JUNE SPA 5/6



### <u>African American Infant and Maternal Mortality Prevention Initiative</u>

The countywide coalition of the African American Infant and Maternal Mortality (AAIMM) Initiative addresses the disproportionately high rates of Black infant and maternal deaths. They are dedicated to ensuring healthy and joyous births for Black families in LA County.

To learn more click here: AAIMM

### Maternal Mental Health NOW

Maternal Mental Health NOW is a project of community partners in Los Angeles County. Their mission is to remove barriers to the prevention, screening, and treatment of prenatal and postpartum depression in LA County.

To learn more click here: MMHN



#### The Origin Of Father's Day

Many people assume Father's Day (and Mother's Day for that matter) is a holiday designed by greeting card makers to turn a profit. But that couldn't be farther from the truth. The story behind how this day became a holiday is actually a tale of determination by one woman and a decades-long fight to get fathers the recognition they deserve.

Some attribute the first Father's Day observance to the 1907 Monongah, West Virginia mining disaster that killed 361 men –250 of them fathers— and which left more than a thousand children without a dad. Grace Golden Clayton, whose father was killed in the tragedy, suggested a service of commemoration to the pastor of her local Methodist chapel. But it never really caught on as an annual observance.

On June 6, 1910, Dodd approached the Spokane Ministerial Association and the local Young Men's Christian Association (YMCA) with her petition outlining the idea for an annual observance, and she received overwhelming support. Spokane's held its first Father's Day celebration on Sunday, June 19, 1910, with moving speeches by her own pastor and those from other area churches.

The first US President to celebrate it was Woodrow Wilson in June of 1916, who opened the church services by telephone to Spokane from the Oval Office. Wilson liked the idea so much of a day of observation for fathers that he pushed to make it a national holiday (he had just made Mother's Day official in 1915), but members of Congress resisted, fearing that such a day would take away support from the Mother's Day holiday, and commercialize the day for fathers, causing more harm than good.

More than 50 years after Dodd's initial efforts, Father's Day was recognized as a holiday to be celebrated on the third Sunday of June by President Lyndon Johnson's Executive Order in 1966. But it was still not officially recognized as a federal holiday until six years later, in 1972 when, during his re-election campaign, Richard Nixon signed an official proclamation setting Father's Day permanently on the third Sunday in June nationwide.

So when you're picking out that special gift and card for dad, remember Sonora Smart Dodd and her efforts to get fathers the recognition they deserve













THE SOUTH LOS ANGELES/ SOUTH-BAY AFRICAN AMERICAN INFANT MORTALITY COMMUNITY ACTION TEAM IN COLLABORATION WITH STAR STATUS CARES PRESENTS



# JUNETEENTH FATHERS DAY CELEBRATION COMMUNITY RESOURCE FAIR

### **DONATIONS NEEDED**

AS WE PREPARE TO CELEBRATE BLACK FATHERS, BIRTHING PERSONS AND THEIR FAMILIES, WE ARE KINDLY REQUESTING DONATIONS BY

### Friday, June 07, 2024

- · DIAPERS CLOTH (ALL SIZES)
- · DIAPERS (ALL SIZES)
- BOTTLES
- · WIPES
- BLANKETS
- · CAR SEATS
- · BIBS
- BREAST PUMPS
- BOBBY PILLOW
- CRIBS
- STROLLERS
- · CARRIERS
- · BASSINETS

- MEN'S HYGIENE ITEMS (LOTION, DEODORANTS, TOOTHPASTE, SOAP, CHAPSTICK ETC.
- · MEN HYGIENE TOILETRY BAGS
- MENS BACKPACKS/DIAPER BAGS
- · GIFT CARDS
- · BOOKS
- · RESOURCES FOR FATHERS

#### WE ASK THAT ALL DONATIONS BE NEW OR UNUSED

#### **Drop-Off Location**

MARTIN LUTHER KING CENTER FOR PUBLIC HEALTH DONATIONS
11833WILMINGTON AVE. LOS ANGELES CA 90059

#### Contact

TANISHA ROGERS: TROGERS@MVA.LACOUNTY.GOV

DEBRINA CAMPBELL: DCAMPBELL2@PH.LACOUNTY.GOV

JACKIE RUIZ: JRUIZ2@PH.LACOUNTY OR 213-820-3497







South Los Angeles/South Bay African American Infant and Maternal Mortality Community Action Team and Star Status Cares Presents







### **FATHER'S DAY CELEBRATION**

SATURDAY, JUNE 8, 2024 12:00PM-3:00PM

MARTIN LUTHER KING, JR. CENTER FOR PUBLIC HEALTH 11833 S. WILMINGTON AVE. LOS ANGELES CA 90059

Join us as we celebrate black fathers and their families with a community baby shower with a day full of vital resources for their birthing journey, baby essentials, and items for fathers.



Mens Hygiene items Toiletry bags Books Resources for Fathers Free Hair Cuts **Veterans Affairs** Mental Health

Diapers **Bottles** Baby essesntials Wipes Diaper Bgs **4D Ultrasounds Prenatal Services Early Education Lactation Education** 

Mens Health **Family Resources Health Screenings** Live DJ Gift Cards Raffles &More









Please scan code QR to register or click on link

https://tinyurl.com/3j8wjs4y











### **Happy Juneteenth!**

Juneteenth (short for June 19th) commemorates the end of slavery in the United States, and is also known as Freedom Day or Jubilee Day.

Learn more at: juneteenth.com/history.htm





### WHAT IS JUNETEENTH?

Juneteenth is a special day in the United States when we remember and celebrate the freedom of African Americans who were once enslaved. On June 19, 1865, General Gordon Granger arrived in Texas to make the announcement that would change the course of history.

Juneteenth is now celebrated in many parts of the United States, honoring African-American culture. In 2021, the U.S. Congress made it an official federal holiday after the decades-long efforts of Lula Briggs Galloway, Opal Lee, and others.





**SAVE** 

NATIONAL CANCER SURVIVORS **DAY® 2024** 

JUNE 2 2024

THE

DATE



Wear Orange on national gun violence awareness day, june 7, 2024, and share your #wearorange photo on social media. wearorange.org



June National Health Fitness Day

IT'S CANADA'S DAY TO GET UP, GET OUT AND GET ACTIVE VISIT WWW.NHFDCAN.GA

The mind replays, what the heart can't delete.



HealthyPlace.com



### Post Traumatic Stress Disorder (PTSD) - What It Is And Isn't

PTSD IS A NATURAL RESPONSE TO TRAUMA JUST AS BLEEDING IS A NORMAL RESPONSE TO BEING STABBED.

This is a vital point actually. So often we feel like we are going crazy and some people feel a sense of shame for developing PTSD. Would you feel that same sense of shame for bleeding, though? Or breaking a leg? Same difference. This is the result of your experiences, it says nothing about you other than that you are a survivor.





LGBT Pride Month, often shortened to Pride Month, is a month, typically June, dedicated to celebration and commemoration of lesbian, gay, bisexual, and transgender pride. Pride Month began after the Stonewall riots, a series of gay liberation protests in 1969.



Idea submissions for our <u>2nd District Community Budget</u> are underway! If you live or work in Florence-Firestone or Ladera Heights, regardless of age or immigration status, we invite you to submit your improvement ideas for *your* community. Anyone in your household can submit their ideas here for <u>Florence-Firestone</u> and <u>Ladera Heights</u>.

To learn more, check out the *LAist* article "How Would You Spend \$1M To Improve Your Neighborhood?.





### 2024 BEACH MOVIE NIGHTS AT DOCKWEILER YOUTH CENTER

Friday Nights: June 7 – August 30 | 8:00 p.m.

Dockweiler Youth Center 12505 Vista del Mar Playa del Rey, CA 90293

Join the LA County Department of Beaches & Harbors for FREE familyfriendly movie nights on the sand and underneath the stars. Watch on Friday Nights this summer featuring screenings of Shrek, Finding Nemo, Space Jam, The Little Mermaid, and more. Visit 2024 Beach Movie Nights for more information.









### Master The Art Of Hair Care Techniques While Having Fun



### Program Description

The program is structured to cover a wide range of topics related to Black hair care, including understanding different hair testures and identifying common heir concerns. We will explore natural hair care ingredients and their benefits. You will be learning various becomisques for hair maintenance, styling, and protection. Participarts will have the opportunity to empage in hands on activities, interactive discussions, and practical demanstrations to enhance their understanding and profilescy in natural hair care practices.

#### More Information



#### Location

Classes will be held in person at Center of Hope, LA 9550-Cremihan Blvd. Inglewood, CA 90305



#### Dates & Time

Crasses will be held on Saturdays March, April, May, and June From 1200 p.m. - 3 p.m. Session 1: March 1601, 301h, April 61h, and 181h, 301h (April 5ession 2: April 190 Session 3: May 1780 Session 4: June 1780

### Enroll Now

Limited Seats Available, Reserve Your Spot Now

### **Key Program Features**

#### Hair Type Identification

Participants will learn to identify various hair types and understand their unique characteristics, such as our patterns, perosity, density, and electricity.

#### Hair Care Techniques

 Participants will learn the best practices by considering the specific needs of different hair textures.

#### Protective Styling

 Participants will be introduced to different protective styling options that promote hair growth and minimize demage. They will learn how to chees appropriate styles besed on hair tone.

### Problem-Solving Strotegies

 The program will address common heli concern such as breakege, drywes, and frizz. Perticipants will gain valuable insights into identifying the roor causes of these issues and espisive effective strategies to address them.

# DIVERSITY HAIR CARE TRAINING SERIES – TRAINING FOR RESOURCE PARENTS

Our office is proud to partner with LA County's Department of Children and Family Services to support resource parents interested in learning how to care for and style different hair textures. Program participants will engage in handson activities, interactive discussions, and practical demonstrations to enhance their understanding of natural hair care practices. Classes will be in person at the Center of Hope LA, 9550 Crenshaw Boulevard in Inglewood. If you have questions, please contact Dr. Tiffany Dukes at jonest3@dcfs.lacounty.gov or your children's Social Worker.

Program Dates: Saturdays from 12:00 p.m. – 3:00 p.m. on June 1 and June 8, 2024

Click <u>here</u> to reserve your spot and register.











