

WHAT'S GOING ON

MARCH

AAIMM

SPA 5/6



Who We Are

A collaborative partnership between LA County Departments of Public Health, Health Services, Mental Health, First SLA, birth workers, community members, community-based organizations, health care providers, faith-based organizations, and businesses united in reducing the rates of African American infant and maternal mortality/morbidity in the South LA and South Bay community.

What We Do

We work to elevate the needs of the community and implement strategies by addressing the impact of racism, catalyzing community action, and promoting wellness and equitable healthcare strategies for Black families through our four workgroups:

- Family Centered Models of Care
- Community Outreach and Engagement
- Funders Circle
- Integrative Community Solutions

Every African American/Black mother/birthing person and child deserves a joyous pregnancy and healthy birth.

How Can You Get Involved?

We host regional meetings every other month. We encourage you to join us as we work together to end the injustice of Black/African American infant and maternal deaths in South LA and the South Bay.



2025 Bi-Monthly Meeting Dates

- January 30, 2025
- March 27, 2025
- May 29, 2025
- July 26, 2025
- September 25, 2025
- November 20, 2025

Community Baby Showers
Saturday, April 12, 2025
Black Maternal Health Week

Saturday, June 14, 2025
Juneteenth/Father's Day



Note: meeting dates are subject to change



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE

SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

Scan the QR Code with your phone's camera to join our emailing list, today!



For More Information Contact: SLASBAAIMM@gmail.com

[@blackinfantandfamiliesla](https://www.instagram.com/blackinfantandfamiliesla)
www.blackinfantsandfamilies.org



JOIN THE MOVEMENT

South Los Angeles/South Bay African American Infant and Maternal Mortality Community Action Team (SLASB AAIMM CAT)



2025

WHAT'S GOING ON

ACT NOW TO PROTECT BLACK MOTHERS AND BABIES.

We are uniting to celebrate and support Black mothers, babies, and families by providing culturally rooted care and advocacy, ensuring joyous and safe births for all.

The Los Angeles County African American Infant and Maternal Mortality (AAIMM) Prevention Initiative brings together the Department of Public Health, First 5 LA, the LA County Departments of Health Services and Mental Health, community organizations, healthcare providers, funders, and community members.

Follow us: [@BlackInfantsAndFamiliesLA](#) for more information and to become part of the AAIMM network.
Learn more: [BlackInfantsAndFamilies.org](#)



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE
[BlackInfantsAndFamilies.org](#)



County of Los Angeles
Public Health



South Los Angeles / South Bay AAIMM Community Action Team

March 2025 Monthly Happenings

Monday	Wednesday	Wednesday	Friday	COMMUNITY EVENTS
<p>SLASB AAIMM Community Action Team Bi-Weekly Planning Team Meeting</p> <p>March 3rd (Virtual) 2:00PM-4:00PM</p> <p>March 17th (Virtual) 2:00PM-4:00PM</p> <p>Interested in becoming a planning team member?</p> <p>Contact: Adjoa Jones, AJones@ph.lacounty.gov</p>	<p>Integrated Community Solutions Workgroup Meeting</p> <p>Second Wednesday of the Month</p> <p>March 12th 1:00PM-2:00PM</p> <p>Contact: Gabrielle Brown, Gabrielle@bwwla.com</p> <p>Nada Dalati, Nadadalati1414@gmail.com</p>	<p>Family-Centered Models of Care Workgroup Meeting</p> <p>First Wednesday of the Month</p> <p>March 5th 12:00PM-1:00PM</p> <p>Contact: Debrina Campbell, DCampbell2@ph.lacounty.gov</p> <p>Tanisha Rogers, Trogers@mva.lacounty.gov</p> <hr/> <p>Funder's Circle Workgroup Meeting</p> <p>Third Wednesday of the Month</p> <p>March 19th 9:30AM-11:00AM</p> <p>Contact: Kimberly Gray, Kimberly@maternalmentalhealthnow.org</p> <p>Meisha Thrasher, Meisha@growurpotential.org</p>	<p>Community Outreach and Engagement Workgroup Meeting</p> <p>Second Friday of the Month</p> <p>March 14th 1:00PM-2:30PM</p> <p>Contact: Kimberly Barrow, KBarrow@laep.org</p> <p>Janay Ezekwe, Jezekwe@ph.lacounty.gov</p>	<p>Black Daddy Dialogue Social Support Group Meeting</p> <p>Second Wednesday of the Month</p> <p>March 13th 6:30PM-8:30PM</p> <p>Contact: LeHenry Solomon, Fathersforabrighterfuture@gmail.com</p> <hr/> <p>Expectant Fathers Group</p> <p>February 18 - March 18</p> <p>Contact: Davion Mauldin, dmauldin@ph.lacounty.gov</p> <hr/> <p>AAIMM Doula Advisory Committee - Meet the Village</p> <p>March 25 11:00AM-2:00PM</p> <p>11833 S. Wilmington Ave. LA, CA 90059</p> <p>Contact: Aaimmdoulas@ph.lacounty.gov</p>
<p>For more information about how to get involved with SLASB AAIMM CAT, contact: Adjoa Jones, AJones@ph.lacounty.gov</p> <p>Follow us on Facebook and Instagram: @BlackInfantsAndFamiliesLA</p> <p>Scan the QR code using your phone's camera to join our listserv:</p>				
				
 <p>AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM</p>				

WHAT'S GOING ON



International **WOMEN'S DAY**



MARCH 08, 2025

9:00 A.M - 2:30 P.M.

FEMINIST MAJORITY FOUNDATION

JOIN US FOR AN INSPIRING INTERNATIONAL WOMEN'S DAY EVENT FILLED WITH DYNAMIC SPEAKERS, ENGAGING DISCUSSIONS, AND A CELEBRATION OF THE INCREDIBLE CONTRIBUTIONS OF WOMEN IN OUR COMMUNITIES. REFRESHMENTS WILL BE SERVED.



RSVP HERE

FOR MORE INFORMATION, REACH OUT TO ARNEDRA JORDAN AT ARNEDRA@BWWLA.COM

WHAT'S GOING ON



TUESDAY
MARCH 11, 4-8PM

FREE
WORKSHOP

Beads & Bonding

This month, we are excited to welcome **Tessie Cleveland Community Services Corporation** for an important discussion on the **Rights & Policies of Immigrants**. The session will focus on understanding legal protections, accessing services, and knowing your basic rights.

In addition, we'll be offering a **Kandi bead bracelet/Perler bead making activity**, providing a therapeutic outlet for self-expression and relaxation.

Martin Luther King Jr. Center for Public Health
11833 S. Wilmington Avenue Los Angeles, CA 90059

Contact: Shamika

Sossey@ph.lacounty.gov

For more information call

323-568-8732



COUNTY OF LOS ANGELES
Public Health

WHAT'S GOING ON

THE AAIMM DOULA ADVISORY COMMITTEE INVITES YOU TO

MEET THE VILLAGE



COMMUNITY RESOURCES, GIFT
GIVEAWAYS, FOOD, GAMES, AND
MORE!



MARCH 25, 2025
FROM 11:00AM - 2:00PM



**MLK, JR. CENTER
FOR PUBLIC HEALTH**

11833 WILMINGTON AVE,
LOS ANGELES, CA 90059



MORE INFORMATION:

AAIMMDOULAS@PH.LACOUNTY.GOV

IN COLLABORATION WITH:



SCAN QR CODE
TO RSVP



WHAT'S GOING ON



• LIVE WEBINAR

SUPPORTING LOW MILK SUPPLY: A COMPASSIONATE, INFORMED APPROACH

THURSDAY, MARCH 27, 2025
10:00 AM PST - 12:30 PM PST

Register Today!
[Tinyurl.com/low-milk](https://tinyurl.com/low-milk)

SPEAKER
Kaia Lacy, CLC

BreastfeedLA



REGISTRATION OPENS MARCH 24, 2025 FOR SUMMER 2025



<http://tinyurl.com/SCC-Lactation>

LACTATION

EDUCATION SPECIALIST PROGRAM

The Lactation Education Specialist Program prepares individuals interested in working to promote health and wellness for families to become lactation educators. This is an entry level program that meets the standards of the Lactation Education Accreditation and Approval Committee (LEAARC).

 **Santiago Canyon College**
DIVISION OF CONTINUING EDUCATION

 **BreastfeedLA**

WHAT'S GOING ON

**Care First Community Investment (CFCI)
African American Infant & Maternal Mortality
Prevention Initiative (AAIMM)
Doula Programs**

Pregnancy and Infant Loss Support Group

We welcome parents and family members to join a 10-week Pregnancy and Infant loss support group, providing a secure and empathetic setting where you can openly discuss your experiences of loss with others who are navigating similar challenges.

**Location: Provided after confirmed registration
(Inglewood: Manchester and La Brea area)**

Date: Wednesdays starting January 29, 2025

Time: 5:45pm-7pm

*Refreshments available

Registration:

tinyurl.com/cfciaaimmsupportgroup



WHAT'S GOING ON

LIFE SKILLS PROGRAM

HOSTED BY PRETTY WOMEN PRAY NOT PREY

Our Grow & Glow Life Skills Program empowers **girls ages 11-18** with essential tools for personal growth and success through monthly workshops. The program culminates in a one month summer session packed with hands-on activities and opportunities for meaningful connection and self-discovery.

WHAT YOU'LL LEARN

- ✓ Confidence & Self Esteem Building
- ✓ Effective Communication Skills
- ✓ Practical Life Skills
- ✓ Emotional Well Being

MEETING DATES

Saturday, February 8th 12pm - 3pm
Saturday, March 8th 10am - 1pm
Saturday, April 12th 10am - 1pm
Saturday, May 10th 10am - 1pm

LOCATION

Earvin "Magic" Johnson Park-
Oak Room
905 E. El Segundo Blvd
LA, CA 90059



HOLLY J. MITCHELL
LOS ANGELES COUNTY SUPERVISOR 2ND DISTRICT

SUMMER PROGRAM

Monday - Friday
June 16th - July 11th
11am - 6pm

THERE IS A SMALL, AFFORDABLE FEE TO PARTICIPATE IN THE SUMMER PROGRAM.

SIGN UP TODAY

REGISTER AT

www.prettywomenpraynotprey.com

Questions? Please contact us at info@prettywomenpraynotprey.com



WHAT'S GOING ON



FAMILY CENTERED MODELS OF CARE WORKGROUP

Strengthening the Village

WORKGROUP GOAL

To reduce the incidence of Black maternal and infant deaths in South LA/South Bay (SPA 6/8) by strengthening the village of support to and around mother and baby.

FOCUS AREAS:

- Collaborate with LA County Perinatal and Early Childhood Home Visitation Consortium
- Support Fatherhood Engagement (Expectant Fathers and Black Daddy Dialogue)
- Collaborate with BreastfeedLA to support, promote, educate, and empower Black Breast/Chestfeeding
- Support Breastfeeding throughout SPA 6/8 and LA County

JOIN US

Every 1st Wednesday of the month from 12PM-1:30PM

Scan the QR Code to Join Virtually

Contact Us! | Debrina Campbell,
dcampbell2@ph.lacounty.gov



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

WHAT'S GOING ON



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE
FATHERHOOD PROGRAM

BlackInfantsAndFamilies.org/Fatherhood

EXPECTING FATHERS GROUP

DADS, GET READY FOR FATHERHOOD!

Sign up for the Expecting Fathers Group for Black Dads. Become empowered to advocate for yourself and your partner. Our community of support will help you access the tools you need.

To learn about upcoming dates and sign up for our **FREE Zoom workshops**, please email: DPH-AAIMMFatherhood@ph.lacounty.gov.



**FATHERS,
SCAN TO ENROLL**

Or text **DAD** to 323-745-2771
to learn more about our
Fatherhood Program.

CHOOSE YOUR SESSION TIME:

Tuesdays
@ 6:30 PM

OR

Thursdays
@ 9:30AM

SESSION DATES AND TOPICS:

Feb. 18th Prenatal Support & Birth Plan.
AAIMM info!

Feb. 25th Labor and delivery

Mar. 4th Postpartum support.
Postpartum depression.

Mar. 11th Infant care/ Safe Sleeping/
Breastfeeding

Mar. 18th Resources/ Recap/ Gift!



**BLACK DADS MATTER.
LET'S HELP EACH OTHER IN OUR FATHERHOOD JOURNEY.**

Funded by the California Department of Public Health Perinatal Equity Initiative via the Los Angeles County Department of Public Health Division of Maternal, Child and Adolescent Health.

WHAT'S GOING ON

THE CALIFORNIA Abundant BIRTHPROJECT

CELEBRATE YOUR BIRTH JOURNEY

Apply for the chance to receive a monthly cash gift during pregnancy and postpartum.

NO STRINGS ATTACHED.

ELIGIBILITY

- Live in Alameda, Contra Costa, Los Angeles, or Riverside counties
- Be 8-27 weeks pregnant at the time of the Abundance Drawing
- Meet income requirements*
- Meet one of the top five risk factors for preterm birth, including:
 - Identifying as Black
 - Have had a previous preterm birth
 - Have preexisting hypertension
 - Have preexisting diabetes
 - Have sickle cell anemia (SCA)



For more information, required documents, and to apply, visit

ABUNDANTBIRTHPROJECT.ORG



County of Los Angeles
Public Health

The California Abundant Birth Project is designed to provide monthly cash gifts to eligible participants in order to support women birthing people that are at highest risk of disparate pregnancy/birthing outcomes.

WHAT'S GOING ON

Black Infants & Families
LOS ANGELES

BLACK DADDY DIALOGUE

OUR GOAL


Changing the Narrative of African American/Black Fathers and Families

WHAT WE DO

- Assistance for Black father/figures who support pregnant women or children 0-5 years old
- Loss/grief support services
- Feeding the mind, body and spirit of fathers to support the African American/Black mother

CONTACT US

 LeHenry Solomon
Fathersforabrighterfuture@gmail.com

 Phone: (424) 223-2133

OUR AUDIENCE



Fathers/father figures of all ages raising African American/Black children are welcome!

VIRTUAL MEETINGS EVERY 2ND WEDNESDAY AT 6:30PM



January 8, 2025	April 9, 2025
February 12, 2025	May 14, 2025
March 12, 2025	June 11, 2025

JOIN US



Zoom Link: <https://tinyurl.com/SLASBBDD>

Call or text DAD to (323) 745-2771 to learn about our Fatherhood Program

Note: dates and times are subject to change



AFRICAN AMERICAN INFANT
AND MATERNAL MORTALITY
PREVENTION INITIATIVE
BlackInfantsAndFamilies.org

Supported by the South LA/South Bay African American Infant and Maternal Mortality Community Action Team

WHAT'S GOING ON

LIBERATION LACTATION LOUNGE

FOR US BY US

INDIVIDUALIZED SUPPORT

Join our FREE lactation clinic, a safe haven exclusively staffed by passionate Black Lactation Consultants (IBCLC) and Lactation Educator Specialists (LES). We are here to help you achieve your infant feeding goals!

VIRTUAL AND IN-PERSON

By appointment only. No insurance required, and completely free. We offer support with:

- Breastfeeding Challenges
- Painful Latch
- Pumping
- Prenatal Lactation Education Classes
- Milk Supply
- ...And More!

325-210-8505
 joberson@breastfeedla.org
 657 E. Albertoni St., Suite 108, Carson, CA 90746
 www.breastfeedla.org

TITTIES 'N TEA

A virtual and in-person support group of prenatal and breast/chestfeeding Black birthing people uplifting each other and building community. Come sip on some tea while getting the tea on lactation and more.

- Wednesdays 2:30pm-4:30pm
- RSVP weekly at tinyurl.com/tittiesntea

BreastfeedLA | powered by motherhood | THE VILLAGE FUND | babycenter

This project is funded in part by L.A. Care Health Plan and will benefit low-income and uninsured residents of Los Angeles County. Support is also provided by The Village Fund (African American Infant and Maternal Mortality Prevention Initiative).

black infant health
Empowering Pregnant and Mothering Black Women

Orange County

blackinfanthealth.org

Parenting or Pregnant?

Black Infant Health (BIH) aims to improve health among Black/African American mothers and babies by empowering pregnant and mothering Black/African American women to make healthy choices for a brighter future.

SERVICES

- IN-PERSON SESSIONS** for prenatal (10 sessions) & postpartum (10 sessions)
- LIFE COACHING** and case management
- REFERRALS** for family and healthcare needs
- SUPPORT SERVICES** provided by an integrated team of professionals including a public health nurse and mental health professional
- CLASSES** in breastfeeding, nutrition, and parent education
- BIRTHING INFORMATION** and connections to vital care

ELIGIBILITY

- 16 years or older
- Identify as Black/African American
- Currently pregnant or up to 6 months postpartum

GET IN TOUCH:
 bihoc@breastfeedla.org
 or call: 714-834-7747

cc health CARE AGENCY | BreastfeedLA | FIRST 5 ORANGE COUNTY

NURTURING RESILIENCE THROUGH BREASTFEEDING: A POWERFUL ACT OF RESISTANCE

In the face of ongoing challenges, the Los Angeles County African American Infant and Maternal Mortality Prevention (AAIMM) Initiative stands firm in our commitment to Black maternal health.

Breastfeeding is a vital act of nourishment AND a form of resistance. It is a reclaiming of control over our bodies, our babies, and our futures. Together, we will continue to ensure that the next generation is nurtured, protected, and empowered.

Find breastfeeding resources and support at:
 BlackInfantsAndFamilies.org | @BlackInfantsAndFamiliesLA | fb.com/BlackInfantsAndFamilies

AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE
 BlackInfantsAndFamilies.org

first 5 la
 Living with the best start

COUNTY OF LOS ANGELES
 Public Health

EDD

The EDD's Disability Insurance and Paid Family Leave Calculator is an easy way to find out what your weekly benefit amount might be while on leave.

Go to edd.ca.gov/en/disability/PFL_Calculator/.

WHAT'S GOING ON

MLK Community Healing and Trauma Prevention Center
Free Workshop Schedule
March 2025
11833 S. Wilmington Ave., Los Angeles 90059

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>AZTEC DANCE Healing through dance Every Monday 6:00 PM – 8:00 PM In-person, CER Room *Except, March 31st (Holiday)</p>	<p>MINDFUL MEDITATION Every Tuesday 1:00 PM – 1:20 PM In-person, Healing Room</p> <p>BEADS & BONDING Exploring mental health first aid awareness through bracelet making March 11th 4:00 PM – 8:00 PM In-person, CER Room</p> <p>CORE WORKSHOPS Substance Use in our Community March 11th 11:30 AM Phone: 323-776-6996 Pin No: 995-430-872# Or, Click Here</p>	<p>NEW CHALLENGES Mental health support group with licensed clinicians Every Wednesday 2:30 PM – 4:00 PM In-person, Healing Room</p> <p>PAINT & SIP Canvas painting March 12th 4:30 PM – 7:00 PM In-person, CER Room</p> <p>HELP ME GROW This is safe space to gather, support other parents, share stories and experience, plus learn about important resources for child development or special health care needs. March 19th 4:30 PM – 6:30 PM In-person, Healing Room</p> <p>HEALING HORIZONS Provide trauma informed workshop for Willowbrook residents and surrounding communities. March 26th 5:30 PM – 7:30 PM In-person, CER Room</p>	<p>AZTEC DANCE Healing through dance Every Thursday 6:00 PM – 8:00 PM In-person, CER Room</p> <p>TASTY THURSDAY FREE produce giveaway March 6th & 20th 12:00 PM *Until supplies last In-person, CER Room</p> <p>CORE WORKSHOPS Understanding the Risk of Cannabis March 13th 10:00 AM Phone: 323-776-6996 Pin No: 842-119-02# Or, Click Here</p>	<p>CORE WORKSHOPS Recognizing and responding to an overdose March 14th 10:00 AM Phone: 323-776-6996 Pin No: 842-119-02# Or, Click Here</p>	<p>PBS SoCal: Family Math Workshop Series Family Math Workshop designed to help parents and caregivers of children ages 2-5 support math learning at home in fun and engaging ways. March 1st & 15th 9:30 AM – 1:30 PM In-person, CER Room</p>

Email: MLKHealingCenter@ph.lacounty.gov Phone: (323) 568-8732

MLK Community Healing and Trauma Prevention Center
Horario de Talleres Gratuitos
Marzo 2025
11833 S. Wilmington Ave., Los Angeles 90059

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SABADO
<p>DANZA AZTECA Sanación a través de la danza Cada Lunes 6:00 PM – 8:00 PM En persona, Sala CER</p>	<p>MEDITACIÓN CONSCIENTE Cada Martes 1:00 PM – 1:20 PM En persona, Sala de curación</p> <p>CUENTAS Y CONEXION Explora la concientización sobre primeros auxilios de salud mental a través de la fabricación de pulseras Ofreciendo un espacio terapéutico para la expresión y la relajación. 11 de marzo 4:00 PM – 8:00 PM En persona, Sala CER</p> <p>CORE TALLERES Su adolescente y el uso de sustancias 18 de marzo 10:00 AM Teléfono: 323-776-6996 Nº de pin: 678-370-764# O, Haga Clic Aquí!</p> <p>CORE TALLERES Como reconocer y responder ante una sobredosis administrando naloxona 25 de marzo 10:00 AM Teléfono: 323-776-6996 Nº de pin: 638-661-772# O, Haga Clic Aquí!</p>	<p>NUEVOS DESAFIOS Grupo de apoyo de salud mental con médicos licenciados Cada Miércoles 2:30 PM – 4:00 PM En persona, Sala de curación</p> <p>PINTAR Y BEBER Clase de pintar 12 de marzo 4:30 PM – 7:00 PM En persona, Sala CER</p> <p>HELP ME GROW LA CAFÉ DE PADRES Y FAMILIA Un espacio seguro para reunirse, apoyar a otros padres, compartir historia y experiencias, además de aprender sobre recursos importantes para el desarrollo infantil o las necesidades especiales de salud 19 de marzo 4:30 PM – 6:30 PM En persona, Sala HC</p> <p>HORIZONTES CURATIVOS Proporcionar un taller informado sobre traumas para los residentes de Willowbrook y las comunidades circundantes 26 de marzo 5:30 PM – 7:30 PM En persona, Sala HC</p>	<p>DANZA AZTECA Sanación a través de la danza Cada Jueves 6:00 PM – 8:00 PM En persona, Sala CER</p> <p>JUEVES SABROSO Surtido de alimentos gratis 6 y 20 de marzo (El primero y tercer jueves) 12:00 PM *Hasta agotar existencias En persona, Sala CER</p> <p>CORE TALLERES Reconocer y responder a una sobredosis con naloxona 27 de marzo 10:00 AM Teléfono: 323-776-6996 Nº de pin: 894-752-890# O, Haga Clic Aquí!</p>		<p>PBS TALLERES DE MATEMÁTICAS EN FAMILIA Taller familiar de matemáticas diseñado para ayudar a los padres y cuidadores de niños de 2 a 5 años a apoyar el aprendizaje de matemáticas en casa de maneras divertidas y atractivas. 1 y 15 de marzo 11:00 AM En persona, Sala CER</p>

Correo electrónico: MLKHealingCenter@ph.lacounty.gov Phone: (323) 568-8732