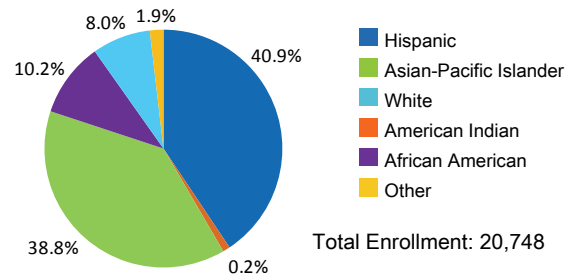


Elementary Schools 19
Middle Schools 5
High Schools 4

Source: California Department of Education, 2008-09: <http://dq.cde.ca.gov/dataquest/>

District Enrollment by Ethnicity



Source: California Department of Education, 2009-10: <http://dq.cde.ca.gov/>

Cities and Communities Health Data^{1,2,3}

	Artesia	Cerritos	Hawaiian Gardens	Los Angeles County
Prevalence of childhood obesity ⁴ (percent)	26.5	16.8	32.9	23.3
Rank of childhood obesity prevalence (low to high out of 128)	80	33	124	—
Premature mortality from heart disease and stroke ⁵ (Years of Potential Life Lost)	1,322	998	1,883	1,183
Rank of premature mortality from heart disease and stroke (low to high out of 133)	93	51	121	—
Park area per capita ⁶ (acres/1K persons)	1.1	4.6	0.6	86
Rank of park area per capita (high to low out of 143)	80	38	107	—
Rank of economic hardship ⁷ (least to most out of 142)	72	23	107	—

¹ Cities/Communities entirely within the District's boundaries include: Artesia, Cerritos, and Hawaiian Gardens. Cities/Communities partially within the District's boundaries include: Lakewood, Long Beach, and Norwalk.

² Source: Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, *Preventing Childhood Obesity: the need to create healthy places. A Cities and Communities Health Report. October 2007.*

³ Source: Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, *Premature Death from Heart Disease and Stroke in Los Angeles County: A Cities and Communities Health Report. January 2006.*

⁴ Childhood obesity is defined as having a gender-specific body mass index (BMI)-for-age \geq 95th percentile. Prevalence of childhood obesity was determined by using BMI measurements of 5th, 7th, and 9th grade public school children from the 2005 annual California Physical Fitness Testing Program.

⁵ Premature mortality associated with cardiovascular disease was calculated by adding the total number of years of life lost before age 75 years for all deaths caused by heart disease or stroke from 2000—2002.

⁶ Parks include parks, beaches, historical parks, open spaces, recreational areas, forests, and wilderness areas. To account for the number of people parks serve, park area per capita was used to indicate park acres in each city/community per 1,000 persons.

⁷ The economic hardship index was measured by combining six indicators: crowded housing, percent of households living below the federal poverty level, percent of persons over the age of 16 years that are unemployed, percent of persons over the age of 25 years without a high school education, dependency, and median income per capita. The index compares 142 incorporated cities, communities (or Census-designated places), and Los Angeles city council districts. Data for these indicators were obtained from the 2000 U.S. Census.

Policy Recommendations for School Districts and Schools

- Improve the quality and increase the quantity of physical education instruction time.
- Establish district-level policy outlining district commitment to joint/shared use and providing district support for joint/shared use practice that goes beyond the Civic Center Act to provide community access to school recreational facilities after school hours.
- Establish district-level policies prohibiting the withholding of recess or use of physical activity as punishment.
- Establish safe routes to schools.
- Modify existing school wellness policies to ensure joint/shared and community use agreements are included.
- Site schools where they will promote physical activity, support smart growth and stronger communities, and avoid adverse impacts on neighborhood traffic patterns.



2010 ABC Unified School District Health Facts

District¹

ACADEMIC PERFORMANCE INDEX (API)		814
Grade Levels	% of students not in Healthy Fitness Zone (HFZ) Aerobic Capacity	% of students not in Healthy Fitness Zone (HFZ) Body Composition
Grade 5	38.5	32.0
Grade 7	18.5	30.3
Grade 9	15.5	24.3

Schools²

School Name	School Enrollment	% of students not in HFZ Aerobic Capacity	% of students not in HFZ Body Composition	API	School Name	School Enrollment	% of students not in HFZ Aerobic Capacity	% of students not in HFZ Body Composition	API
ELEMENTARY SCHOOLS					ELEMENTARY SCHOOLS —CONTINUED—				
Aloha (K - 6th)	412	60.9	37.5	759	Leal (K - 6th)	706	42.6	33.0	960
Burbank (K - 6th)	494	9.4	32.8	768	Mary Bragg (K - 6th)	635	31.6	39.2	890
Carver (K - 6th)	553	35.9	20.3	853	Melbourne (K - 6th)	606	29.7	35.1	749
Cerritos (K - 6th)	612	8.2	23.5	958	Niemes (K - 6th)	649	49.4	36.0	777
Elliot (K - 6th)	458	48.3	18.3	872	Palms (K - 6th)	594	81.1	33.0	779
Furgeson (K - 6th)	427	54.7	37.3	—	Patricia Nixon (K - 6th)	682	58.9	24.2	885
Gonsalves (K - 6th)	585	5.3	23.2	957	Stowers (K - 6th)	501	45.2	24.7	870
Hawaiian (K - 6th)	489	10.3	32.1	725	Willow (K - 6th)	519	67.4	46.1	731
Juarez (K - 6th)	385	1.9	42.6	763	Wittman (K - 6th)	488	31.0	32.4	897
Kennedy (K - 6th)	446	37.3	40.3	828	—	—	—	—	—
MIDDLE SCHOOLS									
Carmenita (7th - 8th)	674	14.7	20.9	936	Ross (7th - 8th)	696	25.7	36.6	789
Fedde (7th - 8th)	393	31.5	46.4	650	Tetzlaff (7th - 8th)	615	18.4	26.4	798
Haskell (7th - 8th)	590	16.0	38.0	775	—	—	—	—	—
HIGH SCHOOLS									
Artesia (9th - 12th)	1,688	19.8	37.4	710	Gahr (9th - 12th)	2,058	15.5	21.6	779
Cerritos (9th - 12th)	2,134	13.6	19.5	852	Whitney (9th - 12th)	1,022	10.7	15.2	988

^{1,2} Source: California Department of Education; 2008-2009 Physical Fitness Test; 2008-2009 Enrollment; 2009 Base API; <http://dq.cde.ca.gov/>