

ONIGIRI WORKSHOP

Discover the art of healthy Japanese eating! In this hands-on class, you'll make two types of simple, nutritious onigiri while exploring balance, mindfulness, and nutrition in traditional Japanese cuisine.

Location:
Whittier Wellness Center
7643 Painter Ave,
Whittier, CA 90602

Please call to reserve at:
(562) 775-6104

NOVEMBER 7TH
1:00PM - 2:00PM