

Fall into Protection: Stop the Flu Before it Starts!

Stay healthy this season! Join us to learn practical tips for flu prevention, including hygiene habits, vaccination info, and how to protect yourself and others.



**Friday, October 24th
12:00pm- 1:00pm**



**Whittier Wellness Community
7643 S. Painter Ave.
Whittier, CA 90602**

For questions and to register:
(562) 775-6104

