### LISTING OF REFERENCE DOCUMENTS

\*reference documents are for background information only. Reference documents not explicitly produced by or for CalFresh Healthy Living and SNAP-Ed may refer to or include unallowable activities for CalFresh Healthy Living and SNAP-Ed programs.

### CalFresh Healthy Living and SNAP-Ed

CalFresh Healthy Living and SNAP-Ed and Information

- 1. CalFresh Healthy Living Website http://calfresh.dss.ca.gov/healthyliving
- 2. Supplemental Nutrition Assistance Program Education Guidance <u>https://snaped.fns.usda.gov/sites/default/files/documents/SNAP-</u> <u>Ed%20Plan%20Guidance%20FY%202020%20Complete.pdf</u>
- 3. District Locator (for Census Tract lookup) http://egis1.lacounty.gov/districtlocator/
- California Department of Public Health SNAP-Ed Home Page <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/Pages/SNAP-EdProgram.aspx</u>

Curricula and Resources (CalFresh Healthy Living approved)

- 5. California SNAP-Ed Integrated Curricula Resources <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/Pages/CASNAP-</u> <u>EdIntregratedCurricula.aspx</u>
- California Department of Public Health FFY 2020-2022 SNAP-Ed Approved Curricula List: <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/CDPH%20Document%20Lib</u> rary/SIAIntegCurriculumList190404.xlsx
- 7. SNAP-Ed Resource List <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/CDPH%20Document%20Lib</u> <u>rary/LASS\_ApprovedResourcesList.xlsx</u>
- 8. EatFresh.org https://eatfresh.org/

- 9. Rethink Your Drink https://cachampionsforchange.cdph.ca.gov/en/tips/Pages/Rethink-Your-Drink.aspx
- 10. Rethink Your Drink Day https://rethinkyourdrinkday.com/
- 11. Healthy Snack Day <u>https://www.healthysnackday.com/</u>
- 12. Harvest of the Month <u>http://harvestofthemonth.cdph.ca.gov/Pages/default.aspx</u>

# **General Information**

# Community and City Profiles/Health Information

- 13. County of Los Angeles Department of Public Health, Office of Health Assessment and Epidemiology: Los Angeles County City and Community Health Profiles <u>http://rx.ph.lacounty.gov/RxReport0718</u>
- 14. California Health Interview Survey http://healthpolicy.ucla.edu/chis/Pages/default.aspx

# <u>Obesity</u>

15. Obesity and Related Mortality in Los Angeles County <u>http://publichealth.lacounty.gov/ha/reports/habriefs/2007/Obese\_Cities/Obesity\_2011Fs.</u> <u>pdf</u>

# Food Insecurity

- 16. Los Angeles County Department of Public Health: FOOD INSECURITY IN LOS ANGELES COUNTY <u>http://www.publichealth.lacounty.gov/ha/docs/2015LACHS/LA Health Briefs 2018/FoodI</u> <u>nsecurity REV2018.pdf</u>
- 17. Social Determinants of Health: Rising Food Insecurity in Los Angeles County <u>http://publichealth.lacounty.gov/ha/reports/LAHealthBrief2011/FoodInsecurity/Food\_Ins</u> <u>ecurity\_2015Fs.pdf</u>

### CalFresh Enrollment

- 18. County of Los Angeles Department of Social Services (DPSS) CalFresh Information http://dpss.lacounty.gov/wps/portal/dpss/main/programs-and-services/calfresh/
- County of Los Angeles Department of Social Services (DPSS) CalFresh Application Assisters <u>http://dpss.lacounty.gov/wps/portal/dpss/main/programs-and-</u> <u>services/calfresh/application-</u> <u>assisters/!ut/p/b0/04\_Sj9CPykssy0xPLMnMz0vMAfGjzOLdDAwM3P2dgo38TUxNDQJNzF0</u> <u>CXUI9jA0czfQLsh0VAcIZXm0!/</u>

### **Category 1: Early Childcare and Education**

#### **Behavior Economics**

20. Smarter Mealtimes https://www.smarterlunchrooms.org/smarter-mealtimes

### Nutrition and Physical Activity

- 21. CATCH Early Childhood (CEC) https://catchinfo.org/programs/pre-k/
- 22. CATCH alignment with Head Start Performance Standards <u>http://catchinfo.org/wp-content/uploads/2014/12/CATCH-Meets-Head-Start-Standards.pdf</u>

#### <u>Assessment</u>

- 23. Nutrition and Physical Activity Self-Assessment for Child Care (NAPSACC) Infant & Child Physical Activity Self-Assessment https://gonapsacc.org/uploads/Go\_NAPSACC\_ICPA.pdf
- 24. Site Level Assessment Questionnaire https://ucanr.edu/sites/SLAQ/

### **Category 2: K-12 Schools and Afterschool Programs**

#### Youth Participatory Action Research (YPAR)

- 25. CA. Dept of Public Health: Youth Participatory Action Research <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/Pages/YouthEngagement.as</u> <u>px</u>
- 26. YPAR Hub: YPAR Basics <u>http://yparhub.berkeley.edu/get-started-lessons/introduction-to-participatory-action-</u> <u>research/</u>

### Smarter Lunchroom Movement

- 27. Smarter Lunchroom Movement Information http://smarterlunchrooms.org/
- 28. Smarter Lunchrooms Scorecard https://www.smarterlunchrooms.org/scorecard

#### Share Tables

- 29. USDA Food and Nutrition Service: The Use of Share Tables in Child Nutrition Programs https://fns-prod.azureedge.net/sites/default/files/cn/SP41\_CACFP13\_SFSP15\_2016os.pdf
- 30. LA County Public Works Generation Earth Food Rescue Guide <u>https://dpw.lacounty.gov/epd/sbr/pdfs/GE%20Food%20Rescue%20Guide.pdf</u>
- 31. EPA: A Guide to Conducting Student Food Waste Audits: A Resource for Schools <u>https://www.epa.gov/sustainable-management-food/guide-conducting-student-food-waste-audits-resource-schools</u>

#### Water Access and Appeal

- 32. CA. Dept. of Education: Drinking Water for Students in Schools (California Education Code (EC) Section 38086) <u>https://www.cde.ca.gov/ls/nu/he/water.asp</u>
- 33. Water Works: A Guide to Improving Access to and Consumption of Water in Schools to Improve Health and Support Learning <u>http://www.waterinschools.org/wp-content/uploads/2015/06/WaterWorksGuide20141.pdf</u>

- 34. Waterinschools.org http://www.waterinschools.org/resources/
- 35. Water First: A Toolkit for Promoting Water Intake in Community Settings http://docs.wixstatic.com/ugd/9c073b 25904e219560415a8bd7248e2e6038b0.pdf
- 36. Changelab Solutions: Drinking Water Access in Schools <u>http://www.changelabsolutions.org/sites/default/files/WaterAccess\_FactSht\_20141106.pd</u> <u>f</u>
- 37. National Drinking Water Alliance https://www.drinkingwateralliance.org/

# Nutrition and Physical Activity

- 38. CATCH Kids Club Implementation: Making the Healthy Choice the Easy Choice <u>https://digitalcatchprod.s3.amazonaws.com/uploads/attachment/production/file/647/CKC-Best-Practices-Guide.pdf</u>
- 39. CATCH Kids Club Activity Packs K-5: <u>https://es.catch.org/units/kids-club-after-school-physical-activities-grades-k-to-5</u>
  - 5-8: <u>https://es.catch.org/units/kids-club-after-school-physical-activities-grades-5-8</u>
- 40. CATCH Kids Club Curricula
  - K-5: <u>https://es.catch.org/units/kids-club-after-school-curriculum-grades-k-5</u>
  - 5-8: https://es.catch.org/units/kids-club-after-school-curriculum-grades-5-8

# <u>Assessment</u>

- 41. NAPSACC Infant & Child Physical Activity Self-Assessment https://gonapsacc.org/uploads/Go\_NAPSACC\_ICPA.pdf
- 42. Site Level Assessment Questionnaire https://ucanr.edu/sites/SLAQ/

### **Category 3: Healthcare Clinics**

Food Insecurity Screening, Referrals, and Produce Distribution

- 43. Feeding America Food Insecurity Screening Toolkit <u>https://hungerandhealth.feedingamerica.org/wp-content/uploads/2017/11/Food-</u> <u>Insecurity-Toolkit.pdf</u>
- 44. Food Research and Action Kit- Addressing Food Insecurity: A Toolkit for Pediatricians http://www.frac.org/wp-content/uploads/frac-aap-toolkit.pdf
- 45. Launching Rx for CalFresh in San Diego: Integrating Food Security into Healthcare Settings <u>https://nopren.org/wp-content/uploads/2016/12/RxforCalFresh\_SDHC.PD\_.pdf</u>
- 46. Boston Medical Center Preventative Food Pantry https://www.bmc.org/programs/preventive-food-pantry
- 47. Geisinger Shamokin Area Community Hospital Fresh Food Farmacy https://www.geisinger.org/freshfoodfarmacy
- 48. San Francisco General Hospital Therapeutic Food Pantry https://www.sfhealthnetwork.org/sfghfoodpantry/
- 49. Community Resource Referral Platforms: A Guide for Health Care Organizations <u>https://sirenetwork.ucsf.edu/sites/sirenetwork.ucsf.edu/files/wysiwyg/Community-Resource-Referral-Platforms-Guide.pdf</u>

Capacity-Building for Food Distribution

- 50. Foodlink Abundance Shared: Basic Food Safety and Nutrition <u>http://foodlinkny.org/wp-content/uploads/2012/04/Online-Food-Safety-</u> <u>Presentation\_Pantry.pdf</u>
- 51. Community Tool Box Building and Sustaining Relationships https://ctb.ku.edu/en/table-of-contents/leadership/leadership-functions/build-sustainrelationships/main

### **Category 4: Food Banks and Food Pantries**

### Nutrition Pantry Program

- 52. Leah's Pantry: Nutrition Pantry Program <u>https://www.leahspantry.org/what-we-offer/nutrition-pantry-program/</u>
- 53. Healthy Food Pantry Assessment https://extension.wsu.edu/pierce/nutrition/healthy-food-pantry-assessment-toolkit/

# Category 5: Produce Distribution

- 54. Los Angeles County Food Redistribution Initiative (LACFRI) http://www.publichealth.lacounty.gov/eh/LACFRI/
- 55. Safe Surplus Food Prevention and Donation Resources <u>http://www.publichealth.lacounty.gov/EH/docs/LACFRI\_FoodOperatorGuidance-en.pdf</u>
- 56. United States Environmental Protection Agency: Links and Resources About Food Recovery in Los Angeles <u>https://www.epa.gov/sustainable-management-food/links-and-resources-about-food-recovery-los-angeles</u>

57. Los Angeles Food Policy Council Food Waste Resources https://www.goodfoodla.org/food-waste

# **Category 6: Nutrition Education and Physical Activity**

- 58. California SNAP-Ed Integrated Curricula Resources <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/Pages/CASNAP-</u> <u>EdIntregratedCurricula.aspx</u>
- 59. California Department of Public Health FFY 2020-2022 SNAP-Ed Approved Curricula List: <u>https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/NEOPB/CDPH%20Document%20Lib</u> <u>rary/SIAIntegCurriculumList190404.xlsx</u>