Infection Prevention Best Practices
Outbreak 101

An **outbreak** is an occurrence of similar illnesses that are in excess of the normal expectancy for a given location and period of time.

1	**Notify the Los Angeles Department of Public Health**	❑ Refer to the most current Reportable Disease List: www.publichealth.lacounty.gov/acd/index.htm ❑ To report a case or outbreak of any disease, contact the Communicable Disease Reporting System: 　❑ Tel: (888) 397-3993 or (213) 240-7821 　❑ Fax: (888) 397-3778 or (213) 482-5508 　❑ Email: ACDC-MorbidityUnit@ph.lacounty.gov
2	**Control the Outbreak**	❑ Enforce respiratory & hand hygiene. Wear PPE as indicated. ❑ Restrict certain activities depending on the organism. ❑ Consider placing similarly infected residents together (same room or wing). ❑ Send ill employees' home.
3	**Start a line list**	Identify each case and include: ❑ Room number or other location. ❑ Signs, symptoms and the onset date. ❑ Resident or staff demographics. ❑ Exposure to roommates or staff.
4	**Notify staff and residents**	❑ Provide an organism or disease fact sheet. ❑ Provide education on infection prevention. ❑ Provide procedures on what staff or residents should do if they develop signs or symptoms.

COUNTY OF LOS ANGELES
Public Health