

Elementary Schools 8
K - 8th 6

Source: California Department of Education, 2008-09; <http://dq.cde.ca.gov/dataquest/>

Cities and Communities Health Data^{1,2,3}

	Arcadia	El Monte	South El Monte	Temple City	Los Angeles County
Prevalence of childhood obesity ⁴ (percent)	12.3	28.0	27.6	12.4	23.3
Rank of childhood obesity prevalence (low to high out of 128)	15	100	91	16	—
Premature mortality from heart disease and stroke ⁵ (Years of Potential Life Lost)	638	1,349	1,396	984	1,183
Rank of premature mortality from heart disease and stroke (low to high out of 133)	18	98	103	49	—
Park area per capita ⁶ (acres/1K persons)	6.9	0.5	1.6	0.7	86
Rank of park area per capita (high to low out of 143)	28	108	66	98	—
Rank of economic hardship ⁷ (least to most out of 142)	35	112	111	46	—

¹ Cities/Communities entirely within the District's boundaries include: El Monte, and South El Monte. Cities/Communities partially within the District's boundaries include: none.

² Source: Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, *Preventing Childhood Obesity: the need to create healthy places: A Cities and Communities Health Report. October 2007.*

³ Source: Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, *Premature Death from Heart Disease and Stroke in Los Angeles County: A Cities and Communities Health Report. January 2006.*

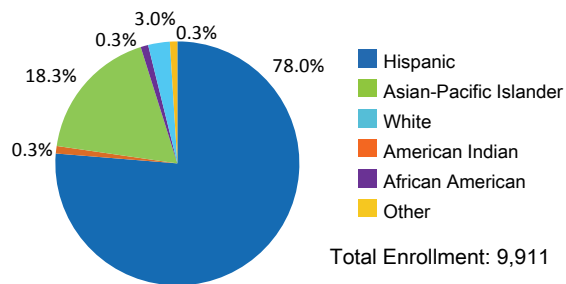
⁴ Childhood obesity is defined as having a gender-specific body mass index (BMI)-for-age \geq 95th percentile. Prevalence of childhood obesity was determined by using BMI measurements of 5th, 7th, and 9th grade public school children from the 2005 annual California Physical Fitness Testing Program.

⁵ Premature mortality associated with cardiovascular disease was calculated by adding the total number of years of life lost before age 75 years for all deaths caused by heart disease or stroke from 2000—2002.

⁶ Parks include parks, beaches, historical parks, open spaces, recreational areas, forests, and wilderness areas. To account for the number of people parks serve, park area per capita was used to indicate park acres in each city/community per 1,000 persons.

⁷ The economic hardship index was measured by combining six indicators: crowded housing, percent of households living below the federal poverty level, percent of persons over the age of 16 years that are unemployed, percent of persons over the age of 25 years without a high school education, dependency, and median income per capita. The index compares 142 incorporated cities, communities (or Census-designated places), and Los Angeles city council districts. Data for these indicators were obtained from the 2000 U.S. Census.

District Enrollment by Ethnicity



Source: California Department of Education, 2009-10; <http://dq.cde.ca.gov/dataquest/>

Policy Recommendations for School Districts and Schools

- Improve the quality and increase the quantity of physical education instruction time.
- Establish district-level policy outlining district commitment to joint/shared use and providing district support for joint/shared use practice that goes beyond the Civic Center Act to provide community access to school recreational facilities after school hours.
- Establish district-level policies prohibiting the withholding of recess or use of physical activity as punishment.
- Establish safe routes to schools.
- Modify existing school wellness policies to ensure joint/shared and community use agreements are included.
- Site schools where they will promote physical activity, support smart growth and stronger communities, and avoid adverse impacts on neighborhood traffic patterns.



District ¹		
ACADEMIC PERFORMANCE INDEX (API)		760
Grade Levels	% of students not in Healthy Fitness Zone (HFZ) Aerobic Capacity	% of students not in Healthy Fitness Zone (HFZ) Body Composition
Grade 5	35.8	38.3
Grade 7	36.3	39.4

Schools ²									
School Name	School Enrollment	% of students not in HFZ Aerobic Capacity	% of students not in HFZ Body Composition	API	School Name	School Enrollment	% of students not in HFZ Aerobic Capacity	% of students not in HFZ Body Composition	API
ELEMENTARY SCHOOLS					K-8 SCHOOLS				
Cherrylee (K - 6th)	574	61.0	48.8	773	Columbia (K - 8th)	953	26.5	43.4	755
Cleminson (K - 6th)	396	47.2	32.1	817	Durfee (K - 8th)	853	43.9	33.3	777
Cortada (K - 6th)	552	37.6	41.2	724	Thompson (K - 8th)	71	—	—	579
Le Gore (K - 6th)	505	62.2	45.1	775	Gidley (K - 8th)	647	58.3	44.4	788
New Lexington (K - 6th)	453	—	35.0	808	Potrero (K - 8th)	1,000	23.2	51.2	715
Rio Vista (K - 6th)	439	28.8	22.7	821	Rio Hondo (K - 8th)	930	44.2	28.4	809
Shirpsier (K - 5th)	514	21.1	38.2	758	Wright (K - 8th)	909	28.4	25.7	789
Wilkerson (K - 6th)	609	20.3	40.5	709	—	—	—	—	—

^{1,2} Source: California Department of Education; 2008-2009 Physical Fitness Test; 2008-2009 Enrollment; 2009 Base API; <http://dq.cde.ca.gov/>