6 Steps to Cleaner Air in Community Settings

Good ventilation helps prevent sickness by reducing harmful germs and pollutants in the air. Follow these simple steps to improve ventilation and keep air fresh indoors.

Install MERV 13 filters in heating, ventilation, and air conditioning systems	
Check that the fan is set to ON for all thermostats (not <i>auto</i>)	
Make sure that you can feel a strong air flow from supply ducts	
Bring portable HEPA filters into crowded areas	
Open windows and doors when weather permits	
Keep air vents clean and free of debris	

Additional Ventilation Strategies

- Tie a small ribbon to air ducts to ensure that air is flowing.
- Use a CO2 meter to check for ventilation efficacy. (A reading of > 800 pm indicates poor air flow.)
- Minimize the number of people in a shared space by staggering lunch breaks and meetings and allowing telework.

For more resources, see:

- Improve Workplace Ventilation to Reduce COVID-19 Transmission
- o About Air Cleaners & HVAC Filters
- o How to Build a Low-Cost Air Filter
- LA County Classroom Ventilation Recommendations

