



DROP-IN HEARTS & CRAFTS FRIDAYS

Unwind and destress while you drop-in our creative wellness workshops! Just bring your creativity and open mind to create something beautiful to take home!



FRIENDSHIP KEYCHAINS

02/06 FROM 10:30AM – 12:00PM

HEART-SHAPED TISSUE

02/13 FROM 10:30AM – 12:00PM

HEART SUNCATCHERS

02/20 FROM 10:30AM – 12:00PM

FRIENDSHIP BRACELETS

02/27 FROM 10:30AM – 12:00PM



Whittier Wellness Community
7643 S. Painter Ave. Whittier, CA 90602

Register by calling: (562) 775-6104





VIERNES DE CORAZONES Y ARTESANÍAS

¡Relájate y desestrésate mientras participas en
nuestros talleres creativos de bienestar! Solo trae tu
creatividad para crear algo hermoso que puedas llevar a
casa.

LLAVERO DE AMISTAD

02/06 DE 10:30AM – 12:00PM

PAPEL DE SEDA EN FORMA DE CORAZÓN

02/13 DE 10:30AM – 12:00PM

ATRAPASOLES EN FORMA DE CORAZÓN

02/20 DE 10:30AM – 12:00PM

PULSERAS DE AMISTAD

02/27 DE 10:30AM – 12:00PM

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Regístrate llamando a: (562) 775-6104