

- Mental Health
- Substance Abuse
- Health and Wellness

Curtis Tucker Center for Community Wellness



The Curtis Tucker Center for Community Wellness (CCW) offers a place for community members to gather, find resources, or participate in wellness activities. At the CCW, there are a variety of activities such as physical activity classes, nutrition & health resources, and other support resources. * All activities are **FREE** and open to the community.

There are three main areas of service at the CCW:

Healing & Trauma Prevention Center

The Healing & Trauma Prevention Center in the Center for Community Wellness offers healing and trauma prevention activities and resources for individuals and groups. Activities include support groups, healing art workshops, classes and resources designed for the local communities. *

Staff and a mental health expert at the Healing and Trauma Prevention Center are able to connect visitors to services and resources.



Connecting to
Opportunities
for Recovery
and Engagement

(CORE) Centers offer a welcoming environment where visitors can ask questions about Substance Use Disorders (also known as addiction) and get connected to prevention and treatment services including risk reduction, prevention, and treatment.

Staff and substance abuse counselors are available to connect visitors with resources and services.

Health & Wellness

In addition to clinic services (such as immunizations, tuberculosis screening & treatment, and sexually transmitted infections testing & treatment) for those without health insurance or a regular health provider, the Center for Community Wellness offers health and wellness programs with the goal of connecting residents and improving health outcomes.

*Contact us or visit our website for a calendar of activities

Monday – Friday 8:00 AM – 4:00 PM
Saturday (by request) 9:00 AM – 3:00 PM

**123 W Manchester Blvd.,
Inglewood, CA 90301**

CurtisTuckerCCW@ph.lacounty.gov

<http://publichealth.lacounty.gov/chs/CTCCW.htm>



**Scan this QR Code
with your phone to
join our listserv!**