



SINGLE PARENT EMPOWERMENT GROUP

“Healthy, Wealthy & Wise”

A non-judgmental group for the purpose of empowering single parents (mothers and fathers) to increase their household’s wealth and health through gaining knowledge of resources.



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

Topics include, but not limited to:

Financial Well-Being

Housing

Health

(Physical & Mental)

Education

(DoR, college, etc.)

Link for Virtual Group

<https://meet.lync.com/lacounty-dmh/gmuniz/W7W15N9V>

Or Dial in

323-776-6996

Conference ID: 607921973

3rd Saturday of the Month

Beginning May 16th, 2020

1:00 PM-2:30 PM

Open to the Public

Snacks & Meals

Available for participating group members, based on need

Natalie Williams
(213) 905-9608

NaWilliams@dmh.lacounty.gov

2020

JANUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MAY

S	M	T	W	T	F	S
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10	11	12	13	14	15	16
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24	25	26	27	28	29	30
31						

SEPTEMBER

S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30			

FEBRUARY

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JUNE

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28	29	30				

OCTOBER

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25	26	27	28	29	30	31

MARCH

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22	23	24	25	26	27	28
29	30	31				

JULY

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NOVEMBER

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22	23	24	25	26	27	28
29	30					

APRIL

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19	20	21	22	23	24	25
26	27	28	29	30		

AUGUST

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

DECEMBER

S	M	T	W	T	F	S
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						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOTE: November and December Meetings to Be Determined