Planning for Success: HAI Prevention & Reduction Strategies

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Plans are worthless,
but planning is everything.

– Dwight D. Eisenhower

Learning Objectives

➢ Describe the process for forming HAI reduction programs

➢ Compare different performance improvement strategies, tools, and models

➢ Summarize a framework that details the steps in planning, implementing, evaluating, and sustaining change

The biggest problem of performance improvement is that people don't know how to define their problem; this is the first and most crucial step. **Do you even have a problem?**
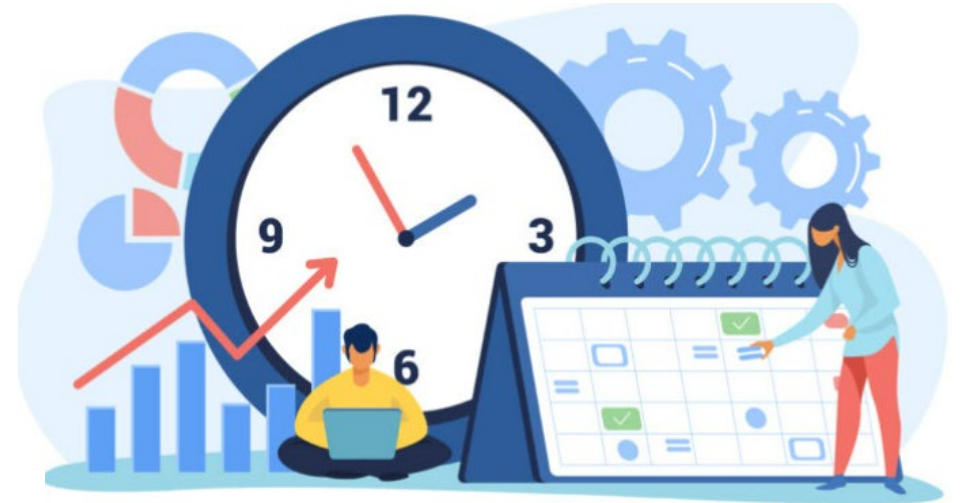
➢ Don't forget the 5 W's and the 5 Why's

➢ Actionable problems require SMART goals

➢ Don't get stuck on non-actionable problems/meetings

➢ Don't try to boil the ocean!

You don't know what you don't know, best to find out

…and it's not always about the ability;

vs

oftentimes it's about availability

#StayCurrent

❖ Buetti N., Marschall J., Drees M., Fakih M., Hadaway L., Maragakis L., . . . Mermel L. (2022). Strategies to prevent central line-associated bloodstream infections in acute-care hospitals: 2022 Update. Infection Control & Hospital Epidemiology, 43(5), 553-569. doi:10.1017/ice.2022.87

❖ Patel PK, Advani SD, Kofman AD, Lo E, Maragakis LL, Pegues DA, . . . Yokoe DS (2023). Strategies to prevent catheter-associated urinary tract infections in acute care-hospitals: 2022 Update. Infection Control & Hospital Epidemiology, 44(8):1209-1231. doi: 10.1017/ice.2023.137

❖ Klompas, M., Branson, R., Cawcutt, K., Crist, M., Eichenwald, E., Greene, L., . . . Berenholtz, S. (2022). Strategies to prevent ventilator-associated pneumonia, ventilator-associated events, and nonventilator hospital-acquired pneumonia in acute-care hospitals: 2022 Update. Infection Control & Hospital Epidemiology, 43(6), 687-713. doi:10.1017/ice.2022.88
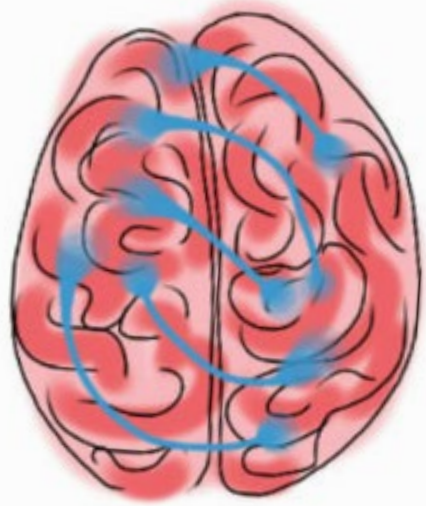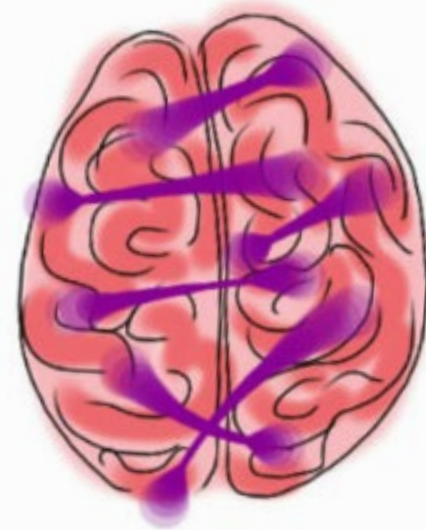
Learn   Unlearn   Relearn

Know your EBP Resources

- ➢ CDC Toolkits and Guides

- ➢ IHI Bundles and Tools

- ➢ AHRQ Library

- ➢ The Joint Commission Resources

- ➢ IDSA and SHEA

- ➢ APIC

Measuring the Problem

NICE STORY.
NOW SHOW ME THE
DATA

- Check data sources & validate accuracy intermittently
- Be involved in EMR changes – user interface is great but the end product matters
- Data presentation is audience-specific; language matters!
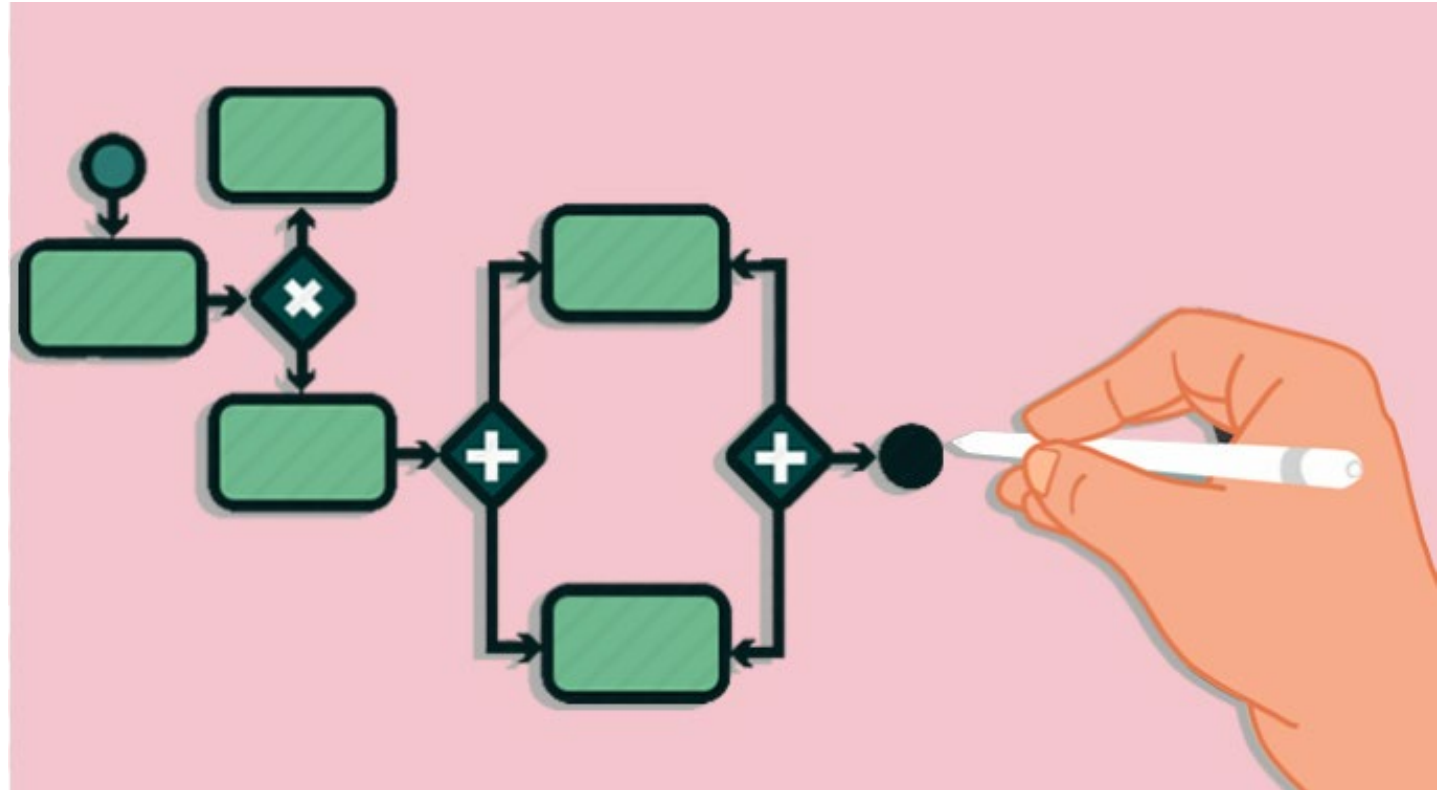- Personalization of data matters!! Storytellers are the best
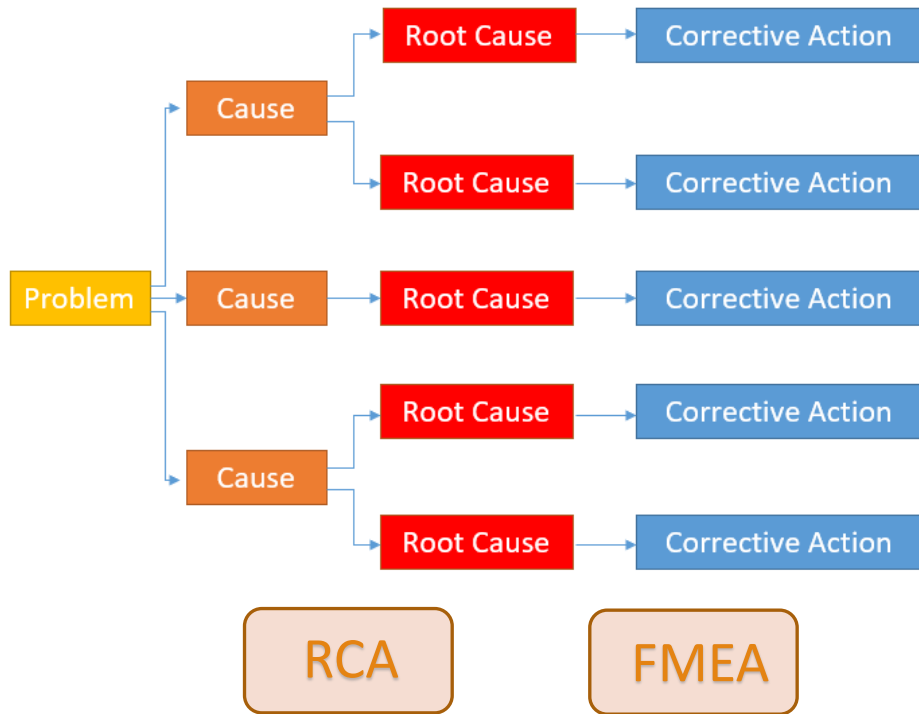- Benchmarking is key!!!

Process Mapping

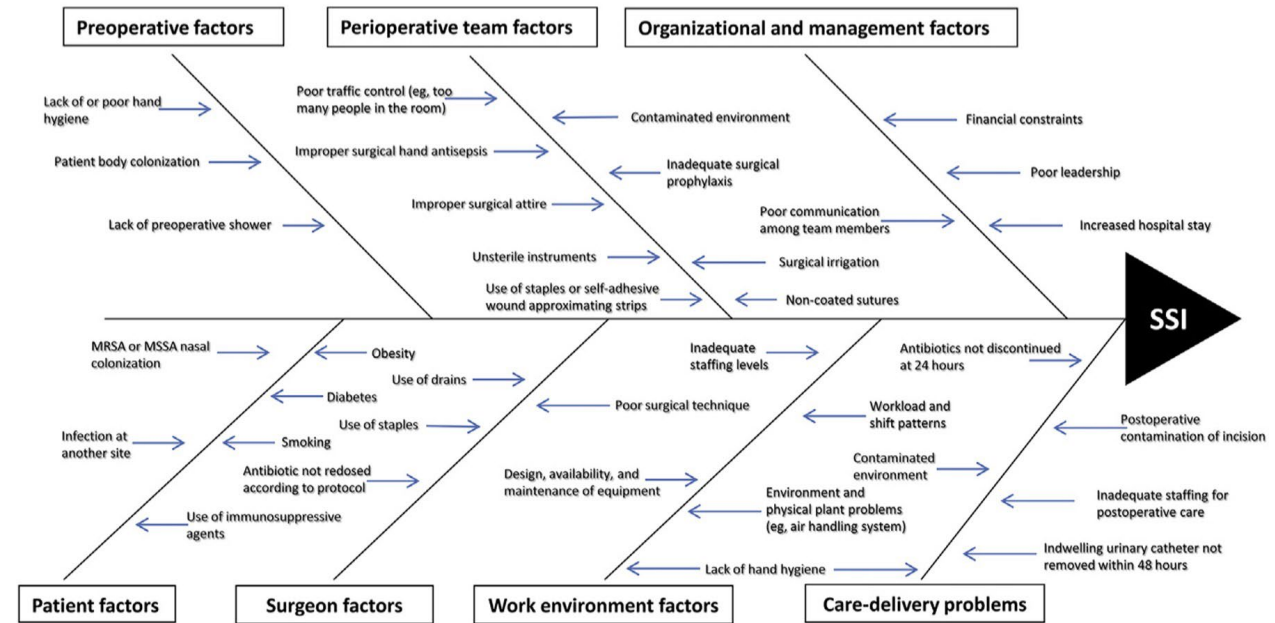*"If you can't describe what you are doing as a process, you don't know what you're doing."*

- W. Edwards Deming

Root Cause Tree

SSI Fishbone Diagram

Cause and Effect Analyses

Pareto Principle

80% of problems come from 20% of the cause

Prioritize the "Vital Few"
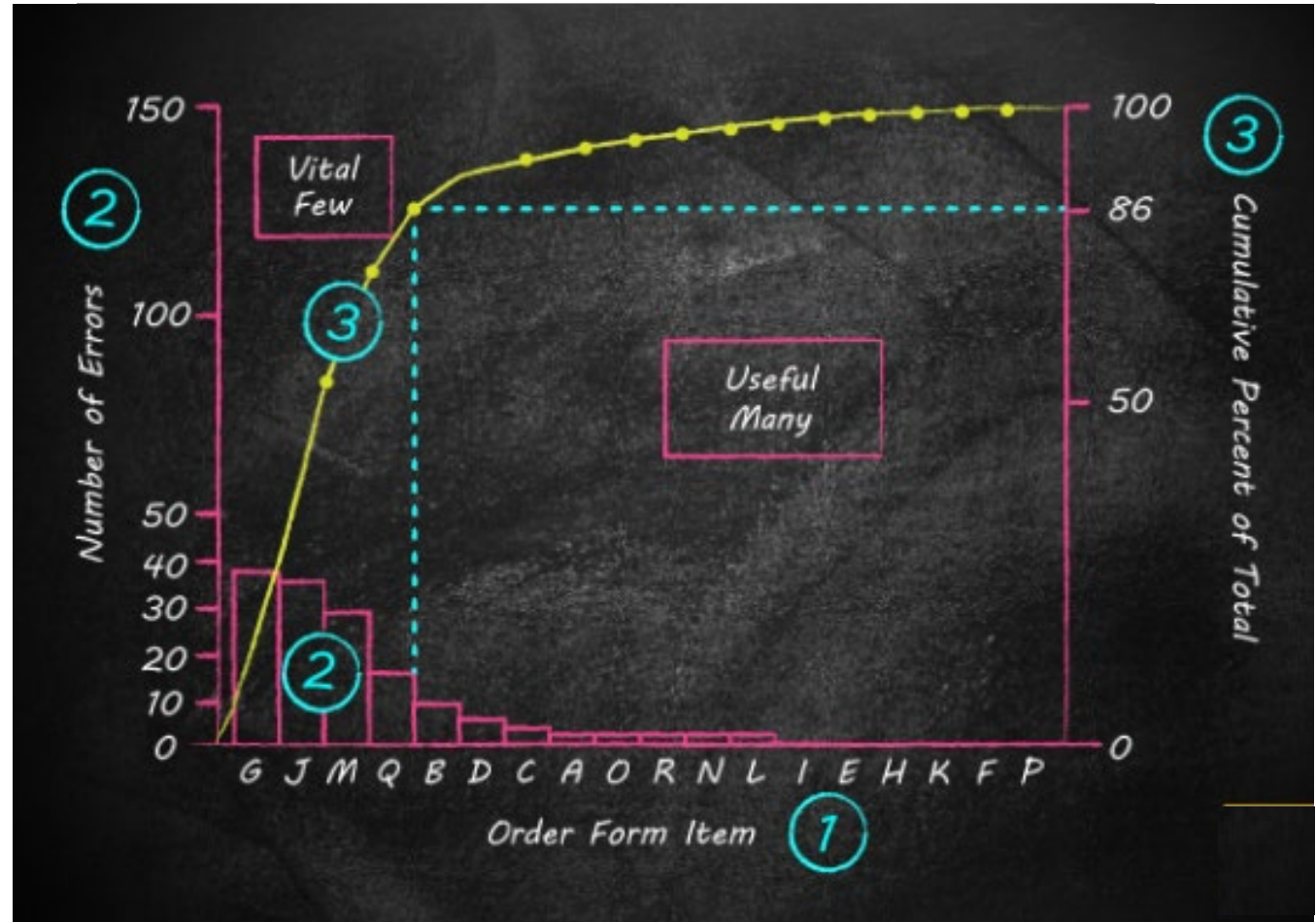
TOGETHER
EVERYONE
ACHIEVES
MORE

Communicate & Escalate:

Engagement is 50% of the battle

➢ Create a sense of Urgency

➢ You need an executive sponsor

➢ You need multidisciplinary champions

➢ You need a team because going at it alone only lead to frustration and failure

Address all levels of the Issue

Problems are universal and may need universal solutions

Problems are local and may need local resolutions

Problems are individual and may need individual interventions

Organizations are plagued with communication, resource, and accountability issues

Preparing for........ CHANGE

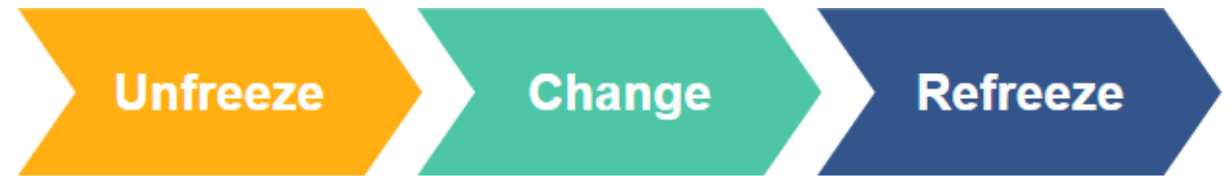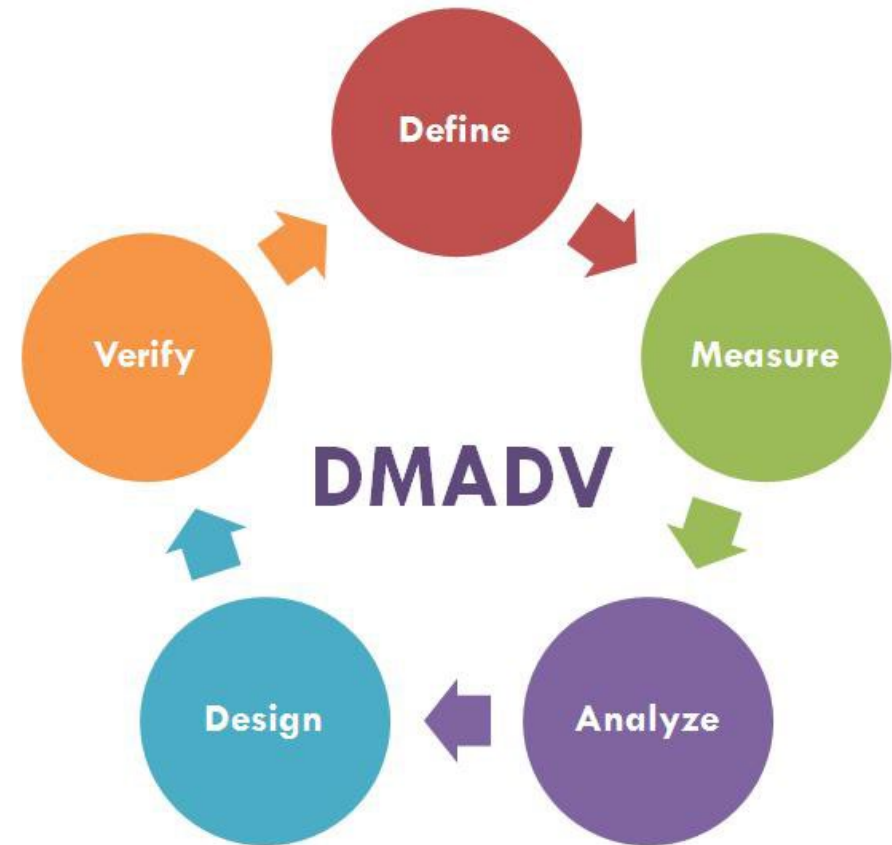| Kotter's Change Management Theory	Lewin's Change Management Model	McKinsey's 7S Model	Kubler-Ross Change Curve
PDCA/PDSA/Deming Cycle	Prosci ADKAR Model	Kaizen Model	LaMarsh Change Management Model
	Maurer's 3 Levels of Resistance	LEAN Six Sigma	

John Kotter and Kurt Lewin
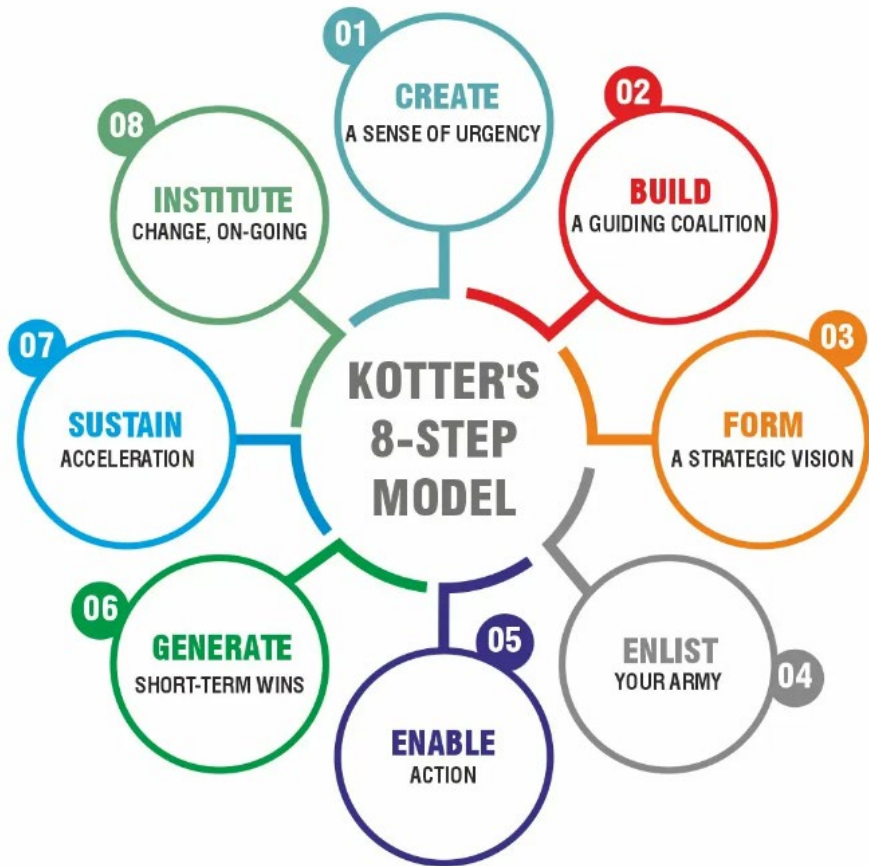
PDSA & Six Sigma

Implementing Change

1. Diffusion of Innovation
2. Health Belief Model
3. Social Cognitive Behavior
4. Theory of Reasoned Action
5. Theory of Planned Behavior
6. Transtheoretical Model
7. Organizational Theory
8. Organizational Readiness for Change
9. Implementation Climate
10. Active Implementation
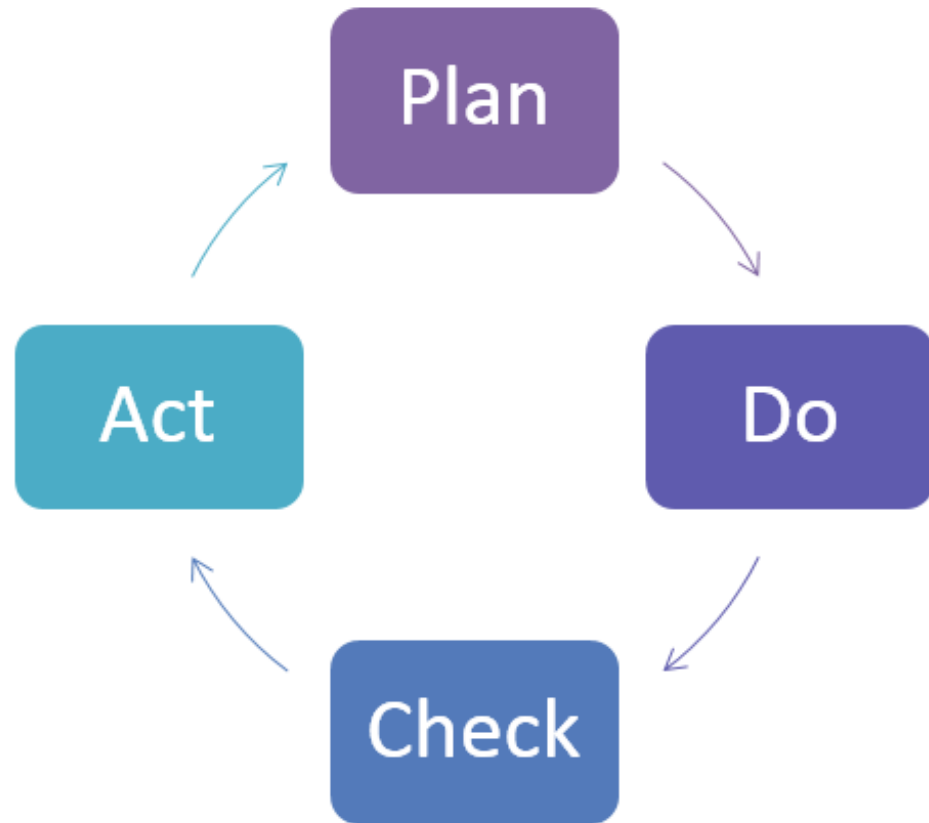
HBM and Diffusion of Innovation
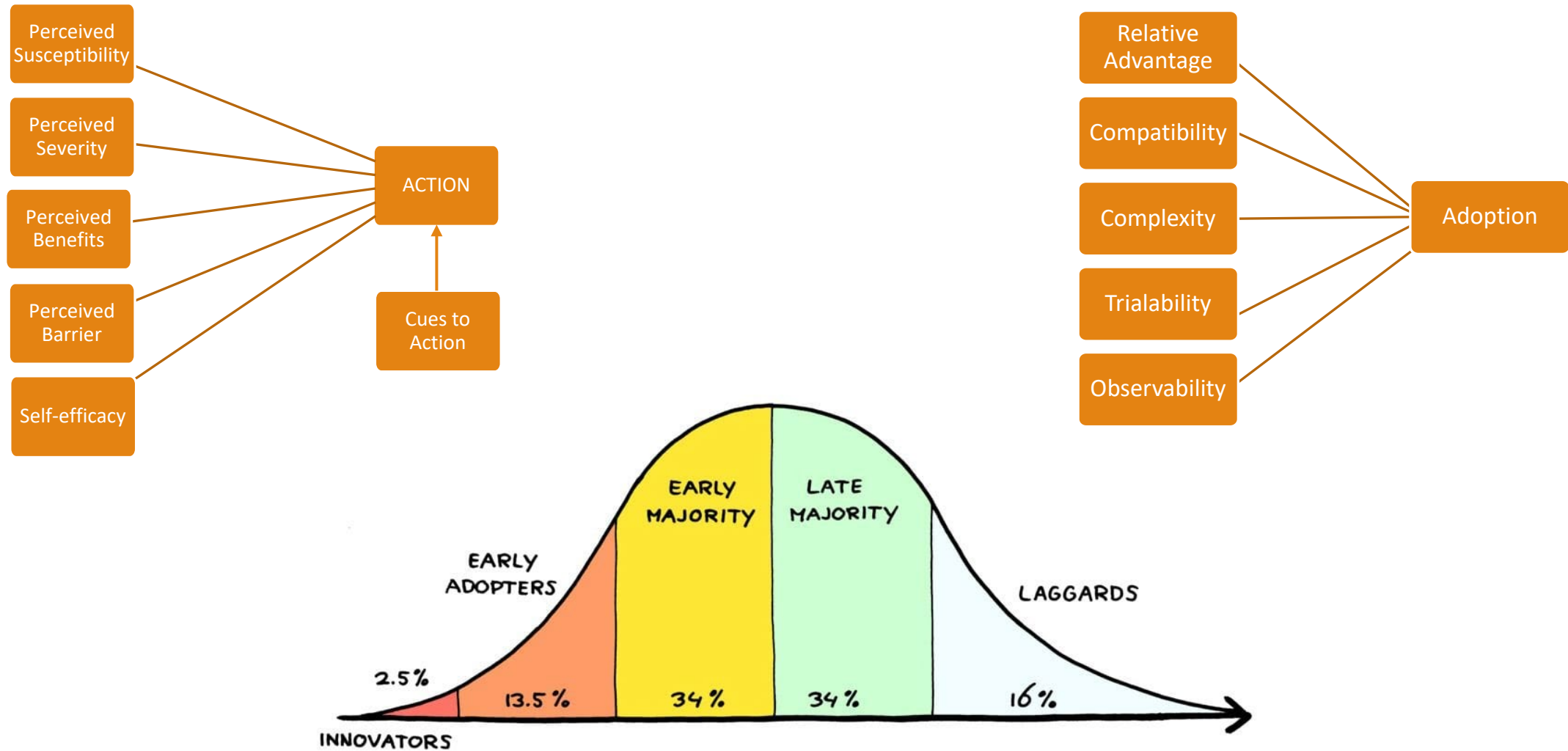
Evaluation & Sustainability is not an afterthought, it is by design

You cannot improve what you cannot measure.

You cannot measure what you cannot define.

Evaluating Change

Evaluate SMART goals:

➢ **Statistical Process Control (SPC)**

➢ **Statistical Analysis (p-values)**

➢ **Outcome Evaluation vs Process Evaluation vs Impact Evaluation**

Program Evaluation Models:

➢ **RE-AIM Model**

➢ **PRECEDE-PROCEED Model**

➢ **Implementation Outcomes Framework**

➢ **CDC Framework**
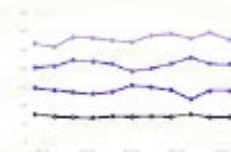
So many ways to slice and dice......
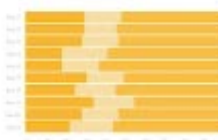
Sustaining Change

Dynamic Sustainability Framework

➤ Ensure Fidelity with Core Implementation Elements

➤ Adapting intervention to "Fit" with current environment

➤ Keep adapting intervention over time across different environments with Core Fidelity

Normalization Process Theory

➤ Social organization of the work (implementation)

➤ Making practices routine elements of everyday life (embedding)

➤ Sustaining embedded practices in their social contexts (integration)

Summary

Implementation Science
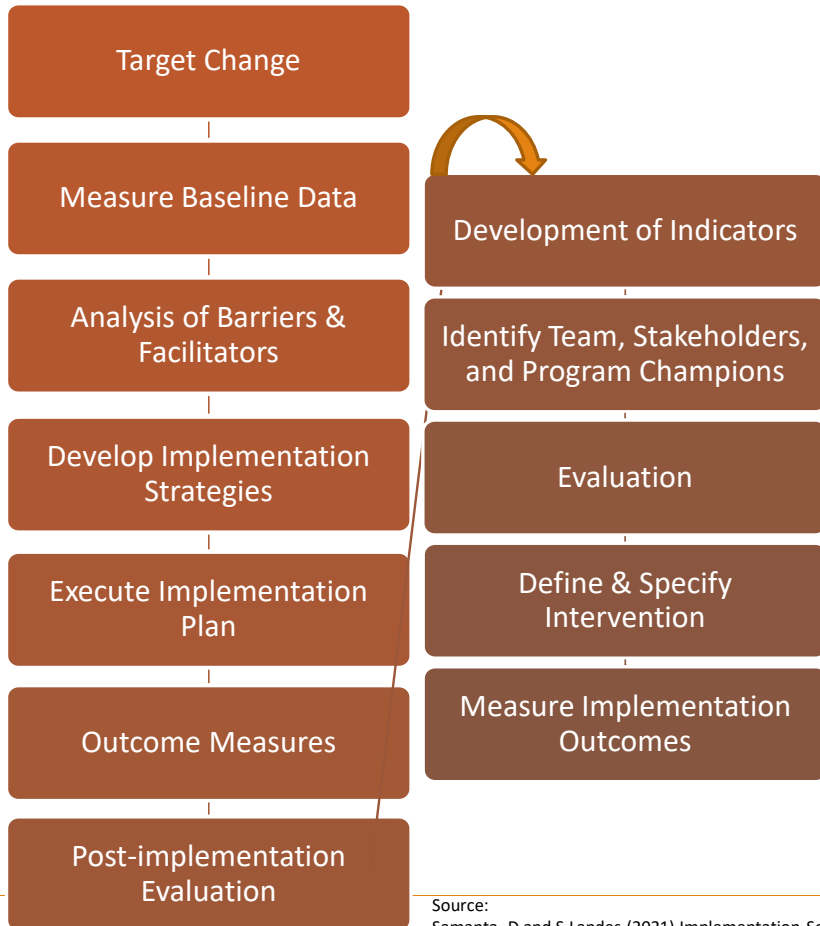
- Target Change
- Measure Baseline Data
- Analysis of Barriers & Facilitators
- Develop Implementation Strategies
- Execute Implementation Plan
- Outcome Measures
- Post-implementation Evaluation

- Development of Indicators
- Identify Team, Stakeholders, and Program Champions
- Evaluation
- Define & Specify Intervention
- Measure Implementation Outcomes

Source:
Samanta, D and S Landes (2021) Implementation Science to Improve Quality of Neurological Care. Journal of Pediatric Neurology, 121,67-74. https://doi.org/10.1016/j.pediatrneurol.2021.05.009

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Don't be a drone to the daily routine

MY MORNING ROUTINE TRACKER

Time	Task
08:00 AM	isolation review
09:00 AM	HAI review
10:00 AM	isolation rounds
11:00 AM	meeting
12:00 AM	lunch
01:00 PM	meeting
02:00 PM	reportables

"It is not enough to be busy. So are the ants. The question is: What are we busy about?"

- Henry David Thoreau