

# WHAT YOU SHOULD KNOW ABOUT MONKEYPOX IN LA COUNTY



Monkeypox is a rare disease caused by infection with the monkeypox virus that can make you sick. It is usually found outside the US, however, multiple cases of monkeypox have recently been reported in California and Los Angeles County.

## How is monkeypox spread?

Monkeypox is spread when a person comes into contact with an human or animal with the virus or through contact with materials (like clothing or linens) used by the infected person or prolonged exposure to respiratory droplets.

The virus typically enters the body through broken skin, respiratory droplets, or the mucous membranes (eyes, nose, or mouth). Because of this, transmission may also occur during sex through skin-to-skin and other intimate contact.

## Signs of monkeypox



**Fever & Headaches**



**Swollen Lymph Nodes**



**Muscle Aches**



**Rash, Bumps, Or Blisters**

## THERE ARE NO APPROVED TREATMENTS FOR MONKEYPOX

At this time, there are no specific approved treatments available for monkeypox infections. Medication may be used to ease the symptoms of illness. In some cases vaccine can be given to prevent the disease after exposure to the virus.

## Protect Yourself From Monkeypox By Avoiding Contact With:

- People who are or may be sick with the virus
- Materials, like bedding and clothing, that has been in contact with a sick animal or person infected
- Animals that could have the virus (such as animals that are sick or that have been found dead)

If you do come in contact with an infected person or animals, wash your hands with soap and water or use an alcohol-based hand sanitizer.



**IF YOU THINK YOU MAY HAVE MONKEYPOX, PLEASE CONTACT YOUR HEALTHCARE PROVIDER.**

**IF YOU DON'T HAVE A PROVIDER OR HEALTH INSURANCE, CALL 2-1-1 OR VISIT A PUBLIC HEALTH CLINIC NEAR YOU.**