

# Contact/Spore Precautions

## Hand Hygiene

- Clean hands when entering the room and when leaving the room. Use **soap and water to** clean hands when leaving the room.

## PPE

- Wear gown and gloves when entering the resident room.
- Dispose of PPE before leaving the room. PPE is single use.

## Room Assignment

Use single-occupancy room. Cohort residents with the same organism in the same room if single-occupancy rooms not available. If resident must be placed in multi-occupancy room, separate resident beds by curtains.

## Visitors

Visitors shall follow Contact/Spore Precautions as outlined above

## Resident Transport

Resident hand hygiene before and after transporting the resident. Notify receiving department that Contact/Spore Precautions are required.

- Cover wounds and contain body fluids.
- Ensure residents wear clean clothes and clean their hands before leaving their room.
- When possible, transport a resident in a wheelchair or stretcher rather than in their bed.
- Cover the wheelchair or stretcher with clean linen before seating the resident.
- Wipe the wheelchair or stretcher with EPA-approved disinfectant wipes after transporting the resident.

## Room Cleaning

- Use standard precautions when cleaning, including appropriate PPE use.
- Clean entire room with EPA-approved sporicidal disinfectant.
- Wipe high-touch surfaces (e.g., bedside table, doorknob, bed rails) with EPA-approved sporicidal disinfectant at minimum daily.
- Dedicate the use of equipment to a single resident.
- Use single-resident disposable items whenever possible.
- Disinfect reusable shared care equipment using the EPA-approved disinfectant before use on another resident.

## Ambulation

- To ambulate the resident outside of room, ensure resident is clean, continent and cooperative.

Please scan the QR code on the right to view the CDC's Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings



Content adapted from UCLA Health Infectious Disease Signs

Los Angeles County Department of Public Health

[publichealth.lacounty.gov/acd/SNF.htm](http://publichealth.lacounty.gov/acd/SNF.htm)

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