

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1</p> <p>11:00am – 12:30pm Childhood Disorders: Other Disorders Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 933 248 380#</p> <p>3:00pm – 4:30pm Come Fresco y Saludable- Clase de Nutrición y Cocina (Español) Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 852 1234 0096# Passcode: 443604#</p> <p>6:00pm – 7:30pm NAMI Family Support Group Location: CCW</p>	<p>2</p>	<p>3</p> <p>10:00am – 11:30am Club de Caminata Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265#</p> <p>11:30am – 1:00pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p>	<p>4</p> <p>9:30am – 11:00am CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p> <p>1:00pm – 3:00pm Pass It Forward Health & Wellness Day Location: CCW Contact La Tijera Avery at: (424) 298-1105 to Register Pre-registration Required</p>
<p>6</p>	<p>7</p> <p>2:00pm – 3:00pm Recognizing and Responding to an Overdose with Naloxone Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 575 859 904#</p> <p>5:45pm – 7:15pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p>	<p>8</p> <p>3:00pm – 4:30pm Come Fresco y Saludable- Clase de Nutrición y Cocina (Español) Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 852 1234 0096# Passcode: 443604#</p> <p>5:45pm – 7:15pm Becoming the Best Version of Yourself: Leadership Skills Workshop for Youth Location: CCW Contact Caryn at: (323) 321-8000 to Register Pre-registration Required</p>	<p>9</p> <p>10:00am – 12:00pm FREE Food Distribution Event Location: CCW Walk-up only, first-come first-served, while supplies last</p>	<p>10</p> <p>10:00am – 11:30am Club de Caminata Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265#</p> <p>11:00am – 12:30pm Anxiety Disorders Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 933 248 380#</p> <p>11:30am – 1:00pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p>	<p>11</p> <p>9:30am – 11:00am CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p>
<p>13</p> <p>11:00am – 12:00pm Hoarding Click Here To Join Session</p>	<p>14</p> <p>2:00pm – 3:00pm Recognizing and Responding to an Overdose with Naloxone Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 497 925 956#</p> <p>5:45pm – 7:15pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p>	<p>15</p> <p>3:00pm – 4:30pm Come Fresco y Saludable- Clase de Nutrición y Cocina (Español) Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 852 1234 0096# Passcode: 443604#</p> <p>6:00pm – 7:30pm NAMI Family Support Group Location: CCW</p>	<p>16</p> <p>2:00pm – 3:00pm Understanding the Connection Between Substance Use Disorders and Mental Health Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 746 710 312#</p>	<p>17</p> <p>10:00am – 11:30am Club de Caminata Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265#</p> <p>11:00am – 12:30pm Symptoms and Treatments of Depression Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 933 248 380#</p> <p>11:30am – 1:00pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p>	<p>18</p> <p>9:30am – 11:00am CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required</p> <p>1:00pm – 3:00pm Pass It Forward Health & Wellness Day Location: CCW Contact La Tijera Avery at: (424) 298-1105 to Register Pre-registration Required</p>



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21 2:00pm – 3:00pm Your Teen and Substance Use Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 692 325 977# 5:45pm – 7:15pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required	22 3:00pm – 4:30pm Come Fresco y Saludable- Clase de Nutrición y Cocina (Español) Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 852 1234 0096# Passcode: 443604#	23 12:00pm – 3:00pm “New You” Resource Fair Location: CCW 2:00pm – 3:00pm Recognizing and Responding to an Overdose with Naloxone Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 699 261 700#	24 10:00am – 11:30am Club de Caminata Click Here To Join Session or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265# 11:00am – 12:30pm Mental Health and Stigma Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 933 248 380# 11:30am – 1:00pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required	25 9:30am – 11:00am CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required
27 Cesar Chavez Holiday Observance Day CCW Closed	28 9:30am – 11:30am FREE Produce Distribution Event Location: CCW No eligibility required, no paperwork or ID required. Until supplies last. 2:00pm – 3:00pm Recognizing and Responding to an Overdose with Naloxone Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 884 705 091# 5:45pm – 7:15pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required	29	30 10:00am – 11:30am Clase de Nutrición y Cocina (Español) Location: CCW 2:00pm – 3:00pm Your Teen and Vaping Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 253 864 657#	31 11:00am – 12:30pm Immigration, Adaption, and Resilience Click Here To Join Session or Join by Phone: (323) 776-6996 Passcode: 933 248 380# 11:30am – 1:00pm CardioSole Line Dancing Location: CCW Contact Donetta at: (323) 445-4491 to Register Pre-registration Required	

