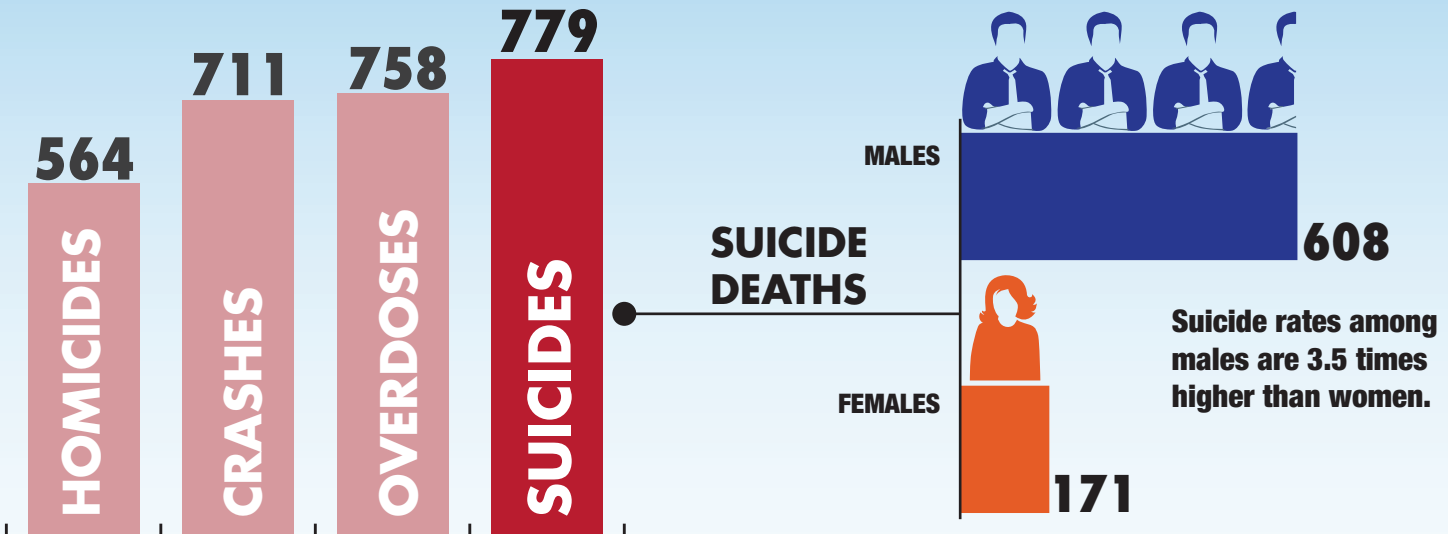
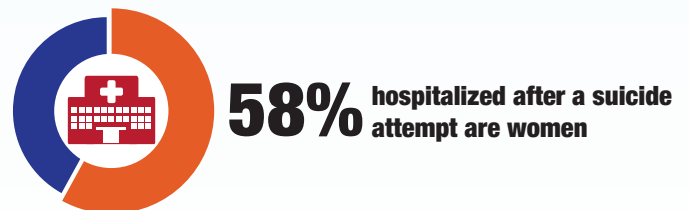


# The Public Health Impact of Suicide in Los Angeles County, 2013



More Los Angeles County residents died prematurely by suicide than from unintentional drug overdoses, motor vehicle crashes, or homicides.



**\$1.1 billion**

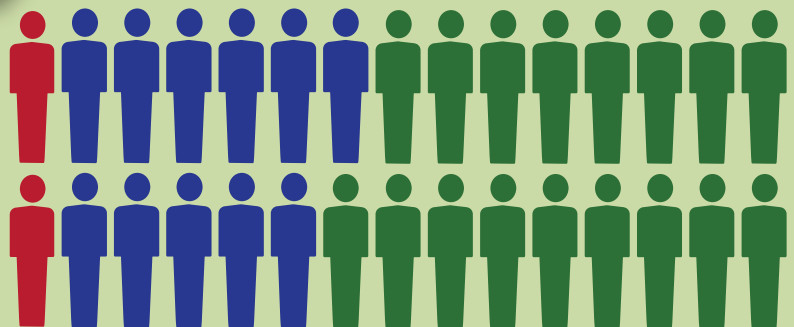
Total projected cost of suicides and attempted suicides in Los Angeles County\*

## EACH DAY

**2** LA County residents die by suicide.

**11** are hospitalized after a suicide attempt.

**17** are treated in the ER after a suicide attempt.



\*Projected costs for suicides and suicide attempts in Los Angeles County during 2013, based on 2005 U.S. cost estimates. Office of Statistics and Programming, National Center for Injury Prevention and Control, CDC (2015)

# Suicide is preventable. Help is available.

If you or someone you know is in an emergency or immediate threat of suicide, call 911 immediately or call and visit:

## LA County Department of Mental Health

### Access Center Helpline

800-854-7771 (24/7 and Bilingual)

[dmh.lacounty.gov](http://dmh.lacounty.gov)

## The National Suicide Prevention Lifeline

800-273-TALK (8255) (24/7 and Bilingual)

888-628-9454 (en español)

800-799-4TTY (4889)

VETERANS PRESS "1"

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

## LA County 211

2-1-1 (24/7 and Bilingual)

[211la.org](http://211la.org)

## Didi Hirsch Suicide Prevention Hotline

877-7-CRISIS or 877-727-4747 (24/7 and Bilingual)

[didihirsch.org/spc](http://didihirsch.org/spc)

## National Alliance on Mental Illness HelpLine

800-950-NAMI (6264), M-F 7:00am - 3:00pm (PST)

[nami.org](http://nami.org)

## CHILDREN, TEENS, AND YOUNG ADULTS

### Teen Line

800-TLC-TEEN or 800-852-8336

Available every day from 6:00pm - 10:00pm (PST)

Text "TEEN" to 839863. Standard text messaging rates apply.

Peer counselors available from 5:30pm - 9:30pm (PST)

[teenlineonline.org](http://teenlineonline.org)

### California Youth Crisis Line

800-843-5200 (24/7 and Bilingual)

[calyouth.org/ca-youth-crisis-line](http://calyouth.org/ca-youth-crisis-line)

## VETERANS

### Veteran Crisis Line

800-273-8255 (24/7 and Bilingual)

Text to 838255

[veteranscrisisline.net](http://veteranscrisisline.net)

### The Soldiers Project

877-576-5343

[thesoldiersproject.org](http://thesoldiersproject.org)

## LGBTQ

### The Trevor Project

866-4-U-TREVOR or 866-488-7386 (24/7 and Bilingual)

Text "Trevor" to 202-304-1200. Standard text messaging rates apply.

Available on Thursdays and Fridays from 1:00pm - 5:00pm (PST)

[thetrevorproject.org](http://thetrevorproject.org)

### Los Angeles LGBT Center

323-993-7400

[lalgbtcenter.org](http://lalgbtcenter.org)