

MAY 2023



Connecting to Opportunities for Recovery and Engagement

IS A SUBSTANCE USE
DISORDER IMPACTING
YOUR LIFE?

WANT TO LEARN ABOUT
HOW TO SUPPORT A
LOVED ONE?

WANT TO LEARN
ABOUT THE
EFFECTS OF
SUBSTANCE USE?

Join LA County DPH Substance Abuse Counselors
at Palm and Parnell Park in Whittier for
**Free In-Person Spring in the Park
Substance Abuse Workshops for Adults**

Wednesdays at 3:30 PM

MAY 10

PALM PARK

5703 PALM AVE., WHITTIER

**UNDERSTANDING THE CONNECTION BETWEEN
SUBSTANCE USE DISORDERS AND MENTAL HEALTH**

MAY 24

PARNELL PARK

15390 LAMBERT RD., WHITTIER

YOUR TEEN AND SUBSTANCE USE

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Fostering Hope - Healing - Purpose