

# COVID-19: Learn About Symptoms & What To Do If You Are Sick

## STAY HOME IF YOU ARE SICK

### Symptoms of COVID-19

Fever or chills	New loss of taste or smell
Cough	Headache, muscle, or body aches
Shortness of breath/difficulty breathing	Sore throat, runny, or stuffy nose
Fatigue	Nausea, vomiting, or diarrhea

*This list does not include all possible symptoms of COVID-19.*

### If you have symptoms of COVID-19:

**Stay home away from others and get a COVID-19 test.** For information on how to get a COVID-19 test, visit [ph.lacounty.com/covidtests/how](https://ph.lacounty.com/covidtests/how).

- **If you test positive** for COVID-19 or a doctor tells you that you have COVID-19, you must follow isolation requirements at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation).
- **If you test negative** for COVID-19, stay home until you have been fever-free without the help of medicines for at least 24 hours. If your negative result is from a rapid antigen test or an over-the-counter self-test, continue to stay away from others and retest in 1-2 days.

### When to seek medical care and COVID-19 treatment:

- If you test positive for COVID-19 and you are at higher risk of getting very sick (you are age 65 years or older or you are any age with [certain conditions](#)) you can take medicines that treat COVID-19 and help keep you out of the hospital. **Ask for treatment right away, even if your symptoms are mild.** Don't delay: the medicines work best when they are given soon after symptoms start. See [ph.lacounty.gov/covidmedicines](https://ph.lacounty.gov/covidmedicines) for more information.
- If you develop any of the symptoms listed above, or any symptoms that are not on the list that concern you, contact your doctor. If it's not urgent, call before visiting - you may be able to get advice by phone. Let your doctor know if your symptoms get worse, especially if you are at high risk.
- If you have emergency warning signs, call 911.

### Call 911 if there are emergency warning signs



**Difficulty  
Breathing**



**Pressure or  
Pain in Chest**



**Pale, gray, or  
blue-colored  
skin, lips, or  
nail beds\***



**Confused or  
Hard to Wake  
or Stay Awake**



**Other  
Serious  
Symptoms**

\*Depending on skin tone