STAY HOME IF YOU ARE SICK

• Most people with Coronavirus Disease 2019 (COVID-19) will have mild illness and will get better without needing to see a doctor or getting a test.
• Treatment includes taking fluids, rest and over the counter medications.
• Call your doctor early if you are 65 years and older, pregnant, or have a health condition such as heart disease, lung disease, diabetes, kidney disease, or a weakened immune system.
• Call ahead before visiting your doctor.

SEEK MEDICAL CARE IF YOU ARE SERIOUSLY SICK

HELP PROTECT OUR COMMUNITY

• Clean your hands well and often, preferably with soap and water.
• Separate yourself from people and animals in your home.
• Wear a mask if you do need to be around other people.
• Stay home until at least 7 days after your symptoms started AND at least 3 days after you have recovered. “Recovered” means your fever is gone (for 72 hours without medications) and your cough, shortness of breath, and other symptoms have significantly improved.