Device-Associated Infections

Melissa Freeark, BSN, RN, PHN, CIC Huntington Hospital Describe a central line-associated bloodstream infection (CLABSI) using NHSN/CDC criteria

- Describe a catheter-associated urinary tract infection (CAUTI) using NHSN/CDC criteria
- ✓ Describe a ventilator-associated event (VAE) using NHSN/CDC criteria
- ✓ Detail best practices for the prevention of CLABSI, CAUTI and VAE

OBJECTIVES

NHSN CHAP 2 SURVEILLANCE DEFINITIONS

•Infection Window Period (IWP): the 7 days during which all site-specific infection criteria must be met.

← INFECTION WINDOW PERIOD →						
3	DAYS	BEFORE	First Positive Diagnostic Test	3	DAYS	AFTER

- •Date of event (DOE): the date the <u>first</u> element used to meet a site-specific infection criterion occurs for the <u>first</u> time within the seven-day IWP. DOE is used to determine:
 - ■If an event is HAI or POA
 - Location of attribution
 - Device association
 - Day 1 of the Repeat Infection Timeframe

NHSN CHAP 2 SURVEILLANCE DEFINITIONS

- •Repeat Infection Timeframe (RIT): a 14-day timeframe during which no new infections of the same type are reported.
 - Applies to both POA and HAI determinations.
 - Date of event is Day 1
 - If criteria for the same type of infection are met and the date of event is within the 14-day RIT, a new event is not identified or reported.
 - Additional pathogens recovered during RIT from same type of infection are added to the event.

NHSN TRAINING

https://www.cdc.gov/nhsn/training/patient-safety-component/index.html



Training / Demo

PSC Overview

Training Videos



General NHSN Definitions for 2019 – May 2019

- YouTube Link [Video 52 min]

Quick Learns



Determining Healthcare Association or Present on Admission Infections and Other Rules – July 2017

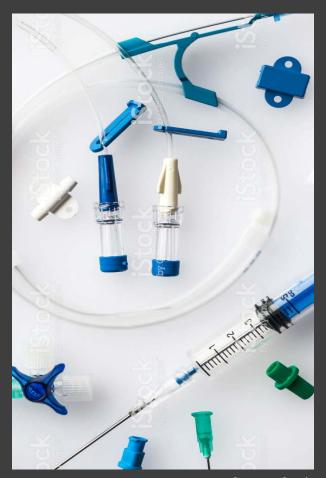
YouTube Link [Video – 16 min]

- 46% decrease in CLABSIs across U.S. hospitals from 2008-2013¹
- Central line-associated bloodstream infections (CLABSIs) result annually in:
 - **84,** 551 to 203, 916 preventable infections
 - 10,426 to 25,145 preventable deaths
 - \$1.7 to \$21.4 billion avoidable costs²

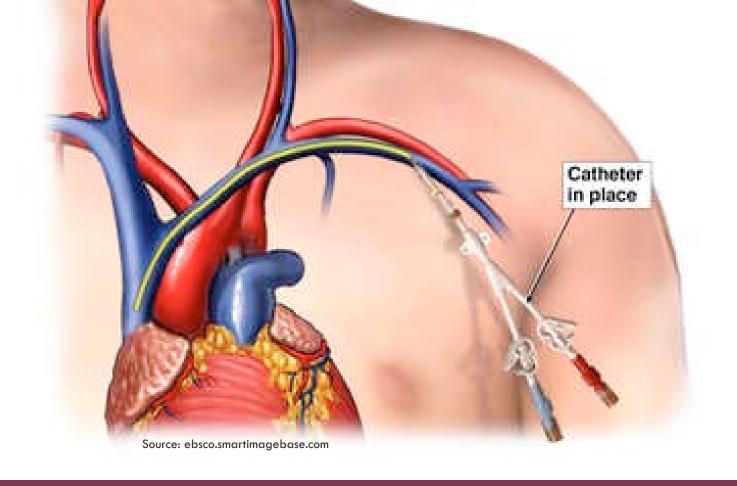
¹CDC National and State Healthcare-Associated Infections Progress Report, published October 2018, available at http://www.cdc.gov/hai/data/portal/progress-report.html

²Umscheid CA, Mitchell MD et al. Estimating the proportion of reasonably preventable hospital-acquired infections and associated mortality and costs. *Infect Control Hosp Epidemiol*. 2011 Feb;32(2):101-114.

CLABSI: THE PROBLEM



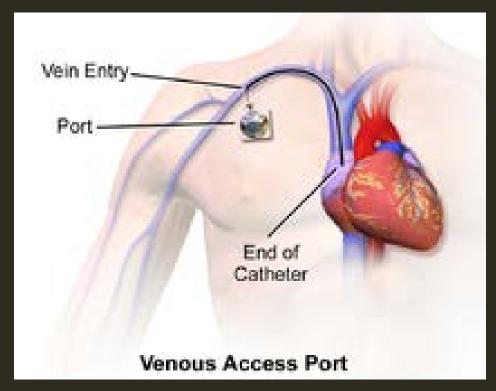
Source: iStock



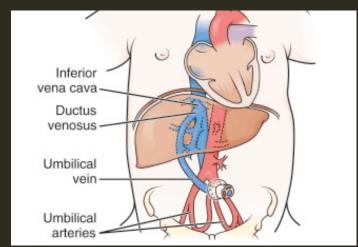
WHAT IS A CENTRAL LINE?

Intravascular catheter that terminates at or close to the heart or in one of the major vessels which is used for infusion, withdrawal of blood, or hemodynamic monitoring

- Aorta
- Pulmonary artery
- Superior vena cava
- Inferior vena cava
- Brachiocephalic veins
- Internal jugular veins
- Subclavian veins
- External iliac veins
- Common iliac veins
- Femoral veins
- In neonates, the umbilical artery/vein



Source: Wikipedia



TYPES OF CENTRAL LINES

- Temporary/Non-tunneled
- Permanent/Tunneled
- Umbilical catheter

Eligible central line: a central line that has been in place for >2 consecutive calendar days following the <u>first access</u> of the central line, in an inpatient location, during the current admission

LCBI 1 LCBI 2 LCBI 3

MBI-

LCBI 2

MBI-

LCBI



Source: The Joint Commission

LABORATORY-CONFIRMED BLOODSTREAM INFECTIONS (LCBI) OR PRIMARY BSIS

MBI-

LCBI 3

LCBI CRITERION 1

Patient of any age has a recognized bacteria or fungal pathogen not included on the NHSN common commensal list, identified from one or more blood specimens obtained by a culture or non-culture based microbiologic testing method

AND

Organism(s) identified in the blood is not related to an infection at another site

LCBI CRITERION 2

Patient of any age has at least <u>one</u> of the following signs or symptoms: fever (>38.0°C), chills, or hypotension

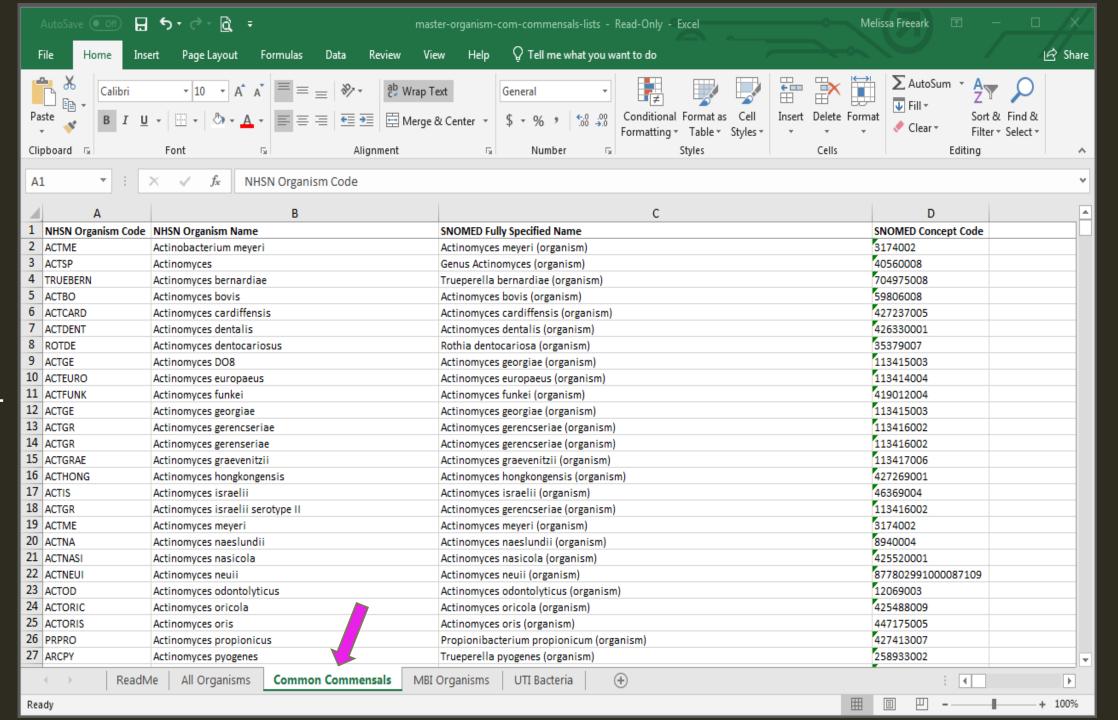
AND

Organism(s) identified in blood is not related to an infection at another site

AND

The same NHSN common commensal is identified by a culture or non-culture based microbiological testing method, from two or more blood specimens collected on separate occasions

NHSN MASTER ORGANISMS COMMON COMMENSAL LIST



LCBI CRITERION 3



Source: CDC

Patient ≤ 1 year of age has at least <u>one</u> of the following signs or symptoms: fever (>38.0°C), hypothermia (<36.0°C), apnea or bradycardia

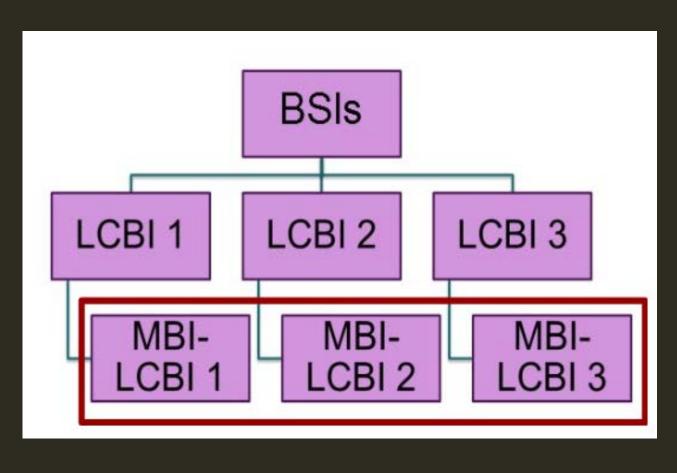
AND

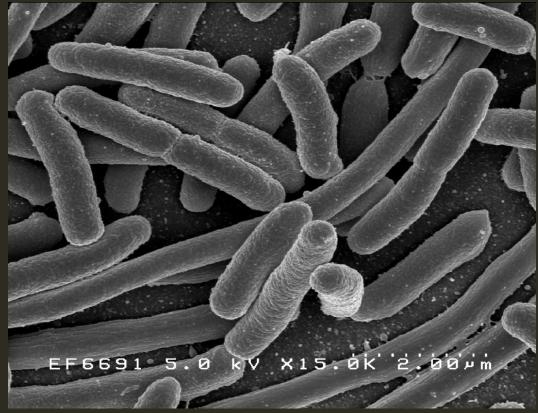
Organism(s) identified in blood is not related to an infection at another site

AND

The same NHSN common commensal is identified by a culture or non-culture based microbiological testing method, from two or more blood specimens collected on separate occasions

MUCOSAL BARRIER INJURY LABORATORY-CONFIRMED BLOODSTREAM INFECTION





MBI-LCBI CRITERIA

MBI-LCBI 1	MBI-LCBI 2	MBI-LCBI 3
Patient of any age fully meets LCBI 1 criteria	Patient of any age fully meets LCBI 2 criteria	Patient <1 year of age fully meets LCBI 3 criteria
with at least one blood specimen	with at least two blood specimens	
identified by culture or non-culture based microbiologic testing method		
with ONLY intestinal organisms from the NHSN MBI organism list*	with ONLY Viridans Group <i>Streptococcus</i> or <i>Rothia spp.</i> but no other organisms	

AND

Patient meets at least <u>one</u> of the following:

- 1. Is an allogeneic hematopoietic stem cell transplant recipient within the past year with one of the following documented during same hospitalization as positive blood specimen:
 - a. Grade III or IV gastrointestinal graft versus host disease [GI GVHD]
 - b. ≥1-liter diarrhea in a 24-hour period (or ≥20 mL/kg in a 24-hour period for patients <18 years of age) with onset on or within the 7 calendar days before the date the positive blood specimen was collected.
- 2. Is neutropenic, defined as at least two separate days with ANC[†] and/or WBC values <500 cells/mm³ collected within a 7-day time period which includes the collection date of the positive blood specimen, the 3 calendar days before and the 3 calendar days after (See Table 6).

MBI-LCBI CRITERIA

MBI-LCBI 1	MBI-LCBI 2	MBI-LCBI 3
Patient of any age fully meets LCBI 1 criteria	Patient of any age fully meets LCBI 2 criteria	Patient <1 year of age fully meets LCBI 3 criteria
with at least one blood specimen	with at least two	blood specimens
identified by cultu	re or non-culture based microbiolo	ogic testing method
with ONLY intestinal organisms from the NHSN MBI organism list*	with ONLY Viridans Group Streptococcus or Rothia spp. but no other organisms	

<u>AND</u>

Patient meets at least <u>one</u> of the following:

- 1. Is an allogeneic hematopoietic stem cell transplant recipient within the past year with one of the following documented during same hospitalization as positive blood specimen:
 - a. Grade III or IV gastrointestinal graft versus host disease [GI GVHD]
 - b. ≥1-liter diarrhea in a 24-hour period (or ≥20 mL/kg in a 24-hour period for patients <18 years of age) with onset on or within the 7 calendar days before the date the positive blood specimen was collected.
- 2. Is neutropenic, defined as at least two separate days with ANC[†] and/or WBC values <500 cells/mm³ collected within a 7-day time period which includes the collection date of the positive blood specimen, the 3 calendar days before and the 3 calendar days after (See Table 6).

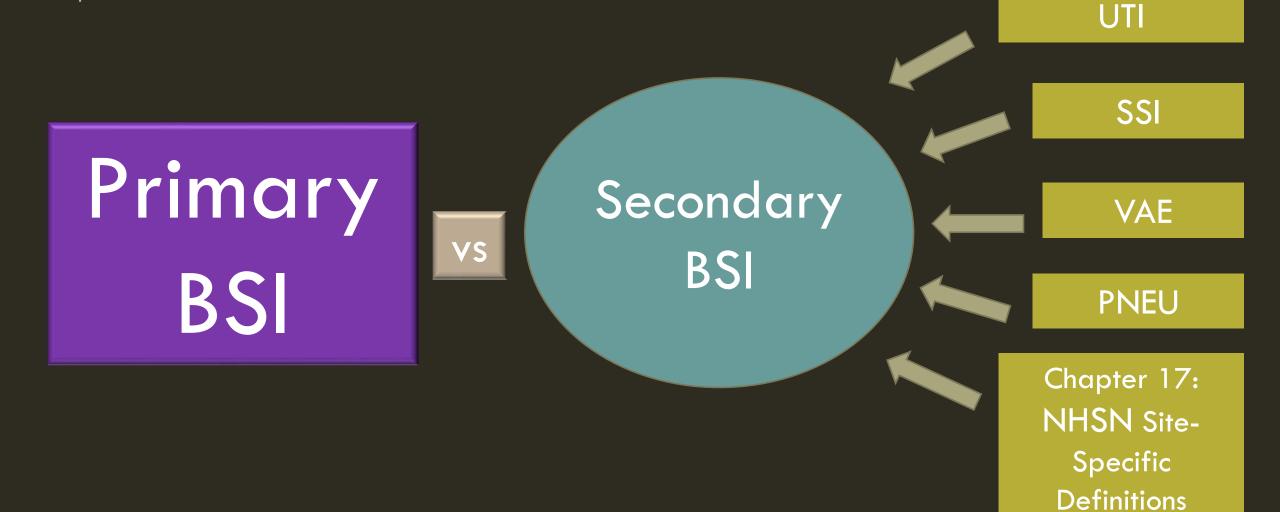
APPENDIX A: PARTIAL LIST OF MBI-LCBI ORGANISMS

Appendix A: Partial List of MBI-LCBI Organisms

	or middle debt or 5 minstro	-
Abiotrophia	Escherichia (E)	Pantoea (+E)
Alistipes	Eubacterium	Parabacteroides
Alloscardovia	Ewingella (E)	Peptostreptococcus
Anaerobiospirillum	Faecalibacterium	P ichia
Anaerococcus	Filifactor	Porphyromonas
Anaerorhabdus	Finegoldia	Prevotella
Arcobacter	Flavonifractor	Proteus (E)
Atopobium	Fusobacterium	Providencia (E)
Averyella (+E)	Gemella	Pseudoflavonifractor
Bacteroides	Geotrichum	Pseudoramibacter
Bifidobacterium	Granulicatella	Rahnella (E)
Bilophila	Hafnia (E)	Raoultella (+E)
Blautia	Helcococcus	Rothia
Buttiauxella (E)	Helicobacter	Ruminococcus
Campylobacter	Klebsiella (E)	Saccharomyces
Candida	Kluyvera (E)	Sarcina
Capnocytophaga	Kluyveromyces	Serratia (E)
CDC Enteric Group 58		-1 - 111
(+E)	Lactobacillus	Shigella (E)
Cedecea (E)	Leclercia (E)	Slackia
Cityohastov (E)	Laminovalla (E)	Streptococcus (VGS subset)
Citrobacter (E) Clostridium	Leminorella (E)	Suosei) Tannerella
Collinsella	Leptotrichia	
	Leuconostoc	Tatumella (E)
Cronobacter (+E)	Megamonas	Tetragenococcus
Dialister Dichelobacter	Megasphaera Mitsuokella	Tissierella
		Trabulsiella (E)
Edwardsiella (E)	Moellerella (E)	Veillonella Waissalla
Eggerthella	Mogibacterium	Weissella
Eggerthia	Morganella (E)	Yersinia (E)
Enterobacter (E)	Obesumbacterium (+E)	Yokenella (E)
Enterococcus	Odoribacter	

E = Family Enterobacteriaceae

PRIMARY VS SECONDARY BSIS



SECONDARY BSI

Must meet <u>one</u> of the CDC/NHSN site-specific definitions (Chapter 17, UTI, PNEU or SSI)

AND

One of the following scenarios must be met:

At least one organism from the blood specimen <u>matches</u> an organism identified from the site-specific specimen that is used as an element to meet the NHSN site-specific infection criterion AND the blood specimen is collected during the secondary BSI attribution period (infection window period + repeat infection timeframe).

OR

An organism identified in the blood specimen <u>is an element that is used to meet</u> the NHSN site-specific infection criterion, and therefore is collected during the site-specific infection window period.

SCENARIO 1:
(+) Blood
specimen must
contain at least
one matching
organism to the
site-specific
specimen

Table B1: Secondary BSI Guide: List of all NHSN primary site-specific definitions available for making secondary BSI determinations using Scenario 1 or Scenario 2

Scenario 1	Scenario 2	
A positive blood specimen must contain at least one eligible matching organism to the site-specific specimen	Positive blood specimen must be an element of the site-specific definition	
And the blood specimen is collected in the site- specific secondary BSI attribution period	And blood specimen is collected in the site-specific infection window period	
And an eligible organism identified from the site- specific specimen is used as an element to meet the site-specific definition	And an eligible <u>organism identified in a blood</u> <u>specimen</u> is used as an element to meet the site- specific definition	
Site Criterion	Site Criterion	

Site	Criterion
ABUTI	ABUTI
BONE	<u>1</u>
BRST	1
CARD	<u>1</u>
CIRC	<u>2</u> or <u>3</u>
CONJ	<u>1</u>
DECU	1
DISC	1
EAR	1, 3, 5 or <u>7</u> ,
EMET	1
ENDO	1
EYE	1
GE	<u>2a</u>
GIT	2a, 2b (only yeast)
IAB	1 or 3a
IC	1
JNT	1
LUNG	1
MED	1
MEN	1
ORAL	<u>1</u> or <u>3a</u>
OREP	<u>1</u>
PJI	1
PNEU	2 or <u>3</u>
SA	1
SINU	<u>1</u>
SSI	SI, DI or OS
SKIN	<u>2a</u>
ST	1
UMB	<u>1a</u>
UR	<u>1a</u> or <u>3a</u>
USI	<u>1</u>
SUTI	1a, 1b or 2
VASC only as SSI	<u>1</u>
VCUF	3

Site	Criterion
BONE	<u>3a</u>
BURN	1
DISC	<u>3a</u>
ENDO	4a, 4b, 5a or 5b (specific organisms) 6e or 7e plus other criteria as listed
GIT	1b or 2c
IAB	2b or 3b
JNT	3c
MEN	<u>2c</u> or <u>3c</u>
OREP	<u>3a</u>
PNEU	2 or 3
SA	3a
UMB	<u>1b</u>
USI	3b or 4b

SCENARIO 2: (+) Blood specimen is an element of the site-specific definition

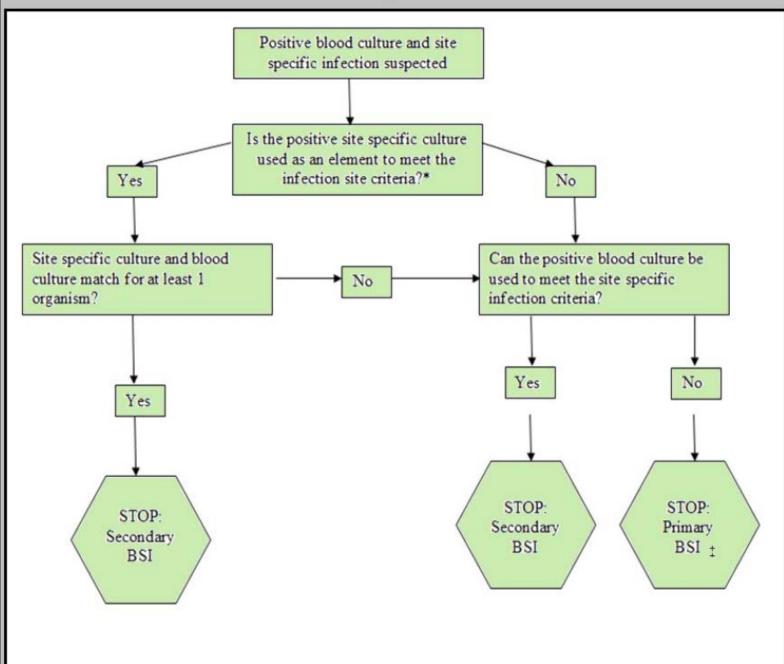
NHSN CHAP 2 SURVEILLANCE DEFINITIONS

•Secondary BSI Attribution Period (SBAP): the period in which a blood specimen must be collected for a secondary bloodstream infection to be attributed to a primary site of infection.



SECONDARY BSI GUIDE

Secondary BSI Guide



Admit date: 9/1/2019

Hospital Day/Date	First Diagnostic Test	Infection Window Period (*)	Date of Event	Repeat Infection Timeframe (*)
3 9/3/2019			-	
4 9/4/2019			-	
5 9/5/2019			-	
6 9/6/2019	V	✓	- HAI	
7 9/7/2019			-	
8 9/8/2019			-	
9 9/9/2019		✓	-	
10 9/10/2019			-	
11 9/11/2019			-	
12 9/12/2019			-	
13 9/13/2019			-	
14 9/14/2019			-	
15 9/15/2019			-	
16 9/16/2019			-	
17 9/17/2019			-	
18 9/18/2019			-	
19 9/19/2019			-	

Start Over...

Back...

Print Friendly Window...

Generate Table...

RISK FACTORS FOR CLABSI

Heavy microbial colonization of insertion site

Femoral or internal jugular access site

Multiple CVCs

Mulitlumen CVCs

Parenteral nutrition

Lack of maximal sterile barriers for insertion

Prolonged hospitalization before CVC insertion

The Joint Commission. Preventing Central Line-Associated Bloodstream Infections: useful Tools, An International Perspective. Nov 20, 2013. Accessed Oct 11, 2019. http://www.jointcommission.org/CLABSIToolkit

STRATEGIES TO PREVENT CLABSI

Hand hygiene

Use full barrier precautions during central venous catheter insertion

Use chlorhexidine for skin preparation

Avoid using the femoral vein for catheter in adult patients

Disinfect the hub each and every time

Remove unnecessary catheters

Appendix 3. Guidelines to Prevent Central Line-Associated Blood Stream Infections. Content last reviewed March 2018. Agency for Healthcare Research and Quality, Rockville, MD. https://www.ahrq.gov/hai/clabsi-tools/appendix-3.html

CENTRAL LINE INSERTION PRACTICES (CLIP) ADHERENCE MONITORING

- Hand hygiene by inserters
- •Use of maximal sterile barriers during insertion
 - Sterile gloves
 - Sterile gown
 - Cap
 - Mask worn
 - Large sterile drape
- Proper use of a skin antiseptic prior to insertion.
- •Time to allow the skin antiseptic to dry before catheter insertion

O'Grady, NP., Alexander, M., Burns, LA., Dellinger, EP., Garland, J., Heard, SO., Maki, DG., et al. "Guidelines for the Prevention of Intravascular Catheter-related Infections". Clinical Infectious Diseases 52 (a): (2011): 1087-99.

CAUTI: THE PROBLEM



Research suggests CAUTIs are highly preventable and that perhaps as many as 50 to 70 percent of these episodes can be prevented¹⁻²

Since 2008, CMS will no longer reimburse costs associated with hospital-acquired CAUTI³

Each day the indwelling urinary catheter remains, a patient has a 3%-7% increased risk of acquiring a catheter-associated urinary tract infection (CAUTI)⁴⁻⁵

¹Meddings J, Rogers MA, Macy M, et al. Systematic review and meta-analysis: reminder systems to reduce catheter-associated urinary tract infections and urinary catheter use in hospitalized patients. Clin Infec Dis. 2010 Sep 1;51(5):550-60. PMID: 20673003

²Umscheid CA, Mitchell MD, Doshi JA, et al. Estimating the proportion of healthcare-associated infections that are reasonably preventable and the related mortality and costs. Infect Control Hosp Epidemiol. 2011;32(2):101-14. PMID: 21460463

³Wald HL, Kramer AM. Nonpayment for harms resulting from medical care: catheter-associated urinary tract infections. JAMA. 2007 Dec 19;298(23):2782-2784. PMID: 18165672.

⁴McGuckin M. The patient survival guide: 8 simple solutions to prevent hospital and healthcare-associated infections. New York, NY: Demos Medical Publishing; 2012

⁵Lo E, Nicolle LE, Coffin SE, Gould C, Maragakis LL, Meddings J, et al. Strategies to prevent catheter-associated urinary tract infections in acute care hospitals: 2014 update. *Infection Control and Hospital Epidemiology* 2014;35:464-79.

WHAT IS AN INDWELLING URINARY CATHETER?

A drainage tube that is inserted into the urinary bladder through the urethra, is left in place, and is connected to a drainage bag.

WHAT COUNTS?	WHAT DOESN'T?
FOLEY CATHETERS	CONDOM CATHETERS
INDWELLING CATHETERS USED FOR CONTINUOUS OR INTERMITTENT IRRIGATION	STRAIGHT CATHETERS/IN-AND-OUT CATHETERS
FOLEY CATHETER PLUS	NEPHROSOTOMY TUBES ILEOCONDUITS SUPRAPUBIC CATHETERS

CATHETER-ASSOCIATED UTI (CAUTI)

A urinary tract infection (UTI) is defined using:

- Symptomatic Urinary Tract Infection (SUTI) criteria
- Asymptomatic Bacteremic UTI (ABUTI) criteria
- Urinary System Infection (USI) criteria

UTI is considered a primary site of infectioncannot be secondary to another site



CAUTI DEFINITION

A UTI where an indwelling urinary catheter was in place for >2 calendar days on the date of event, with device placement being Day 1

AND

an indwelling urinary catheter was in place on the date of event or the day before. If an indwelling urinary catheter was in place for more than 2 consecutive days in an inpatient location and then removed, the date of event for the UTI must be the day of device discontinuation or the next day for the UTI to be catheter-associated.

Excluded organisms:

- Any Candida species and "yeast" not otherwise specified
- Mold
- Dimorphic fungi
- Parasites

SYMPTOMATIC UTI (SUTI) 1A: CAUTI

Patient must meet 1, 2, and 3 below:

- 1. Patient had an indwelling urinary catheter that had been in place for more than 2 consecutive days in an inpatient location on the date of event AND was either:
- Present for any portion of the calendar day on the date of event OR
- Removed the day before the date of event
- 2. Patient has at least one of the following signs or symptoms:
- Fever (>38.0°C)*, suprapubic tenderness, costovertebral angle pain or tenderness, urinary urgency⁺, urinary frequency⁺, dysuria⁺
- 3. Patient has a urine culture with no more than two species of organisms identified, at least one of which is a bacterium of $\geq 10^5$ CFU/ml. All elements of the SUTI criterion must occur during the IWP.

^{*}Reminder: To use fever in a patient >65 years of age, the ICU needs to be in place for more than 2 consecutive days in an inpatient location on date of event and is either still in place OR was removed the day before the DOE.

SYMPTOMATIC UTI (SUTI) 1B: NON-CAUTI

Patient must meet 1, 2, and 3 below:

- 1. One of the following is true:
- Patient has an indwelling urinary catheter but it has/had not been in place for >2 calendar days in an inpatient location on the date of event **OR**
- Patient did not have an indwelling urinary catheter in place on the date of event nor the day before the event
- 2. Patient has at least **one** of the following signs and symptoms:
 - Fever (>38.0C) in a patient \leq 65 years of age
 - Suprapubic tenderness
 - Costovertebral angel pain or tenderness
 - Urinary frequency
 - Urinary urgency
 - Dysuria
- 3. Patient has a urine culture with no more than 2 species of organisms identified, at least one of which is a bacterium of $\geq 10^5$ CFU/mL. All elements of the SUTI criterion must occur during the IWP.

SUTI 2: CAUTI OR NON-CAUTI

Patient must meet 1, 2, and 3 below:

- 1. Patient ≤ 1 year of age* (with or without an indwelling urinary catheter)
- Patient has at least one of the following signs or symptoms:
 - Fever (>38.0C), lethargy, hypothermia, vomiting, apnea, suprapubic tenderness, bradycardia
- 3. Patient has a urine culture with no more than 2 species of organisms identified, at least one of which is a bacterium of >105CFU/mL. All elements of the SUTI criterion must occur during the IWP.



^{*}If patient had an IUC in place for more than 2 consecutive days in an inpatient location and the IUC was in place on the DOE or the previous day the CAUTI criteria is met.

ASYMPTOMATIC BACTEREMIC UTI (ABUTI)

1. Patient with or without an indwelling urinary catheter has no signs or symptoms of SUTI 1 or 2 according to age (Patients >65 years of age with a non-catheter associated ABUTI may have a fever and still meet the ABUTI criterion).

Patient must meet 1, 2, and 3:

2. Patient has a urine culture with no more than two species of organisms identified, at least one of which is a bacterium of $> 10^5$ CFU/mL

3. Patient has <u>organism identified from blood specimen</u> with at <u>least one matching bacterium to a bacterium identified in the urine</u> specimen, or meets LCBI criterion 2 (without fever) and matching common commensal(s) in the urine. All elements of the ABUTI criterion must occur during the IPW.

USING THE SECONDARY BSI GUIDE

ABUTI

SUTI 1A SUTI 1B SUTI 2 Table B1: Secondary BSI Guide: List of all NHSN primary site-specific definitions available for making secondary BSI determinations using Scenario 1 or Scenario 2

Scenario 1	Scenario 2
A positive blood specimen must contain at least one eligible matching organism to the site-specific specimen	Positive blood specimen must be an element of the site-specific definition
And the blood specimen is collected in the site- specific secondary BSI attribution period	And blood specimen is collected in the site-specific infection window period
And an eligible organism identified from the site- specific specimen is used as an element to meet the site-specific definition	And an eligible <u>organism identified in a blood</u> <u>specimen</u> is used as an element to meet the site- specific definition
eta - e-tata	cia- C-la-si

Site	Criterion
ABUTI	ABUTI
BONE	1
BRST	1
CARD	1
CIRC	2 or 3
CONJ	1
DECU	1
DISC	1
EAR	1, 3, 5 or 7,
EMET	1
ENDO	1
EYE	1
GE	2a
GIT	2a, 2b (only yeast)
IAB	1 or 3a
IC	1
JNT	1
LUNG	1
MED	1
MEN	1
ORAL	1 or 3a
OREP	1
PJI	1
PNEU	2 or <u>3</u>
SA	1
SINU	1
SSI	SI, DI or OS
SKIN	<u>2a</u>
ST	1
UMB	<u>1a</u>
UR	<u>1a</u> or <u>3a</u>
USI	1
SUTI	1a, 1b or 2
VASC only as SSI	1
VCUF	3

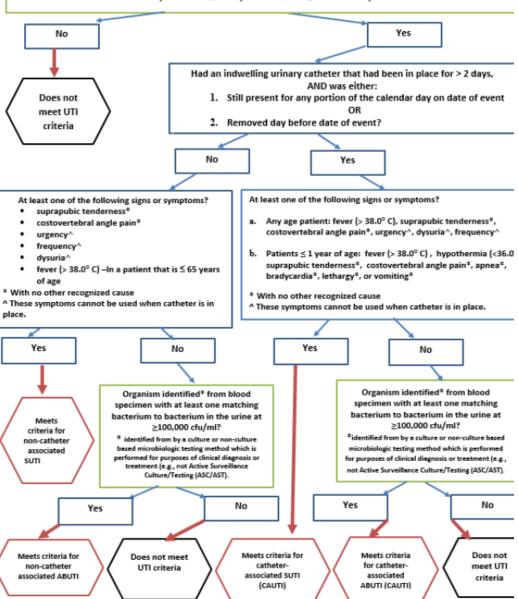
Site	Criterion
BONE	<u>3a</u>
BURN	1
DISC	<u>3a</u>
ENDO	4a, 4b, 5a or 5b (specific organisms) 6e or 7e plus other criteria as listed
GIT	1b or <u>2c</u>
IAB	2b or 3b
JNT	3c
MEN	<u>2c</u> or <u>3c</u>
OREP	<u>3a</u>
PNEU	2 or 3
SA	3a
UMB	<u>1b</u>
USI	3b or 4b

Identifying Symptomatic Urinary Tract Infections (SUTI) & Asymptomatic Bacteremic Urinary Tract Infections (ABUTI)

Positive urine culture with no more than 2 species of organisms, at least one of which is a bacterium of ≥10° CFU/ml.

All elements of the UTI criterion must occur during the Infection Window Period (Note: if none of the organisms

present at ≥10° cfu/ml are bacteria, answer = No)



IDENTIFYING SUTI AND ABUTI FLOWCHART

HTTPS://WWW.CDC.GOV/NHSN/PDFS/PSCMANUAL/7PSCCAUTICURRENT.PDF

NHSN CHAP 2 SURVEILLANCE DEFINITIONS

•Transfer Rule: if the date of event is on the <u>date of transfer or discharge</u>, or <u>the next day</u>, the infection is attributed to the transferring/discharging <u>location</u>.

DATE	PATIENT LOCATION	LOCATION OF ATTRIBUTION
MARCH 22	5 EAST	
MARCH 23	5 EAST ICU	
MARCH 24 (DATE OF EVENT)	ICU	*5 EAST- CAUTI
MARCH 25	ICU	

CAUTI PREVENTION

- Insert catheters only for appropriate indications and leave in place only as long as needed
 - Acute urinary retention or bladder outlet obstruction
 - Accurate urinary output measurements for critically ill patients
 - Perioperative use for selected surgical procedures
 - To assist in healing of open sacral or perineal wounds in incontinent patients
 - Patient requires prolonged immobilization
 - Improve comfort care for end of life care
- Consider non-invasive alternatives
- Insertion technique
- Nurse-driven removal protocol

CAUTI PREVENTION: MAINTENANCE OF THE CATHETER

Catheter maintenance

- Securement device
- Maintaining closed drainage system
- Maintain obstructed urine flow
- Keep collection bag below level of the bladder

Patient hygiene

Hand hygiene

Carolyn V. Gould, MD, MSCR; Craig A. Umscheid, MD, MSCE; Rajender K. Agarwal, MD, MPH; Gretchen Kuntz, MSW, MSLIS; David A. Pegues, MD; and the Healthcare Infection Control Practices Advisory Committee (HICPAC); Guideline for Prevention of Catheter-Associated Urinary Tract Infections 2009; http://www.cdc.gov/infectioncontrol/guidelines/cauti

VENTILATOR-ASSOCIATED EVENTS

- ■5-10% of mechanically ventilated patients develop a ventilator-associated event (VAE)¹⁻²
- •Historically, VAP was considered one of the most lethal HAIs with a 35% mortality rate for vented patients³⁻⁴

¹Klompas M, Khan Y, Kleinman K, et al. Multicenter evaluation of a novel surveillance paradigm for complications of mechanical ventilation. *PLoS ONE* 2011 Mar 22;6(3):e18062. PMID 21445364

²Klein Klouwenberg PM, van Mourik MS, Ong DS, et al. Electronic implementation of a novel surveillance paradigm for ventilator-associated events: feasibility and validation. *Am J Respir Crit Care Med* 2014 Apr 15;189(8):947-55. PMID: 24498886.

³Safdar N, Dezfullian C, Collard HR, et al. Clinical and economic consequences of ventilator-associated pneumonia: a systematic review. *Crit Care Med* 2005; 33(10):2184-93. PMID: 16215368.

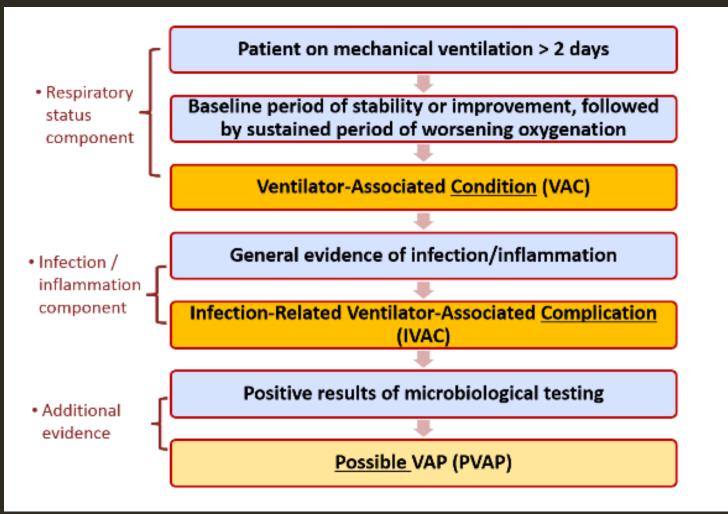
⁴Wunsch H, Linde-Zwirble WT, Angus DC, et al. The epidemiology of mechanical ventilation use in the United States. *Crit Care Med* 2010; 38(10):1947-53. PMID: 20639743.



VENTILATOR-ASSOCIATED EVENTS (VAE)

Combination of objective criteria that identify:

- A deterioration in respiratory status after a period of stability or improvement on the ventilator (VAC)
- Evidence of infection or inflammation (IVAC)
- Laboratory evidence of respiratory infection (PVAP)



VENTILATOR-ASSOCIATED EVENT: IMPORTANT DEFINITIONS

- Must be mechanically ventilated at least 4 consecutive days to meet criteria
- Day of intubation and initiation of mechanical ventilation is Day 1

- ► Daily minimum PEEP and FiO2
- Lowest setting during a calendar day that was maintained for greater than 1 HOUR

PEEP values between 0 ccH20 and 5 cmH20 will be considered equivalent.

ESTABLISHING A BASELINE PERIOD OF STABILITY

Establish a baseline period of stability on the ventilator

• The 2 calendar days immediately preceding the first day of increased daily minimum PEEP or FiO2 and must be characterized by \geq 2 calendar days of stable or decreasing minimum FiO2 or PEEP values

On ventilator	On ventilator	On ventilator	On ventilator				
Stable/improving	Stable/improving	Worsening oxygenation	Worsening oxygenation				

VENTILATOR-ASSOCIATED CONDITION (VAC)

After a period of stability or improvement on the ventilator, the patient has at least one of the following indicators of worsening oxygenation:

1. Increase in the **daily minimum** FiO2 of \geq 0.20 (20 points) over the daily minimum of the first day in the baseline period, sustained for \geq 2 calendar days

OR

2. Increase in the **daily minimum** PEEP of ≥ 3 cmH $_2$ O over the daily minimum PEEP of the first day in the baseline period, sustained for ≥ 2 calendar days

VENTILATOR-ASSOCIATED EVENT: EXAMPLE

Mechanical Vent Day	Daily Minimum PEEP	Daily Minimum FiO2	VAE
1	0 (5)	1.00 (100%)	
2	0 (5)	0.50 (50%)	
3	5	0.50 (50%)	
4	5	0.50 (50%)	
<mark>5</mark>	8	0.50 (50%)	VAC
<mark>6</mark>	8	0.50 (50%)	

INFECTION-RELATED VENTILATOR-ASSOCIATED COMPLICATION (IVAC)

On or after calendar day 3 of mechanical ventilation and within 2 calendar days before or after the onset of worsening oxygenation, the patient meets both of the following criteria:

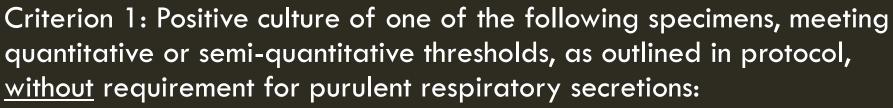
1) Temperature > 38 °C or < 36°C, **OR** white blood cell count \ge 12,000 cells/mm3 or \le 4,000 cells/mm3.

AND

2) A new antimicrobial agent(s) (see Appendix for eligible antimicrobial agents) is started, and is continued for ≥ 4 calendar days.

POSSIBLE VAP (PVAP)- CRITERION 1

On or after calendar day 3 of mechanical ventilation and within 2 calendar days before or after the onset of worsening oxygenation, ONE of the following criteria is met (taking into account organism exclusions specified in the protocol):



- Endotracheal aspirate, $\geq 10^5$ CFU/ml or corresponding semi-quantitative result
- Bronchoalveolar lavage, $\ge 10^4$ CFU/ml or corresponding semi-quantitative result
- Lung tissue, $\geq 10^4$ CFU/g or corresponding semi-quantitative result
- Protected specimen brush, $\geq 10^3$ CFU/mL or corresponding semi-quantitative result

*Candida species or yeast not otherwise specified; coagulase-negative Staphylococcus species; and Enterococcus species, when identified from sputum, endotracheal aspirate, bronchoalveolar lavage, or protected specimen brush specimens. These organisms can be reported as PVAP pathogens if identified from lung tissue or pleural fluid specimens.



POSSIBLE VAP (PVAP)- CRITERION 2

Criterion 2: Purulent respiratory secretions (defined as secretions from the lungs, bronchi, or trachea that contain ≥ 25 neutrophils and ≤ 10 squamous epithelial cells per low power field [lpf, x100]) PLUS organism identified from one of the following specimens (to include qualitative culture, or quantitative/semi-quantitative culture without sufficient growth to meet criterion #1):

- Sputum
- Endotracheal aspirate
- Bronchoalveolar lavage
- Lung tissue
- Protected specimen brush

*If the laboratory reports semi-quantitative results, those results must correspond to the quantitative thresholds.



POSSIBLE VAP (PVAP)- CRITERION 3

Criterion 3: One of the following positive tests:

- Organism identified from pleural fluid culture (where specimen was obtained during thoracentesis or initial placement of chest tube and NOT from an indwelling chest tube)
- Lung histopathology, defined as: 1) abscess formation or foci of consolidation with intense neutrophil accumulation in bronchioles and alveoli; 2) evidence of lung parenchyma invasion by fungi (hyphae, pseudohyphae or yeast forms);
 3) evidence of infection with the viral pathogens listed below based on results of immunohistochemical assays, cytology, or microscopy performed on lung tissue
- Diagnostic test for Legionella species
- Diagnostic test on respiratory secretions for influenza virus, respiratory syncytial virus, adenovirus, parainfluenza virus, rhinovirus, human metapneumovirus, coronavirus



VAE SURVEILLANCE

ALGORITHM

Figure 1: Ventilator-Associated Events (VAE) Surveillance Algorithm

Patient has a baseline period of stability or improvement on the ventilator, defined by ≥ 2 calendar days of stable or decreasing daily minimum* FiO₂ or PEEP values. The baseline period is defined as the 2 calendar days immediately preceding the first day of increased daily minimum PEEP or

*Daily minimum defined by lowest value of FiO2 or PEEP during a calendar day that is maintained for > 1 hour.

After a period of stability or improvement on the ventilator, the patient has at least one of the following indicators of worsening oxygenation:

- 1) Increase in daily minimum* FiO₂ of ≥ 0.20 (20 points) over the daily minimum FiO₂ of the first day in the baseline period, sustained for ≥ 2 calendar days.
- Increase in daily minimum PEEP values of ≥ 3 cmH₂O over the daily minimum PEEP of the first day in the baseline period[†], sustained for ≥ 2. calendar days.

Ventilator-Associated Condition (VAC)

On or after calendar day 3 of mechanical ventilation and within 2 calendar days before or after the onset of worsening oxygenation, the patient meets both of the following criteria:

- Temperature > 38 °C or < 36°C, OR white blood cell count ≥ 12,000 cells/mm³ or ≤ 4,000 cells/mm³.
- 2) A new antimicrobial agent(s) (see Appendix for eligible antimicrobial agents) is started, and is continued for ≥ 4 qualifying antimicrobial days

Infection-related Ventilator-Associated Complication (IVAC)

On or after calendar day 3 of mechanical ventilation and within 2 calendar days before or after the onset of worsening oxygenation, ONE of the following criteria is met (taking into account organism exclusions specified in the protocol):

- 1) Criterion 1: Positive culture of one of the following specimens, meeting quantitative or semi-quantitative thresholds as outlined in protocol, without requirement for purulent respiratory secretions:
 - Endotracheal aspirate, ≥ 10⁵ CFU/ml or corresponding semi-quantitative result
 - Bronchoalveolar lavage, ≥ 10⁴ CFU/ml or corresponding semi-quantitative result
 - Lung tissue, ≥ 10⁴ CFU/g or corresponding semi-quantitative result
 - Protected specimen brush, ≥ 10³ CFU/ml or corresponding semi-quantitative result
- 2) Criterion 2: Purulent respiratory secretions (defined as secretions from the lungs, bronchi, or trachea that contain ≥25 neutrophils and ≤10 squamous epithelial cells per low power field [lpf, x100])* PLUS organism identified from one of the following specimens (to include qualitative culture, or quantitative/semi-quantitative culture without sufficient growth to meet criterion #1):
 - Sputum
 - Endotracheal aspirate
 - Bronchoalveolar lavage
 - Lung tissue

† If the laboratory reports semi-quantitative results, those results must correspond to the quantitative thresholds. See additional instructions for using the purulent respiratory secretions criterion in the VAE Protocol.

- 3) Criterion 3: One of the following positive tests:
 - · Organism identified from pleural fluid (where specimen was obtained during thoracentesis or initial placement of chest tube and NOT from an indwelling chest tube)
 - . Lung histopathology, defined as: 1) abscess formation or foci of consolidation with intense neutrophil accumulation in bronchioles and alveoli; 2) evidence of lung parenchyma invasion by fungi (hyphae, pseudohyphae or yeast forms); 3) evidence of infection with the viral pathogens listed below based on results of immunohistochemical assays, cytology, or microscopy performed on lung tissue
 - Diagnostic test for Legionella species
 - Diagnostic test on respiratory secretions for influenza virus, respiratory syncytial virus, adenovirus, parainfluenza virus, rhinovirus, human metapneumovirus, coronavirus

January 2019

Possible Ventilator-Associated Pneumonia (PVAP)

NHSN VAE CALCULATOR

NHSN Ventilator-Associated Event (VAE) Calculator Ver. 6.0

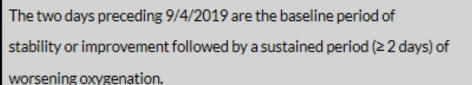
A Ventilator-Associated Condition (VAC) based on PEEP values occurred on 9/4/2019

Click on the Go To IVAC button to move to the next part of the protocol or click on the "Explain" button to see how this determination was made.

https://nhsn.cdc.gov/V AECalculator/vaecalc_ v6.html

Calcu	Calculate VAC		Start Over		Go to IVAC			Explain		
	MV Day	Date		Min. PEEP (cmH₂O)			n. FiO ₂ 100)	V	AE	
	1	9/1/	2019	5		21				
	2	9/2/	/2019	5		21				
	3	9/3/	/2019	5		21				
	4	9/4/	/2019	8		21		‡ \	/AC	
	5	9/5/	/2019	8		21				
	6	9/6/	/2019							
	7	9/7/	/2019							

Explanation:





(Hint: this box is movable by dragging with your mouse. If you move it to one side and leave it open, the explanation will automatically update itself as things change.)

VENTILATOR ASSOCIATED PNEUMONIA (VAP) PREVENTION



Minimize exposure to mechanical ventilation

- Use noninvasive positive pressure ventilation in select populations
- Vent weaning protocols (minimize duration)

Elevate the head of bed to 30°-45°

Daily sedation vacation

Coordinated subglottic suctioning

Oral care

Peptic ulcer disease prophylaxis

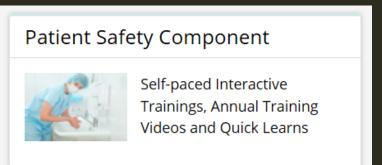
Deep vein thrombosis prophylaxis

Facilitate early mobilization

Klompas, M., Branson, R., Eichenwald, E., Greene, L., Howell, M., Lee, G., . . . Berenholtz, S. (2014). Strategies to Prevent Ventilator-Associated Pneumonia in Acute Care Hospitals: 2014 Update. *Infection Control and Hospital Epidemiology*, 35(8), 915-936. doi:10.1086/677144



Training / Demo





NHSN TRAINING

https://www.cdc.gov/nhsn/traini ng/patient-safetycomponent/index.html

EXISTING GUIDELINES AND RECOMMENDATIONS

The Healthcare Infection Control Practices Advisory Committee (HICPAC), Centers for Disease Control and Prevention

The Institute for Healthcare Improvement

The Agency for Healthcare Research and Quality

The Joint Commission

APIC











WEEKLY DEVICE ROUNDS IN CRITICAL CARE

•CENTRAL LINES

- Status of the dressing
- Location of insertion
- Date of last dressing change
- Dated IV bags and tubing
- Daily CHG bath

URINARY CATHETERS

- Indication
- Consideration of an alternative
- Securement device
- Drainage bag below bladder
- Recent perineal/meatal care



RESOURCES

Appendix 3. Guidelines to Prevent Central Line-Associated Blood Stream Infections. Content last reviewed March 2018. Agency for Healthcare Research and Quality, Rockville, MD. https://www.ahrq.gov/hai/clabsitools/appendix-3.html

Toolkit for Reducing CAUTI in Hospitals. Content last reviewed March 2018. Agency for Healthcare Research and Quality, Rockville, MD. https://www.ahrq.gov/hai/tools/cauti-hospitals/index.html

Toolkit To Improve Safety for Mechanically Ventilated Patients. Content last reviewed August 2017. Agency for Healthcare Research and Quality, Rockville, MD. https://www.ahrq.gov/hai/tools/mvp/index.html

Marschall, J., Mermel, L., Fakih, M., Hadaway, L., Kallen, A., O'Grady, N., . . . Yokoe, D. (2014). Strategies to Prevent Central Line–Associated Bloodstream Infections in Acute Care Hospitals: 2014 Update. *Infection Control and Hospital Epidemiology*, 35(7), 753-771. doi:10.1086/676533

Klompas, M., Branson, R., Eichenwald, E., Greene, L., Howell, M., Lee, G., . . . Berenholtz, S. (2014). Strategies to Prevent Ventilator-Associated Pneumonia in Acute Care Hospitals: 2014 Update. *Infection Control and Hospital Epidemiology*, 35(8), 915-936. doi:10.1086/677144

National Healthcare Safety Network (NHSN), Patient Safety Component Manual. https://www.cdc.gov/nhsn/pdfs/pscmanual/pcsmanual_current.pdf

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