

WHAT YOU SHOULD KNOW ABOUT MONKEYPOX IN LA COUNTY



Monkeypox is a rare disease that has recently been reported in California and Los Angeles County.

How is monkeypox spread?

Monkeypox is spread when a person comes into contact with a human or animal infected with the virus or through contact with materials (like clothing or linens) used by the infected person or prolonged exposure to respiratory droplets.

The virus typically enters the body through broken skin, respiratory droplets, or the mucous membranes (eyes, nose, or mouth).

Because of this, transmission may also occur during sex through skin-to-skin and other intimate contact.

- This contact can happen during intimate sexual contact including:
 - Oral, anal, and vaginal sex or touching the genitals or anus of a person with monkeypox
 - Hugging, massage, kissing, or talking closely
 - Touching fabrics and objects during sex that were used by a person with monkeypox, such as bedding, towels and sex toys

Signs of monkeypox



Fever & Headaches



Swollen Lymph Nodes



Muscle Aches



Rash, Bumps, Or Blisters

ASK ANYONE YOU ARE INTIMATE CONTACT WITH IF THEY HAVE ANY SIGNS OR SYMPTOMS (e.g., new or unexplained rash or sore, and or flu-like symptoms) OF MONKEYPOX

Protect yourself from monkeypox by avoiding contact with:

- People who are or may be sick with the monkeypox virus
- Materials, like bedding and clothing, that has been in contact with a sick animal or person infected
- Animals that could have the virus (such as animals that are sick or that have been found dead)

If you do come in contact with an infected person or animals, wash your hands with soap and water or use an alcohol-based hand sanitizer.



IF YOU THINK YOU MAY HAVE MONKEYPOX, PLEASE CONTACT YOUR HEALTHCARE PROVIDER.

IF YOU DON'T HAVE A PROVIDER OR HEALTH INSURANCE, CALL 2-1-1 OR VISIT A PUBLIC HEALTH CLINIC NEAR YOU.

For more information on Monkeypox, visit: ph.lacounty.gov/media/Monkeypox/



COUNTY OF LOS ANGELES
Public Health