

AGES  
18+

**FREE**

# Black Women's Support Group

*Racism and racial trauma continues to affect the emotional and mental wellbeing of Black people, particularly Black women who already face so many obstacles when it comes to receiving mental health treatment. This support group helps Black women feel supported and understood in the shared experience of being a Black woman.*

## Tuesdays | 11:30 AM - 1:00 PM

For any questions or to register, call and leave a message with your name & number on a secure and confidential voicemail to:

TALK TO  
ME

**Martin Rodarte, LCSW**  
**He/Him/His**  
**213-266-3432**



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### In-Person & Virtual Sessions Available