 5:00 PM persono de solo CER O PM – 5:00 PM persono de solo CER O PM – 5:00 PM persono de solo CER D CENTERES CONTRACES D CONTRACES D CONTRACES	NEVOS DESAFLOS Grupo de apoyo de soludi mental com médicos lamanados Cada Miercoles 2:30 PM - 4:00 PM En persona, Sola de curación PINTAR Y BEBER Close de pintar 12 de marzo 4:30 PM - 7:00 PM En persona, Sola CER NELP ME GROW LA CAFÉ DE PADRES Y FAMILLA Un espacio seguro para reunirse, apoyer a atros padres, compartir historia y experiencias, ademas de aperader sobre recursos importantes para el desarollo infantile o las nescesidades especiales de solud 19 de marzo 4:30 PM - 6:30 PM En persona, Sola PE PORCONTES CURATIVOS Proporcionar un taller informada sobre traumas para los ceriadentes de Willowbrock y las comunidades circundantes 2:30 PM - 7:30 PM En persona, Sola PE	DANZA AZTECA Sanacion a través de la danza Cada Jueves 6:00 PM = 8:00 PM En persona, Solo CER JUEVES SABROSO Suttido de alimentos gratis 6 y 20 de marzo (El primero y tercer Jueves) 12:00 PM "Hada agotar existencias En persona, Solo CER CORE TALLERES Reconacer y responder a una sobredosis con naloxona 27 de marzo 10:00 AM Teléfona 333-776-696 kM de pro 3637-785-2996 0, Hago Clic Agul		PBS TALLERES DE MATEMÀTICAS EN FAMILIA Taller fomiliar de matemàticas diseñado para de matemàticas en casa de maneras divertidas y otractivas. L y 15 de marzo 11:00 AM Enpersono, Salo CP