



STOP THE BLEED **PRESENTATION**

LEARN A LIFESAVING SKILL!

Uncontrolled bleeding is the most common cause of preventable death from trauma. Injuries results from a wide variety of causes, including accidents or intentional harm, and in a wide variety of locations, such as your home or workplace. Someone who is severely bleeding can bleed to death in as little as 5 minutes. The greater the number of people who know how to control bleeding in an injured patient, the greater the chances of surviving that injury. You can help save a life by knowing how to stop bleeding if someone is injured!

DECEMBER 9TH, 2025
FROM 12:00PM - 1:00PM

WHITTIER WELLNESS COMMUNITY
7643 S. PAINTER AVE.
WHITTIER, CA 90602

Informational presentation no certificates will be given out

For question call us at (562) 775-6104

Learn more about Stop the Bleed at:

<https://www.stopthebleed.org/>