# Frequently Asked Questions: COVID-19 Rebound

## What is COVID-19 rebound?

COVID-19 rebound is when people with COVID-19 get better, then begin to get symptoms 2-8 days after they have recovered. They may also test positive again. COVID-19 rebound is seen in people who received treatment for COVID-19 as well as in people who did not receive treatment.

## Why do patients have rebound?

At this time, it is not clear why COVID-19 rebound happens. Studies are underway to try to better understand why rebound happens and how often people with rebound infect other people.

## How serious are COVID-19 rebound symptoms?

COVID-19 rebound symptoms are usually mild. Patients with rebound have an extremely low chance of developing severe COVID-19.

## Is COVID treatment recommended even though some people may get rebound?

Yes! COVID treatment is strongly recommended for people with COVID-19 who have symptoms and who are at higher risk of getting severely ill. COVID treatments (such as Paxlovid) can help to keep people out of the hospital and prevent them from dying. The FDA has found no clear association between taking Paxlovid and getting rebound.

Visit [ph.lacounty.gov/covidmedicines](http://ph.lacounty.gov/covidmedicines) to get more information about medicine to treat COVID-19.

## What should I do if I think I have COVID-19 rebound?

If your COVID-19 symptoms come back or get worse after you have ended isolation, you should take an antigen test. If you test positive, you should restart isolation at Day 0. See [ph.lacounty.gov/covidisolation](http://ph.lacounty.gov/covidisolation).

If you have any questions or concerns about your symptoms, please contact your doctor. You can also contact the Public Health Call Center at 1-833-540-0473. Staff are available 7 days a week from 8:00 am to 8:30 pm to answer questions.

## Can I spread COVID-19 if I have COVID-19 rebound?

It may be possible for you to spread COVID-19 if you have rebound. For this reason, if you have symptoms of rebound and you test positive, you should re-isolate to protect others (see above).

## Should I repeat my treatment if I have COVID-19 rebound?

No. There is currently no evidence that you will need to be treated again or take your treatment for longer.