



What to do if you Have Symptoms of Coronavirus Disease 2019

STAY HOME IF YOU ARE SICK

- Most people with Coronavirus Disease 2019 (COVID-19) will have mild illness and will get better without needing to see a doctor or getting a test.
- Treatment includes taking fluids, rest and over the counter medications
- Call your doctor early if you are 65 years and older, pregnant, or have a health condition such as heart disease, lung disease, diabetes, kidney disease, or a weakened immune system.
- Call ahead before visiting your doctor.

SEEK MEDICAL CARE IF YOU ARE SERIOUSLY SICK



**Difficulty
Breathing**



**Can't keep
fluids down**



Dehydration



Confusion



**Other serious
symptoms**

HELP PROTECT OUR COMMUNITY

- Clean your hands well and often, preferably with soap and water.
- Separate yourself from people and animals in your home.
- Wear a mask if you do need to be around other people
- Stay home until at least 7 days after your symptoms started AND at least 3 days after you have recovered. "Recovered" means your fever is gone (for 72 hours without medications) and your cough, shortness of breath, and other symptoms have significantly improved.