

Viral Hemorrhagic Fever (VHF)

Early Identification and Prevention

Are you prepared for a possible VHF case?
Identify, Isolate, and Inform

1. Identify

Assess Your Patient For:

Exposure:

- International travel from a country with ongoing VHF transmission/outbreak within the previous 21 days
[Assessing VHF Risk in a Returning Traveler](#)

OR

- Close contact with an individual with a confirmed or suspected Viral Hemorrhagic Fever within the previous 21 days

AND

Signs/Symptoms:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Fever ($\geq 100.4^{\circ}\text{F}$ or 38.0°C) | <input type="checkbox"/> Weakness | <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Unexplained hemorrhage (bleeding or bruising) |
| <input type="checkbox"/> Severe headache | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Skin Rash |
| <input type="checkbox"/> Muscle/Joint pain | <input type="checkbox"/> Sore throat | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Red Eyes |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Loss of appetite | | |

2. Isolate

If patient has **both** exposure and symptoms, **isolate the patient immediately**

- Place the patient in private room or separate enclosed area with private bathroom or covered, bedside commode and close the door.
- Wear appropriate personal protective equipment (PPE)* accordingly to [CDPH guidance](#).
- Only essential healthcare staff with PPE should evaluate and/or provide care for patient.
- Keep a log of everyone who enters and leaves the patient's room.
- Use disposable medical equipment, if possible, or use dedicated medical equipment.
- Evaluate for other possible diseases.
- Adhere to hand hygiene.
- Follow CDPH guidelines for cleaning, disinfecting, and managing waste[^].

3. Inform

Once you identify and isolate the patient:

- IMMEDIATELY Notify** Los Angeles County Department of Public Health at:
Business hours: 213-240-7941
After Hours/weekends: 213-974-1234 - ask for the physician on call
- IMMEDIATELY Notify** the infection control program and appropriate staff of your health care facility

The Los Angeles County Department of Public Health, Acute Communicable Disease Control Program (ACDC) can assist with possible case Identification, Inform and Isolation guidance including infection control and testing.

For Questions and/or Consultation, call ACDC: Mon-Fri 8am-5pm: 213-240-7941, After Hours: 213-974-1234 and ask for the physician on call.

* <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/CDPH-PPE-Guidance-EVD.aspx> 11/09/2022

[^] www.cdph.ca.gov/Programs/CEH/DRSEM/CDPH%20Document%20Library/EMB/MedicalWaste/EVD_Waste_Management_Interim_Guidance_October_2022.pdf

