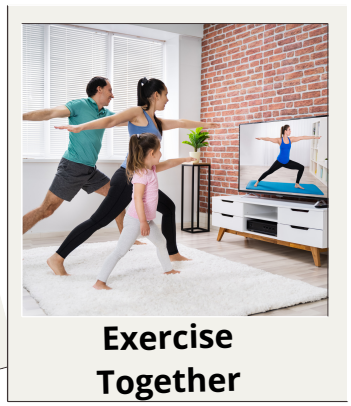
Healthy Parenting

Do you have a toddler or young child at home ages 2-7?

Join Us For This FREE 3 Week Workshop

Tuesdays 4pm-5pm
Nov 8, 15 and 22

Healthy Eating Tips


Exercise Together

Learn Healthy Routines

This is a FREE parenting class promoting healthy eating and lifestyle
FREE Healthy Snacks Provided! Food Prep Demos!

LOCATION: Pomona Public Library
625 S Garey Ave, Pomona, CA 91766

MUST REGISTER IN ADVANCE:

https://www.surveymonkey.com/r/PWChealthyparent

INSPIRE. PLAY. Grow.

Questions? PomonaWC@ph.lacounty.gov

POMONA WELLNESS COMMUNITY
LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH
Fostering Hope - Healing - Purpose

County of Los Angeles Public Health